

Cecotec A01_EU01_100516

Cecotec Proclean 3120 Flatbed Microwave with Grill User Manual

Model: A01_EU01_100516

1. INTRODUCTION

Thank you for choosing the Cecotec Proclean 3120 Flatbed Microwave with Grill. This appliance is designed for efficient and convenient cooking, reheating, and defrosting of various food items. Featuring a 20-liter capacity, 700W microwave power, and an 800W grill, it offers versatile cooking options. The innovative 3DWave technology ensures even heat distribution, while the flatbed design eliminates the need for a turntable, providing more usable space and easier cleaning. Please read this manual thoroughly before operating the appliance to ensure safe and optimal performance.

2. SAFETY INSTRUCTIONS

Always follow basic safety precautions when using electrical appliances to reduce the risk of fire, electric shock, or injury.

- Read all instructions before using the appliance.
- Do not operate the microwave if the door or door seals are damaged. Contact qualified service personnel for repair.
- Do not heat liquids or other foods in sealed containers as they are liable to explode.
- Only use utensils that are suitable for microwave ovens.
- Do not use corrosive chemicals or vapors in this appliance.
- This appliance is intended for household use only.
- Ensure the appliance is properly grounded.
- Supervise children closely when the appliance is in use.
- Do not attempt to service or repair the appliance yourself.
- Always ensure proper ventilation around the appliance.

3. PRODUCT OVERVIEW AND COMPONENTS

The Cecotec Proclean 3120 features a sleek design with intuitive manual controls.



Figure 3.1: Front view of the Cecotec Proclean 3120 Flatbed Microwave with Grill. This image shows the appliance's overall appearance, including the door, handle, and control panel on the right side.



Figure 3.2: Angled view of the microwave, highlighting its compact and modern design suitable for countertop placement.



Figure 3.3: The microwave placed on a kitchen counter with its door open, demonstrating its integration into a typical kitchen environment.



Figure 3.4: A detailed view of the manual control panel, showing the timer dial and the power/function selection dial.

Included Components:

- Cecotec ProcLean 3120 Microwave with Grill
- Instruction Manual (this document)

Control Panel Description:

- **Timer Dial:** Used to set the cooking time, up to 30 minutes.
- **Function/Power Dial:** Selects the cooking mode (Microwave, Grill, or Combined) and microwave power level (Low, M. Low, Med, M. High, High).

4. SETUP

Follow these steps to set up your microwave oven:

1. **Unpacking:** Carefully remove the microwave from its packaging. Retain the packaging materials for future transport or storage if needed.

2. **Placement:** Place the microwave on a stable, flat, heat-resistant surface. Ensure there is adequate ventilation space around the appliance: at least 20 cm (8 inches) above, 10 cm (4 inches) at the rear, and 5 cm (2 inches) on each side. Do not block any ventilation openings.
3. **Power Connection:** Plug the power cord into a grounded electrical outlet. Ensure the voltage matches the specifications of your appliance (230 Volts).
4. **Initial Cleaning:** Before first use, wipe the interior and exterior of the microwave with a damp cloth.

5. OPERATING INSTRUCTIONS

This section details how to use the various functions of your Cecotec microwave.

5.1 Microwave Function

Use this function for standard heating and cooking with microwave energy.

1. Place the food in a microwave-safe container inside the oven.
2. Close the oven door securely.
3. Turn the **Function/Power Dial** to select the desired microwave power level (700W maximum, with 6 levels: Low, M. Low, Med, M. High, High).
4. Turn the **Timer Dial** to set the desired cooking time (up to 30 minutes). The microwave will start automatically.
5. When the set time expires, the oven will emit an audible alert and stop operating.



Figure 5.1: Illustration of food being cooked inside the microwave, demonstrating the 3DWave technology for even heat distribution.

5.2 Grill Function

The 800W grill function is ideal for browning and crisping food.

1. Place the food on a heat-resistant dish suitable for grilling.
2. Close the oven door securely.
3. Turn the **Function/Power Dial** to the 'Grill' setting.
4. Turn the **Timer Dial** to set the desired grilling time.
5. Monitor food closely to prevent over-browning.



Figure 5.2: A close-up image of a gratin dish with a golden, crispy top, illustrating the results achievable with the grill function.

5.3 Defrost Function

The quick defrosting feature helps preserve food texture.

1. Place the frozen food directly on the flatbed or in a suitable container.
2. Close the oven door securely.
3. Turn the **Function/Power Dial** to the 'Defrost' setting (often indicated by a snowflake icon or integrated into lower power settings).
4. Turn the **Timer Dial** to set the desired defrosting time based on the food type and weight.
5. Periodically check the food and turn it over if necessary to ensure even defrosting.



Figure 5.3: An image depicting the microwave with an inset showing a piece of salmon on ice, symbolizing the defrosting capability of the appliance.

6. MAINTENANCE AND CLEANING

Regular cleaning ensures optimal performance and extends the life of your microwave.

- **Interior Cleaning:** The Ready2Clean coating on the interior makes cleaning easy. After each use, wipe the interior with a damp cloth and mild detergent. For stubborn stains, place a bowl of water with lemon slices inside and microwave for a few minutes to loosen residue, then wipe clean.
- **Exterior Cleaning:** Wipe the exterior surfaces with a soft, damp cloth. Do not use abrasive cleaners or scouring pads.
- **Door and Seal:** Clean the door, door seals, and control panel with a soft, damp cloth. Ensure no food particles accumulate in the door seal area.
- **Grill Element:** For the grill element, ensure the appliance is cool. Use a soft brush to remove any food residue.
- Always unplug the microwave before cleaning.



Figure 6.1: A hand wiping the flatbed interior of the microwave, demonstrating the ease of cleaning due to the flatbed design and Ready2Clean coating.

7. TROUBLESHOOTING

Refer to this table for common issues and their solutions.

Problem	Possible Cause	Solution
Microwave does not start	Power cord not plugged in; Door not closed properly; Fuse blown or circuit breaker tripped.	Ensure power cord is securely plugged in; Close door firmly; Check household fuse/circuit breaker.
Food not heating evenly	Improper stirring/turning; Food quantity too large.	Stir or turn food halfway through cooking; Reduce food quantity or increase cooking time.
Grill not browning food	Incorrect grill setting; Food too far from grill element.	Ensure 'Grill' function is selected; Adjust food position closer to the grill element if possible.
Oven light not working	Bulb failure.	Contact qualified service personnel for bulb replacement.






If the problem persists after attempting these solutions, please contact customer support.

8. SPECIFICATIONS

Feature	Specification
Brand	Cecotec
Model Number	A01_EU01_100516
Capacity	20 Liters
Microwave Power	700 Watts
Grill Power	800 Watts
Power Levels	6
Voltage	230 Volts
Wattage (Total)	1150 Watts
Product Dimensions (D x W x H)	45 x 36 x 26 cm
Item Weight	12.3 Kilograms
Inner Material Type	Stainless Steel
Special Features	Flatbed, 3DWave Technology, Ready2Clean Coating, Programmable

9. WARRANTY AND SUPPORT

Cecotec products are manufactured to high-quality standards. For information regarding your product's warranty, please refer to the warranty card included with your purchase or visit the official Cecotec website. For technical support, spare parts, or repair services, please contact Cecotec customer service through their official channels. Always provide your product model number (A01_EU01_100516) and purchase details when seeking assistance.

	<p>Manual de Usuario Cecotec ProClean 5110 Inox</p> <p>Manual detallado de usuario para el microondas Cecotec ProClean 5110 Inox, cubriendo instrucciones de seguridad, funcionamiento, limpieza y especificaciones técnicas.</p>
	<p>Cecotec Proclean 5110 Retro Digital Microwave with Grill - User Manual</p> <p>User manual for the Cecotec Proclean 5110 Retro digital microwave with grill, covering parts identification, operation modes, cooking functions, cleaning, maintenance, technical specifications, and disposal information.</p>
	<p>Cecotec GrandHeat 2500 Flatbed Touch White Microwave Oven User Manual</p> <p>Comprehensive user manual for the Cecotec GrandHeat 2500 Flatbed Touch White microwave oven, covering installation, operation, features, maintenance, troubleshooting, and warranty.</p>
	<p>Cecotec Proclean 5110 Retro Microwave User Manual</p> <p>Comprehensive user manual for the Cecotec Proclean 5110 Retro microwave, covering safety instructions, operation, cleaning, maintenance, and technical specifications in multiple languages.</p>
	<p>Manual de Instrucciones Cecotec ProClean 4010 Microondas</p> <p>Manual de instrucciones completo para el microondas Cecotec ProClean 4010, cubriendo seguridad, funcionamiento, limpieza, especificaciones técnicas y garantía.</p>



[Cecotec PROCLEAN 2110 Microwave User Manual](#)

Comprehensive user manual for the Cecotec PROCLEAN 2110 microwave, covering safety instructions, operation, cleaning, maintenance, and technical specifications in multiple languages.