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Quican ID208 Plus

Quican Smart Watch ID208 Plus User Manual

Comprehensive instructions for your Quican Smart Watch ID208 Plus.

INTRODUCTION

This manual provides detailed instructions for setting up, operating, and maintaining your Quican Smart Watch ID208 Plus. Please read this manual thoroughly to ensure proper use and to maximize the features of your device. The Quican Smart Watch ID208 Plus is designed to integrate seamlessly into your daily life, offering health monitoring, fitness tracking, and smart notifications. It is compatible with both Android and iOS smartphones.

PACKAGE CONTENTS

Upon opening your Quican Smart Watch ID208 Plus package, you should find the following items:

- Quican Smart Watch ID208 Plus
- Charging Cable
- User Manual (this document)



Image: The Quican Smart Watch ID208 Plus in green, displaying the time and activity data, alongside a visual representation of incoming call and Alexa listening functions. This image illustrates the watch's primary interface and key features.

SETUP GUIDE

Follow these steps to set up your Quican Smart Watch ID208 Plus:

- 1. Charge the Smart Watch:** Before initial use, fully charge your smart watch using the provided charging cable. Connect the magnetic end of the cable to the charging contacts on the back of the watch and the USB end to a power source. A full charge typically takes approximately 2.5 hours.
- 2. Download the "Veryfit" App:** On your smartphone, download and install the "Veryfit" application from your device's app store (Google Play Store for Android or Apple App Store for iOS).
- 3. Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
- 4. Pair the Device:** Open the "Veryfit" app, navigate to the device pairing section, and follow the on-screen instructions to add your Quican Smart Watch ID208 Plus. You may need to scan a QR code displayed on the watch screen or select the device from a list of available Bluetooth devices (e.g., "ID208 Plus").

Over 100 Online Smartwatch Faces + Personalize with Your Photos!



From classic analog designs to sleek digital displays, and even vibrant and dynamic options, we offer a wide variety to suit every style and mood. But why stop there? With our innovative feature, you can take personalization to the next level by uploading your favorite photos as a custom watch face. Show off cherished memories, stunning landscapes, or anything that inspires you right on your wrist. Create a truly unique and personalized smartwatch experience that reflects your individuality.

Image: A visual guide illustrating the four-step setup process: downloading the Veryfit app, enabling Bluetooth, adding the device in the app, and confirming successful connection.

OPERATING INSTRUCTIONS

Basic Navigation and Display

The Quican Smart Watch ID208 Plus features a 1.8-inch HD touchscreen display for intuitive navigation. Swipe across the screen to access different functions and menus. The watch also supports over 110 customizable watch faces, allowing you to personalize its appearance.

7-day Battery Power Smart Watch

Enjoy a Convenient Smart Life



- Health Monitor
- 1.8 Inches Touch Screen
- Activity Fitness Tracker
- IP68 Waterproof
- Alexa Voice Assistant
- Lightweight Design
- Bluetooth Call & Notification Intelligence

Image: A display of various customizable watch faces, demonstrating the personalization options available for the Quican Smart Watch ID208 Plus.

Smart Notifications and Calls

Once paired with your smartphone, the watch can receive call and message notifications. You can make and answer calls directly from your wrist. Please note that messaging or text responses are not supported directly from the watch.



Image: Three smartwatches displaying different notifications: an Alexa listening prompt, an incoming call, and a text message from Facebook, illustrating the device's communication features.

Alexa Integration

The Quican Smart Watch ID208 Plus features built-in Alexa functionality. Use voice commands to play music, get weather updates, read news, and control other smart home devices.

ALEXA BUILT-IN

This device has been certified by Amazon for its built-in Alexa functionality, providing a voice-forward experience to **play music, read news, control other smart home devices**, and more.

Alexa, What is the weather like tomorrow?



Listening...

Image: A person interacting with the smartwatch, which displays "Listening..." and an Alexa prompt, demonstrating the built-in Alexa voice assistant feature.

Health Monitoring

The watch provides comprehensive health data monitoring, including:

- **Heart Rate Monitoring:** Continuously tracks your heart rate during rest and activity.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen levels.
- **Sleep Tracking:** Monitors your sleep patterns, including light, deep, and REM sleep stages.
- **Stress Monitoring:** Helps you understand and manage your stress levels.
- **Breathing Training:** Guided breathing exercises to promote relaxation.
- **Female Menstrual Cycle Tracking:** Helps track and predict menstrual cycles.

Note: This device is not intended for medical use. Consult a healthcare professional for any health concerns.

Health Data Monitor Smartwatch



Image: A composite image showing the smartwatch and corresponding app screens for Heart Rate Monitor, Blood Oxygen Monitor, and Sleep Tracker, illustrating the health data monitoring capabilities.

Fitness Tracking

The Quican Smart Watch ID208 Plus offers over 120 sports modes to track various activities, including running, walking, hiking, and yoga. It accurately monitors exercise time, steps, calories burned, and distance.

Activity Fitness Tracker

More Than 100 Sports Modes



 IP68 Waterproof

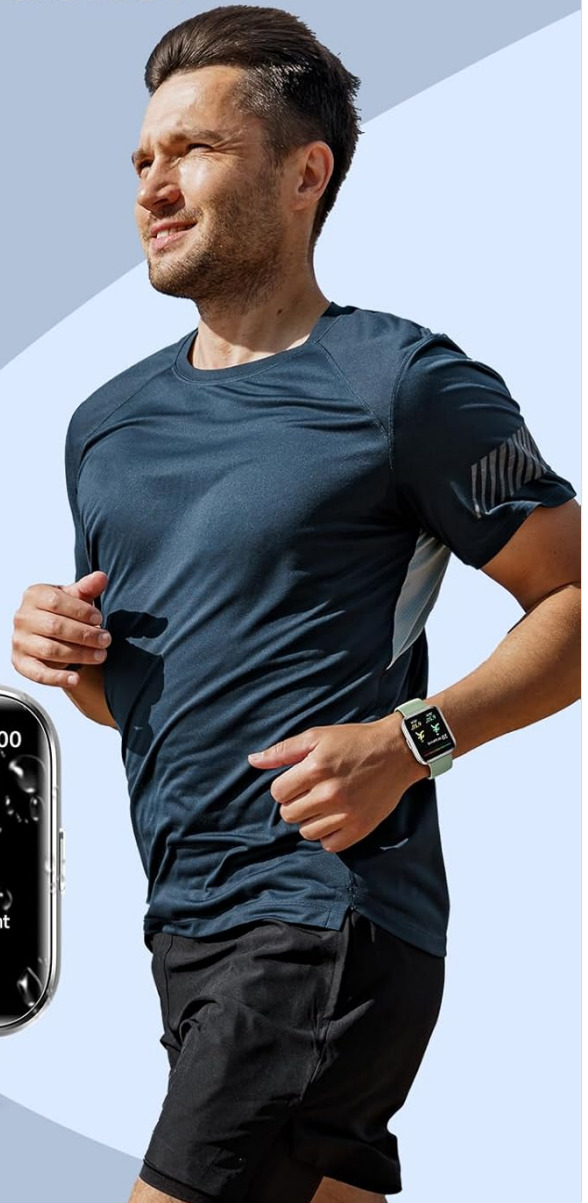


Image: A person running while wearing the smartwatch, which displays activity data like steps, calories, and distance, highlighting the fitness tracking capabilities with over 100 sports modes.

Additional Smart Features

The watch includes several other convenient features:

- **Music Control:** Control music playback on your smartphone directly from the watch.
- **Camera Remote:** Use your watch as a remote shutter for your smartphone camera.
- **Weather Forecasts:** Get current weather information.
- **Alarms and Timers:** Set alarms and use the timer function.
- **Sedentary Reminder:** Receive alerts to move after periods of inactivity.
- **Find Phone:** Locate your misplaced smartphone by triggering an alert from your watch.
- **Drinking Reminder:** Set reminders to stay hydrated.

Smart Life with Smart Watches



Image: A grid of smartwatch screens showcasing various smart features: Female Menstrual Cycle Tracker, Camera Remote, Music Control, Weather Forecast, Alarm Clock, and Drinking Reminder.

CARE AND MAINTENANCE

To ensure the longevity and optimal performance of your Quican Smart Watch ID208 Plus, follow these care guidelines:

- **Cleaning:** Regularly clean the watch screen and strap with a soft, dry cloth. For the silicone band, you may use a slightly damp cloth with mild soap if necessary, then dry thoroughly.
- **Water Resistance:** The watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as hand washing and rain exposure. However, it is not recommended for hot showers, saunas, or diving, as steam and high water pressure can compromise the seals.
- **Avoid Extreme Temperatures:** Do not expose the watch to extreme hot or cold temperatures, as this can affect battery life and component integrity.
- **Charging:** Use only the provided charging cable. Ensure the charging contacts on the watch and cable are clean and dry before charging.

TROUBLESHOOTING

If you encounter issues with your Quican Smart Watch ID208 Plus, try the following solutions:

- **Watch Not Turning On:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Unable to Pair with Phone:**
 - Ensure Bluetooth is enabled on your phone.
 - Make sure the watch is within Bluetooth range of your phone.
 - Restart both your phone and the watch.
 - Check if the "Veryfit" app is updated to the latest version.
 - Forget the device in your phone's Bluetooth settings and try pairing again through the "Veryfit" app.
- **Notifications Not Appearing:**
 - Verify that notification permissions are granted for the "Veryfit" app in your phone's settings.
 - Ensure the watch is connected via Bluetooth.
 - Check notification settings within the "Veryfit" app to ensure desired apps are enabled.
- **Inaccurate Health Data:**
 - Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
 - Avoid excessive movement during measurements.
 - Note that environmental factors and individual physiology can affect sensor readings.
- **Short Battery Life:**
 - Reduce screen brightness.
 - Limit continuous heart rate monitoring or frequent use of power-intensive features.
 - Ensure the watch is fully charged each time.

If these steps do not resolve the issue, please refer to the support section for further assistance.

SPECIFICATIONS

Feature	Detail
Model Number	ID208 Plus
Brand	Quican
Display Size	1.8 Inches
Resolution	240 x 280
Connectivity	Bluetooth 5.3
Operating System Compatibility	iOS 9.0+ (iPhone 6/7/8/9/10/11/12/13/14/15/16 series) & Android 6.0+
Battery Capacity	300 Milliamp Hours (Lithium Polymer)
Charging Time	Approximately 2.5 hours
Battery Life	Up to 7 days (typical usage), up to 30 days (standby)
Water Resistance	IP68

Wristband Size	160 to 230mm (6.2-9.0 inches)
Item Weight	1.33 ounces (37.7 grams)
Special Features	Alexa Built-in, Bluetooth Call, Heart Rate/SpO2/Sleep/Stress Monitor, 120 Sports Modes, Customizable Dials, Pedometer, Calorie Tracker, Distance Record, Alarm Clock, Message Notification, Music Control, Camera Control, Find Phone, Weather Forecast, Breathing Guide, Female Menstrual Cycle Tracking.

WARRANTY INFORMATION

Quican provides a **5-year warranty** for the Smart Watch ID208 Plus. This warranty covers manufacturing defects and ensures the product meets its specified performance standards under normal use. Please retain your proof of purchase for warranty claims.

CUSTOMER SUPPORT

For any questions, concerns, or assistance with your Quican Smart Watch ID208 Plus, please do not hesitate to contact Quican customer support. Our team is ready to assist you with any issues you may encounter. You can typically find contact information for Quican support on the official Quican website or through the "Veryfit" application.