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TOZO S3

TOZO S3 Smart Watch User Manual

Model: S3

INTRODUCTION

The TOZO S3 Smart Watch is designed to enhance your daily routine with advanced features for communication, fitness tracking, and health monitoring. This manual provides essential information for setting up, operating, and maintaining your device.



Image: The TOZO S3 Smart Watch in Carbon Black, showcasing its sleek design and digital display.

SETUP GUIDE

1. Charging the Device

Before initial use, fully charge your TOZO S3 Smart Watch. Use the provided magnetic charging cable. Align the magnetic pins of the cable with the charging points on the back of the watch. The watch will indicate charging status on its screen.

- A full charge typically takes approximately 2 hours.
- A fully charged watch can last up to 10 days with typical usage or 7 days with instant detection mode enabled.

More Reasons to Love

With 10 days of long-lasting battery life, making TOZO S3 smart watch a best personal companion for you.

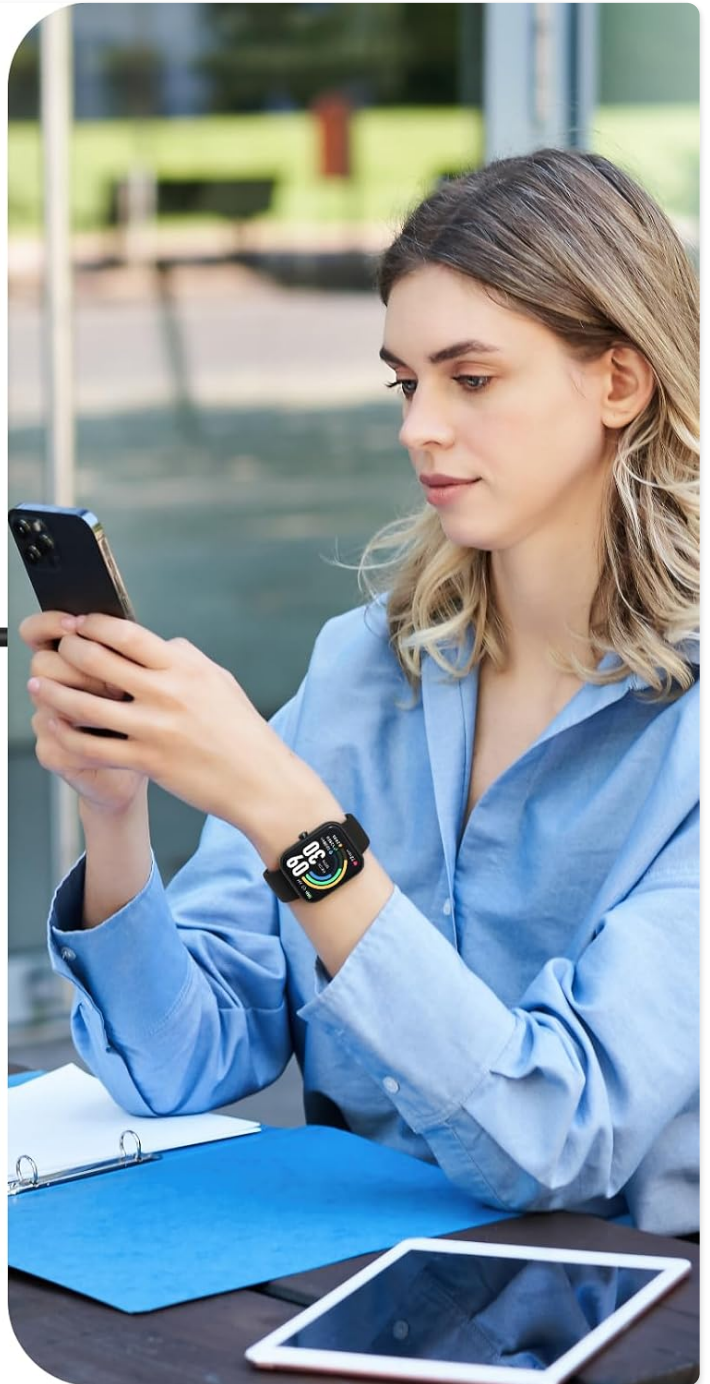


Image: The TOZO S3 Smart Watch connected to its magnetic charging cable, illustrating the charging process and highlighting battery life details.

2. App Installation and Pairing

To unlock the full functionality of your TOZO S3 Smart Watch, download and install the "TOZO Health" application on your smartphone.

1. **Download the App:** Search for "TOZO Health" in the Apple App Store (for iOS devices) or Google Play Store (for Android devices).
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open TOZO Health App:** Launch the application and follow the on-screen instructions to add your device.
4. **Pairing:** Select "TOZO S3" from the list of available devices in the app to establish a Bluetooth connection.

1. Bluetooth Calling and Notifications

The TOZO S3 Smart Watch features a built-in microphone and speaker, allowing you to manage calls directly from your wrist when connected via Bluetooth to your phone.

- **Answer/Make Calls:** Once paired, you can answer incoming calls or dial out directly from the watch interface.
- **Message Notifications:** Receive real-time notifications for text messages and various social media applications directly on your watch screen.

Stay in Touch

Make, answer, and reject calls directly from the watch, and preview your messages easily in real time.

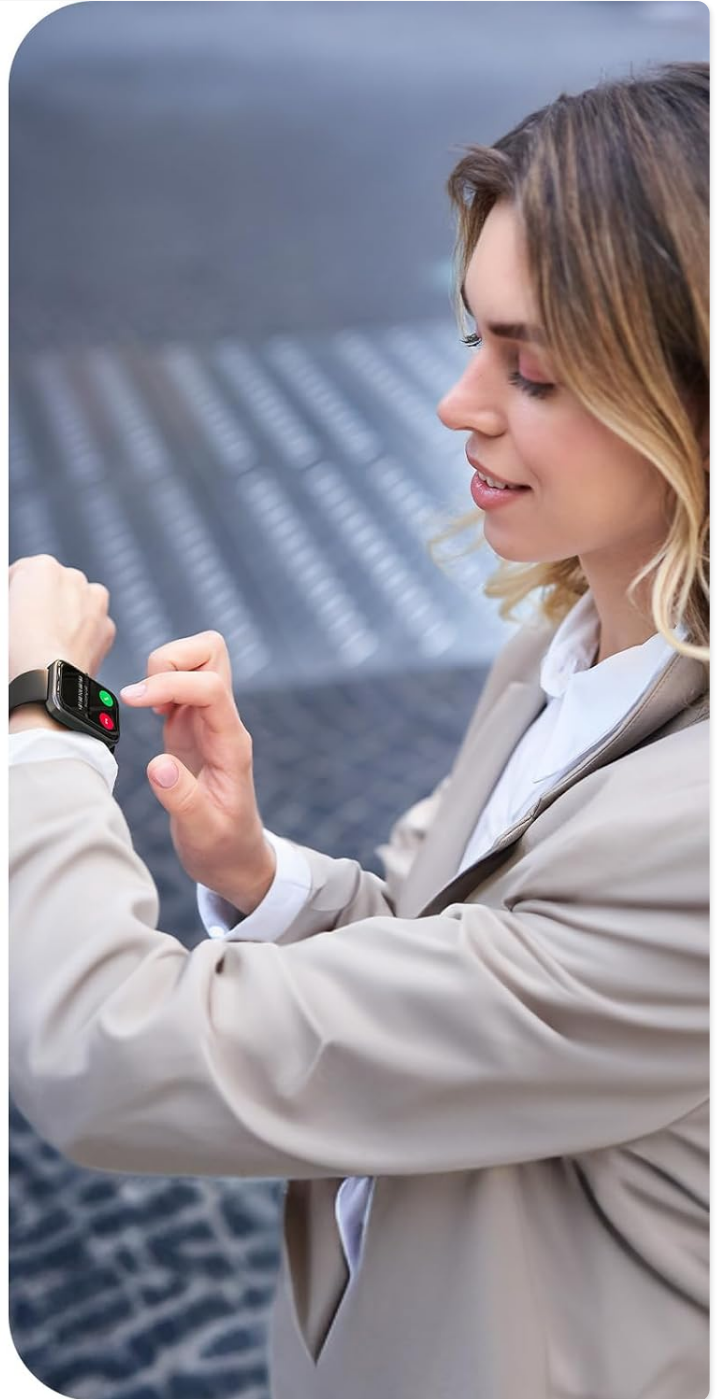


Image: A user interacting with the TOZO S3 Smart Watch to answer a call and view message notifications, illustrating the Bluetooth calling and notification features.

2. Display and Customization

The watch features a 1.83-inch HD color touch screen with a resolution of 240x284 pixels, offering clear visuals and smooth navigation.

- **Touch Navigation:** Swipe and tap on the screen to navigate through menus and functions.
- **Custom Watch Faces:** Personalize your watch with over 100 customizable watch faces available through the "TOZO



Showcase Your Style

Enjoy the seamless touch controls and vivid visuals, and easily create your own stylish and personalized look.

100+ Watchface



1.83"
inch



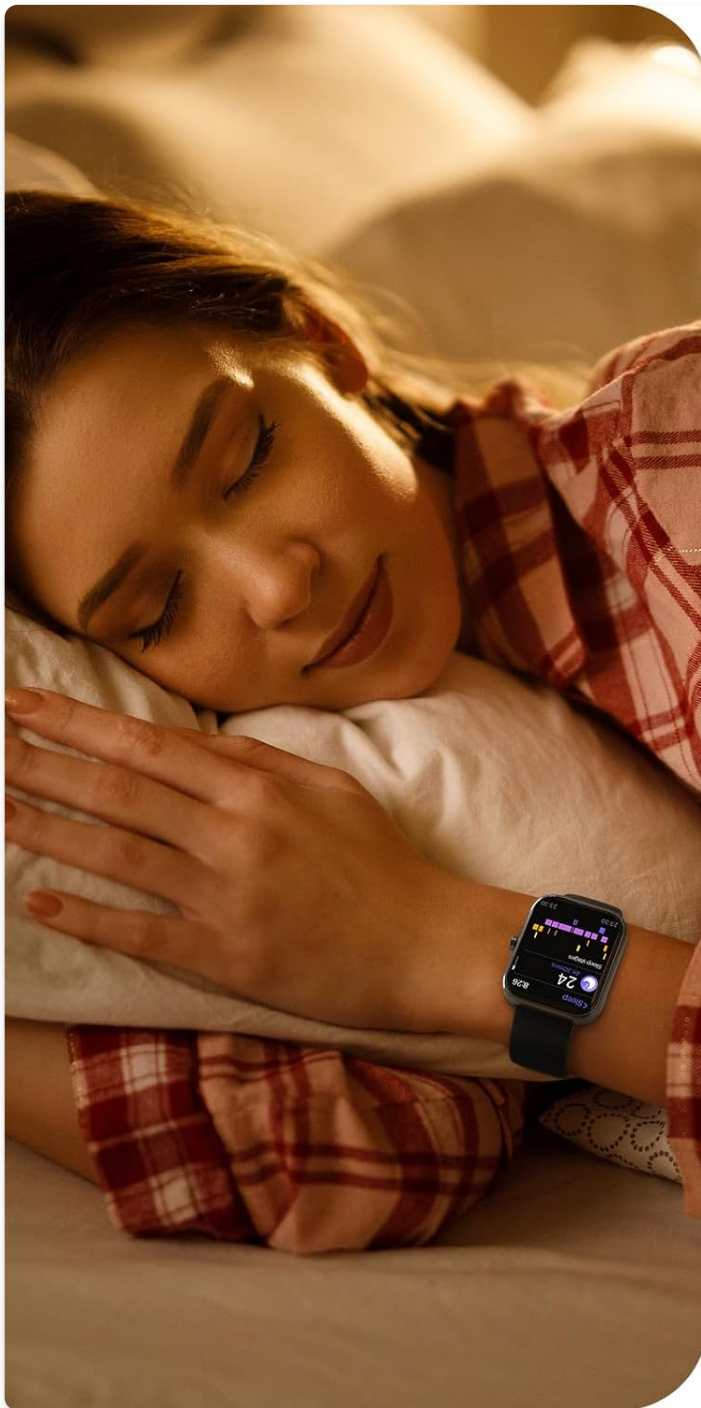
240x284
ppi

Image: A collage of various customizable watch faces available for the TOZO S3 Smart Watch, highlighting the 1.83-inch screen size and 240x284 ppi resolution.

3. Health and Activity Tracking

The TOZO S3 Smart Watch provides comprehensive health and fitness monitoring capabilities.

- **Sleep Monitoring:** Continuously records your sleep patterns to provide detailed analysis of sleep quality (deep sleep, light sleep, REM, wake-up times).
- **Heart Rate Monitoring:** Tracks your heart rate rhythm throughout the day.
- **Blood Oxygen Saturation (SpO2):** Measures your blood oxygen levels.
- **Stress Level Measurement:** Monitors stress levels to help you manage your well-being.
- **Activity Tracking:** Automatically records daily steps, distance, calories burned, and active minutes.
- **Sport Modes:** Features over 100 sport modes to track various physical activities.



Have A Good Sleep

Detailed sleep analysis with continuous recording of your sleep patterns, learn more about your sleep quality.



-  Deep Sleep
-  Light Sleep
-  REM
-  Wake Up

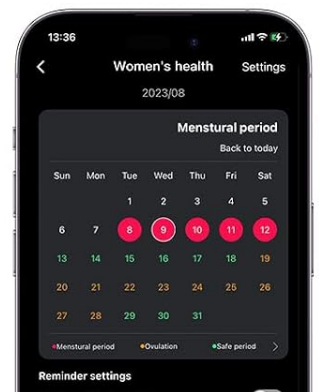


Image: A person sleeping with the TOZO S3 Smart Watch on their wrist, illustrating the sleep tracking feature and its detailed analysis.



Enjoy Daily Workouts

Versatile 100+ sports modes that cater to your every fitness aspiration.



100+ Sports Modes



KCAL



Steps



Kilometer



Image: A person playing tennis while wearing the TOZO S3 Smart Watch, demonstrating the 100+ sports modes and activity tracking for calories, steps, and distance.

4. Additional Smart Functions

Beyond health and fitness, the TOZO S3 offers several convenient smart features:

- **Music Control:** Control your smartphone's music player directly from the watch.
- **Weather Forecast:** View local weather information.
- **Reminders:** Set reminders for hydration, standing, and hand washing.
- **Mobile Search:** Utilize the mobile search function to locate your paired smartphone.

Embrace An Intelligent Life

Enhance your daily routine with practical functions: pedometers, weather, music control, and more.



Weather



Stand Reminder



Drink Reminder



Hand Wash Reminder



How about another glass of water?



Getting up now for a walk would be a great idea.

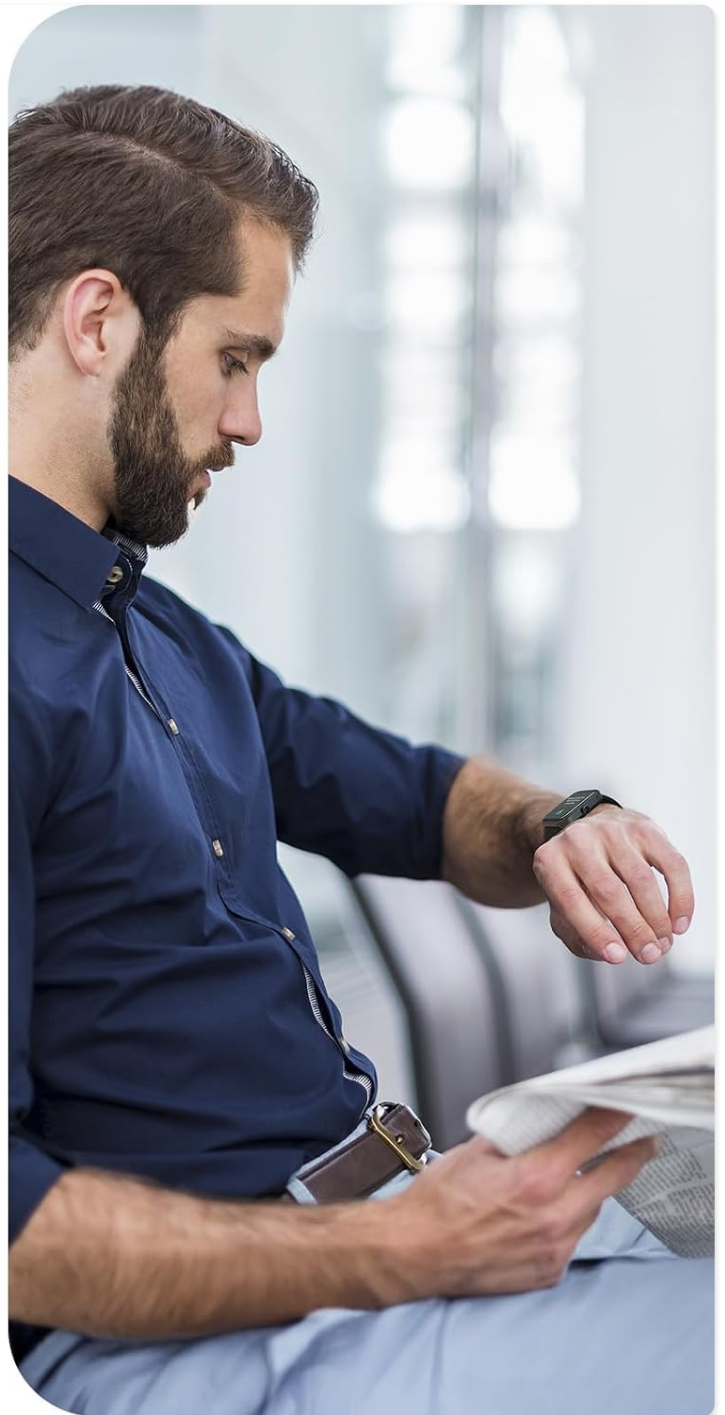


Image: A person checking the TOZO S3 Smart Watch, illustrating features like weather display, stand reminders, drink reminders, and hand wash reminders.

MAINTENANCE AND CARE

- **Cleaning:** Regularly wipe the watch screen and strap with a soft, dry cloth. Avoid using harsh chemicals or abrasive materials.
- **Water Resistance:** The TOZO S3 Smart Watch has an IP68 waterproof rating, meaning it is resistant to water up to 50 meters. It is suitable for daily use, including hand washing, rain, and sweating. However, it is not recommended for hot showers, saunas, or diving.
- **Battery Longevity:** To maximize battery life, avoid extreme temperatures and fully charge the device before it completely drains.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place.

TROUBLESHOOTING

Common Issues and Solutions:

- Watch not connecting to phone:**
 - Ensure Bluetooth is enabled on your phone and the watch.
 - Make sure the "TOZO Health" app is open and running in the background.
 - Try restarting both your phone and the watch.
 - If issues persist, unpair the device from your phone's Bluetooth settings and re-pair through the app.
- Inaccurate health data readings:**
 - Ensure the watch is worn snugly on your wrist, not too tight or too loose.
 - Clean the sensors on the back of the watch regularly.
 - Note that the watch is designed for fitness tracking and general wellness, not for medical diagnosis or treatment. Readings are for reference only.
- Short battery life:**
 - Ensure the watch is fully charged using the provided cable.
 - Frequent use of features like continuous heart rate monitoring, Bluetooth calls, and screen-on time can reduce battery life. Adjust settings in the app to optimize.
 - Avoid extreme temperatures, which can affect battery performance.
- Screen unresponsive:**
 - Try restarting the watch by pressing and holding the side button.
 - Ensure the screen is clean and dry.

SPECIFICATIONS

Feature	Detail
Model Number	S3
Screen Size	1.83 Inches
Resolution	240 x 284 ppi
Connectivity	Bluetooth
Battery Capacity	300 Milliamp Hours
Typical Usage Battery Life	Up to 10 days
Waterproof Rating	IP68 (50m)

Product Dimensions	6.42 x 4.49 x 0.67 inches
Item Weight	4.6 ounces
Manufacturer	TOZO

WARRANTY AND SUPPORT

For warranty information, technical support, or any inquiries regarding your TOZO S3 Smart Watch, please refer to the official TOZO website or contact their customer service directly. Contact details are typically provided in the product packaging or on the official brand website.

You can visit the [TOZO Store on Amazon](#) for more product information and support resources.

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