

VOWVIT TW1

VOWVIT TW1 Home Treadmill User Manual

Model: TW1

INTRODUCTION

Thank you for choosing the VOWVIT TW1 Home Treadmill. This manual provides essential information for the safe and efficient use of your new fitness equipment. Please read it thoroughly before operation and keep it for future reference.

The VOWVIT TW1 is a versatile 2-in-1 treadmill designed for home use, offering both walking pad and inclined treadmill modes. It features a powerful 2.25 HP motor, an LED display for tracking workout data, and a convenient remote control for speed adjustments.

KEY FEATURES

- **7% Incline Running Belt:** Enhance your fitness with an adjustable incline, simulating uphill training for a more effective cardio workout.
- **Compact and Space-Saving Design:** The VOWVIT TW1 features a slim profile, allowing for easy storage under desks, sofas, or beds when not in use.
- **Quiet Operation and Powerful Performance:** Engineered for reduced noise during acceleration and braking, powered by a robust motor supporting a maximum user weight of 100 kg.
- **Accurate Fitness Tracking:** A high-resolution LED display provides real-time data including steps, speed, time, calories, and distance.
- **Convenient Remote Control:** Adjust your speed seamlessly with the compact remote control, ensuring an uninterrupted workout.

SETUP INSTRUCTIONS

The VOWVIT TW1 Treadmill arrives 99% pre-assembled, requiring minimal setup before its first use.

1. **Unpacking:** Carefully remove the treadmill from its packaging. Ensure all components listed in the packing list are present.
2. **Placement:** Place the treadmill on a flat, stable surface. Ensure there is adequate clear space around the unit for safe operation.
3. **Unfolding (if applicable):** If the treadmill is in a folded position, gently unfold it according to the

diagrams provided in the quick start guide.

4. **Power Connection:** Connect the power cord to the treadmill and then to a grounded electrical outlet.
5. **Initial Check:** Before starting, ensure the safety key is properly placed (if included) and the running belt is centered and free of obstructions.



Image: The VOWVIT TW1 Treadmill is 99% pre-assembled, simplifying the setup process. The image displays the treadmill with its packaging and key dimensions (1152mm length, 490mm width, 130mm height).

OPERATING INSTRUCTIONS

Power On/Off

- To power on, press the main power switch located on the treadmill. The LED display will illuminate.
- To power off, press the main power switch again.

Using the Remote Control

The remote control allows you to start, stop, and adjust the speed of the treadmill.

- **Start:** Press the 'Start' button to begin the workout. The treadmill will typically start at a low speed.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease the speed. The speed range is 1 to 6 km/h.
- **Stop:** Press the 'Stop' button to halt the running belt.



Image: The treadmill's LED display provides real-time workout metrics such as steps, distance, time, speed, and calories. A compact remote control is shown for convenient speed adjustment.

Understanding the LED Display

The LED display provides real-time feedback on your workout progress:

- **Steps:** Counts the number of steps taken.
- **Speed:** Displays the current speed in km/h.
- **Time:** Shows the duration of your workout.
- **Calories:** Estimates the calories burned during the session.
- **Distance:** Tracks the total distance covered.

2-in-1 Functionality: Walking Pad & Incline Treadmill

The VOWVIT TW1 offers two modes to suit your fitness needs:

- **Walking Pad Mode:** Ideal for walking while working or engaging in light activity. The treadmill can be placed under a standing desk.
- **Incline Treadmill Mode:** For more intense workouts, the treadmill can be used with its 7% incline feature, simulating uphill running.



Image: The VOWVIT TW1 Treadmill offers dual functionality. One user is shown walking on the pad while working at a standing desk, and another is running on the treadmill with the 7% incline feature activated.



Image: A woman is shown running on the VOWVIT TW1 treadmill, highlighting its 7% incline capability for enhanced workout intensity.

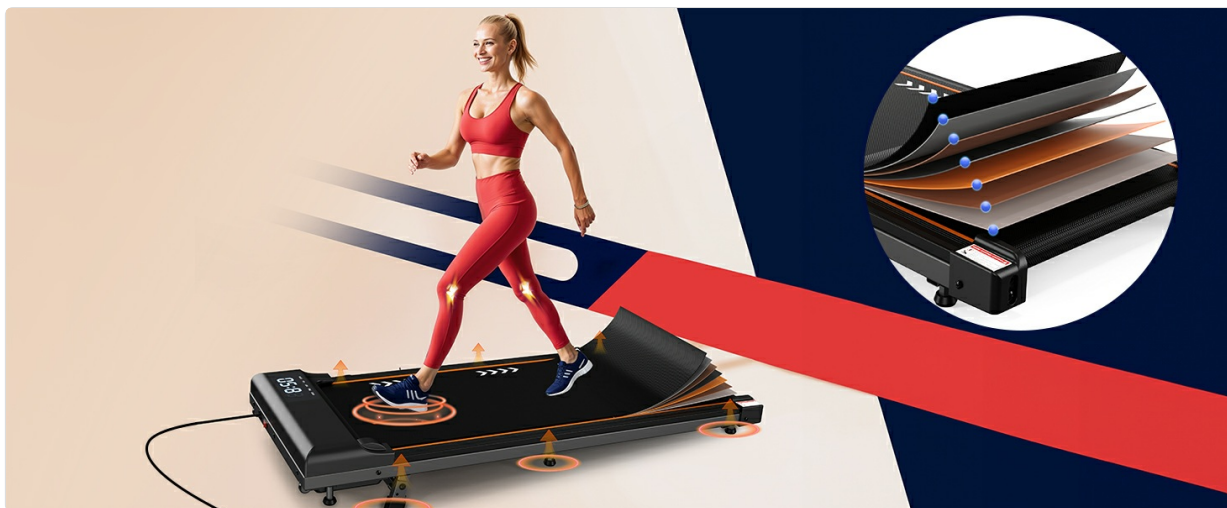


Image: A detailed cross-section illustrates the multi-layer design of the treadmill's running belt, engineered to provide superior cushioning and reduce impact during exercise.



Image: A close-up view emphasizes the generous 490mm width of the VOWVIT TW1 treadmill's running surface, providing ample space for comfortable and safe workouts.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your VOWVIT TW1 Treadmill.

- **Cleaning:** Wipe down the treadmill surface and display with a damp cloth after each use. Avoid using abrasive cleaners or solvents.
- **Belt Lubrication:** Periodically check the running belt for proper lubrication. Refer to the quick start guide for specific lubrication instructions and recommended lubricants.
- **Belt Tension and Alignment:** Ensure the running belt remains centered and has appropriate tension. Adjustments may be needed over time; consult the quick start guide for detailed steps.
- **Storage:** When not in use, store the treadmill in a clean, dry place. Its compact design allows for storage under furniture.

CONCEPTION ÉCONOME D'ESPACE

Tapis de Marche



Image: The VOWVIT TW1 Treadmill's space-saving design is illustrated by showing it stored conveniently under a sofa and under a bed, making it suitable for homes with limited space.

TROUBLESHOOTING

If you encounter any issues with your VOWVIT TW1 Treadmill, please refer to the following common solutions:

- **Treadmill Not Starting:**

- Ensure the power cord is securely plugged into both the treadmill and a working electrical outlet.
- Check if the main power switch is in the 'ON' position.
- Verify that the safety key is correctly placed on the console.

- **Running Belt Slipping or Sticking:**

- The running belt may require lubrication. Follow the lubrication instructions in your quick start guide.
- Check the belt tension. A loose belt can slip. Adjust as per the quick start guide.

- **Unusual Noises:**

- Ensure all bolts and screws are tightened.
- Check for any foreign objects under the running belt.
- If the noise persists, contact VOWVIT customer support.

- **Display Not Working:**

- Ensure the treadmill is powered on.
- Check all cable connections to the display console.

For issues not covered here, please contact VOWVIT customer support.

SPECIFICATIONS

Feature	Specification
Brand	VOWVIT
Model	TW1 (7% Incline & Classic)
Motor Power	2.25 HP (800 Watt)
Speed Range	1 - 6 km/h
Maximum Incline Percentage	7%
Maximum User Weight	100 kg
Product Dimensions (L x W x H)	129 x 14.5 x 57 cm
Folded Product Dimensions	129 x 14.5 x 57 cm
Item Weight	22.5 Kilograms
Frame Material	Aluminum
Main Material	Aluminum
Counter	Step counter
Power Type	Electric Cable
Included Components	User Manual, Quick Start Guide, Treadmill
Batteries Included	No
Assembly Required	No (99% pre-assembled)



Image: An internal view of the VOWVIT TW1 treadmill's motor, illustrating its robust construction designed for stable and quiet operation, capable of supporting up to 100 kg.

WARRANTY INFORMATION

VOWVIT offers a **2-year parts warranty** for this home treadmill. This warranty covers defects in materials and workmanship under normal use. Please retain your proof of purchase for warranty claims.

CUSTOMER SUPPORT

For any questions, assistance with setup, or troubleshooting, VOWVIT provides dedicated customer support. Our team offers **24/7 assistance and advice** to ensure you have the best experience with your product. Please refer to the contact information provided in your product packaging or visit the official VOWVIT website for support details.