

SKLZ 11211

SKLZ Reactive Flash LED Training Pods User Manual

Model: Reactive Flash (11211)

Brand: SKLZ

1. INTRODUCTION

The SKLZ Reactive Flash LED Training Pods are a cognitive agility tool designed to enhance reaction time, hand-eye coordination, speed, and quickness. This system utilizes four LED pods with pre-programmed games to facilitate engaging and effective training sessions. It supports various configurations, allowing for solo practice or multi-player challenges, and is built for durability across different training environments.



Image: The SKLZ Reactive Flash LED Training Pods, showcasing the four distinct colored pods.

2. PACKAGE CONTENTS

Verify that all components are present in your SKLZ Reactive Flash LED Training Pods package:

- 4 x Reactive Flash LED Training Pods
- 1 x 4-Way USB Charging Cable

- 1 x Storage Insert
- 1 x Rigid Carrying Case



Image: Complete set of SKLZ Reactive Flash LED Training Pods, including pods, charging cable, and carrying case.

3. SETUP

3.1 Initial Charging

Before first use, ensure all pods are fully charged. Connect the 4-way USB charging cable to the charging ports on each pod and to a compatible USB power source. The LED lights on the pods will indicate charging status.

3.2 Pod Synchronization

To ensure proper functionality, synchronize the pods with the main pod. Refer to the quick start guide included in your package for specific synchronization steps. Generally, this involves powering on the main pod first, then activating the other pods in sequence to establish a connection.

3.3 Placement for Training

Place the pods on a flat, stable surface suitable for your training environment, such as gym floors, courts, or turf. The non-slip TPE feet will help maintain stability during use. Arrange the pods according to your desired drill or game configuration.

QUICK CHARGE, STACKABLE EASY TO STORE



COMES WITH 4-WAY USB CHARGING CABLE AND CARRYING CASE

Image: The pods and charging cable stored in the carrying case, illustrating quick charge and easy storage.

4. OPERATING INSTRUCTIONS

4.1 Powering On/Off

Locate the power button on each pod. Press and hold to power on or off. The main pod controls overall game selection and settings.

4.2 Game Selection and Settings

Use the controls on the main pod to navigate through the 4 pre-programmed games. You can also adjust time settings for your training sessions, ranging from 15 seconds to unlimited, to tailor the intensity and duration of your drills.

4.3 Player Configurations

The system supports 1-, 2-, or 4-player configurations. Select the desired player mode via the main pod to enable solo training or competitive challenges with teammates or friends.

4.4 Pod Activation

Each pod features a 360-degree activation surface. Respond to the illuminated pods by tapping them with your hands or feet. The durable construction is designed to withstand significant force, making them suitable for intense quick response drills.

4.5 Tracking Performance

The main pod displays real-time scores, allowing you to track your progress and performance during each session. This instant feedback helps in monitoring improvement over time.



Image: An athlete engaging with a pod, illustrating the interactive nature of the training.

5. GAMES AND MODES

The SKLZ Reactive Flash system includes four pre-programmed games designed to challenge and improve various athletic attributes:

- **Reaction Time Drills:** Focus on quick responses to visual cues.
- **Agility Training:** Incorporate movement and directional changes.
- **Cognitive Speed:** Enhance rapid decision-making under pressure.
- **Hand-Eye Coordination:** Improve precision and timing of physical interactions.

These games utilize the multi-directional activation of the pods, with bright LED lights (Red, Blue, Yellow, Green) keeping athletes engaged and responsive. The versatility allows for sport-specific training or general athletic performance development across various sports, ages, and skill levels.

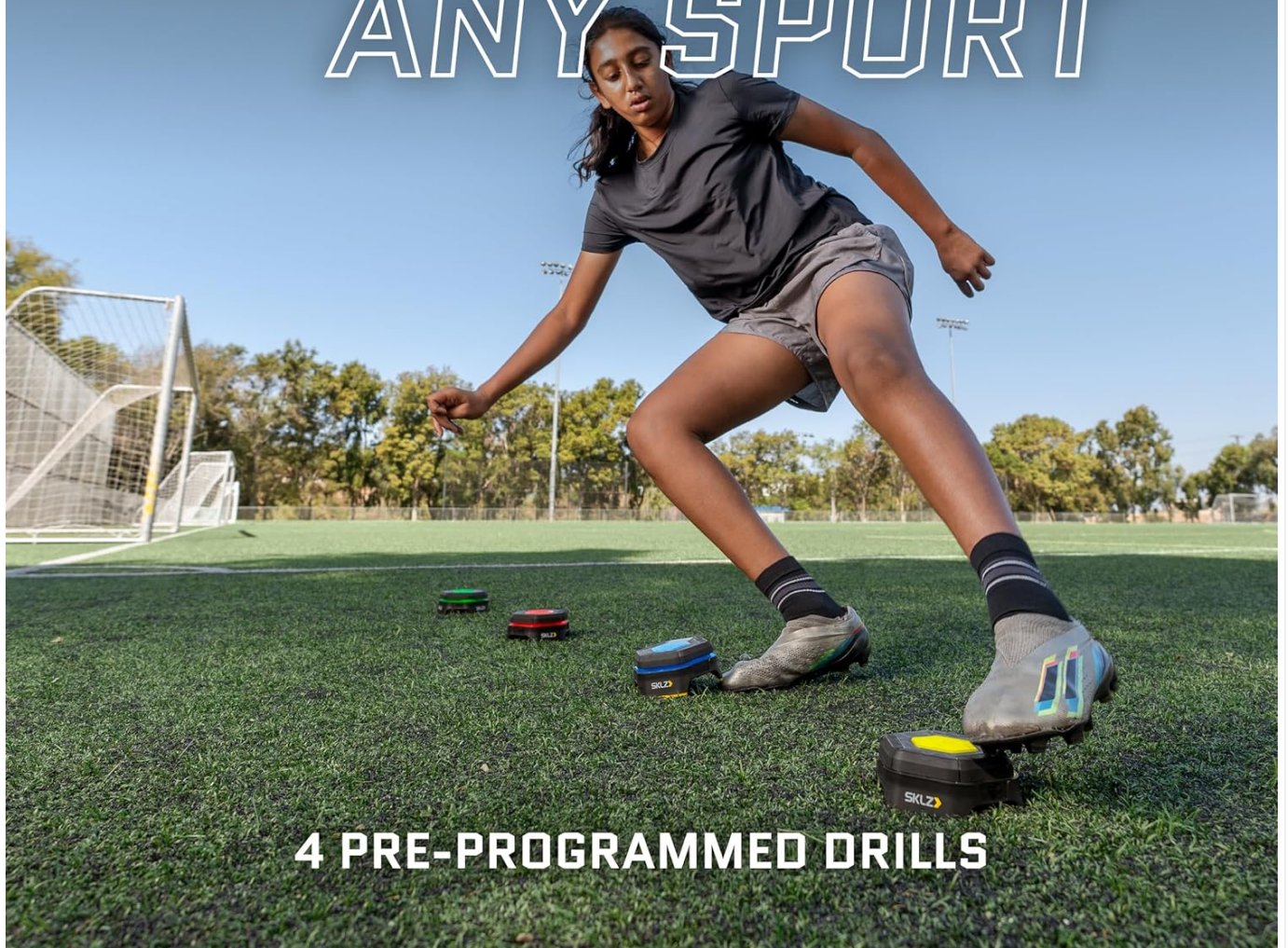


Image: A girl demonstrating improved hand-eye coordination by interacting with the pods on a field.

COGNITIVE TRAINING FOR



ANY SPORT



4 PRE-PROGRAMMED DRILLS

Image: The pods being used for cognitive training, applicable to various sports.

PRACTICE SOLO OR CHALLENGE TEAMMATES & FRIENDS



Image: Two athletes engaging in a multi-player session, highlighting the solo or team challenge options.

6. MAINTENANCE

6.1 Cleaning

The SKLZ Reactive Flash pods feature a water-resistant design. To clean, wipe the surfaces with a damp cloth. Avoid submerging the pods in water or using harsh chemical cleaners.

6.2 Storage

For compact storage and safe transport, the pods are designed to stack together. Utilize the rigid carrying case provided to protect the pods and charging cable when not in use or when traveling between training locations.

6.3 Durability

The pods are constructed to be highly durable, capable of withstanding up to 300 lbs of force. The non-slip TPE feet ensure stability on various surfaces, contributing to the longevity of the product even with intense use.



Image: A close-up view of a pod, highlighting its durable and stable design for long-term use.

7. TROUBLESHOOTING

This section addresses common issues you might encounter with your SKLZ Reactive Flash LED Training Pods.

Problem	Possible Cause	Solution
Pod not responding or changing colors.	Pod may be out of sync or malfunctioning.	Ensure the pod is fully charged. Attempt to re-synchronize the pod with the main unit. If the issue persists, the pod may be damaged; contact customer support.
Pods not synchronizing correctly.	Incorrect power-on sequence or interference.	Ensure the main pod is powered on first, then activate the other pods. Keep pods within close proximity during initial synchronization.

Problem	Possible Cause	Solution
Loud sound from pods with no mute option.	The product design does not include a sound mute feature.	Currently, there is no built-in option to mute the sound from the pods. This is a design characteristic of the product.

8. SPECIFICATIONS

Feature	Detail
Brand	SKLZ
Model Name	Reactive Flash
Part Number	11211
Material	Nylon
Color	Multicolor
Item Weight	2.3 Pounds
Number of Items	4 (Pods)
Construction Type	Multi-layer
UPC	096506112118
Item Package Dimensions (L x W x H)	8.43 x 6.42 x 6.02 inches
Package Weight	1.43 Kilograms

9. WARRANTY INFORMATION

The SKLZ Reactive Flash LED Training Pods come with a **1 Year Manufacturer Warranty**. This warranty covers defects in materials and workmanship under normal use. For specific terms, conditions, and to initiate a warranty claim, please retain your proof of purchase and contact SKLZ customer support directly.

10. CUSTOMER SUPPORT

For further assistance, technical support, or inquiries regarding your SKLZ Reactive Flash LED Training Pods, please visit the official SKLZ store or contact their customer service department:

Official SKLZ Store: [Visit the SKLZ Store on Amazon](#)

Please have your product model number (11211) and purchase details ready when contacting support.



Documents - SKLZ – 11211

