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RUXINGX CS5 PRO

RUXINGX Fitness Tracker User Manual

Model: CS5 PRO

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1. Introduction

Thank you for choosing the RUXINGX Fitness Tracker. This smart watch is designed to help you monitor your health, track your fitness activities, and stay connected. With its advanced sensors and user-friendly interface, it provides comprehensive data to support your wellness journey. Please read this manual carefully to ensure proper use and optimal performance of your device.

2. What's in the Box

Your RUXINGX Fitness Tracker package includes the following items:

- 1* Fitness Tracker Watch
- 1* Burgundy Silicone Strap
- 1* Starlight Silicone Strap
- 1* Pink Silicone Strap
- 1* Black Silicone Strap



Image: The RUXINGX Fitness Tracker shown with its main burgundy strap and three additional silicone straps in pink, starlight, and black.

3. Setup Guide

Follow these steps to set up your RUXINGX Fitness Tracker for the first time:

1. **Initial Charging:** Before first use, it is recommended to fully charge your fitness tracker. Connect the provided magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power source (e.g., computer USB port, USB wall adapter). A full charge typically takes 2-3 hours.
2. **Install Watch Band:** Select your preferred silicone strap. To attach a band, slide the spring bar into the lug hole on one side of the watch, then push the small lever on the spring bar to retract it and align the other end with the opposite lug hole. Release the lever to secure the band. Repeat for the second half of the strap.

3. **Download the App:** Search for the official RUXINGX companion app on your smartphone's app store (compatible with iOS 9.0+ and Android 4.4+). Install the app on your device.
4. **Pair with Smartphone:** Open the RUXINGX app and follow the on-screen instructions to create an account and pair your fitness tracker via Bluetooth. Ensure Bluetooth is enabled on your smartphone and the watch is within range.



Image: The RUXINGX Fitness Tracker highlighting its ultra-thin (10mm) and ultra-light (14.5g) body, along with four different colored silicone straps for customization.

4. Operating Instructions

Your RUXINGX Fitness Tracker offers a variety of functions to enhance your daily life and fitness routine:

4.1. Health Monitoring

- **Heart Rate Monitoring:** The watch continuously measures your heart rate in real-time. View your current heart rate and historical data in the app.
- **Blood Oxygen (SpO2) Monitoring:** Track your blood oxygen levels throughout the day.
- **Sleep Monitoring:** Wear the watch to bed to track your sleep patterns, including deep sleep, light sleep, and awake times. Detailed reports are available in the app.
- **Women's Health Tracking:** Record and track your menstrual cycle within the app to help monitor your health.
- **Breathing Training:** Utilize guided breathing exercises to help relax and improve well-being.
- **Reminders:** Set up drinking reminders and sedentary reminders to encourage healthy habits.

24/7 Non-Stop
Care for Your Health

Help you understand your health status in depth
and manage your health in all aspects.



Heart Rate | Women's Health | SpO2

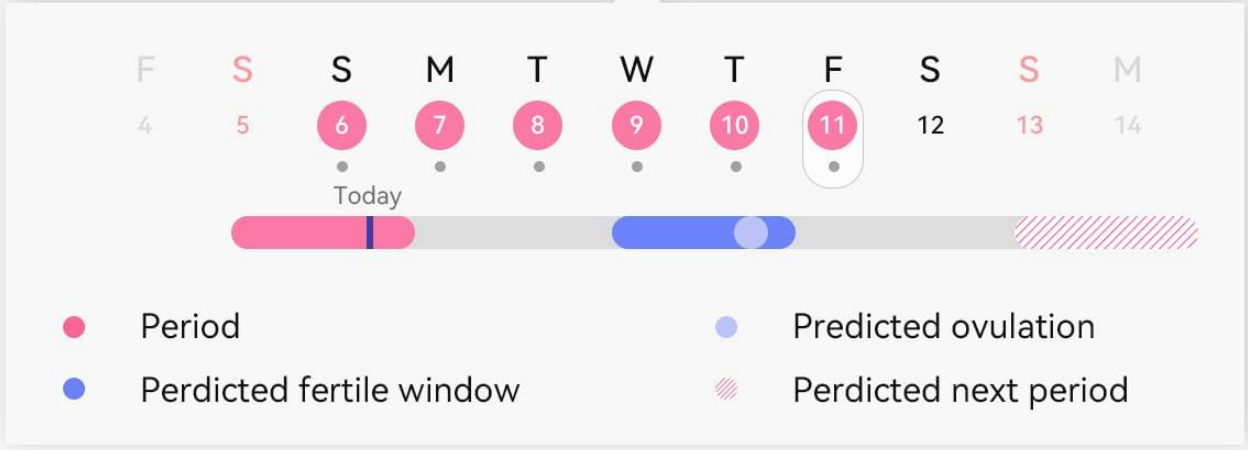


Image: Displays the watch interface showing real-time heart rate, women's health tracking, and blood oxygen (SpO2) measurements, emphasizing 24/7 health care.



Image: Illustrates the sleep monitoring and breathing training functions, showing a sleep duration graph and breathing exercise prompts on the watch and companion app.

4.2. Activity Tracking

- **20+ Sports Modes:** Choose from various sports modes such as walking, running, basketball, football, and more. The watch records real-time data including steps, heart rate, calories burned, and distance.
- **GPS Record:** When connected to your phone, the app can display your exercise tracks and maps.



Image: Features the watch displaying activity tracking metrics like steps, distance, and calories, alongside icons representing 24 different sports modes.

4.3. Smart Notifications

- Receive call reminders, text messages, and notifications from various apps directly on your watch. Note: The watch supports viewing messages but not replying or making calls.

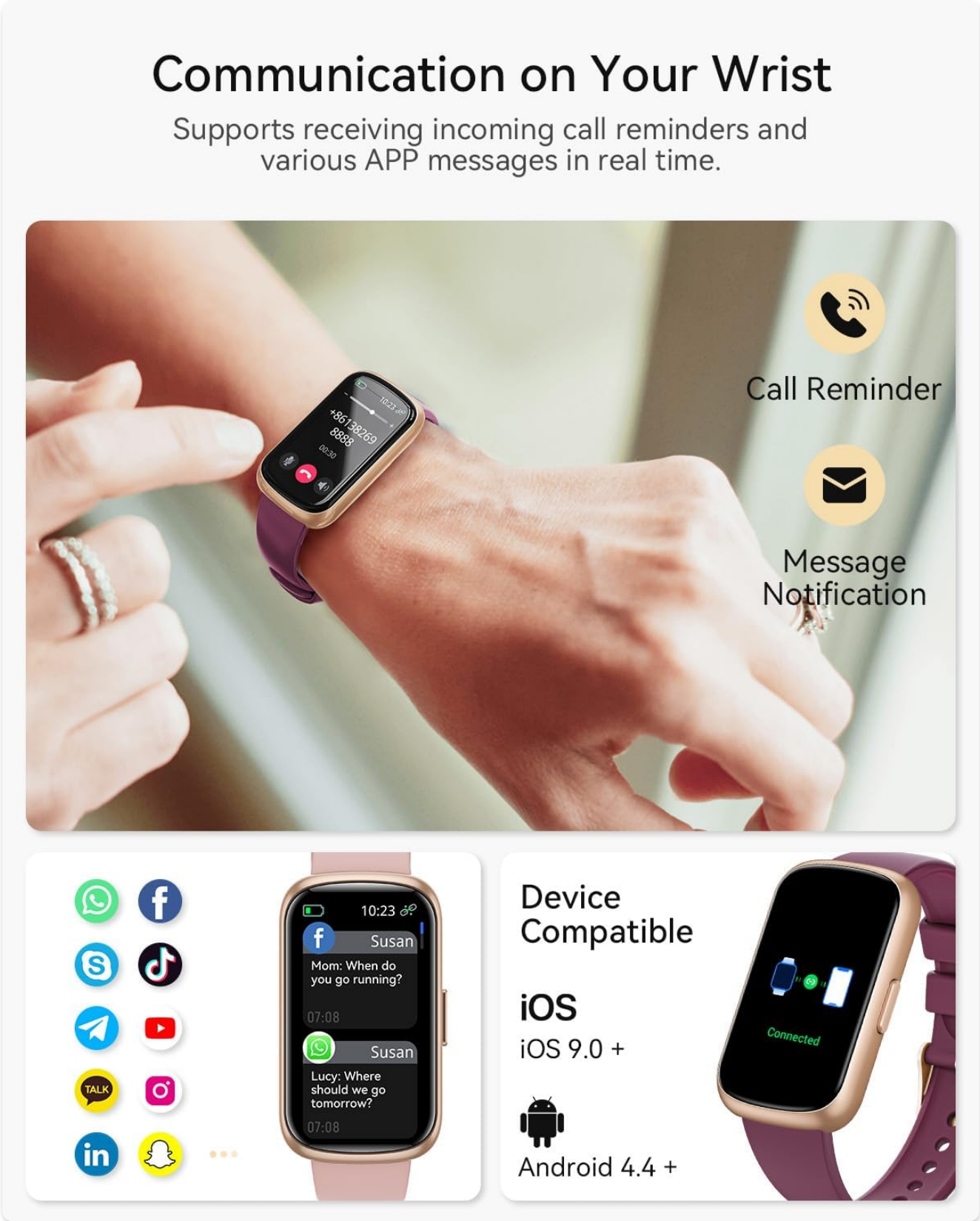


Image: Shows the watch receiving call and message notifications, with icons for popular social media and messaging apps, demonstrating seamless communication on your wrist.

4.4. Customization

- **Watch Dials:** Choose from over 200 watch dial designs available in the app. You can also upload your favorite photos to create custom dials.

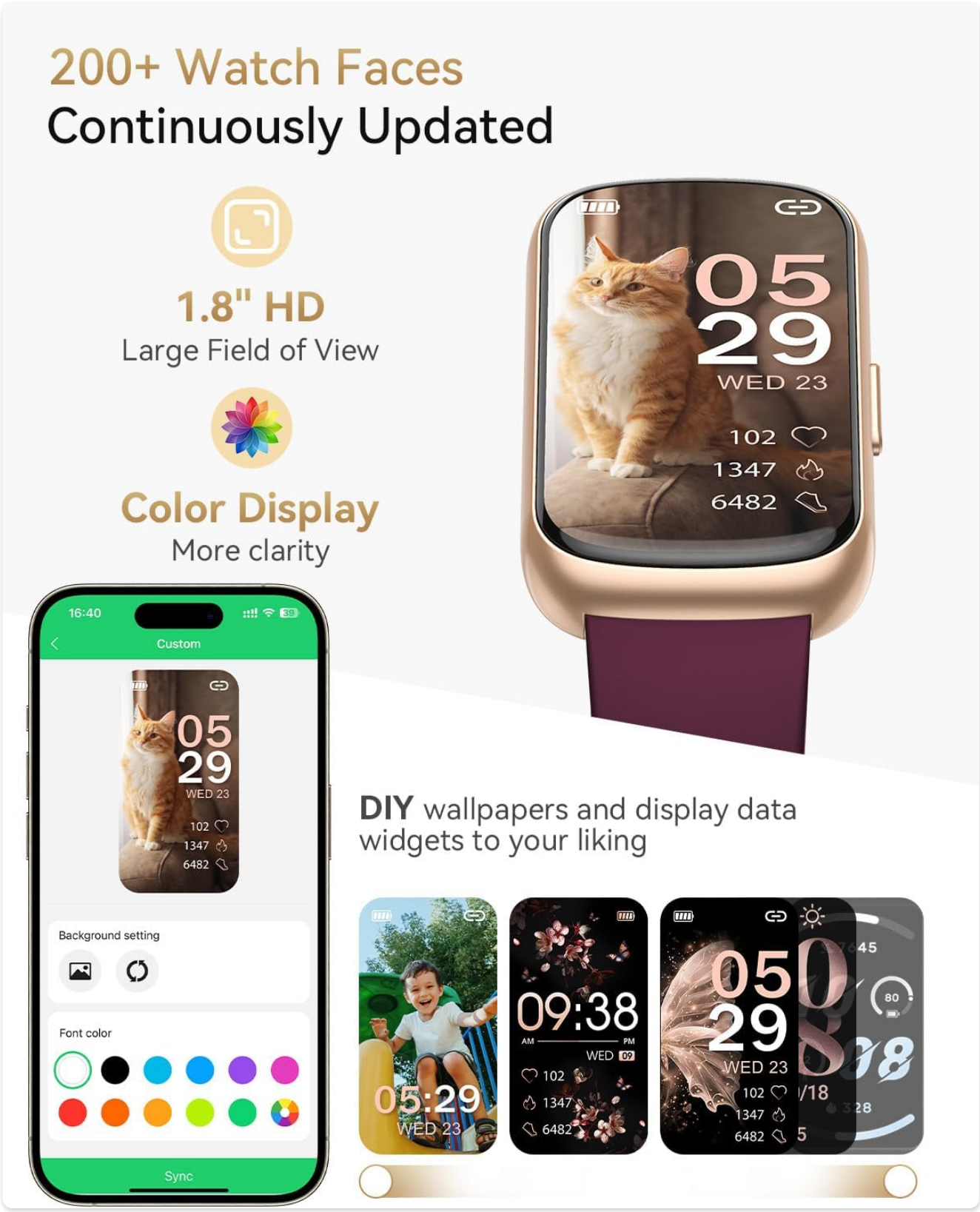


Image: Showcases the variety of 200+ watch faces and the DIY wallpaper feature, allowing users to personalize their watch display.

5. Maintenance

To ensure the longevity and optimal performance of your RUXINGX Fitness Tracker, follow these maintenance guidelines:

- **Cleaning:** Regularly clean your watch and bands with a soft, damp cloth. Avoid using harsh chemicals or

abrasive materials.

- **Water Resistance:** The watch has an IP68 waterproof rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, hand washing, and light rain. However, avoid hot water, saunas, or diving.
- **Battery Care:** Charge the watch using only the provided charging cable. Avoid overcharging or completely draining the battery frequently to prolong its lifespan. The 300mAh battery offers extended standby and usage time, requiring only 1.5 hours for a quick charge.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place away from direct sunlight and extreme temperatures.





Image: Highlights the impressive 7-day battery life with a 300mAh capacity and a quick 1.5-hour charging time.

6. Troubleshooting

If you encounter any issues with your RUXINGX Fitness Tracker, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before attempting to turn it on again.
- **Unable to pair with phone:**
  - Ensure Bluetooth is enabled on your phone and the watch.
  - Make sure the watch is within the Bluetooth range of your phone.
  - Restart both your phone and the watch.
  - Try unpairing and re-pairing the device through the app settings.
- **Inaccurate data (steps, heart rate):**
  - Ensure the watch is worn snugly on your wrist, about one finger's width above your wrist bone.
  - Clean the sensors on the back of the watch.
  - Update the app and watch firmware to the latest versions.
- **Notifications not received:**
  - Check app permissions on your phone to ensure the RUXINGX app has access to notifications.
  - Verify that notification settings are enabled within the RUXINGX app for specific applications.
  - Ensure the watch is connected to your phone via Bluetooth.

If the issue persists, please contact customer support for further assistance.

7. Specifications

Feature	Detail
Brand	RUXINGX
Model Number	CS5 PRO
Screen Size	1.47 Inches
Operating System	Android & iOS
Connectivity Technology	Bluetooth
Battery Capacity	300 Milliamp Hours
Battery Type	Lithium Polymer
Charging Time	1.5 - 3 Hours

Typical Usage Time	Up to 7 Days
Water Resistance	IP68
Item Weight	4.2 Ounces
Package Dimensions	10.43 x 2.95 x 0.75 inches

8. Warranty & Support

RUXINGX is committed to providing high-quality products and excellent customer service. Your fitness tracker comes with a standard manufacturer's warranty covering defects in materials and workmanship. For specific warranty details, please refer to the warranty card included in your product packaging or visit the official RUXINGX website.

If you have any questions, require technical assistance, or need to report an issue, please contact our professional customer support team. We are dedicated to resolving any problems within 24 hours.

Contact Information: (Please refer to your product packaging or the official RUXINGX website for the most up-to-date contact details.)

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Details

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