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### Cecotec A01\_EU01\_100514

# Cecotec Proclean 3130 Flatbed Microwave with Grill User Manual

Model: A01\_EU01\_100514 | Brand: Cecotec

## INTRODUCTION

Thank you for choosing the Cecotec Proclean 3130 Flatbed Microwave with Grill. This appliance is designed for efficient and convenient cooking, reheating, and defrosting. Featuring a 20-liter capacity, 700W microwave power, and an 800W grill, it offers versatile cooking options. The innovative flatbed design maximizes internal space and simplifies cleaning, while 3DWave technology ensures uniform heat distribution for optimal results. Please read this manual thoroughly before use to ensure safe and proper operation.

## IMPORTANT SAFETY INSTRUCTIONS

Always follow basic safety precautions when using electrical appliances to reduce the risk of fire, electric shock, injury, or exposure to excessive microwave energy.

- Read all instructions before using the appliance.
- Do not attempt to operate this oven with the door open, as this can result in harmful exposure to microwave energy.
- Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- Do not operate the oven if it is damaged. It is particularly important that the oven door closes properly and that there is no damage to the: (1) door (bent), (2) hinges and latches (broken or loosened), (3) door seals and sealing surfaces.
- The oven should not be adjusted or repaired by anyone except properly qualified service personnel.
- Ensure the appliance is properly grounded.
- Do not heat liquids or other foods in sealed containers as they are liable to explode.
- Only use utensils suitable for microwave ovens.
- Clean the oven regularly and remove any food deposits.
- Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

## PRODUCT OVERVIEW

The Cecotec Proclean 3130 Flatbed Microwave with Grill features a sleek design with intuitive controls and a spacious interior.

## Components

- Microwave Oven Unit
- Grill Rack (for grill and combination cooking)
- Instruction Manual

## Control Panel

The microwave is equipped with two simple rotary dials for ease of use:

- **Upper Dial:** Timer control (up to 30 minutes).
- **Lower Dial:** Power/Function selector (Low, Med, M. High, High, Grill, Combination modes).



*Image: Close-up view of the microwave's control panel, showing the upper timer dial and the lower power/function selector dial.*

## SETUP

- Unpacking:** Carefully remove the microwave oven and all packing materials. Check for any damage. Do not operate if damaged.
- Placement:** Place the microwave on a stable, flat, heat-resistant countertop. Ensure there is adequate ventilation space around the unit (at least 10 cm at the back and sides, 20 cm above). Do not block air vents.
- Power Connection:** Plug the power cord into a standard 230V AC electrical outlet. Ensure the outlet is properly grounded.
- Initial Cleaning:** Before first use, wipe the interior and exterior surfaces with a damp cloth.



*Image: The Cecotec Proclean 3130 Flatbed Microwave positioned on a kitchen counter, demonstrating proper placement.*

## OPERATING INSTRUCTIONS

### Microwave Cooking

- Place food in a microwave-safe container inside the oven.

2. Close the oven door securely.
3. Turn the **Lower Dial** to select the desired microwave power level (Low, Med, M. High, High).
4. Turn the **Upper Dial** to set the cooking time (up to 30 minutes). The oven will start automatically.
5. When the set time expires, an audible signal will sound, and the oven will turn off.



*Image: The spacious interior of the microwave, showing a dish with a whole chicken and potatoes, highlighting the flatbed design.*

## Grill Cooking

Use the grill function for browning and crisping food. Place food on the provided grill rack for best results.

1. Place food on the grill rack inside the oven.
2. Close the oven door securely.
3. Turn the **Lower Dial** to select the "Grill" setting.
4. Turn the **Upper Dial** to set the grilling time.
5. Monitor food closely to prevent over-browning.



*Image: A dish of lasagna being grilled inside the microwave, demonstrating the browning effect of the grill function.*

## Combination Cooking

This mode combines microwave and grill functions for faster cooking with a crispy finish.

1. Place food in a microwave-safe, oven-safe container on the grill rack.
2. Close the oven door.
3. Turn the **Lower Dial** to select one of the combination settings (e.g., Microwave + Grill).
4. Turn the **Upper Dial** to set the cooking time.



*Image: A gratin dish with a golden-brown top inside the microwave, illustrating the results of combination cooking.*

## Defrost Mode

The defrost function efficiently thaws frozen foods.

1. Place frozen food in a microwave-safe container.
2. Close the oven door.
3. Turn the **Lower Dial** to the "Defrost" setting (often indicated by a snowflake icon or integrated into a low power setting).
4. Turn the **Upper Dial** to set the defrosting time. Refer to food packaging for recommended defrosting times.
5. Periodically check the food and turn it over for even defrosting.



*Image: The microwave with an overlay showing a piece of salmon on ice, symbolizing the defrosting capability.*

## MAINTENANCE AND CLEANING

Regular cleaning ensures optimal performance and extends the lifespan of your microwave oven. The flatbed design makes cleaning exceptionally easy.

- 1. Disconnect Power:** Always unplug the microwave from the power outlet before cleaning.
- 2. Interior Cleaning:** Wipe the interior surfaces, including the flatbed, with a damp cloth and mild detergent after each use. For stubborn food spills, place a bowl of water with lemon slices inside and microwave for 2-3 minutes to loosen residue, then wipe clean. The absence of a turntable and mica plate simplifies this process significantly.
- 3. Exterior Cleaning:** Clean the exterior with a soft, damp cloth. Avoid abrasive cleaners that could scratch the finish.
- 4. Door Seals:** Keep the door seals and adjacent parts clean. Use a soft, damp cloth.
- 5. Grill Rack:** Wash the grill rack with warm, soapy water and rinse thoroughly.



*Image: A hand wiping the flat, easy-to-clean interior surface of the microwave, demonstrating the simplified cleaning process.*

## TROUBLESHOOTING

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If you encounter any issues with your microwave, please refer to the following common problems and solutions before contacting customer service.

Problem	Possible Cause	Solution
Oven does not start	Power cord not plugged in; Door not closed properly; Fuse blown or circuit breaker tripped.	Plug into outlet; Close door securely; Check fuse or reset circuit breaker.
Food not heating	Incorrect power level or cooking time set; Food container not microwave-safe.	Adjust power level and time; Use microwave-safe dishes.
Sparking inside oven	Metal or foil in oven; Utensils not microwave-safe.	Remove metal objects; Use only microwave-safe dishes.

Problem	Possible Cause	Solution
Uneven cooking	Food not stirred or rotated; Uneven food placement.	Stir or rotate food during cooking; Arrange food evenly.

## SPECIFICATIONS

Feature	Detail
Brand	Cecotec
Model Number	A01_EU01_100514
Color	Black
Dimensions (L x W x H)	46 x 36 x 26 cm
Capacity	20 Liters
Microwave Power	700 Watts
Grill Power	800 Watts
Voltage	230 Volts
Material	Steel Alloy
Item Weight	11.82 Kilograms
Special Features	Lightweight, Programmable (via dials)
Recommended Uses	Reheating leftovers, defrosting, cooking snacks or quick meals
Installation Type	Countertop

## WARRANTY AND SUPPORT

Cecotec is committed to providing quality products. While specific warranty terms may vary by region, spare parts for this model are available for up to 10 years.

For warranty claims, technical support, or service inquiries, please contact Cecotec customer service through their official website or the retailer where the product was purchased. Please have your model number (A01\_EU01\_100514) and purchase details ready.

For more information, visit the official Cecotec website: [www.cecotec.com](http://www.cecotec.com)

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This manual is for informational purposes only. Specifications are subject to change without notice.