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3Plus Callie Smartwatch (Model: 939734ae-c32d-4320-a35b-30c9852720be)

# 3Plus Callie Smartwatch User Manual

Model: Callie (939734ae-c32d-4320-a35b-30c9852720be)

Brand: 3Plus

#### INTRODUCTION

Welcome to the 3Plus Callie Smartwatch user manual. This guide provides essential information on setting up, operating, maintaining, and troubleshooting your new smartwatch. The Callie Smartwatch is designed to enhance your daily life with its advanced features, including a vibrant AMOLED display, Bluetooth calling, comprehensive health monitoring, and various workout modes.



The 3Plus Callie Smartwatch, showcasing its sleek design and vibrant display.

## SETUP GUIDE

## 1. Charging Your Smartwatch

Before initial use, fully charge your Callie Smartwatch. Connect the provided charging core to the charging contacts on the back of the watch and plug the USB end into a compatible power source (e.g., computer USB port or a 5V/1A USB wall adapter). A full charge typically takes approximately 2 hours.

## 2. App Installation

To unlock the full potential of your Callie Smartwatch, download the official 3Plus app on your smartphone. The app is compatible with both iOS and Android devices. Search for "3Plus" in the Apple App Store or Google Play Store and install it.

## 3. Device Pairing

Once the app is installed and your watch is charged, open the 3Plus app on your smartphone. Follow the on-screen instructions to create an account or log in. The app will guide you through the process of pairing

your Callie Smartwatch via Bluetooth. Ensure Bluetooth is enabled on your smartphone and keep the watch close during pairing.

#### **OPERATING YOUR SMARTWATCH**

# 1.43" Round AMOLED Display

The Callie Smartwatch features a 1.43-inch round AMOLED display, offering vibrant colors and sharp clarity. Navigate through menus and interact with features using touch gestures. Swipe left/right, up/down, and tap to select options.



The 1.43" Round AMOLED Display provides a clear and interactive interface.

# **Bluetooth Calling**

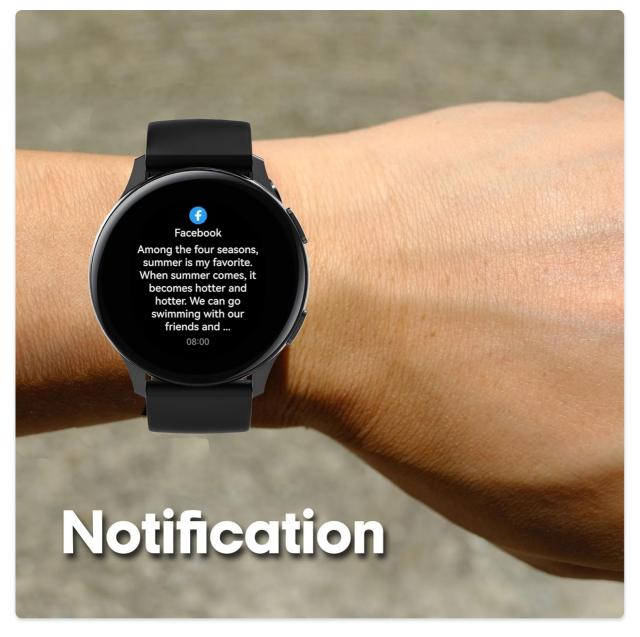
Make and receive calls directly from your wrist using the advanced Bluetooth calling feature. Once paired with your smartphone, you can answer incoming calls or dial out from your watch, providing convenience during workouts or when your phone is not easily accessible.



On-wrist Bluetooth calling allows for hands-free communication.

## **Notifications**

Stay connected with quick message reply functionality and receive alerts for calls, texts, and app notifications directly on your smartwatch. This feature helps you stay informed without needing to constantly check your phone.



Receive and manage notifications directly from your smartwatch.

## **Health Monitoring**

The Callie Smartwatch provides comprehensive health monitoring features:

- 24/7 Heart Rate Monitoring: Continuously tracks your heart rate, providing real-time data during activities and rest.
- **Blood Oxygen Monitoring (SpO2):** Offers insights into your body's oxygen levels, helping you understand overall health trends.
- **Sleep Monitoring:** Tracks light, deep, and REM sleep stages, providing a comprehensive overview of your rest quality to optimize nightly recovery.



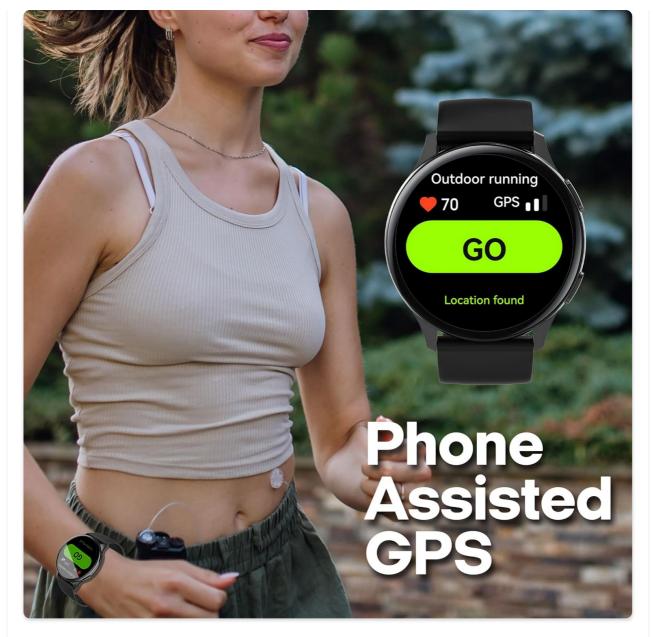
Detailed sleep monitoring helps you understand and improve your rest patterns.

## **Workout Modes & GPS**

Track and optimize your fitness with over 100 workout modes, including running, cycling, and yoga. The watch provides detailed performance metrics to monitor progress and achieve your fitness goals. It also features phone-assisted GPS, which uses your smartphone's GPS to provide accurate location tracking for outdoor activities, mapping routes, and tracking distance.



Access over 100 workout modes to track various physical activities.



Phone-assisted GPS provides accurate location and distance tracking for outdoor workouts.

#### **Product Overview Video**

Watch this official product video for a visual overview of the 3Plus Callie Smartwatch's key features and functionalities.

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Official product review video for the 3Plus Callie Smartwatch, highlighting its features.

# MAINTENANCE

#### Water Resistance (IP68)

The 3Plus Callie Smartwatch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. While it is designed to be water-resistant for daily activities like hand washing or light rain, it is not recommended for swimming, showering with hot water, or diving. Avoid exposing the watch to high-pressure water or chemicals.

## **Cleaning and Care**

To maintain your smartwatch, regularly clean the device and strap with a soft, dry cloth. If necessary, use a

slightly damp cloth with mild soap and water, then dry thoroughly. Avoid using abrasive cleaners or solvents that could damage the watch's finish or sensors. Keep the charging contacts clean and free of debris.

#### **TROUBLESHOOTING**

#### **Common Issues and Solutions**

- Watch not turning on: Ensure the watch is fully charged using the provided charging core.
- Unable to pair with smartphone:
  - a. Ensure Bluetooth is enabled on your phone.
  - b. Make sure the 3Plus app is open and running.
  - c. Restart both your smartphone and the smartwatch.
  - d. Ensure the watch is within the Bluetooth range of your phone.
- Inaccurate health data (Heart Rate, SpO2, Sleep): Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch.
- **Notifications not appearing:** Check notification settings within the 3Plus app and your phone's system settings to ensure permissions are granted for the app to display notifications.
- Short battery life: Battery performance is typically 4-5 days per charge with moderate use. Frequent use of features like Bluetooth calling, continuous heart rate monitoring, and GPS will consume more power. Reduce screen brightness or disable unnecessary features to extend battery life.

#### **SPECIFICATIONS**

Feature	Detail
Brand	3Plus
Model Number	939734ae-c32d-4320-a35b-30c9852720be
Screen Size	1.43 Inches Round AMOLED
Operating System	3PLUS OS
Connectivity Technology	Bluetooth
Battery Capacity	270 mAh (Lithium Polymer)
Water Resistance	IP68
Item Weight	4.6 ounces
GPS	GPS Via Smartphone
Special Features	Daily Workout Memory, Multisport Tracker, Notifications, Phone Call

# WARRANTY AND SUPPORT

# **Warranty Information**

Your 3Plus Callie Smartwatch comes with a limited manufacturer's warranty. Please refer to the warranty card included in your product packaging or visit the official 3Plus website for detailed warranty terms and conditions.

# **Customer Support**

For technical assistance, product inquiries, or support, please visit the 3Plus official website or contact their customer service team. You can find contact information and FAQs on their support page.

Online Support: Visit the 3Plus Store on Amazon

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