SLOTHMORE FE-7204B

SLOTHMORE Leg Massager with Air Compression and Heat (Model FE-7204B) User Manual

Model: FE-7204B

1. Introduction

Thank you for choosing the SLOTHMORE Leg Massager with Air Compression and Heat. This device is designed to provide a comprehensive massage experience for your feet, calves, and thighs, promoting circulation and alleviating muscle discomfort. Please read this manual thoroughly before use to ensure proper operation and safety.

2. Safety Information

Important Safety Precautions:

- Do not use if you have deep vein thrombosis, heart conditions, or any other serious health conditions.
- Keep the device away from water.
- Do not use while sleeping to prevent overheating.
- Always follow the instructions provided with the device.
- If you experience any discomfort or pain, discontinue use immediately and consult a healthcare professional.

3. Product Features

- **360° All-Round Wrapping:** Utilizes 8x2 air chambers to simulate hand squeezing, providing comprehensive compression massage for foot, calf, and thigh muscles.
- **Full Leg Heating:** Offers 3-level heating (Low/Mid/High) for the entire leg, including feet, calves, and thighs, to warm muscles and promote circulation.
- **Multiple Modes and Intensities:** Features 6 air modes and 3 airbag intensities (Min/Mid/Max) with 10 professional massage programs.
- **Upgraded Zipper Design:** Easy-to-use zipper on foot and calf sections for convenient wear and removal, with strengthened zippers for durability.
- **LCD Handheld Controller:** Intuitive controller for easy selection of modes, intensities, heat levels, and timer settings.
- **Smart Timer:** Adjustable massage duration of 20, 25, or 30 minutes with automatic shut-off.
- **Pressure Sensor Intelligent Control:** Equipped with a pressure transducer to personalize massage intensity

based on leg size.



Figure 3.1: 360° All-Round Wrapping for comprehensive leg massage.



Figure 3.2: Personalized massage with pressure sensor intelligent control.

4. Package Contents

Please check the package for the following items:

- 1 x Pair of Leg Massager Wraps (Left and Right)
- 1 x Handheld LCD Controller
- 1 x Power Adapter
- 1 x User Manual

5. Setup Instructions

1. **Unpack the Device:** Carefully remove all components from the packaging.
2. **Connect the Wraps:** Identify the left (L) and right (R) leg wraps. Connect the air hoses from each wrap to the corresponding ports on the handheld controller. Ensure connections are secure.
3. **Connect Power:** Plug the power adapter into the handheld controller, then plug the adapter into a standard electrical outlet.
4. **Wear the Wraps:** Unzip the leg wraps and slide your legs into them. Ensure your feet are comfortably positioned at the bottom. Zip up the foot and calf sections. Use the adjustable Velcro straps around the thigh area to secure the wraps snugly but not too tightly. Ensure there is enough space for air compression.



Figure 5.1: Proper placement of the full leg massager wraps.



Figure 5.2: Adjustable design for various leg sizes.

6. Operating Instructions

The handheld LCD controller allows you to customize your massage experience.



Figure 6.1: Handheld LCD Controller Overview.

6.1 Power On/Off

- Press the **Power button** ( ) to turn the device on or off. The LCD screen will illuminate upon activation.

6.2 Mode Selection

- Press the **Mode button (M)** to cycle through the available massage modes: Auto, Foot, Calf, and Thigh. The selected mode will be displayed on the LCD screen.

6.3 Intensity Adjustment

- Press the **Intensity button** (represented by vertical bars) to adjust the air compression intensity. Choose from Min (I), Mid (II), or Max (III).

6.4 Heat Level Selection

- Press the **Heat button** (represented by wavy lines) to select a heat level: H1 (Low), H2 (Mid), or H3 (High). The heat function can be turned off by cycling through the options.



Figure 6.2: Full leg heating function in use.

6.5 Timer Settings

- Press the **Timer button** (represented by a clock icon) to set the massage duration to 20, 25, or 30 minutes. The device will automatically shut off after the selected time.

6.6 Pause Function

- Press the **Pause button** (play/pause icon) to temporarily stop the inflation/deflation cycle. Press again to resume.

7. Maintenance and Care

- **Cleaning:** Disconnect the power adapter before cleaning. Wipe the surface of the massager wraps and controller with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the device in a cool, dry place away from direct sunlight. Ensure the wraps are clean and dry before storing. Fold neatly to prevent damage to the air hoses.
- **Avoid Sharp Objects:** Keep the massager away from sharp objects to prevent puncturing the air chambers.

8. Troubleshooting

Problem	Possible Cause	Solution
Device does not power on.	Power adapter not connected or faulty.	Ensure the power adapter is securely connected to both the controller and the power outlet. Try a different outlet.
No air compression.	Air hoses not connected properly or kinked. Wraps not zipped/secured.	Check all air hose connections. Ensure hoses are not kinked. Make sure the wraps are fully zipped and Velcro straps are secured.
Heat function not working.	Heat level not selected or set too low.	Press the Heat button to cycle through H1, H2, H3. Allow a few minutes for the heat to become noticeable.
Massage feels too strong/weak.	Intensity setting is incorrect. Wraps are too tight/loose.	Adjust the intensity level using the Intensity button. Ensure the wraps are secured comfortably, not too tight or too loose.

9. Specifications

- **Model Number:** FE-7204B
- **Product Dimensions:** 16.14 x 9.84 x 8.27 inches
- **Item Weight:** 4.45 Pounds
- **Power Source:** Corded Electric
- **Massage Technique:** Air Compression
- **Heat Levels:** 3 (Low, Mid, High)
- **Massage Modes:** 6 (Auto, Foot, Calf, Thigh, etc.)
- **Intensity Levels:** 3 (Min, Mid, Max)
- **Timer Settings:** 20, 25, 30 minutes
- **Target Body Parts:** Foot, Calf, Thigh
- **Manufacturer:** Xiamen Healthpal Electronic Co., Ltd

10. Warranty and Support

For warranty information or technical support, please refer to the contact details provided with your purchase or visit the official SLOTHMORE website. Keep your purchase receipt for warranty claims.

11. Legal Disclaimer

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.