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› AmoGod Fitness Tracker Smartwatch User Manual

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AmoGod Fitness Tracker Smartwatch User Manual

Model: Fitness Tracker Smartwatch

INTRODUCTION

This manual provides instructions for the setup, operation, and maintenance of your AmoGod Fitness Tracker Smartwatch. Please read this manual thoroughly to ensure proper use and to maximize the device's functionality.



Image: The AmoGod Fitness Tracker Smartwatch, featuring a silver rectangular watch face with a digital display showing time, date, heart rate, and steps. It is shown with an attached silver mesh band and an additional purple silicone band.

WHAT'S IN THE BOX

Upon opening the package, verify that all components are present:

- AmoGod Fitness Tracker Smartwatch (with one strap attached)
- Additional Watch Strap (different material/color)
- Charging Cable
- User Manual (this document)



2 Different Watch Straps
Can be used for different occasions

Image: The AmoGod Fitness Tracker Smartwatch displayed with two interchangeable straps: a silver mesh strap and a purple silicone strap, highlighting the versatility in style.

SETUP

1. Charging the Device

Before initial use, fully charge the smartwatch. Connect the charging cable to the charging port on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.



Image: A visual representation of the smartwatch charging process, indicating a "Fully charged" status and illustrating charging time (2 hours), usage time (7 days), and standby time (20 days).

2. App Installation and Pairing

1. **Download the App:** Search for the companion application (e.g., "GloryFit" as mentioned in reviews, or refer to packaging for the exact app name) on your smartphone's app store (Apple App Store for iOS or Google Play Store for Android).
2. **Install and Open:** Install the app and open it on your smartphone.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair Device:** Within the app, navigate to the device pairing section. Select your AmoGod Fitness Tracker from the list of available devices. Follow the on-screen prompts to complete the pairing process.
5. **Grant Permissions:** Grant necessary permissions (e.g., notifications, location) to the app for full functionality.

The smartwatch is compatible with iOS 9.0+ and Android 4.4+ smartphones.

OPERATING THE SMARTWATCH

1. Basic Navigation

The smartwatch features a 1.47-inch HD touch screen. Swipe across the screen to navigate through different functions and tap to select options.



Image: A close-up view of the smartwatch highlighting its 1.47-inch HD touch screen and lightweight design (14.5g),

emphasizing its comfortable and elegant strap options.

2. Health Monitoring

The device provides 24/7 health monitoring capabilities. Access these features through the watch interface or the companion app.

- **Heart Rate Monitor:** Continuously tracks your heart rate. View real-time data on the watch or detailed trends in the app.
- **Blood Oxygen Monitor:** Measures blood oxygen levels.
- **Sleep Monitor:** Records sleep patterns, including deep sleep and light sleep duration, to help assess sleep quality.

Note: This device is designed to encourage a healthy lifestyle and is not intended for medical purposes. Consult a healthcare professional for medical advice.



Image: Three panels illustrating the 24/7 health monitoring features of the smartwatch: real-time heart rate tracking, blood oxygen level measurement, and detailed sleep pattern analysis.

3. Activity Tracking (Sports Modes)

The smartwatch supports 24 sports modes to track various physical activities. Select a mode before starting your exercise to record specific data.

- **Available Modes:** Walking, Running, Cycling, Jumping Rope, Basketball, Yoga, and more.
- **Data Recorded:** Exercise heart rate, steps, distance, and calories burned.



Image: The smartwatch screen showing a menu of multiple exercise modes, including Outdoor Running, Cycling, Swimming, and Skipping, with background images of people engaging in various sports like badminton, running, dancing, and yoga.

4. Message and Call Notifications

When connected to your smartphone, the smartwatch can display notifications for incoming calls, text messages, and alerts from social media applications (e.g., Facebook, WhatsApp, Instagram, Twitter). The watch will vibrate and the screen will light up to alert you. You can reject incoming calls directly from the watch.

Receive Various Notifications

The Fitness Tracker receives incoming calls and notifications in real time, and also helps you quickly reject unfamiliar calls.

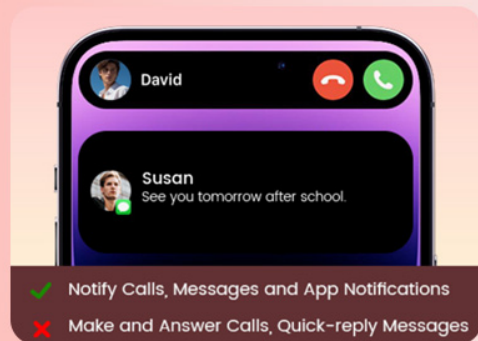


Image: The smartwatch displaying an incoming call notification and a message notification from a smartphone, illustrating its ability to receive alerts in real-time and reject calls.

5. Other Features

The smartwatch includes several additional functions to enhance daily convenience:

- **Weather Display:** View current weather conditions and forecasts.
- **Music Control:** Control music playback on your connected smartphone.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Find Phone:** Helps locate your paired smartphone by making it ring.
- **Timer & Stopwatch:** Utility functions for timing activities.
- **Flashlight:** Provides a basic light source from the screen.

Making Life Easier Multifunctional



Music



Weather



Information



Stopwatch



Timer



Flashlight



Find Phone



Sedentary

Image: A collage showing the smartwatch's multifunctional capabilities, including music control, weather display, and information alerts, alongside icons for stopwatch, timer, flashlight, find phone, and sedentary reminder.

6. Customized Dials

Personalize your smartwatch by choosing from over 165 available watch faces or by uploading your own photos to create custom dials via the companion app.

Customized Dials



Image: The smartwatch showcasing a variety of customized watch faces, including one with a skiing background and several digital and analog style options below.

MAINTENANCE

1. Cleaning

Regularly clean your smartwatch and straps to prevent skin irritation and maintain functionality. Use a soft, damp cloth to wipe the screen and body. For silicone straps, mild soap and water can be used. Ensure the device is dry before wearing or charging.

2. Water Resistance

The smartwatch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as hand washing, rain, and swimming in shallow water. Avoid hot water, saunas, or diving, as extreme temperatures and high-pressure water jets may compromise the seal.

TROUBLESHOOTING

If you encounter issues with your smartwatch, refer to the following common solutions:

Problem	Solution
Device not turning on	Ensure the device is fully charged. Connect it to the charger for at least 10 minutes.
Unable to pair with smartphone	<p>Ensure Bluetooth is enabled on your phone.</p> <p>Make sure the smartwatch is within Bluetooth range.</p> <p>Restart both the smartwatch and your smartphone.</p> <p>Check if the app has necessary permissions.</p> <p>Unpair and re-pair the device through the app.</p>
Notifications not received	<p>Verify the smartwatch is connected to the app.</p> <p>Check app notification settings on your phone and within the companion app.</p> <p>Ensure the app is running in the background.</p>
Inaccurate health/activity data	<p>Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.</p> <p>Clean the sensors on the back of the watch.</p> <p>Calibrate the device if an option is available in the app.</p>
Short battery life	<p>Reduce screen brightness.</p> <p>Disable continuous heart rate monitoring if not needed 24/7.</p> <p>Limit frequent notifications.</p> <p>Ensure the device is fully charged each time.</p>

SPECIFICATIONS

Feature	Detail
Model	Fitness Tracker Smartwatch
Display	1.47-inch HD Touch Screen (172*320 Resolution)
Connectivity	Bluetooth 5.0
Compatibility	Android 4.4+ / iOS 9.0+
Water Resistance	IP68 (up to 1.5m for 30 minutes)
Battery Type	Lithium Polymer (1 required, included)
Charging Time	Approx. 2 hours
Usage Time	5-7 days (varies by use)
Standby Time	Up to 20 days
Item Weight	4.2 ounces
Package Dimensions	10.98 x 3.58 x 0.75 inches

172*320
Resolution Display



Image: A diagram illustrating the physical dimensions of the smartwatch and its 172x320 resolution display, along with strap measurements.

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided on the product packaging or the official AmoGod website. Keep your purchase receipt as proof of purchase for warranty claims.