

Superun BA-04

Superun BA-04 Walking Treadmill User Manual

Model: BA-04 | Brand: Superun

1. IMPORTANT SAFETY INFORMATION

Please read this entire manual carefully before operating the Superun BA-04 Walking Treadmill. Retain this manual for future reference. Failure to follow these instructions may result in injury or damage to the product.

- Consult your physician before beginning any exercise program.
- Keep children and pets away from the treadmill during operation.
- Wear appropriate athletic footwear and clothing while using the treadmill.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Do not use the treadmill if it is damaged or malfunctioning.
- Ensure the power cord is not pinched or damaged.

2. PRODUCT OVERVIEW

The Superun BA-04 is a compact and portable walking treadmill designed for home or office use. It features a quiet motor, a multi-layer running belt for comfort, and an intuitive display.

Key Features:

- **Shock Absorbing & Anti-slip Running Belt:** Features a 5-layer design for reduced joint impact and enhanced safety. The running track measures 19.45" x 44.72".
- **Powerful & Quiet Motor:** Equipped with a 2.2 horsepower motor, supporting users up to 265 lbs. Operates at less than 45 decibels for minimal disturbance.
- **Accurate Smart Tracking:** LED display tracks calories burned, speed, time, and distance. Speed range from 0.6 to 3.8 MPH.
- **Compact & Portable Design:** Only 4.45 inches thick, with built-in wheels for easy movement and storage under a desk, bed, or sofa.

Multiple control methods

Convenient Remote Control & Smart Fitness APP



Figure 2.1: The 2.2 HP motor and quiet operation (<45 dB) of the Superun BA-04.

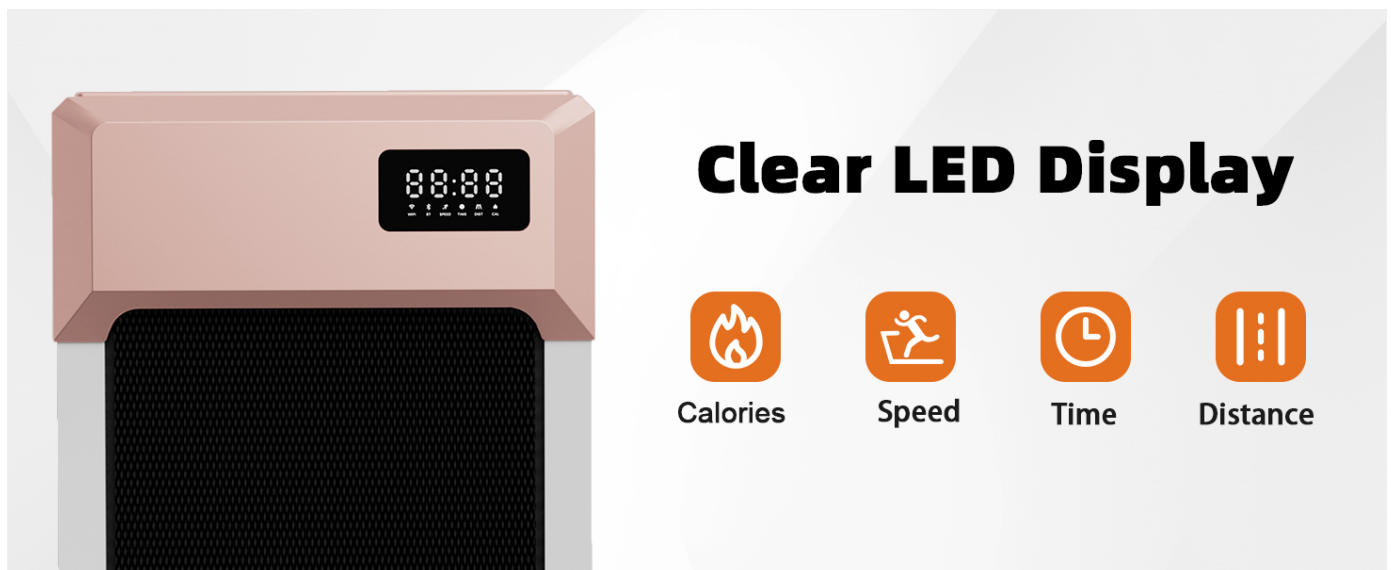


Figure 2.2: The 5-layer walking belt provides non-slip, damping, knee support, noise reduction, and abrasion-resistant surfaces.

3. SETUP

The Superun BA-04 treadmill arrives fully assembled and ready for immediate use. No complex assembly is required.

Unboxing and Placement:

1. Carefully remove the treadmill from its packaging.
2. Place the treadmill on a level, stable floor surface. Ensure there is sufficient space around the unit for safe operation.
3. Connect the power cord to the treadmill and then to a grounded electrical outlet.
4. Familiarize yourself with the included toolkit, which contains a remote control, silicone oil for maintenance, a wrench, and a screwdriver.

All-in-one toolkit

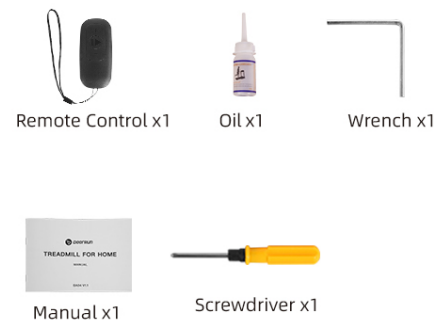
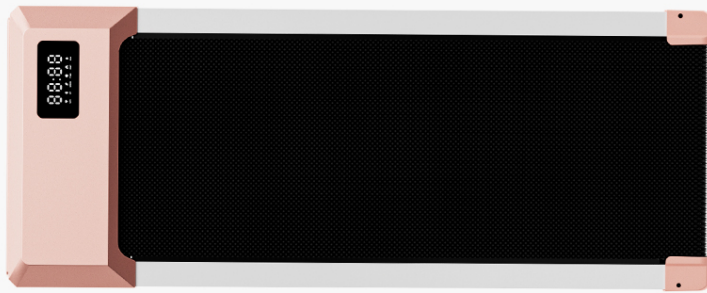


Figure 3.1: The complete toolkit included with your Superun BA-04 treadmill.

Makes it easy to exercise



Figure 3.2: The compact design allows for easy placement under a desk.

Setup Video:

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Video 3.1: An overview of the Superun Walking Treadmill, including unboxing and initial placement.

4. OPERATING INSTRUCTIONS

The Superun BA-04 treadmill can be controlled via the included remote control or a smart fitness application.

Using the Remote Control:

1. **Power On/Off:** Press the power button on the treadmill or the remote to turn the unit on or off.
2. **Start/Stop:** Press the 'Start' button to begin the workout. Press 'Stop' to pause or end the workout.
3. **Adjust Speed:** Use the '+' and '-' buttons to increase or decrease the walking speed. The speed range is 0.6 to 3.8 MPH.



Figure 4.1: Control the treadmill using the remote or the smart fitness app.

LED Display:

The integrated LED display provides real-time feedback on your workout progress.

- **Calories:** Displays estimated calories burned.
- **Speed:** Shows current walking speed in MPH.
- **Time:** Tracks the duration of your workout.
- **Distance:** Shows the total distance covered.



Figure 4.2: The clear LED display provides essential workout metrics.

Smart Fitness App:

The treadmill supports connectivity with a smart fitness app (e.g., Pitpat Smart Fitness App) for enhanced tracking and workout programs. Refer to the app's instructions for pairing and usage.



Create Your Own Sports World



Figure 4.3: The Pitpat Smart Fitness App can track your fitness data.

Operating Modes:

The treadmill supports both a walking/running mode and a working mode, allowing for versatile use.



Figure 4.4: The 2-in-1 design supports both active exercise and walking while working.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

Lubrication:

- Apply a few drops of the provided silicone oil under the running belt periodically to ensure smooth operation and reduce friction.
- Refer to the detailed instructions in the included user manual for the correct lubrication procedure and frequency.

Cleaning:

- Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents, as these may damage the finish.

Belt Adjustment:

- If the running belt becomes misaligned or feels loose, use the provided wrench to adjust it.
- Consult the detailed instructions in the included user manual for proper belt tensioning and alignment.

6. TROUBLESHOOTING

If you encounter issues with your Superun BA-04 treadmill, refer to the following common solutions:

- **Treadmill does not power on:** Ensure the power cord is securely plugged into both the treadmill and a working electrical outlet. Check for tripped circuit breakers.
- **Remote control not responding:** Check the battery in the remote control and replace if necessary. Ensure there are no obstructions between the remote and the treadmill's receiver.
- **Running belt slips or hesitates:** The belt may require lubrication or adjustment. Refer to the Maintenance section (Section 5) for instructions.
- **Unusual noises during operation:** Stop the treadmill immediately. Check for any foreign objects caught in the belt or motor area. If the noise persists, contact customer support.

7. SPECIFICATIONS

Detailed technical specifications for the Superun BA-04 Walking Treadmill:

Feature	Specification
Brand	Superun
Model Name	BA-04
Product Dimensions	44.72"D x 19.45"W x 4.45"H
Item Weight	40.1 Pounds
Material	Alloy Steel
Maximum Speed	3.8 Miles per Hour
Minimum Speed	0.6 Miles per Hour
Maximum Horsepower	2.2 Horsepower
Maximum Weight Recommendation	265 Pounds
Special Feature	Foldable
Display Type	LED
Connectivity Technology	IR (for remote control)
Included Components	User Manual, Remote Control, Lubricant Oil, Wrench, Screwdriver
Assembly Required	No

8. WARRANTY AND SUPPORT

The Superun BA-04 Walking Treadmill comes with a **1-year warranty** from the date of purchase. For any questions, technical assistance, or warranty claims, please contact Superun customer service. Our team is available for **24-hour online customer service** to assist you. Please refer to your purchase documentation or the official Superun website for specific contact details.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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