

Hammer H Hammer Watch 2

Hammer Watch 2 Military Edition Smartwatch User Manual

Model: Hammer Watch 2 Military Edition

1. INTRODUCTION

The Hammer Watch 2 Military Edition is a robust smartwatch engineered for demanding environments. It serves as a reliable companion for outdoor adventures and daily urban life, offering advanced navigation, health monitoring, and communication features.

Designed for durability, this watch features a robust fiberglass casing, a titanium bezel, and Gorilla Glass 3, ensuring resilience against challenging conditions. Its comprehensive functionalities, including GPS, compass, altimeter, and barometer, provide essential tools for orientation and environmental awareness, while health tracking helps maintain your physical well-being.



Image 1.1: Front view of the Hammer Watch 2 Military Edition, displaying a watch face with compass, altitude, pressure, and heart rate readings. The watch has a dark gray casing and an olive green strap.

2. SETUP

2.1 Charging the Device

The Hammer Watch 2 is equipped with a 530 mAh battery, providing extended usage on a single charge. To charge, connect the included charging cable to the watch's charging contacts and a compatible USB power source. Ensure the charging pins align correctly with the watch's contacts. The watch display will indicate charging status.



Image 2.1: The Hammer Watch 2 Military Edition resting on a surface next to a container of small metal pellets, with an icon indicating "Battery 530 mAh". This visually represents the watch's battery capacity.

2.2 Pairing with a Smartphone

1. Download the official Hammer application from your smartphone's app store. The application is compatible with both Android and iOS devices.
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the Hammer application and follow the on-screen instructions to search for and pair with your Hammer Watch 2.
4. Once paired, the watch will synchronize with your smartphone, enabling features such as call answering, message notifications, and activity data transfer.

3. OPERATING INSTRUCTIONS

3.1 Display and Interface

The watch features a 1.5-inch AMOLED display with a resolution of 466 x 466 pixels. With 1000 nits brightness and LTPO technology, the screen ensures excellent readability in various lighting conditions while optimizing power consumption. The Always On Display feature keeps essential information visible without requiring a full wake-up.



Image 3.1: Close-up of the Hammer Watch 2 Military Edition's display, with icons indicating "Gorilla Glass", "Always on display", and "Titanium Watch Case" next to it. This image highlights the display's protective and functional features.

3.2 Navigation Features

- **GPS:** Integrated dual-band GPS (L1 + L5) with support for 6 satellite systems provides precise location tracking, even in challenging environments.
- **Compass:** An electronic compass assists with directional orientation.
- **Altimeter & Barometer:** These sensors provide real-time altitude and atmospheric pressure data, crucial for outdoor activities and weather monitoring.

3.3 Safety Functions

- **SOS Mode:** In an emergency, activate the SOS mode to trigger an audible alarm, send an SMS message, and initiate a call to a pre-assigned emergency contact number.
- **LED Flashlight:** The integrated LED flashlight offers adjustable brightness for illumination in low-light conditions. A red signal mode is also available for discreet signaling.

3.4 Health Monitoring

The Hammer Watch 2 provides comprehensive health tracking capabilities:

- **Heart Rate:** Continuous monitoring of your heart rate.
- **Blood Oxygen (SpO2):** Measures blood oxygen saturation levels.
- **Stress:** Tracks stress levels throughout the day.
- **Sleep:** Analyzes sleep patterns and quality.
- **Activity Tracking:** Records steps taken, distance covered, and calories burned.

3.5 Sport Modes

Choose from a variety of pre-set sport modes to accurately track your workouts. The watch helps monitor the impact of your training, allowing you to analyze data and continuously improve your performance through the Hammer application.



Image 3.2: The Hammer Watch 2 Military Edition's screen displaying menu options like "Activity", "Workout", and "Workout Records", accompanied by icons for "Amoled" and "1.5"". This illustrates the watch's interface and display technology.

3.6 Connectivity

When synchronized with your smartphone, the Hammer Watch 2 allows you to answer calls, view messages, and monitor your activities directly from your wrist, ensuring seamless communication even in remote locations.

4. MAINTENANCE

4.1 Water Resistance

The Hammer Watch 2 boasts a 5 ATM water resistance rating and includes a water lock feature. This makes it suitable for swimming and exposure to rain or splashes. However, it is recommended to avoid operating the buttons while the watch is submerged to prevent water ingress.



Image 4.1: The Hammer Watch 2 Military Edition shown in a natural outdoor setting, with two people in a canoe in the background, and an icon indicating "Waterproof 5ATM". This image demonstrates the watch's water resistance in an active environment.

4.2 Cleaning

To maintain optimal performance and appearance, regularly clean the watch casing and strap with a soft, damp cloth. Ensure that the charging contacts on the back of the watch are free from dirt, sweat, or debris, as this can affect charging efficiency.

5. TROUBLESHOOTING

If you encounter issues with your Hammer Watch 2, consider the following steps:

- **Device Not Responding:** Try restarting the watch by pressing and holding the power button.
- **Inaccurate Sensor Readings:** Ensure the watch is worn snugly on your wrist. Check for any obstructions on the sensor area.
- **Pairing Issues:** Verify that Bluetooth is active on your smartphone and that the Hammer application is up to date. Try unpairing and re-pairing the device.
- **Battery Drain:** Reduce screen brightness, disable unnecessary notifications, or limit continuous heart rate monitoring to extend battery life.

For persistent problems, refer to the official Hammer H support website or contact customer service for further assistance.

6. SPECIFICATIONS

Feature	Detail
---------	--------

Feature	Detail
Brand	Hammer H
Model Number	Hammer Watch 2 Military Edition
Color	Green
Operating System	Wear OS
Screen Size	1.5 Inches
Display Type	AMOLED (466x466 pixels, 1000 nits, LTPO)
Connectivity	Bluetooth, USB
Special Features	Activity Tracking, SOS Button, LED Flashlight
Compatible Devices	Smartphone, tablet, laptop
Battery Capacity	530 mAh
Battery Composition	Lithium-polymer
GPS	Integrated GPS (Dual-band L1+L5, 6 satellite systems)
Water Resistance	5 ATM
Materials	Fiberglass casing, Titanium bezel, Gorilla Glass 3
Shape	Round
Memory Storage Capacity	1 GB
Country of Origin	Poland

7. WARRANTY AND SUPPORT

For detailed warranty information, please refer to the warranty card included with your product or visit the official Hammer H website. Keep your proof of purchase, such as a receipt or invoice, as it may be required for warranty claims.

For technical support, product inquiries, or service requests, please contact Hammer H customer support through their official website or reach out to your authorized retailer. Support resources, including FAQs and software updates, may also be available online.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question