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## Hatch Baby Restore

# Hatch Restore 3 User Manual

Model: Restore

## INTRODUCTION

The Hatch Restore 3 is a multi-functional device designed to support healthy sleep habits. It combines a sunrise alarm clock, sound machine, and smart light into a single unit, aiming to provide a screen-free and optimized sleep environment. This manual will guide you through its features and operation.

## WHAT'S INCLUDED

- Hatch Restore 3 Device
- Power Cord
- Quick-Start Guide

## SETUP

### Powering On

Connect the provided power cord to the Hatch Restore 3 and plug it into a standard electrical outlet. The device will power on automatically.

### Network Connection

A 2.4GHz Wi-Fi connection is required for full functionality and app control. Follow the instructions in the quick-start guide or the Hatch Sleep app to connect your device to your home Wi-Fi network.



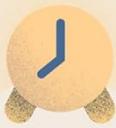
Image: The Hatch Restore 3 device shown alongside its mobile application interface, illustrating the routine customization options.

## OPERATING INSTRUCTIONS

### Creating Sleep Routines

The Hatch Restore 3 is designed to assist in establishing healthy sleep habits by providing a screen-free bedroom environment. It supports the creation of personalized bedtime routines with original sleep content. The device assists in creating a bedtime routine for easier and faster sleep. It offers a customizable sleep environment with adjustable light and audio pairings, including guided meditations and nature sounds.

# Make bedtime phone-free



Sunrise Alarm



Sound Machine



Content Library



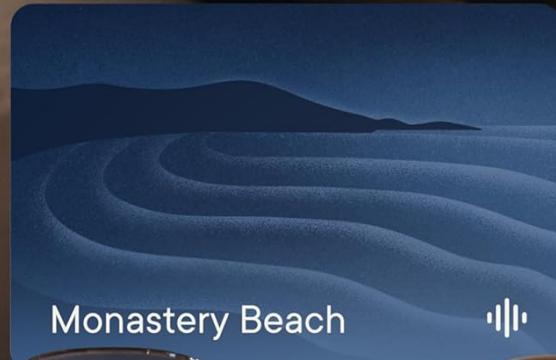
Bedside Light



Image: Visual representation of the key features: Sunrise Alarm, Sound Machine, Content Library, and Bedside Light, emphasizing a phone-free bedtime experience.

## Sound and Light Features

Improve sleep quality by utilizing over 80 science-backed sleep sounds to minimize disruptions. The dimmable clock display ensures a dark room environment. The sunrise alarm feature supports the body's natural circadian rhythm, facilitating a refreshed awakening without jarring alarm sounds.



**Sleep deeply all night long**

Tune out disruptions with 80+  
science-backed sleep sounds

Image: The Hatch Restore 3 positioned on a nightstand, illustrating its function in playing sleep sounds to promote deep sleep.

# Ditch the blue light

Restore's lights regulate your circadian rhythm, cuing your body to sleep and wake naturally



Image: The Hatch Restore 3 displaying a red light, accompanied by a visual guide to different light color options, demonstrating its ability to regulate circadian rhythm by ditching blue light.

## Device Controls

The Restore's design prioritizes ease of use for sleep. A large button allows control of routines, volume, and snooze without needing to access a phone. A dedicated Bedside Light button provides illumination when required.

# No more jarring alarms

Avoid cortisol spikes with a sunrise light and sounds you actually like



Image: A user's hand pressing the top button of the Hatch Restore 3, indicating easy control for alarms and routines without needing a phone.

# Choose from curated bedtime routines (or create your own)

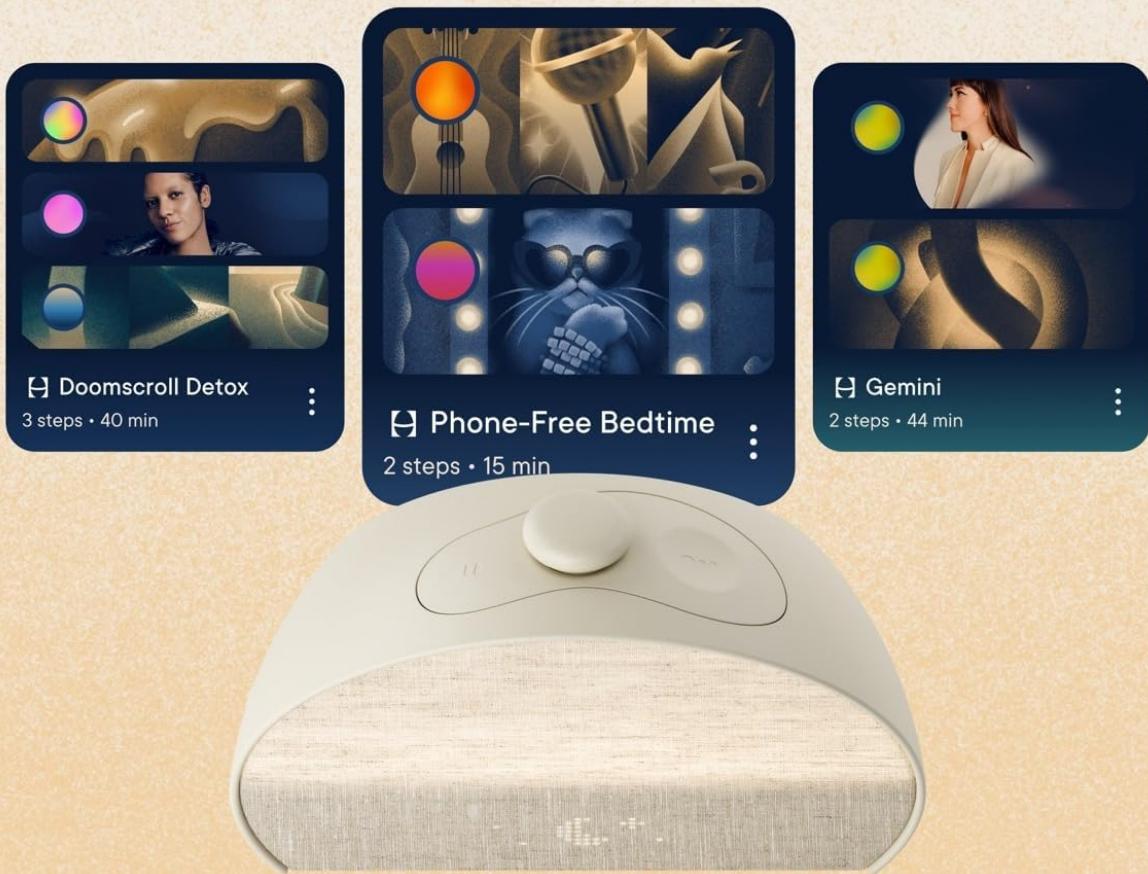


Image: An overhead view of the Hatch Restore 3, with three digital cards representing curated bedtime routines, highlighting the ability to choose or create personalized routines.

## MAINTENANCE

No specific maintenance procedures are detailed for the Hatch Restore 3 in the provided information. Generally, keep the device clean and free from dust. Use a soft, dry cloth for cleaning. Avoid using liquid cleaners or abrasive materials.

## TROUBLESHOOTING

Specific troubleshooting steps are not provided in the product information. If you encounter issues, ensure the device is properly connected to power and Wi-Fi. For further assistance, refer to the quick-start guide or contact Hatch Baby customer support.

## SPECIFICATIONS

Feature	Detail
Product Dimensions	7.23 x 1.5 x 2.4 inches; 2.09 Pounds (or 5.69"W x 7.23"H)
Item Model Number	Restore
Batteries	1 Lithium Metal battery required (included)
Manufacturer	Hatch
Brand	Hatch Baby
Color	Cocoa
Display Type	Digital
Style	Modern
Special Feature	Auto Dimmable
Power Source	Battery Powered
Age Range (Description)	Adult
Indoor/Outdoor Usage	Indoor
Frame Material	Wood

## WARRANTY AND SUPPORT

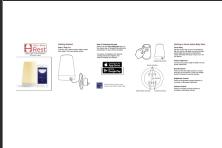
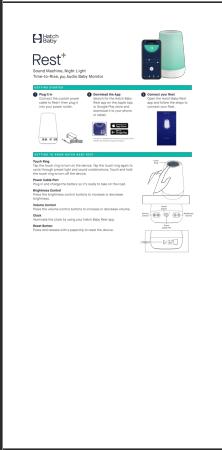
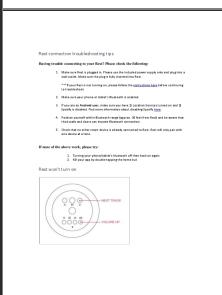
While specific warranty details are not provided in this document, Hatch Baby typically offers product warranties. For detailed warranty information, please refer to the documentation included with your purchase or visit the official Hatch Baby website. Protection plans may also be available for extended coverage.

For customer support, product registration, or to access additional resources, please visit the [Hatch Store on Amazon](#) or the manufacturer's official website.

## ADDITIONAL INFORMATION

No official product videos from the seller were found in the provided data to be included in this manual.

## Related Documents - Restore

	<p><a href="#"><b>Hatch Baby Rest+ Smart Sleep Aid: Sound Machine, Night Light, Baby Monitor User Guide</b></a></p> <p>Comprehensive guide to setting up and using the Hatch Baby Rest+ smart sleep aid device, featuring sound machine, night light, Time-to-Rise, and audio baby monitor functions. Includes feature explanations, usage tips, care instructions, and safety guidelines.</p>
	<p><a href="#"><b>Hatch Baby Rest User Guide: Night Light, Sound Machine &amp; Time-to-Rise</b></a></p> <p>Comprehensive guide for the Hatch Baby Rest, detailing setup, features, safety precautions, and troubleshooting for this smart night light, sound machine, and time-to-rise device.</p>
	<p><a href="#"><b>Hatch Rest+ Sound Machine, Night Light, and Baby Monitor: Getting Started and Features</b></a></p> <p>Learn how to set up and use your Hatch Rest+ sound machine, night light, and audio baby monitor. Discover features, recommendations, and safety information for optimal use.</p>
	<p><a href="#"><b>Hatch Whisper Sound Machine - Product Information</b></a></p> <p>Detailed information regarding the Hatch Whisper Sound Machine, model WHISPER01, manufactured by Hatch Baby, Inc. Includes product identifiers and label location specifics.</p>
	<p><a href="#"><b>Hatch Rest+ Sound Machine, Night Light, and Baby Monitor User Guide</b></a></p> <p>A comprehensive guide to setting up and using the Hatch Rest+ device, including its features as a sound machine, night light, time-to-rise alarm, and audio baby monitor. Learn about its functions, care instructions, and safety guidelines.</p>
	<p><a href="#"><b>Hatch Baby Rest &amp; Grow: Product Guide, Features, and Troubleshooting</b></a></p> <p>Comprehensive guide for Hatch Baby Rest (night light, sound machine) and Hatch Baby Grow (smart changing pad and scale). Includes setup instructions, feature explanations, troubleshooting tips, and product specifications.</p>