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Atopskins x7

Atopskins X7 Swimming Waterproof Bone Conduction Headphones User Manual

Model: X7

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1. PRODUCT OVERVIEW

The Atopskins X7 Bone Conduction Headphones are designed for active lifestyles, offering a unique open-ear listening experience combined with robust waterproofing and an integrated MP3 player. This manual provides essential information for safe and effective use of your headphones.

Key Features:

- **IPX8 Waterproof Rating:** Fully submersible up to 1 meter for 1 hour, ideal for swimming and water sports.
- **Dual Mode Functionality:** Seamlessly switch between Bluetooth 5.3 for wireless connectivity and a built-in 32GB MP3 player for offline music.
- **Bone Conduction Technology:** Delivers sound through vibrations to your cheekbones, keeping your ears open to ambient sounds for enhanced safety.
- **Comfortable and Secure Fit:** Lightweight design with an adjustable silicone cord ensures stability during intense activities.
- **Long Battery Life:** Up to 5 hours of playback on a single 1-hour charge.

**No Bluetooth signal underwater
Please download the music and convert it to MP3 mode.**

32GB



IPX8 WATERPROOF

 **Swimming Headphones**

1M Underwater Immersion for 1H

Image: A woman swimming with the Atopskins X7 headphones, demonstrating their IPX8 waterproof capability and integrated 32GB MP3 player. The image emphasizes that Bluetooth signals are unavailable underwater, requiring MP3 mode.

2. INITIAL SETUP

2.1 Charging the Headphones

Before first use, fully charge your headphones. Use the provided magnetic charging cable.

1. Connect the magnetic end of the charging cable to the charging port on the headphones.
2. Connect the USB end of the cable to a USB power adapter (not included) or a computer's USB port.
3. The LED indicator will show charging status. A full charge takes approximately 1 hour.



STAY MOBILE STAY ACTIVE AND LEAVE YOUR PHONE BEHIND

32GB built-in MP3 and Bluetooth dual mode

Image: A woman exercising while wearing the Atopskins X7 headphones, with an overlay indicating a 1-hour recharge time and 5 hours of use, illustrating the battery performance.

2.2 Adjusting the Fit

The headphones feature an adjustable silicone cord for a secure and comfortable fit.

1. Place the headphones over your ears with the bone conduction transducers resting on your cheekbones, just in front of your ears.
2. Pass the round head of the adjustable cord through the circular opening on the earphone frame.
3. Adjust the position of the connecting cable until the earphone fits perfectly and securely around your head.



ADJUSTABLE SILICONE CORD

Comes with an adjustable silicone cable

How to use: Pass the round head through the circular opening and fix it on the earphone frame. You can move the position of the connecting cable to adjust the size until the earphone fits your ear perfectly.

Image: A diagram showing the adjustable silicone cord and how to thread it through the earphone frame to customize the fit of the headphones.

3. OPERATING INSTRUCTIONS

3.1 Power On/Off and Mode Switching

- **Power On/Off:** Long press the Power button for 3 seconds.
- **Voice Control:** After powering on, long press the Power button for 2 seconds to activate voice control.
- **Switch Modes:** Double click the Power button to switch between Bluetooth Mode and MP3 Mode.
- **Play/Pause:** While music is playing, click the Power button to Play or Pause.

3.2 Volume and Track Control

- **Volume Up:** Click the "+" button.
- **Next Song:** Press and hold the "+" button.
- **Volume Down:** Click the "-" button.
- **Previous Song:** Press and hold the "-" button.



Image: A detailed diagram illustrating the location and function of the Power, Volume Up (+), and Volume Down (-) buttons on the headphones, alongside a smartphone screen showing a successful Bluetooth connection to "X7".

3.3 Bluetooth Connection

1. Ensure the headphones are powered on and in Bluetooth Mode (red and blue lights flashing).
2. On your device (smartphone, tablet, etc.), go to Bluetooth settings and search for "X7".
3. Select "X7" to connect. A successful connection will be indicated by a voice prompt and stable LED light.

3.4 MP3 Player Functionality

The Atopskins X7 headphones have 32GB of built-in memory for storing music files, allowing you to listen without a connected device.

1. Connect the headphones to your computer using the magnetic charging cable.
2. The headphones will appear as a removable drive.
3. Drag and drop your MP3 music files into the headphone's storage folder.
4. Safely eject the headphones from your computer.
5. Switch the headphones to MP3 Mode (double click Power button) to play stored music.

32G Built-in Memory For MP3 Mode



Image: A close-up view of the Atopskins X7 headphones, featuring an icon of a 32GB memory card, highlighting the integrated MP3 storage capability.

4. WATERPROOF USE (IPX8)


The Atopskins X7 headphones are rated IPX8, making them suitable for swimming and other water activities. However, specific considerations apply:

- **Underwater Use:** The headphones can be submerged up to 1 meter for 1 hour.
- **Bluetooth Limitation:** Bluetooth signals do not transmit effectively underwater. For swimming or diving, you **must** use the built-in 32GB MP3 player mode. Ensure your music is downloaded to the headphones before entering the water.

**No Bluetooth signal underwater
Please download the music and convert it to MP3 mode.**

32GB IPX8 WATERPROOF



 **Swimming Headphones**

1M Underwater Immersion for 1H

Image: A man swimming with the Atopskins X7 headphones, illustrating their IPX8 waterproof design and the necessity of using the 32GB MP3 mode for underwater listening due to Bluetooth signal limitations.

5. BONE CONDUCTION TECHNOLOGY

The Atopskins X7 headphones utilize advanced bone conduction technology to deliver sound. This method transmits sound vibrations through your cheekbones directly to your inner ear, bypassing the eardrums.

Benefits of Bone Conduction:

- **Open-Ear Design:** Your ears remain open to ambient sounds, allowing you to stay aware of your surroundings for increased safety during outdoor activities like cycling or running.
- **Comfort:** No ear canal insertion means no ear fatigue, even during long periods of wear.
- **Hygiene:** Reduces the risk of ear infections compared to in-ear headphones.

OPEN HEADPHONES

High-frequency vibration

Directional sound transmission Reduce sound losses

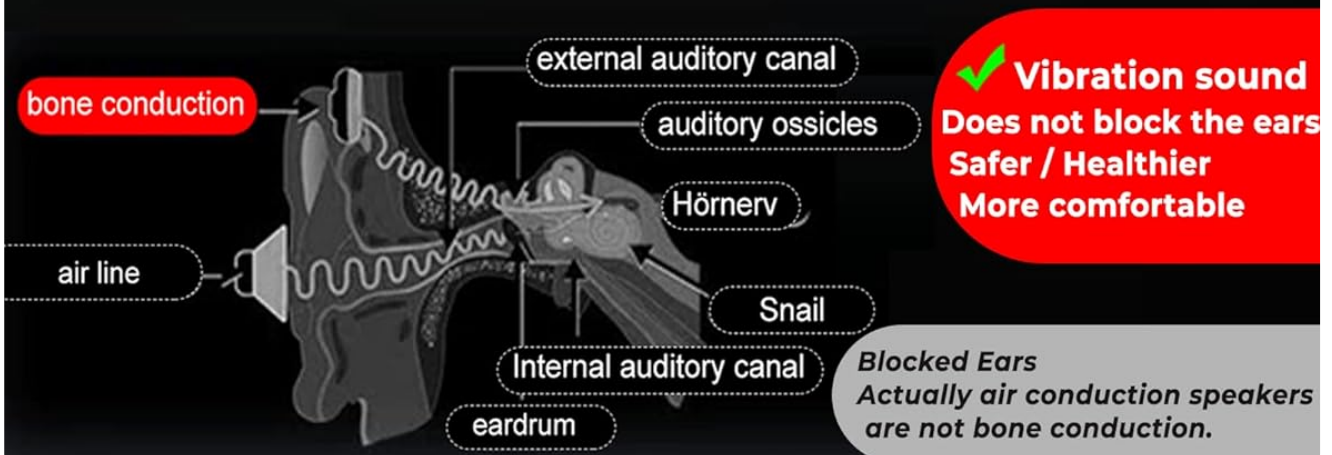
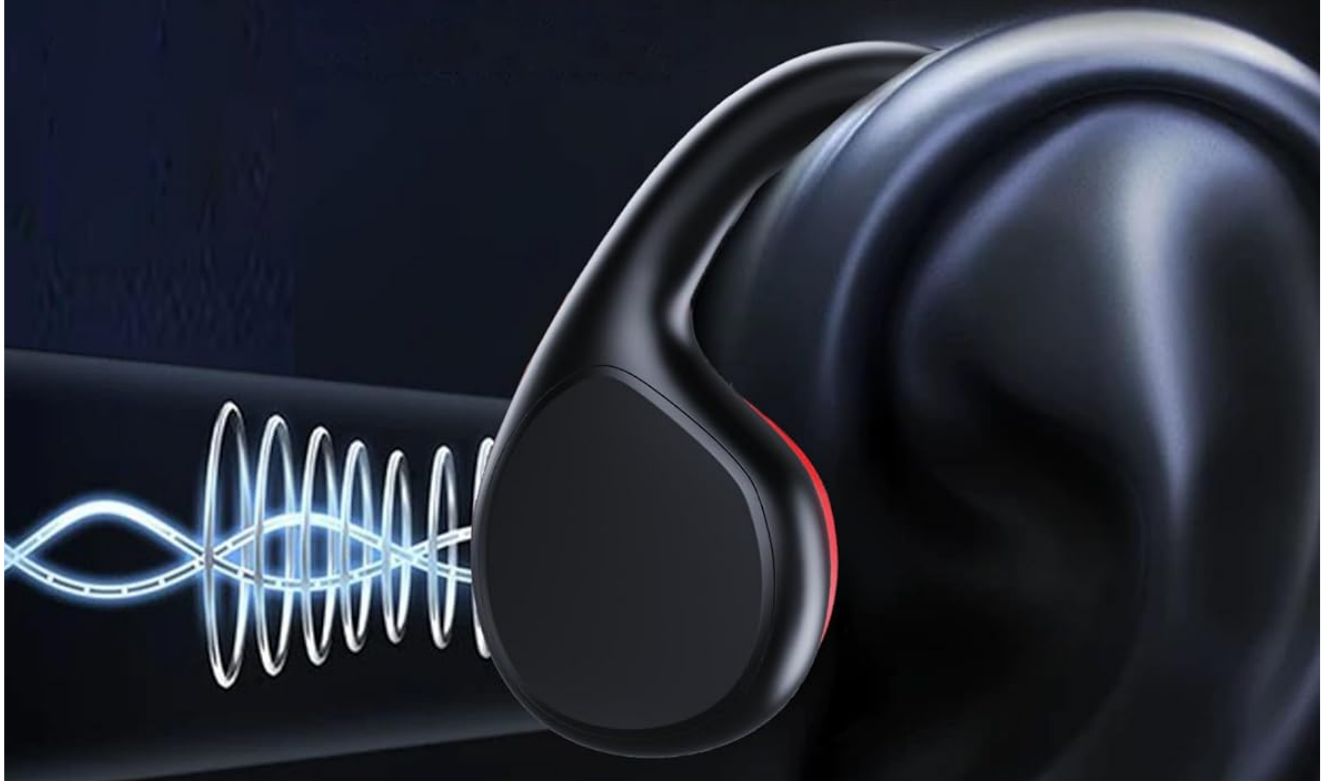


Image: A diagram illustrating the principle of bone conduction, showing how sound vibrations are transmitted through the bone to the inner ear, leaving the external auditory canal open.



Image: A graphic emphasizing the integration of Bluetooth 5.3 connectivity with advanced bone conduction technology in the headphones.

6. CARE AND MAINTENANCE

- **Cleaning:** Wipe the headphones with a soft, damp cloth after use, especially after exposure to sweat, saltwater, or chlorinated water.
- **Drying:** Ensure the charging port is completely dry before charging to prevent damage.
- **Storage:** Store in a cool, dry place away from direct sunlight and extreme temperatures.
- **Avoid Chemicals:** Do not use harsh chemicals or abrasive cleaners on the headphones.

7. TROUBLESHOOTING

Problem	Possible Solution
Headphones do not power on.	Ensure the headphones are fully charged. Long press the Power button for 3 seconds.
Cannot connect via Bluetooth.	Ensure headphones are in Bluetooth Mode (red and blue lights flashing). Make sure Bluetooth is enabled on your device. Move closer to your device. Forget "X7" from your device's Bluetooth list and try pairing again.
No sound in MP3 Mode.	Ensure headphones are in MP3 Mode (double click Power button). Check if music files are properly loaded onto the 32GB internal memory. Adjust the volume using the "+" button.

Problem	Possible Solution
Sound quality is poor or low.	<p>Ensure the bone conduction transducers are positioned correctly on your cheekbones.</p> <p>Adjust the volume.</p> <p>In noisy environments, bone conduction sound can be perceived as lower.</p>
Headphones not recognized by computer.	<p>Ensure the magnetic charging cable is securely connected.</p> <p>Try a different USB port or computer.</p> <p>Restart the computer and reconnect.</p>

8. PRODUCT SPECIFICATIONS

Feature	Detail
Model Name	X7
Brand	Atopskins
Connectivity Technology	Wireless (Bluetooth)
Wireless Communication Technology	Bluetooth 5.3
Water Resistance Level	IPX8 Waterproof
Audio Driver Type	Bone Conduction Driver
Built-in Memory	32GB (for MP3 mode)
Battery Life	Up to 5 Hours
Charging Time	1 Hour
Control Method	Touch (Buttons)
Material	Plastic, Silicone
Item Weight	5 ounces
Included Components	User Manual

9. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the product packaging or contact Atopskins customer service directly. Contact details are typically available on the manufacturer's official website or through your purchase platform.

