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Yihou KC82

Yihou ABC GPS Tracking Smart Watch User Manual

Model: KC82 | Brand: Yihou

INTRODUCTION

The Yihou ABC GPS Tracking Smart Watch is designed for outdoor enthusiasts, offering a robust set of features including GPS tracking, compass, altitude measurement, and communication capabilities. This manual provides detailed instructions for setting up, operating, and maintaining your smartwatch to ensure optimal performance and longevity.

KEY FEATURES

- Integrated GPS:** Supports GPS/BDS/GLONASS/GALILEO for precise outdoor tracking.
- Communication:** Make and answer calls directly from the watch, store contacts, and view call records.
- Health Monitoring:** Heart rate, blood pressure, and sleep monitoring.
- Activity Tracking:** Step counting, calorie tracking, and female menstrual cycle tracking.
- Outdoor Sensors:** Built-in geomagnetic sensor for compass, altitude, and air pressure measurements.
- Smart Assistant:** AI voice assistant, weather forecast, music control, and remote camera control.
- Display:** 1.45-inch IPS full touch color screen with high brightness and customizable dial options.
- Battery:** 650mAh capacity with power saving mode for extended use.
- Durability:** Rugged military-style design with a comfortable silicone band.

SETUP GUIDE

1. Charging the Smartwatch:

Before first use, fully charge your Yihou Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included). The watch display will indicate charging status. A full charge typically takes approximately 2-3 hours.

2. Downloading the Companion App:

Scan the QR code provided in the watch's quick start guide or search for the "Yihou Smart" app (or similar, based on common practice for these devices) in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS). Install the app on your device.

3. Pairing with Your Smartphone:

Ensure Bluetooth is enabled on your smartphone. Open the Yihou Smart app and follow the on-screen instructions to create an account or log in. The app will guide you through the pairing process. Select "KC82" or the appropriate device name from the list of available Bluetooth devices. Confirm the pairing request on both your phone and the watch.

4. Initial Settings:

Once paired, the app will prompt you to set up personal information (age, height, weight for accurate health tracking), notification preferences, and other customizable settings. Adjust these settings to personalize your watch experience.

OPERATING INSTRUCTIONS

Basic Navigation

- Touch Screen:** Swipe left/right to navigate between main functions, swipe up/down for quick settings or notifications.
- Side Buttons:** The "POWER" button typically serves as a home/back button and to turn the screen on/off. The "BACK" button usually navigates back to the previous screen or menu.

GPS and Outdoor Functions

Compass on wrist

Built in geomagnetic sensor for convenient outdoor navigation and fearless travel.



Image: Compass on wrist for convenient outdoor navigation.

The watch supports multiple global positioning systems (GPS/BDS/GLONASS/GALILEO) to accurately record your movement trajectory during outdoor activities like hiking and running. Access the GPS function from the main menu to view real-time data such as distance, speed, and heart rate.

The built-in geomagnetic sensor provides a reliable compass function for navigation. Altitude and air pressure measurements are also available, offering crucial data for mountaineering and other outdoor adventures.

Communication Features

Message incoming call raise your hand to grasp

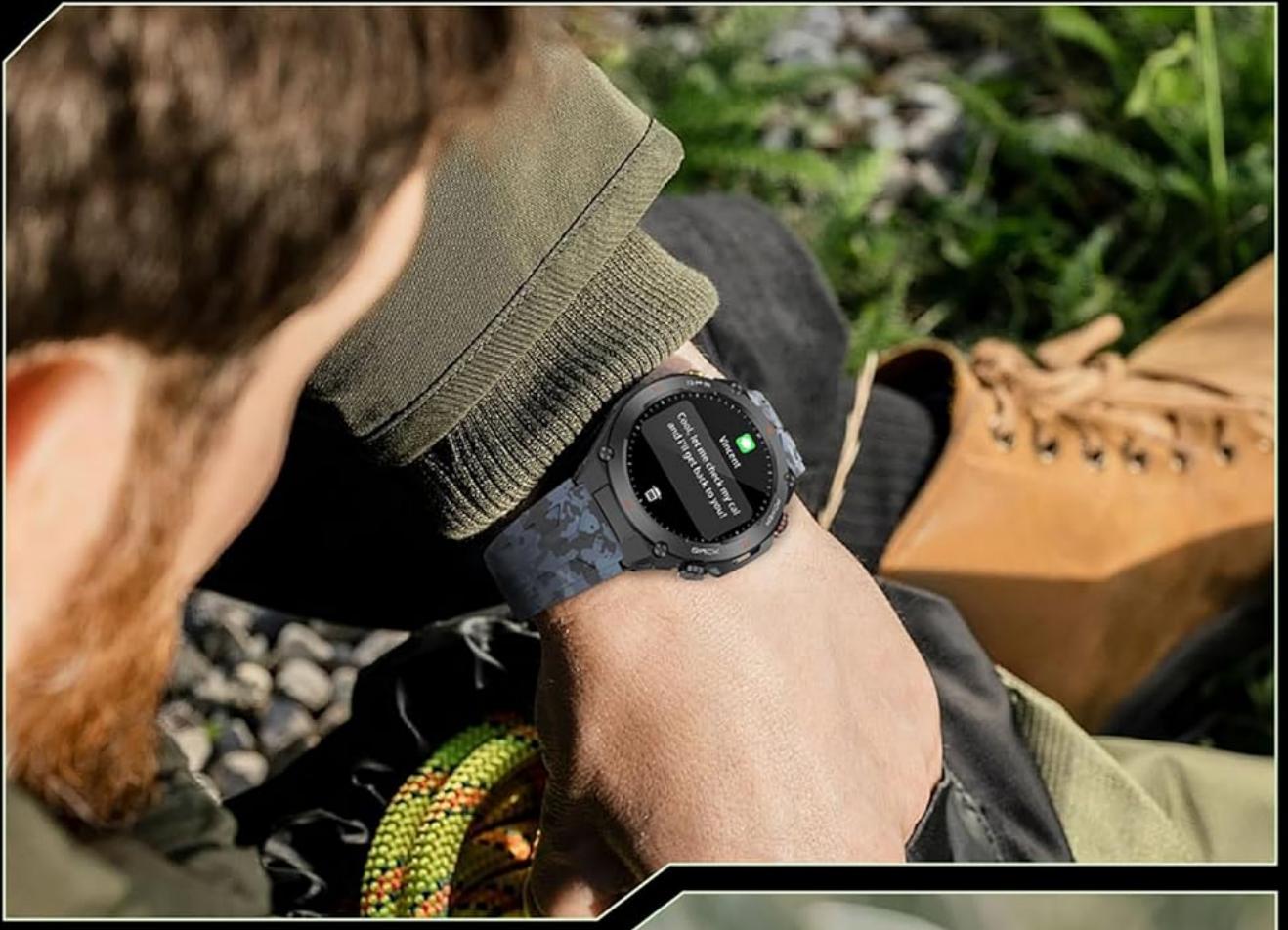


Image: Message and incoming call notifications on the smartwatch.

Once paired via Bluetooth, you can make and answer calls directly from your watch. Access the dialer or contacts from the main menu. The watch also displays incoming messages and notifications from your paired smartphone, allowing you to stay connected without needing to take out your phone.

To reject an incoming call, simply tap the corresponding icon on the watch screen.

Health and Activity Tracking

The Yihou Smart Watch continuously monitors your heart rate, blood pressure, and sleep patterns. View your health data in real-time on the watch or in detail within the companion app. The watch also tracks your daily steps, calories burned, and distance traveled. For female users, a menstrual cycle tracking feature is available to predict periods and fertile windows.

Other Smart Functions



Image: Intelligent AI voice assistant on the smartwatch.

AI Voice Assistant: Wake up the intelligent AI assistant to check weather, ask for addresses, or control other functions hands-free.

Music Control: Control music playback on your paired smartphone directly from the watch.

Remote Photography: Use the watch as a remote shutter for your smartphone camera.

Weather Forecast: Get real-time weather updates on your wrist.

Additional Features: Includes stopwatch, timer, alarm clock, find phone, sedentary reminder, water reminder, and Do Not Disturb mode.



Image: Overview of music control, weather, stopwatch, and female assistant features.

This image illustrates several key functionalities of the Yihou Smart Watch. The top left shows the Bluetooth music control interface, allowing users to manage their smartphone's music playback directly from their wrist. The top right displays the weather forecast, providing current conditions and predictions. Below that, the stopwatch function is visible, useful for timing activities. Finally, the bottom section highlights the female assistant feature, which helps track and predict menstrual cycles.

Product Overview Video

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Video: An official overview of the Yihou ABC GPS Smart Tracking Watch, demonstrating its features and design.

MAINTENANCE

- **Cleaning:** Regularly wipe the watch screen and band with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.
- **Water Resistance:** The watch is designed for daily use and can withstand splashes and sweat. Avoid prolonged submersion in water or exposure to hot water/steam.
- **Battery Care:** To prolong battery life, avoid fully discharging the watch frequently. Charge it when the battery level is low. Store the watch in a cool, dry place if not used for extended periods.
- **Software Updates:** Periodically check the companion app for firmware updates to ensure your watch has the latest features and performance improvements.

TROUBLESHOOTING

| Problem | Possible Solution |
|------------------------------|---|
| Watch won't turn on. | Ensure the watch is fully charged. If it still doesn't turn on, try pressing and holding the power button for 10-15 seconds. |
| Cannot pair with smartphone. | Ensure Bluetooth is enabled on your phone and the watch. Restart both devices. Check if the app is updated. Forget the device in your phone's Bluetooth settings and try pairing again. |
| Inaccurate health data. | Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Update your personal information in the app. |
| Notifications not appearing. | Check app notification permissions on your phone. Ensure the watch is connected via Bluetooth. Disable "Do Not Disturb" mode on the watch. |
| GPS not acquiring signal. | Ensure you are in an open outdoor area with a clear view of the sky. Wait a few minutes for the watch to acquire satellite signals. |

SPECIFICATIONS

| Feature | Detail |
|-------------------|-----------------------------------|
| Model Number | KC82 |
| Screen | 1.45" IPS Full Touch Color Screen |
| Bluetooth Version | 5.2 |
| Compatibility | Android 4.4+, iOS 9.0+ |
| Band Material | Silicone |
| Case Diameter | 56.9mm (2.24") |
| Case Thickness | 14.3mm (0.56") |
| Band Width | 22mm (0.87") |

| Feature | Detail |
|--------------------|----------------------------------|
| Band Length | 275mm (10.83") |
| Battery Capacity | 650mAh |
| Item Weight | 7.1 ounces |
| Product Dimensions | 10.83 x 2.24 x 0.56 inches |
| Manufacturer | SHENZHEN QIYI TECHNOLOGY CO.,LTD |
| Country of Origin | China |

WARRANTY AND SUPPORT

Your Yihou Smart Watch is covered by a manufacturer's warranty. Please refer to the product packaging or the official Yihou website for specific warranty terms and conditions. For technical support, troubleshooting assistance, or service inquiries, please contact Yihou customer support through the contact information provided on the official product page or within the companion app.

For further information, including protection plans and return policies, please visit the product detail page on Amazon.com: <https://www.amazon.com/dp/B0DKST8BLX>

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