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> [Hatch Restore 3 Sunrise Alarm Clock, Sound Machine, Smart Light \(Putty\) - User Manual](#)

Hatch Baby RESTORE05

Hatch Restore 3 Sunrise Alarm Clock, Sound Machine, Smart Light

Model: RESTORE05

Brand: Hatch Baby

INTRODUCTION

The Hatch Restore 3 is an advanced device designed to enhance your sleep and wake-up experience. It combines a sunrise alarm clock, sound machine, and smart light to help you create healthy sleep habits and improve your overall well-being. This manual provides detailed instructions for setting up, operating, and maintaining your Restore 3 device.

SETUP

To begin using your Hatch Restore 3, follow these steps:

- Unpack the Device:** Carefully remove the Restore 3 from its packaging. Ensure all components, including the power adapter and instruction manual, are present.
- Connect to Power:** Plug the power adapter into the Restore 3 and then into a standard electrical outlet. The device requires a continuous power connection for operation.
- Download the Hatch Sleep App:** The Hatch Restore 3 is primarily controlled via the Hatch Sleep app. Download the app from the Apple App Store (for iOS devices) or Google Play Store (for Android devices).
- Connect to Wi-Fi:** Open the Hatch Sleep app and follow the on-screen instructions to connect your Restore 3 to your home Wi-Fi network. A stable Wi-Fi connection is essential for full functionality and content access.
- Personalize Your Settings:** The app will guide you through personalizing your sleep and wake-up routines, including light colors, sounds, and alarm times.

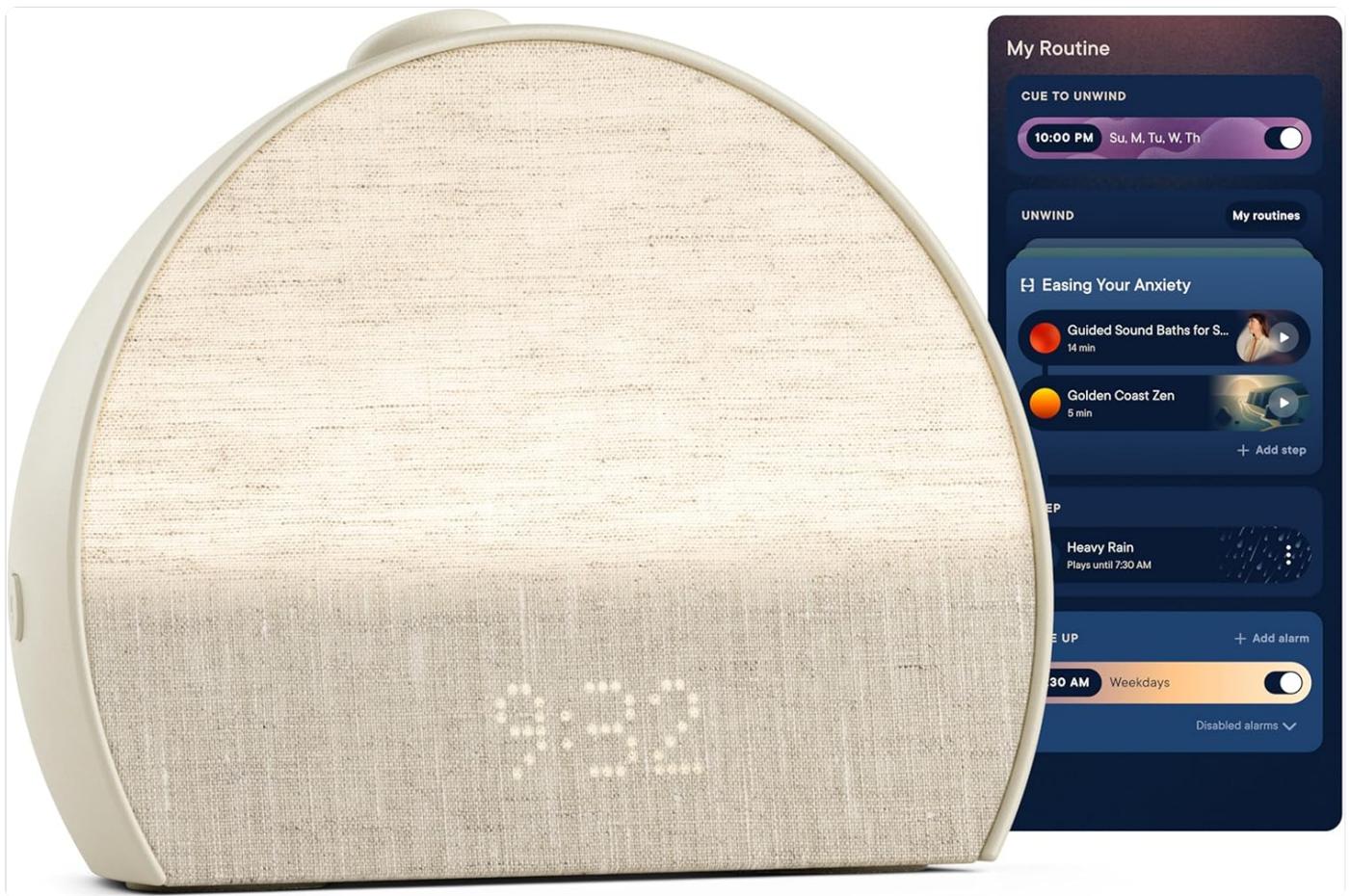


Image: The Hatch Restore 3 device shown alongside its companion mobile application, illustrating the app-controlled setup and personalization process.

OPERATING INSTRUCTIONS

The Hatch Restore 3 offers various features to support your sleep routine. All features are customizable through the Hatch Sleep app.

Creating Sleep Routines

You can create personalized bedtime and wake-up routines using the Hatch Sleep app. These routines can combine light, sound, and guided content to help you unwind and wake up gently.

- **Bedtime Routines:** Select from a library of soothing sounds (e.g., white noise, rain, ocean waves), guided meditations, and calming light colors to prepare for sleep.
- **Sunrise Alarm:** Set a wake-up time, and the Restore 3 will gradually brighten, simulating a sunrise, followed by gentle alarm sounds to ease you awake.

Create healthy sleep habits

Restore enhances your natural
circadian rhythm



Unwind Nightly ——— Sleep Deeply ——— Wake Gently

Image: The Hatch Restore 3 in use on a nightstand, demonstrating its ability to create a calming sleep environment with customizable light and soundscapes.

Physical Buttons

The Restore 3 features physical buttons for convenient control without needing your phone:

- **Top Button (Big Button):** This button can be customized in the app to start your routine, adjust volume, or snooze the alarm.
- **Side Buttons:** These control the bedside light and alarm toggle.

Ditch the blue light

Restore's lights regulate your circadian rhythm, cuing your body to sleep and wake naturally



Image: A detailed view of the Hatch Restore 3, highlighting its intuitive physical controls for easy interaction.

Content Library

Access a wide range of content through the Hatch Sleep app, including:

- **Meditation:** Guided sessions for relaxation and mindfulness.
- **Sleep Stories:** Narrated stories to help you drift off to sleep.
- **Soundscapes:** Various ambient sounds for focus, relaxation, or sleep.

Break up with doomscrolling

Create a personalized bedtime routine
and unwind phone-free

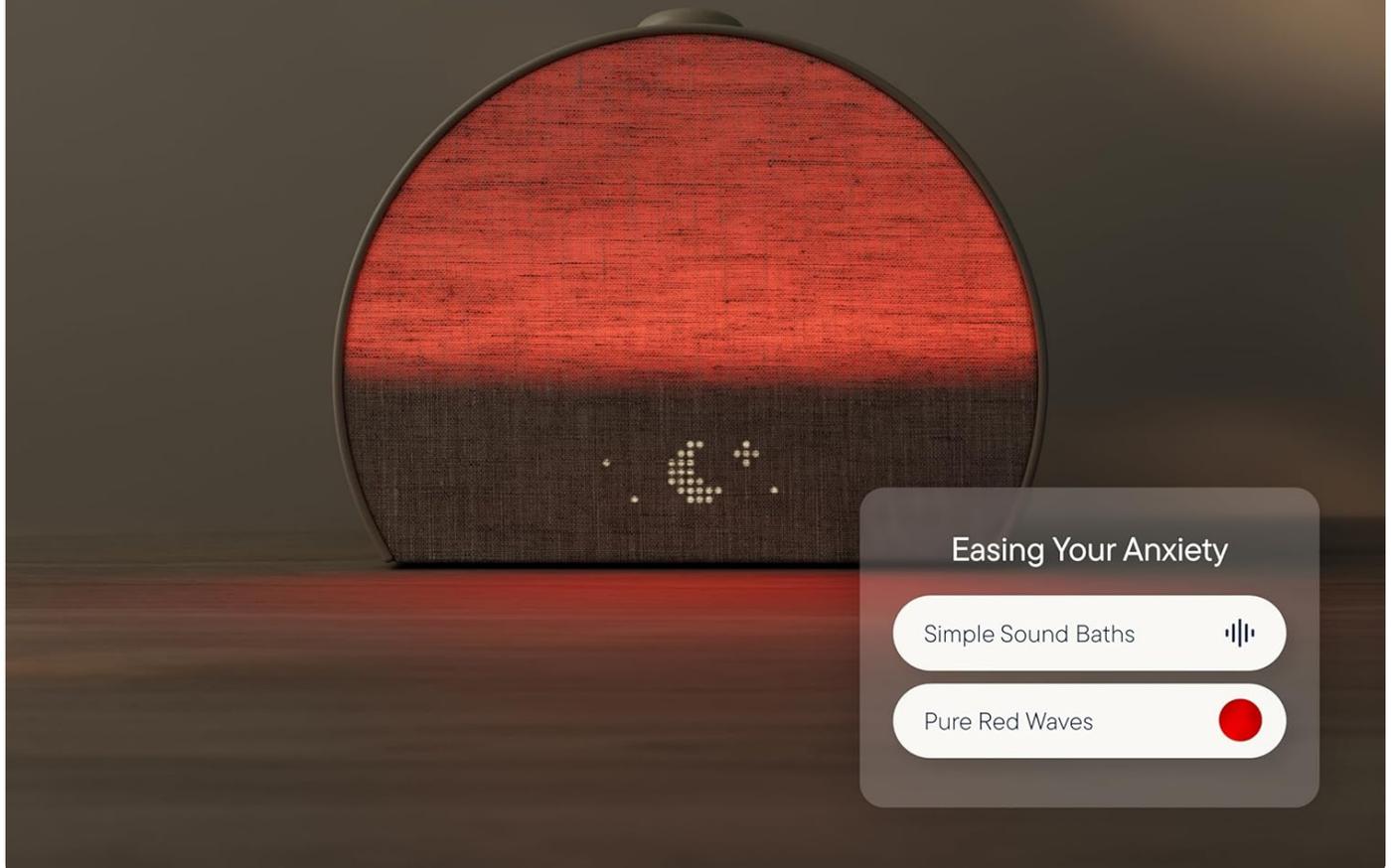


Image: The Hatch Restore 3 paired with the app, showcasing the diverse content library available for personalized sleep and relaxation.

MAINTENANCE

To ensure the longevity and optimal performance of your Hatch Restore 3, follow these simple maintenance guidelines:

- **Cleaning:** Gently wipe the exterior of the device with a soft, dry, or slightly damp cloth. Do not use abrasive cleaners, solvents, or harsh chemicals, as these can damage the finish.
- **Dust Accumulation:** Periodically check for dust accumulation around the speaker and light areas. Use a soft brush or compressed air to remove dust if necessary.
- **Power Cord:** Ensure the power cord is not kinked, pinched, or placed under heavy objects. Always unplug the device by grasping the plug, not the cord.
- **Storage:** If storing the device for an extended period, unplug it and keep it in a cool, dry place away from direct sunlight and extreme temperatures.

TROUBLESHOOTING

If you encounter issues with your Hatch Restore 3, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device not powering on.	Power adapter not connected or faulty outlet.	Ensure the power adapter is securely plugged into the device and a working electrical outlet. Try a different outlet.
Cannot connect to Wi-Fi.	Incorrect Wi-Fi password, weak signal, or network issues.	Double-check your Wi-Fi password. Move the Restore 3 closer to your router. Restart your router and the Restore 3. Ensure your Wi-Fi is 2.4GHz compatible.
App is unresponsive or clunky.	App glitch, outdated app version, or phone connectivity issue.	Close and reopen the Hatch Sleep app. Ensure your app is updated to the latest version. Restart your smartphone.
Alarm not sounding or light not activating.	Routine not set correctly, volume too low, or alarm toggle off.	Verify your routine settings in the app. Check the volume level. Ensure the alarm toggle on the device is in the 'on' position.
Digital display numbers overlap.	Specific display combinations or software bug.	This may be a known display characteristic for certain settings. Adjust display brightness or format in the app if options are available. Contact customer support if it significantly impacts usability.

SPECIFICATIONS

Feature	Detail
Product Dimensions	7.23"W x 5.69"H (7.23 x 1.5 x 2.4 inches; 0.11 ounces)
Item Model Number	RESTORE05
Batteries	1 Lithium Metal battery required (included)
Date First Available	January 22, 2025
Manufacturer	Hatch
ASIN	B0DLLSCVZW
Country of Origin	China
Color	New Putty
Display Type	Digital
Style	Modern
Special Feature	Auto Dimmable
Power Source	Corded Electric
Age Range (Description)	Adult
Indoor/Outdoor Usage	Indoor

Feature	Detail
Frame Material	Acrylonitrile Butadiene Styrene Plastic

WARRANTY AND SUPPORT

For warranty information, technical support, or further assistance with your Hatch Restore 3, please contact Hatch Baby, Inc. directly.

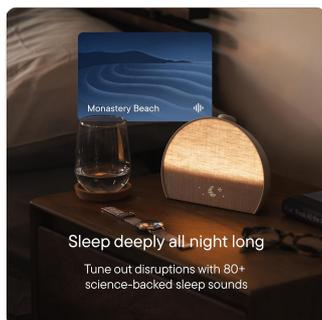
- **Manufacturer:** Hatch
- **Seller:** Hatch Baby, Inc.
- **Online Support:** Refer to the official Hatch website or the Hatch Sleep app for FAQs, troubleshooting guides, and contact information.
- **Protection Plans:** Extended protection plans may be available for purchase. Refer to your retailer for details.

ADDITIONAL RESOURCES

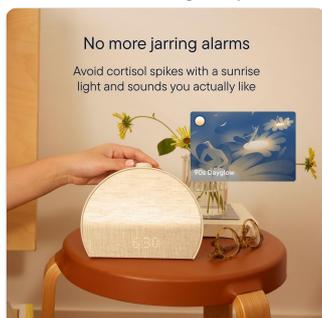
Product Images



The Hatch Restore 3 in a bedroom setting, highlighting its modern design and ambient light.



The Restore 3 emitting a red light, ideal for evening wind-down routines to minimize blue light exposure.



A display of multiple Hatch Restore devices in various color options, emphasizing design versatility.

Official Product Videos

No official seller videos are available for embedding at this time.

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