

## FLEXISPOT MT137

# FLEXISPOT 40-inch Standing Desk Converter (Model MT137) User Manual

Model: MT137 | Brand: FLEXISPOT

## 1. INTRODUCTION

This manual provides essential information for the safe and effective use of your FLEXISPOT 40-inch Standing Desk Converter. Please read these instructions thoroughly before assembly and operation, and retain them for future reference.



## 2. SAFETY INFORMATION

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**Always ensure your existing desk is stable and sturdy enough to support the weight of the converter and its contents. Follow the assembly instructions carefully to avoid injury. Do not use the converter if your desk wobbles or feels unstable.**

- Do not overload the desk converter. Refer to the 'Specifications' section for maximum weight capacities.
- Keep hands and fingers clear of moving parts during height adjustment.
- Ensure all connections are secure before placing equipment on the desk.
- Place the converter on a flat, stable surface.

## 3. PACKAGE CONTENTS

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Verify that all components are present before beginning assembly:

- Main Desk Converter Unit (pre-assembled frame and upper desktop)
- Keyboard Tray
- Assembly Hardware (screws, tools if included)
- Instruction Manual

## 4. SETUP AND ASSEMBLY

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The FLEXISPOT Standing Desk Converter is designed for quick and straightforward assembly. The main unit comes largely pre-assembled.

### 4.1 Attaching the Keyboard Tray

1. Carefully remove the main desk converter unit from its packaging and place it on your existing desk.
2. Locate the keyboard tray and the designated attachment points on the underside of the main unit.
3. Align the keyboard tray with the attachment points.
4. Secure the keyboard tray using the provided screws and tools. Ensure it is firmly attached and stable.

Once the keyboard tray is attached, your desk converter is ready for use.



Image 4.1: The keyboard tray provides a dedicated area for input devices.

## 5. OPERATING INSTRUCTIONS

### 5.1 Height Adjustment

The desk converter features a quick-adjust mechanism for seamless transitions between sitting and standing positions. The versatile height range is 4.7 to 16.6 inches.

1. To raise the desk: Locate the adjustment lever, typically on the side of the upper desktop. Squeeze the lever and gently lift the desktop to your desired standing height. Release the lever to lock it in place.
2. To lower the desk: Squeeze the adjustment lever and gently push the desktop down to your desired sitting height. Release the lever to lock it in place.

Ensure all items on the desk are stable before adjusting the height.

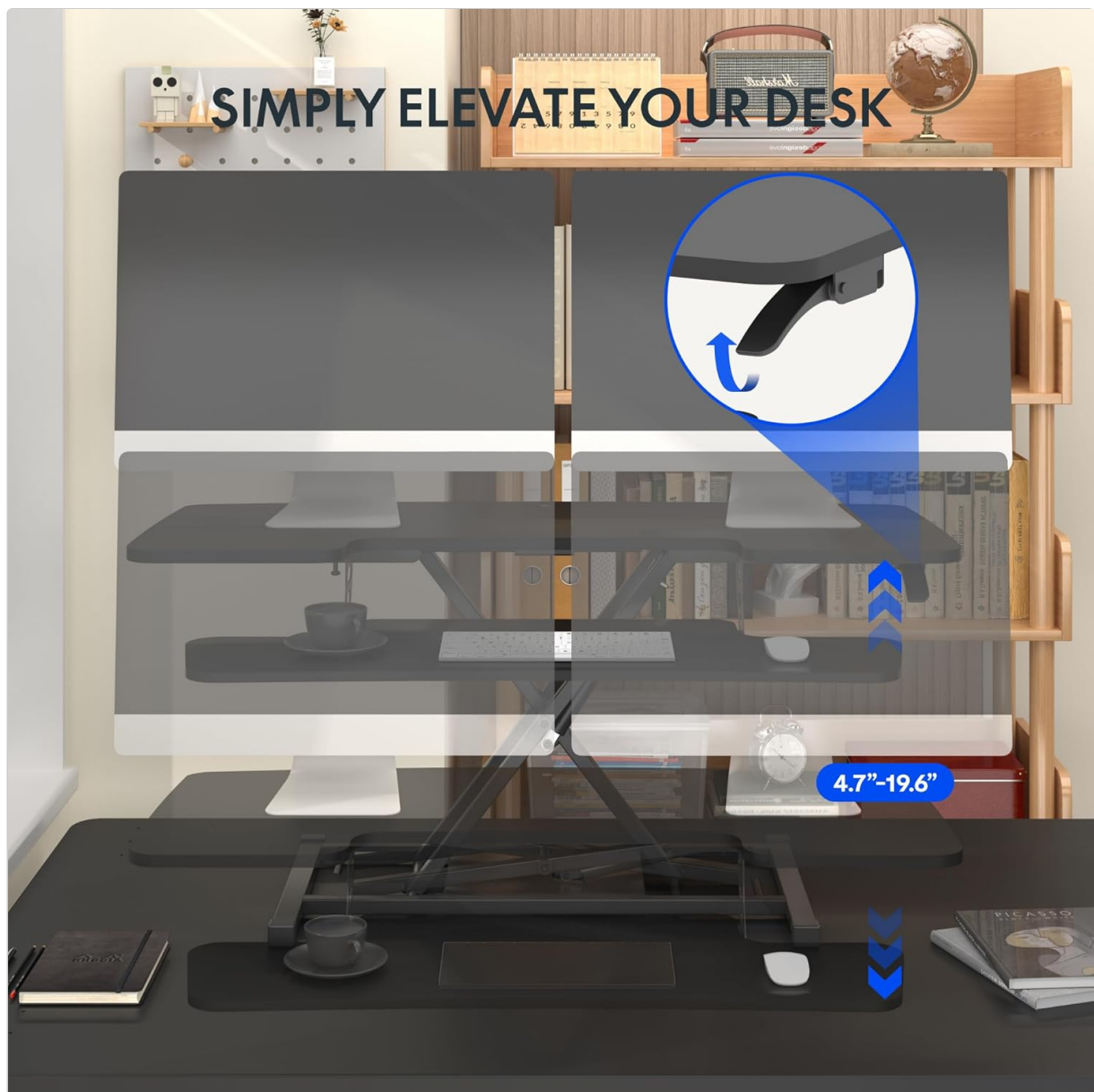


Image 5.1: Visual representation of the height adjustment mechanism and range.

## 5.2 Workspace Utilization

The converter features a spacious two-tier design:

- **Upper Desktop:** Comfortably accommodates monitors or laptops. The unique U-shaped design allows for direct laptop placement on the keyboard tray while still providing space for monitors above.
- **Keyboard Tray:** Provides a dedicated area for your keyboard and mouse, promoting ergonomic wrist positioning.



## SPACIOUS TWO-TIER DESIGN

Offers large workspace with ergonomic upper tier and low tier



Image 5.2: Overhead view demonstrating the spacious two-tier desktop layout.

## 6. MAINTENANCE

To ensure the longevity and optimal performance of your desk converter, follow these maintenance guidelines:

- **Cleaning:** Wipe surfaces with a soft, damp cloth. Avoid abrasive cleaners or solvents that may damage the finish.
- **Inspection:** Periodically check all screws and connections to ensure they are tight. Tighten if necessary.
- **Moving Parts:** The hydraulic system is designed for maintenance-free operation. Do not attempt to lubricate or disassemble it.

## 7. TROUBLESHOOTING

If you encounter any issues with your desk converter, refer to the following common solutions:

- **Difficulty Adjusting Height:** Ensure the adjustment lever is fully engaged. Check for any obstructions beneath the desk converter. If the issue persists, verify that the weight on the desktop

does not exceed the maximum capacity.

- **Wobbling or Instability:** Confirm that the desk converter is placed on a flat, stable surface. Check all assembly screws for tightness. Reduce the weight on the desktop if it exceeds the maximum capacity.
- **Unusual Noises:** Minor noises during adjustment are normal. If loud or persistent noises occur, ensure no components are rubbing or obstructed.

For issues not resolved by these steps, please contact FLEXISPOT customer support.

## 8. SPECIFICATIONS

Feature	Detail
Brand	FLEXISPOT
Model Name	MT137
Product Dimensions	24.9"D x 40"W x 19.6"H
Color	Black
Style	Modern
Base Material	Metal
Top Material Type	Wood
Finish Type	Polished
Special Feature	Adjustable, Adjustable Height, Ergonomic, Keyboard Tray Included
Item Weight	26.7 Pounds
Maximum Weight Recommendation	39 Pounds (Upper Desktop: 33 lbs, Keyboard Tray: 6.6 lbs)
Minimum Height	4.7 Inches
Maximum Height	19.6 Inches
Required Assembly	Yes (Minimal)
UPC	810072862495

# DIMENSIONS



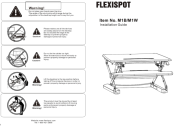





Image 8.1: Product dimensions and load capacities.

## 9. WARRANTY AND SUPPORT

FLEXISPOT products are designed for durability and performance. For warranty information and customer support, please refer to the following:

- **Warranty Type:** Full
- **Protection Plans:** Additional protection plans may be available for purchase, offering extended coverage for 2 or 3 years.
- **Customer Support:** For assistance, please visit the official FLEXISPOT website or contact their customer service department.
- **Returns:** This product is returnable until January 31, 2026.

For the most current support information, please visit the [FLEXISPOT Store on Amazon](#).

 <p><b>FLEXISPOT</b> Desk Converter M1B/M1W</p>	<p><a href="#">FlexiSpot M1B/M1W Sit-Stand Desk Converter Installation Guide</a></p> <p>Step-by-step installation guide for the FlexiSpot M1B/M1W sit-stand desk converter, including specifications, parts list, safety warnings, and assembly instructions.</p>
 <p><b>FLEXISPOT</b> Desk Riser M7L-US</p>	<p><a href="#">FlexiSpot M7L-US Computer Riser Installation Guide and Warranty</a></p> <p>Official installation guide and limited warranty information for the FlexiSpot M7L-US Sit-Stand Desktop Workstation. Learn how to assemble, use, and understand the warranty terms for your FlexiSpot computer riser.</p>
 <p><b>FLEXISPOT</b> Desk Riser EM7L</p>	<p><a href="#">FlexiSpot EM7L Motorized Computer Riser Installation Guide</a></p> <p>Comprehensive installation guide for the FlexiSpot EM7L Motorized Computer Riser. Features include specifications, parts list, step-by-step assembly instructions, troubleshooting tips, and limited warranty information.</p>
 <p><b>FLEXISPOT</b> Desk Riser M3B/M3W</p>	<p><a href="#">FlexiSpot M3B/M3W Computer Riser Installation Guide and Warranty Information</a></p> <p>Comprehensive installation guide and warranty details for the FlexiSpot M3B/M3W Computer Riser and Sit-Stand Desktop Workstation. Learn how to assemble, use, and understand the product's coverage.</p>
 <p><b>FLEXISPOT</b> Desk Riser ML2B/ML2W</p>	<p><a href="#">FlexiSpot ML2B/ML2W Computer Riser Installation Guide</a></p> <p>Step-by-step installation guide for the FlexiSpot ML2B/ML2W Computer Riser. Learn about specifications, parts, tools, and how to set up your sit-stand desktop workstation safely and effectively.</p>
 <p><b>FLEXISPOT</b> Desk Riser ML2B/ML2W</p>	<p><a href="#">FlexiSpot ML2B/ML2W Computer Riser Installation Guide and Warranty</a></p> <p>Comprehensive installation guide and limited warranty details for the FlexiSpot ML2B/ML2W Computer Riser. This sit-stand desktop workstation guide covers specifications, parts, assembly steps, usage instructions, and warranty coverage from FlexiSpot.</p>