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## Cecotec Proclean 3060

# Cecotec Proclean 3060 Flatbed Microwave Oven User Manual

Model: Proclean 3060 | Brand: Cecotec

## INTRODUCTION

Thank you for choosing the Cecotec Proclean 3060 Flatbed Microwave Oven. This manual provides essential information for the safe and efficient operation, maintenance, and troubleshooting of your appliance. Please read it thoroughly before use and keep it for future reference.

Key features of your Cecotec Proclean 3060 microwave include:

- **20-Liter Capacity:** Spacious interior for various dish sizes.
- **700W Microwave Power:** Efficient heating and cooking performance.
- **Flatbed Design:** Maximizes usable space and simplifies cleaning by eliminating the need for a turntable.
- **3DWave Technology:** Ensures even heat distribution for consistent cooking results.
- **Defrost Function:** Quickly thaws food while preserving its original texture and flavor.
- **30-Minute Timer:** Allows precise cooking time control with an acoustic alarm.
- **Stylish Design:** Features a mirror door and metallic details to complement modern kitchens.

## SAFETY INSTRUCTIONS

To reduce the risk of fire, electric shock, injury to persons, or exposure to excessive microwave energy when using your appliance, follow these basic precautions:

1. Read all instructions before using the appliance.
2. Do not attempt to operate this oven with the door open as this can result in harmful exposure to microwave energy.
3. Do not place any object between the oven front face and the door, or allow soil or cleaner residue to accumulate on sealing surfaces.
4. Do not operate the oven if it is damaged. It is particularly important that the oven door closes properly and that there is no damage to the door (bent), hinges and latches (broken or loosened), or door seals and sealing surfaces.
5. The oven should not be adjusted or repaired by anyone except properly qualified service personnel.
6. Ensure the appliance is properly grounded.
7. Do not heat liquids or other foods in sealed containers as they are liable to explode.
8. Only use microwave-safe utensils.
9. Supervise children closely when the microwave is in use.

10. Do not use the microwave for purposes other than heating food.

## PRODUCT OVERVIEW

Familiarize yourself with the components and controls of your microwave oven.



Figure 1: Cecotec Proclean 3060 Flatbed Microwave with its door open, showcasing the spacious interior and flat ceramic base.



Figure 2: Close-up view of the microwave's control panel, featuring two rotary knobs for setting the timer and power level.

## Components:

- **Oven Cavity:** The interior cooking space with a flat ceramic base.
- **Door:** Features a mirror finish and a handle for opening.
- **Control Panel:** Located on the right side, with two rotary knobs.
- **Ventilation Openings:** For proper airflow during operation.

## Controls:

- **Timer Knob:** Used to set the cooking duration, up to 30 minutes.
- **Power Level Knob:** Selects the desired microwave power setting (Low, M. Low, Med, M. High, High, Defrost).

## SETUP

1. **Unpacking:** Carefully remove all packaging materials and accessories. Inspect the microwave for any damage. Do

not operate if damaged.

2. **Placement:** Place the microwave on a flat, stable, heat-resistant surface. Ensure there is adequate ventilation space (at least 10 cm at the back, 20 cm at the top, and 5 cm on the sides). Do not block any ventilation openings.
3. **Power Connection:** Plug the power cord into a grounded electrical outlet. Ensure the voltage matches the specifications of the microwave (230V).
4. **Initial Cleaning:** Wipe the interior and exterior with a damp cloth before first use.

## OPERATING INSTRUCTIONS

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### General Microwave Cooking:

1. Place the food in a microwave-safe container directly onto the flat ceramic base inside the oven cavity.
2. Close the microwave door securely.
3. Turn the **Power Level Knob** to select the desired power setting (e.g., High for maximum power).
4. Turn the **Timer Knob** to set the desired cooking time, up to 30 minutes. The microwave will start automatically once the timer is set.
5. When the set time expires, an acoustic alarm will sound, and the microwave will stop.
6. Carefully remove the food, as the container and food will be hot.



Figure 3: A whole chicken with potatoes cooking inside the Cecotec Proclean 3060 Flatbed Microwave, demonstrating its capacity and cooking capability.



Figure 4: A dish of lasagna being heated in the microwave, illustrating the even distribution of heat for consistent results.

### Defrost Function:

The defrost function is designed to thaw frozen foods quickly and efficiently.

1. Place the frozen food in a microwave-safe container.
2. Close the microwave door.
3. Turn the **Power Level Knob** to the "Defrost" setting (often marked with a snowflake symbol or "Defrost").
4. Turn the **Timer Knob** to set the desired defrosting time. The time required will vary depending on the type and weight of the food.
5. Monitor the food during defrosting and turn or separate items as needed to ensure even thawing.
6. When the set time expires, the microwave will stop.



Figure 5: An illustration of the defrosting function, showing a piece of salmon on ice, ready to be thawed in the microwave.

## MAINTENANCE AND CLEANING

Regular cleaning will ensure optimal performance and extend the lifespan of your microwave oven. The flatbed design makes cleaning particularly easy.

- 1. Unplug:** Always unplug the microwave from the power outlet before cleaning.
- 2. Interior Cleaning:** Wipe the interior cavity, including the flat ceramic base, with a damp cloth and mild detergent after each use. For stubborn stains, place a bowl of water with lemon slices inside and heat for a few minutes to loosen residue, then wipe clean.
- 3. Exterior Cleaning:** Clean the exterior surfaces, including the door and control panel, with a soft, damp cloth. Avoid abrasive cleaners or harsh chemicals that could damage the finish.
- 4. Door Seals:** Regularly clean the door seals and adjacent parts to ensure proper sealing and prevent microwave energy leakage.
- 5. No Turntable:** The flatbed design eliminates the need to clean a glass turntable, simplifying maintenance.



Figure 6: A hand wiping the flat ceramic interior of the Cecotec microwave, highlighting the ease of cleaning due to the absence of a turntable.

## TROUBLESHOOTING

If you encounter issues with your microwave, refer to the following table for common problems and solutions.

Problem	Possible Cause	Solution
Microwave does not start.	Power cord not plugged in; Door not closed properly; Fuse blown or circuit breaker tripped.	Ensure power cord is securely plugged in; Close the door firmly; Check household fuse or reset circuit breaker.
Food not heating.	Power level set too low; Cooking time too short; Incorrect utensil used.	Increase power level or cooking time; Use microwave-safe dishes.

Problem	Possible Cause	Solution
Light not working.	Bulb needs replacement.	Contact qualified service personnel for bulb replacement.
Uneven cooking.	Food not stirred or rearranged; Food placed too close to oven walls.	Stir or rearrange food during cooking; Ensure proper spacing for even heat distribution.

If the problem persists after trying these solutions, please contact Cecotec customer support.

## SPECIFICATIONS

<b>Brand</b>	Cecotec
<b>Model Name</b>	Proclean 3060 Flatbed
<b>Model Number</b>	A01_EU01_100517
<b>Capacity</b>	20 Liters
<b>Microwave Power Output</b>	700 Watts
<b>Input Power/Wattage</b>	1150 Watts
Voltage	230 Volts
<b>Product Dimensions (L x W x H)</b>	45 x 36 x 26 cm
<b>Weight</b>	11.82 kg
<b>Material</b>	Stainless Steel
<b>Special Features</b>	Flatbed Design, 3DWave Technology, Defrost Function, 30-Minute Timer
<b>Installation Type</b>	Countertop

## WARRANTY AND SUPPORT

Cecotec products are manufactured to the highest quality standards. For information regarding warranty coverage, terms, and conditions, please refer to the warranty card included with your purchase or visit the official Cecotec website. For technical assistance, troubleshooting beyond this manual, or spare parts, please contact Cecotec customer support. Have your model number (A01\_EU01\_100517) and purchase details ready when contacting support. You can find more information and contact details on the official Cecotec website: [www.cecotec.com](http://www.cecotec.com)