

Xiaomi BHR8714GL

Xiaomi Smart Band 9 Pro User Manual

Model: BHR8714GL

INTRODUCTION

Welcome to the user manual for your new Xiaomi Smart Band 9 Pro. This smartband is designed to enhance your daily life by providing comprehensive health monitoring, fitness tracking, and smart notifications. Featuring a vibrant 1.74-inch display, built-in GPS, and a long-lasting battery, it is an ideal companion for both active lifestyles and everyday use. Please read this manual carefully to ensure proper use and optimal performance of your device.

WHAT'S IN THE BOX

- Xiaomi Smart Band 9 Pro Device (Main Unit)
- Strap
- Charging Cable
- User Manual (this document)



Image: The Xiaomi Smart Band 9 Pro, showcasing its main unit and the attached strap.

SETUP

1. Charging the Device

Before first use, fully charge your Xiaomi Smart Band 9 Pro. Connect the charging cable to the charging port on the back of the device and plug the USB end into a power adapter (not included) or a computer's USB port. The band will display a charging indicator.



Image: Rear view of the Smart Band 9 Pro, highlighting the charging contacts and sensors.

2. Pairing with Your Smartphone

1. Download the official Xiaomi fitness app (e.g., Mi Fitness or Zepp Life) from your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the app, create an account or log in, and follow the on-screen instructions to add a new device.
4. Select 'Xiaomi Smart Band 9 Pro' from the list of available devices.
5. Confirm the pairing request on both your smartphone and the smart band.

Once paired, the smart band will synchronize data with your phone, and you can customize settings, watch faces, and notifications through the app.

OPERATING THE SMART BAND

Basic Navigation

The Xiaomi Smart Band 9 Pro features a responsive touch display for easy navigation.

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick widgets like heart rate, weather, or music control.
- **Tap:** Select an item or confirm an action.
- **Press and Hold:** Customize watch faces from the home screen.





Image: Front view of the Smart Band 9 Pro display, showing the time and date.

Sports Modes

The band supports over 150 sports modes. To start a workout:

1. Swipe on the band until you find the 'Workout' or 'Sports' icon.
2. Tap to enter the sports mode selection.
3. Choose your desired activity (e.g., Running, Cycling, Swimming).
4. Tap 'Go' or 'Start' to begin tracking. The band will record duration, calories burned, heart rate, and other relevant metrics.

For outdoor activities, the built-in GNSS (GPS, GLONASS, BeiDou, Galileo, QZSS) provides accurate route tracking without needing your phone.

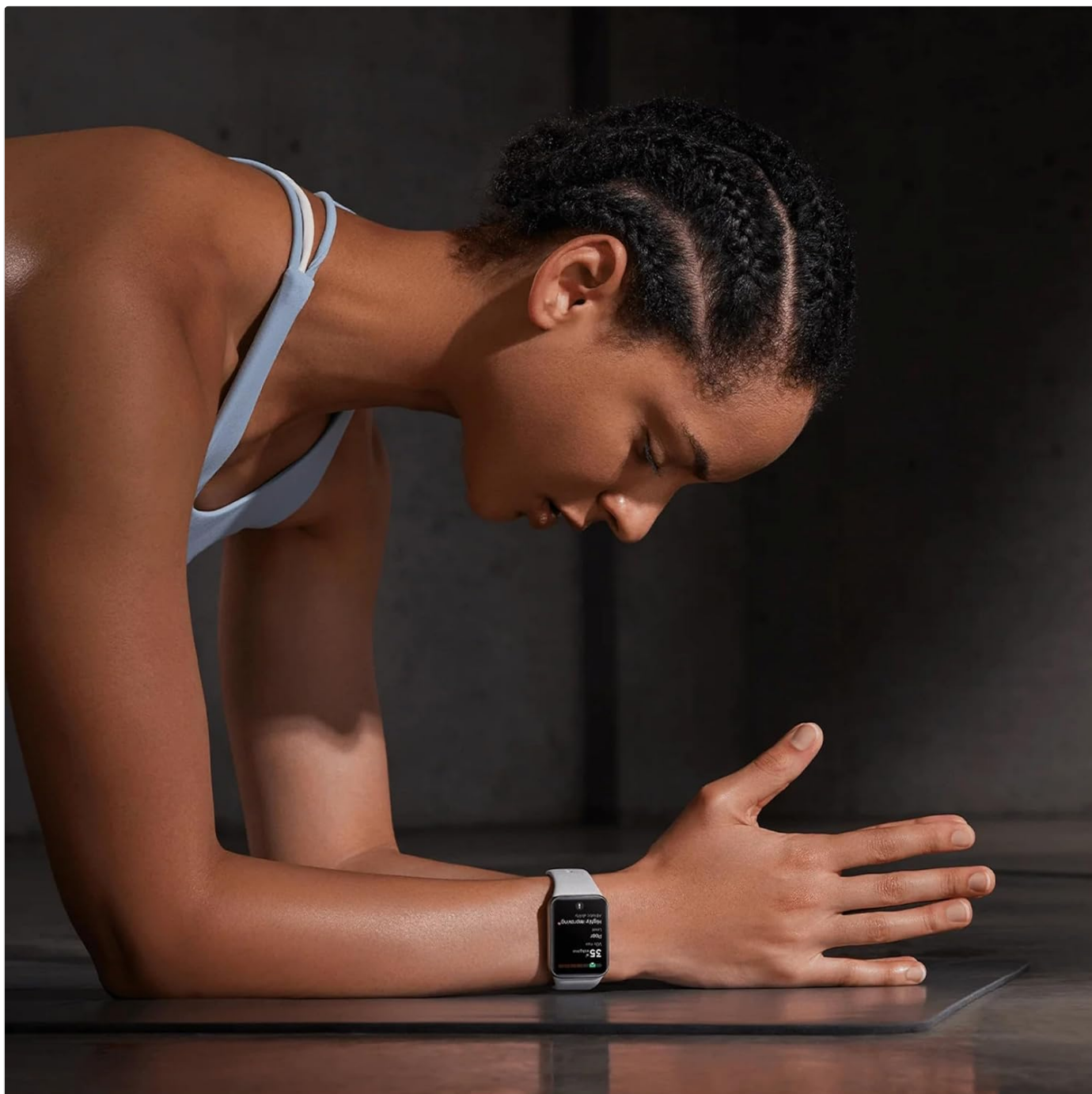


Image: A person performing a plank exercise, demonstrating the Smart Band 9 Pro's use during fitness activities.

Health Monitoring

The Smart Band 9 Pro offers continuous health monitoring features:

- **Heart Rate Monitoring:** Automatically tracks your heart rate throughout the day. You can view real-time data on the band or detailed trends in the app.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen saturation levels. Ensure the band is worn snugly on your wrist for accurate readings.
- **Sleep Monitoring:** Tracks your sleep stages (deep, light, REM) and provides insights into your sleep quality.
- **Stress Monitoring:** Helps you understand your stress levels and offers guided breathing exercises.



Image: The Xiaomi Smart Band 9 Pro comfortably worn on a wrist, showcasing its sleek design.

MAINTENANCE

- **Cleaning:** Regularly clean the band and the device with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.
- **Water Resistance:** The band is 5ATM water resistant, suitable for showering and shallow-water swimming. Avoid hot water, saunas, or diving. Dry the band thoroughly after exposure to water.
- **Storage:** Store the band in a cool, dry place when not in use. Avoid extreme temperatures.
- **Strap Care:** Ensure the strap is clean and dry to prevent skin irritation. If the strap is removable, ensure it is securely reattached.







Image: A close-up view of the Smart Band 9 Pro's strap and its attachment mechanism.

TROUBLESHOOTING

Problem	Possible Solution
Band not turning on	Ensure the band is fully charged. Connect it to the charger for at least 10 minutes.
Cannot pair with smartphone	Make sure Bluetooth is on. Restart both the band and your phone. Ensure the app is updated. Forget the device in your phone's Bluetooth settings and try pairing again.
Inaccurate heart rate/SpO2 readings	Ensure the band is worn snugly on your wrist, about one finger's width above the wrist bone. Clean the sensor on the back of the band.
Notifications not appearing	Check app notification settings on your phone and within the Mi Fitness/Zepp Life app. Ensure the app is running in the background.
GPS not connecting	Ensure you are in an open outdoor area with a clear view of the sky. Wait a few moments for the band to acquire a signal.

SPECIFICATIONS

Feature	Detail
Model Number	BHR8714GL
Display	1.74-inch AMOLED, 2.5D cover glass
Dimensions	7.87 x 7.87 x 5.51 inches (Product)
Weight	1.41 ounces (40 Grams)
Battery Capacity	10000 mAh (Lithium Ion) - <i>Note: This value may be a data entry error, typical smart band batteries are 100-300mAh.</i>
Battery Life	Up to 21 days (typical usage)
Water Resistance	5ATM
Connectivity	Bluetooth
GPS	Built-in GNSS (GPS, GLONASS, BeiDou, Galileo, QZSS)
Operating System Compatibility	Android 8.0 or iOS 12.0 and above

Feature	Detail
RAM Memory Installed Size	256 GB - <i>Note: This value may be a data entry error, typical smart band memory is much lower.</i>
Manufacturer	Xiaomi

WARRANTY AND SUPPORT

Your Xiaomi Smart Band 9 Pro comes with a standard manufacturer's warranty. For detailed warranty terms and conditions, please refer to the warranty card included with your product or visit the official Xiaomi website. For technical support, troubleshooting assistance, or service inquiries, please contact Xiaomi customer support through their official channels.

You can find more information and support resources on the official Xiaomi website www.mi.com/global/support

