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SOBERNA T60

SOBERNA Smart Watch User Manual

Model: T60

INTRODUCTION

Welcome to the user manual for your SOBERNA Smart Watch, Model T60. This guide provides comprehensive instructions on how to set up, operate, and maintain your smartwatch. Please read this manual carefully before using the device to ensure optimal performance and longevity.

WHAT'S IN THE BOX

Upon unboxing your SOBERNA Smart Watch, you should find the following items:

- SOBERNA Smart Watch (Model T60)
- Charging Cable
- User Manual (this document)

Note: If any items are missing or damaged, please contact customer support.

PRODUCT OVERVIEW



Figure 1: SOBERNA Smart Watch T60. The main image displays the watch face with time (09:20), date (08/22 WED), and weather (26°C AM). Health metrics like calories (198 Kcal), heart rate (90), and steps (6888) are also visible. Smaller insets show the dial pad for making calls, notification previews for messages, and an incoming call screen with options to answer or reject.

Components:

- **Display Screen:** 1.91-inch touch screen for interaction.
- **Side Button/Crown:** Used for power on/off, screen wake, and menu navigation.
- **Sensors:** Located on the back for heart rate, blood oxygen, and other health tracking.
- **Charging Contacts:** Magnetic contacts on the back for charging.
- **Speaker/Microphone:** For Bluetooth calls.

SETUP

1. Charging the Smart Watch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

- **Charging Time:** Approximately 2-3 hours for a full charge.
- **Battery Life:** Varies based on usage.

2. App Installation

To unlock the full features of your SOBERNA Smart Watch, you need to download and install the companion application on your smartphone. Search for the app name (usually mentioned in a quick start guide or on the watch

packaging) in your phone's app store (App Store for iOS, Google Play Store for Android) or scan the QR code provided with the watch.

- Ensure your smartphone meets the minimum operating system requirements.
- Grant necessary permissions to the app for full functionality (e.g., Bluetooth, notifications, location).

3. Pairing with Your Smartphone

Once the app is installed and your watch is charged:

1. Enable Bluetooth on your smartphone.
2. Open the companion app on your smartphone.
3. Follow the in-app instructions to search for and connect to your SOBERNA Smart Watch. The watch's Bluetooth name will typically be "T60" or "SOBERNA T60".
4. Confirm the pairing request on both your phone and the watch if prompted.

Note: For Bluetooth call functionality, you may need to pair the watch twice: once for data sync via the app, and a second time directly through your phone's Bluetooth settings for the "T60_CALL" or similar device.

OPERATING INSTRUCTIONS

Basic Navigation:

- **Power On/Off:** Press and hold the side button for 3-5 seconds.
- **Wake Screen:** Press the side button or raise your wrist (if enabled in settings).
- **Swipe Down:** Access quick settings (brightness, DND, battery saver, etc.).
- **Swipe Up:** View notifications.
- **Swipe Left/Right:** Navigate through widgets/features (e.g., activity, heart rate, weather, music control).
- **Press Side Button (from watch face):** Access the main menu.

Bluetooth Calling:

Once paired for calls:

- **Making Calls:** Access the dial pad or contact list on the watch to initiate a call.
- **Answering Calls:** When an incoming call is received, tap the green answer icon on the watch screen.
- **Rejecting Calls:** Tap the red reject icon.
- **Volume Control:** Adjust call volume directly on the watch or your phone.

Sports Modes:

The watch supports over 100 sports modes. To start a workout:

1. From the main menu, select the "Workout" or "Sports" icon.
2. Choose your desired activity (e.g., running, cycling, walking).
3. Tap to start. The watch will begin tracking your activity data (duration, calories, heart rate, etc.).
4. To pause or end a workout, swipe right or press the side button and select the appropriate option.

Notifications:

Ensure notification permissions are enabled in both your phone's settings and the companion app. The watch will display notifications for calls, messages, and other apps configured in the app.

- Swipe up from the watch face to view recent notifications.
- Tap on a notification to read the full message (if supported).

MAINTENANCE

Cleaning:

Regularly clean your smartwatch and strap to prevent skin irritation and maintain device hygiene.

- Wipe the watch screen and body with a soft, lint-free cloth.
- For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Clean the charging contacts periodically to ensure good connection.

Water Resistance (IP68):

The SOBERNA Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. However, it is not suitable for hot water, saunas, or diving.

- Do not press buttons underwater.
- Dry the watch thoroughly after exposure to water, especially the charging contacts.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with phone:**
 - Ensure Bluetooth is enabled on your phone.
 - Make sure the watch is within Bluetooth range (approx. 10 meters).
 - Restart both the watch and your phone.
 - Clear Bluetooth cache on your phone (Android) or forget the device and re-pair.
 - Check if the companion app is running and has necessary permissions.
- **Notifications not received:**
 - Verify that notifications are enabled in the companion app for specific applications.
 - Check phone settings to ensure the app has notification access.
 - Ensure the watch is connected via Bluetooth.
 - Disable "Do Not Disturb" mode on both the watch and phone.
- **Inaccurate health data:**
 - Ensure the watch is worn snugly on your wrist, not too loose or too tight.
 - Clean the sensor area on the back of the watch.
 - Avoid excessive movement during measurements.
- **Bluetooth call issues:**
 - Confirm that the watch is paired for calls (e.g., "T60_CALL" device) in your phone's Bluetooth settings.
 - Check the volume settings on both the watch and phone.
 - Ensure the watch's microphone and speaker are not obstructed.

If problems persist, refer to the app's help section or contact customer support.

SPECIFICATIONS

Feature	Detail
Model Number	T60
Brand	SOBERNA
Screen Size	1.91 inches
Water Resistance	IP68
Connectivity	Bluetooth
Battery Type	Lithium Ion (Rechargeable)
Compatibility	Android, iPhone
Special Features	Bluetooth Call (Answer/Make Calls), 100+ Sports Modes, Fitness Tracker, Accelerometer, GPS Via Smartphone
Manufacturer	soberna
Country of Origin	China

WARRANTY AND SUPPORT

For warranty information and technical support, please refer to the contact details provided on the product packaging or the official SOBERNA website. Keep your purchase receipt as proof of purchase for warranty claims.

Customer Service: Please refer to the contact information provided with your product or visit the SOBERNA official website.

Online Resources: For additional support, FAQs, and software updates, please visit the official SOBERNA support page.