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## Frigidaire GMBS3068BF

# Frigidaire Gallery Series GMBS3068BF Built-in Microwave Oven User Manual

Model: GMBS3068BF

## 1. Introduction

This manual provides essential information for the safe and efficient operation of your Frigidaire Gallery Series GMBS3068BF Built-in Microwave Oven. Please read all instructions carefully before use.
The Frigidaire Gallery Series GMBS3068BF is a 2.2 cu. ft. built-in microwave oven designed for convenient and efficient cooking. It features sensor technology to determine appropriate power levels and cook times, ensuring optimal results. Its sleek design integrates seamlessly into modern kitchen environments.

## 2. Setup and Installation

This microwave is designed for built-in installation. A compatible trim kit (available in 27" - GMTK2768AF and 30" - GMTK3068AF) is sold separately and is required for a finished look. Ensure proper ventilation and clearance as specified in the detailed installation guide provided with the trim kit.
**Key Dimensions:**

- Width: 24 7/16 inches
- Depth: 19 5/8 inches
- Height: 13 5/8 inches

**Cutout Dimensions:**

- Cutout Width: 24 3/4 inches
- Cutout Depth: 20 inches
- Cutout Height: 16 3/4 inches

For detailed electrical and cabinet preparation, refer to the separate installation instructions.

## 3. Operating Instructions

The Frigidaire Gallery Series microwave features an intuitive control panel for easy operation. The spacious 2.2 cu. ft. interior accommodates large dishes and multiple items.

### Basic Operation:

1. Place food in the microwave-safe dish on the glass turntable.
2. Close the microwave door firmly.
3. Enter desired cooking time using the number pad.
4. Press the 'START' button to begin cooking.

### Quick Start Functions:

- **Quick Start Buttons (1-6):** Press any number from 1 to 6 for instant cooking of 1 to 6 minutes at full power.
- **+30 Sec Button:** Press to add 30 seconds to the cooking time during operation or to start cooking for 30 seconds.

### Sensor Cooking:

The microwave is equipped with sensors that detect moisture and humidity levels to automatically adjust cooking time and power for optimal results. This ensures food is cooked evenly without hot or cold spots.

- **Sensor Cook:** For various food types, the microwave determines the ideal cooking time.
- **Sensor Reheat:** Automatically reheats leftovers to the perfect temperature.
- **Auto Cook/Defrost:** Pre-programmed settings for common items like popcorn, potatoes, veggies, and defrosting.

### Special Features:

- **Melt/Soften:** Ideal for melting butter, chocolate, or softening ice cream and cream cheese.
- **Keep Warm:** Maintains food temperature after cooking.
- **Quiet Operation:** The microwave operates with minimal noise, providing a pleasant kitchen environment.

## 4. Maintenance and Care

Regular cleaning and maintenance will ensure the longevity and optimal performance of your microwave oven.

### Cleaning the Interior:

- Wipe the interior surfaces, including the turntable and roller ring, with a soft cloth and mild detergent after each use.
- For stubborn stains, place a bowl of water with lemon slices inside and microwave for a few minutes until steam fills the cavity. This will loosen food particles for easier cleaning.
- The glass turntable can be removed and washed in warm, soapy water or in the dishwasher.

### Cleaning the Exterior:

- Clean the exterior surfaces, including the control panel and door, with a soft, damp cloth. Avoid abrasive cleaners or scouring pads.
- For stainless steel surfaces, use a stainless steel cleaner and polish in the direction of the grain.

## 5. Troubleshooting

If you encounter issues with your microwave, refer to the following common solutions:

### Microwave Not Starting/Door Not Opening:

- **Child Lock Feature:** This model may have a child lock feature that requires two steps to open the door after cooking. Typically, you need to press 'STOP/UNLOCK' and then the door release button. Refer to your owner's manual for specific instructions on how to disable or manage this feature if it is causing inconvenience.
- **Power Supply:** Ensure the microwave is properly plugged into a functioning power outlet and that the circuit breaker has not tripped.

### Uneven Cooking:

- Ensure the turntable is correctly positioned and rotates freely.
- Use microwave-safe dishes and cover food to promote even heating.
- Stir or rotate food halfway through cooking for larger quantities.

For more complex issues, consult the full owner's manual or contact Frigidaire customer support.

## 6. Specifications

| Feature | Detail |
|---|---|
| Product Dimensions | 19.63 x 24.43 x 13.63 inches |
| Weight | 49 Pounds |
| Item Model Number | 330799262 |
| Manufacturer | Frigidaire |
| ASIN | B0DLCZZGKF |
| Country of Origin | China |
| Capacity | 2.2 cu. ft. |

## 7. Product Media

### Product Images:



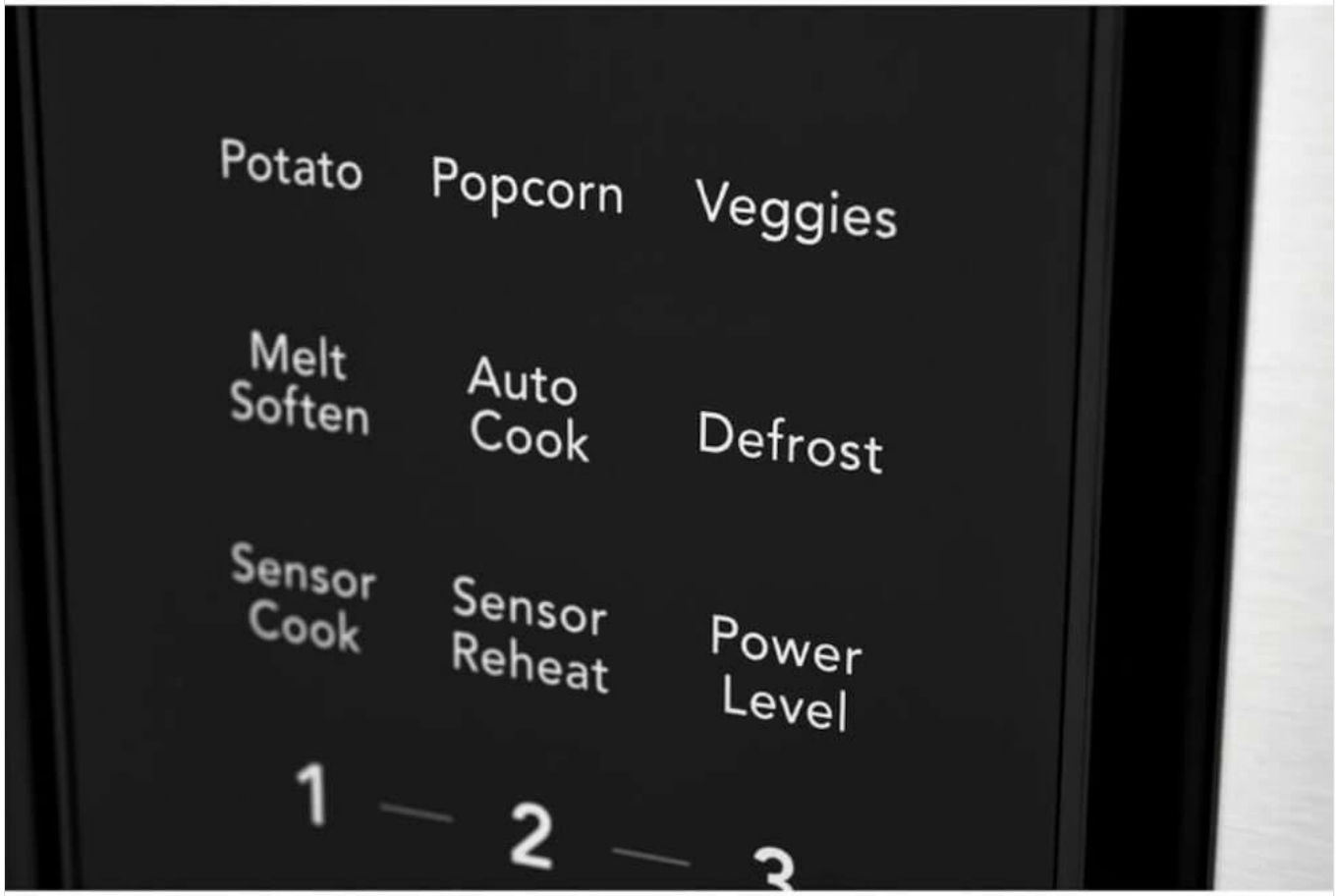

Front view of the Frigidaire Gallery Series Built-in Microwave Oven, showcasing its sleek design and control panel.




Angled view of the microwave, highlighting its integration with the surrounding cabinetry and trim kit.




Close-up of the microwave's control panel, showing the various function buttons and digital display.




Another detailed view of the control panel, emphasizing the quick start and sensor cooking options.




The microwave interior with the door open, revealing the spacious cavity and glass turntable.



Interior view of the microwave showing a dish of food on the rotating glass turntable, demonstrating its capacity.

### Official Product Videos:

No official product videos from the seller are available for embedding at this time.

## 8. Warranty and Support

For warranty information, product registration, or technical support, please refer to the documentation included with your appliance or visit the official Frigidaire website. You may also contact Frigidaire customer service directly for assistance.

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