

LIGE FV12-D-XY-US-CJQ

LIGE Smart Watch User Manual

Model: FV12-D-XY-US-CJQ

Brand: LIGE

1. INTRODUCTION

This manual provides detailed instructions for the operation and maintenance of your LIGE Smart Watch FV12-D-XY-US-CJQ. Please read this manual thoroughly before using the device to ensure proper functionality and to maximize your user experience.

The LIGE Smart Watch is designed for women, featuring a 1.43" AMOLED HD display, Bluetooth calling capabilities, and over 100 sports modes. It is 5ATM/IP68 waterproof and compatible with both iOS and Android smartphones.

2. WHAT'S IN THE BOX

Upon opening your LIGE Smart Watch package, you should find the following items:

- Smart Watch
- Metal Strap
- Silicone Strap
- Strap Accessories
- Charger
- Instructions Manual

Why Choose US?

Comparison of our products with other similar watch

Our Smart Watch



HD AMOLED

MicroSpherical Curved Screen(exclusive)

7mm

1.43Inch

120+

IP68

Metal

★★★★★

VS

Other Smart Watch



HD

Flat Screen(routine)

12mm

1.19 Inch

10,24,70

IP67

Plastic

★★★★



AMOLED-Display



Always-on display



Clear vision under sun



Self-luminous,energy saving

FV12



Other Watches



Image: Contents of the LIGE Smart Watch package.

3. SETUP AND PAIRING

Follow these steps to set up your LIGE Smart Watch and pair it with your smartphone:

1. **Charge the Watch:** Before first use, fully charge your smartwatch using the provided charger.
2. **Download the App:** Scan the QR code provided in the manual or search for "FitCloudPro" in your smartphone's app store (App Store for iOS, Google Play Store for Android). Install the application. ([App Download Link](#))
3. **Enable Bluetooth:** Turn on Bluetooth on your smartphone.
4. **Open App and Add Device:** Open the FitCloudPro app, navigate to the "Device" section, and select "Add Device". The app will search for available devices.
5. **Select Your Watch:** From the list of found devices, select "FV12".
6. **Confirm Pairing:** A Bluetooth pairing request will appear on your phone. Confirm by selecting "Pair".
7. **Enable Call Function (iOS 13+):** For iOS users, to enable the one-touch call function, ensure your iOS version is 13 or higher. After initial pairing, go to your phone's Bluetooth settings, find "FV12" (or similar name for the call function), and ensure "Connected to Call Audio" is enabled.

Package contains



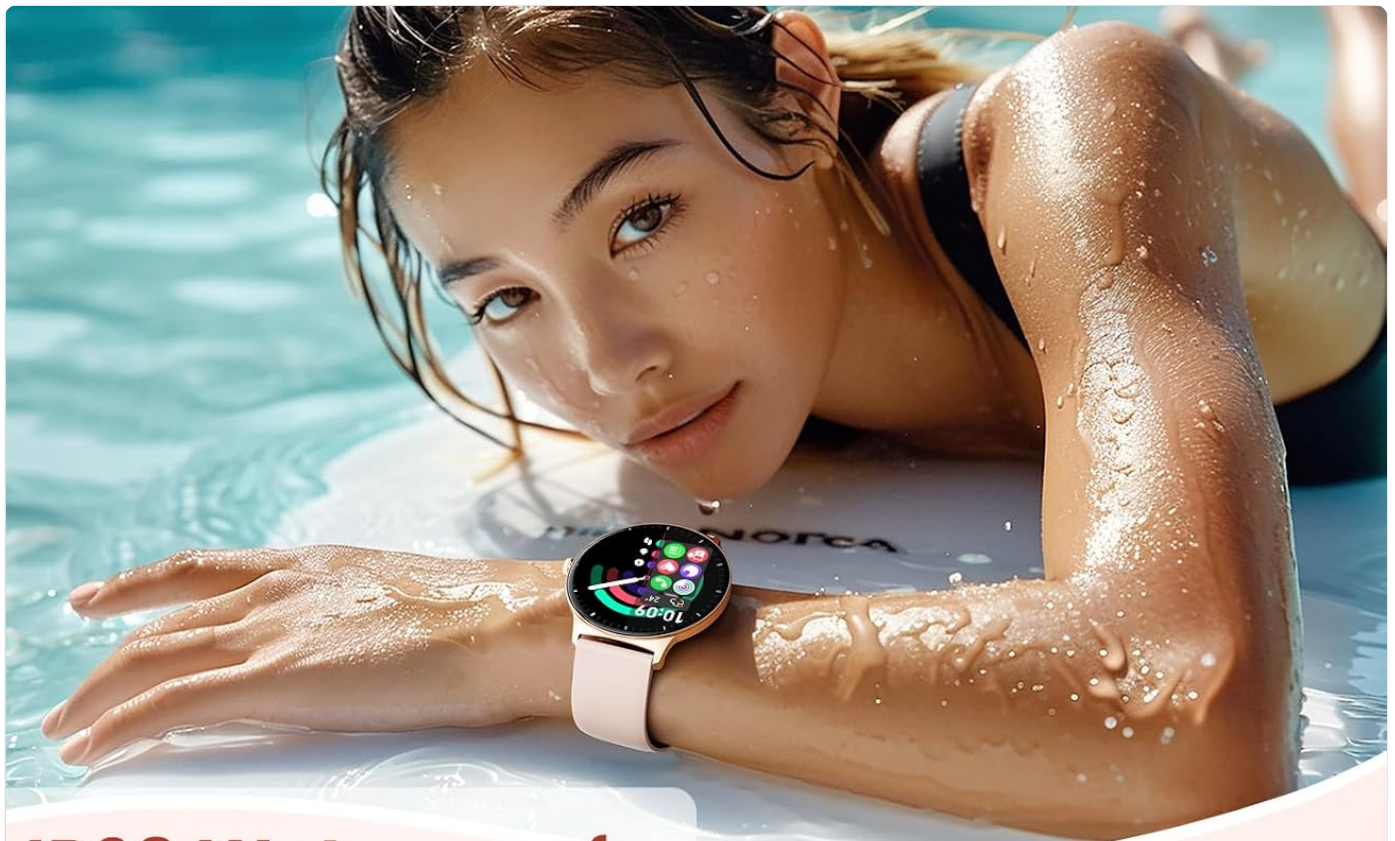
Image: Visual guide for watch setup and app pairing.

4. OPERATING INSTRUCTIONS

4.1. Display and Watch Faces

The watch features a 1.43" AMOLED full-screen colorful display with 466x466 pixels, offering vibrant colors and clear details. It supports full touch interaction.

You can customize your watch face from over 200 free dials available through the app, or upload personal photos to create a unique look.



IP68 Waterproof

Excellent Battery Life

Equipped with a low-power wearable chip and long battery life for every day



4-7days

Daily use



15 days

Standby time



Image: Customizable watch faces on the AMOLED display.

4.2. Bluetooth Calling and Notifications

With Bluetooth connectivity, the smartwatch allows you to dial and answer calls directly from your wrist. It also provides real-time alerts for texts, calls, emails, and social media notifications (e.g., Instagram, YouTube, Line, Skype, WhatsApp, Snapchat, LinkedIn).

Bluetooth Call And Message Notification



Image: Bluetooth calling and message notifications.

Your browser does not support the video tag.

Video: Demonstrates the LIGE FV12 Smart Watch's IP68 waterproof capabilities and general usage.

4.3. Sports Modes and Activity Tracking

The watch supports over 100 sports modes, accurately recording activity data such as steps, distance, and calories burned. This data can be synced with the app to help you create effective fitness plans.

121 Sports Modes

Always on display, keeps screen brightness after power off

🕒 1H08M

🔥 570 KCAL

👣 9680 STEPS

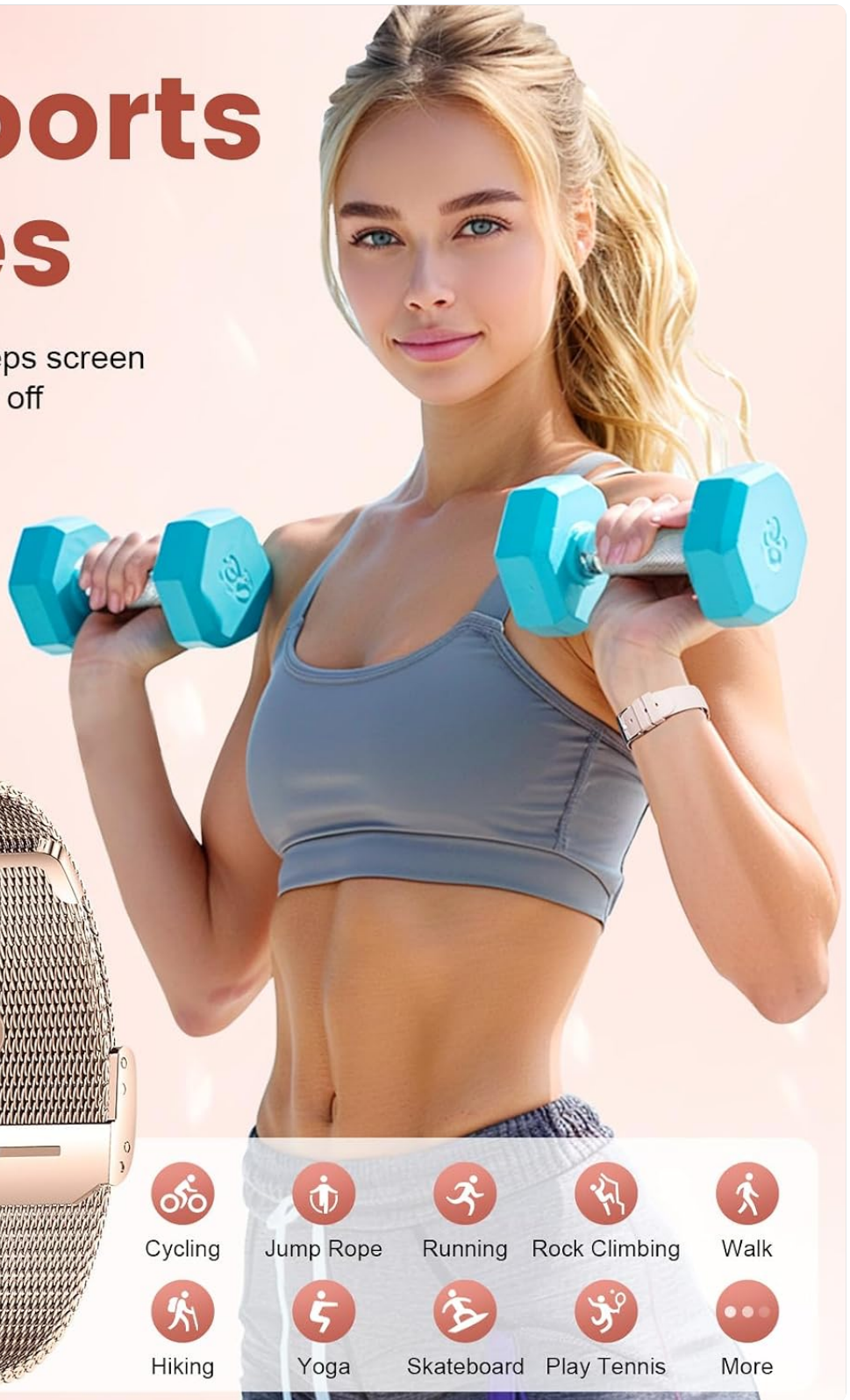


Image: Overview of sports modes and activity tracking.

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Video: Showcases the ultra-thin body and various features of the LIGE FV12 1.43" AMOLED Women's Smart Watch.

4.4. Health Monitoring

The watch monitors and tracks your health data 24/7, including heart rate, blood oxygen, sleep patterns, and stress levels. It also includes a sedentary reminder.

- **Heart Rate:** Continuously monitors your heart rate.

- **Blood Oxygen (SpO2):** Measures blood oxygen saturation.
- **Sleep Monitoring:** Tracks sleep stages (awake, light sleep, deep sleep) to provide insights into your sleep quality.
- **Sedentary Reminders:** Alerts you to move after periods of inactivity.
- **Female Cycle Tracking:** Scientific cycle monitoring to care for women at every stage of their lives.

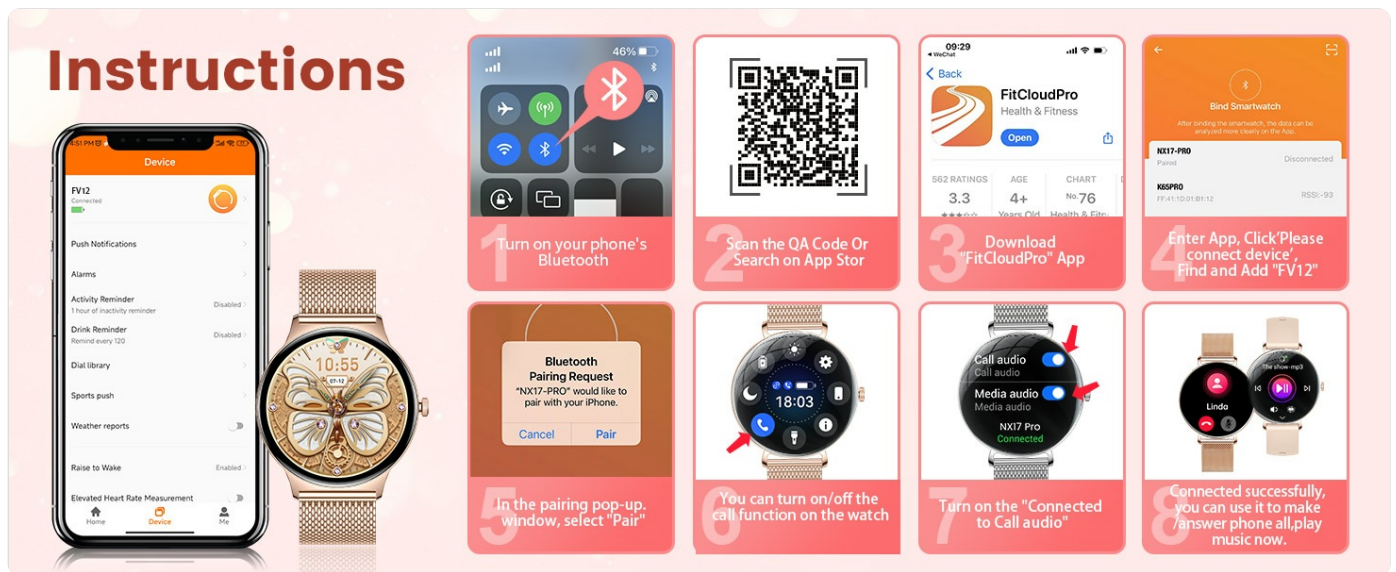


Image: Health tracking features.

4.5. Additional Features

The LIGE Smart Watch offers a range of additional functionalities for daily convenience:

- **Music Control:** Control music playback on your smartphone.
- **Alarm Clock:** Set alarms directly from your watch.
- **Weather Forecast:** Get real-time weather updates.
- **Remote Photography:** Use your watch as a remote shutter for your phone's camera.
- **Drink Water Reminder:** Helps you stay hydrated.
- **Stopwatch & Timer:** Built-in timing functions.
- **Find Phone:** Locate your misplaced smartphone.
- **Voice Assistant:** Access your phone's voice assistant.

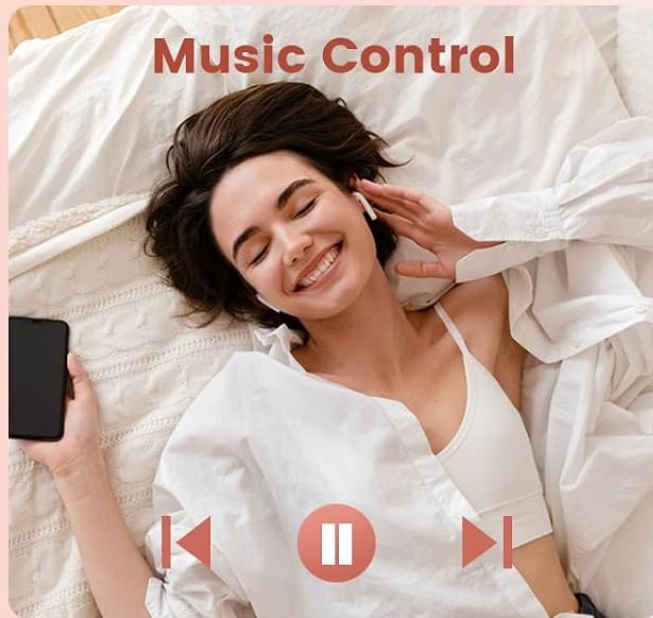


Image: Multifunctional features of the smartwatch.

5. MAINTENANCE

5.1. Battery Life

The LIGE Smart Watch is equipped with a 260mAh high-performance battery. A single charge can last for several days, with typical daily use providing 4-7 days of battery life and up to 15 days on standby. The intelligent power management

system optimizes energy consumption.

1.43 inch AMOLED Full Screen Colorful

Always on display, keeps screen brightness after power off

466*466
High Resolution

Full Touch
Touch Type

10:09
AM

Digital Clock

Analog Clock



200+ Free Dials & DIY









Image: Battery life and charging.

5.2. Water Resistance

The watch has an IP68 waterproof rating, making it suitable for various daily scenarios such as hand washing, rain, and swimming. Avoid hot water, saunas, or diving with the watch.

Ultra-thin And Comfortable

The case is only 7.9 mm thick and fits delicately in the hand.



**Braided strap,
delicate and breathable,
comfortable to wear**



**Ultra-thin design
Ultra-large screen**



Image: IP68 Waterproof feature.

5.3. Cleaning and Care

To maintain your watch's appearance and functionality:

- Wipe the watch and straps regularly with a soft, damp cloth.
- Ensure the charging contacts are clean and dry before charging.
- Avoid exposing the watch to extreme temperatures or harsh chemicals.

6. TROUBLESHOOTING

If you encounter any issues with your LIGE Smart Watch, please refer to the following common solutions:

Problem	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the charger and wait a few minutes.
Unable to pair with phone	Ensure Bluetooth is enabled on your phone. Restart both the watch and phone. Make sure the watch is within range. Check if the app has necessary permissions.
Notifications not received	Check app notification settings on both the watch and phone. Ensure the app is running in the background. Verify Bluetooth connection is stable.
Inaccurate health data	Ensure the watch is worn snugly on your wrist. Avoid excessive movement during measurements. Clean the sensor on the back of the watch.
Short battery life	Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

If the issue persists, please contact customer support for assistance.

7. SPECIFICATIONS

Feature	Detail
Model Number	FV12-D-XY-US-CJQ
Display Size	1.43 Inches
Display Type	AMOLED HD Touch Always Display
Resolution	466 x 466 pixels
Case Thickness	7.9 mm
Waterproof Rating	IP68 / 5ATM
Battery Capacity	260 Milliamp Hours (Lithium Polymer)
Connectivity	Bluetooth
Compatibility	Android 5.0+ / iOS 8.0+ (iOS 13+ for one-touch call)
Sports Modes	100+
Health Monitoring	Heart Rate, Blood Oxygen, Sleep, Stress, Sedentary Reminder, Female Cycle Tracking

Feature	Detail
Product Dimensions	8.11 x 3.78 x 0.87 inches
Item Weight	6.4 ounces
Manufacturer	LIGE
Country of Origin	China

8. WARRANTY AND SUPPORT

LIGE provides a 365-day after-sales service for this product. If you have any questions, experience usage problems, or are not 100% satisfied, please contact the customer service team directly.
Customer service is available 7/24 hours online to provide a satisfactory reply within 24 hours.

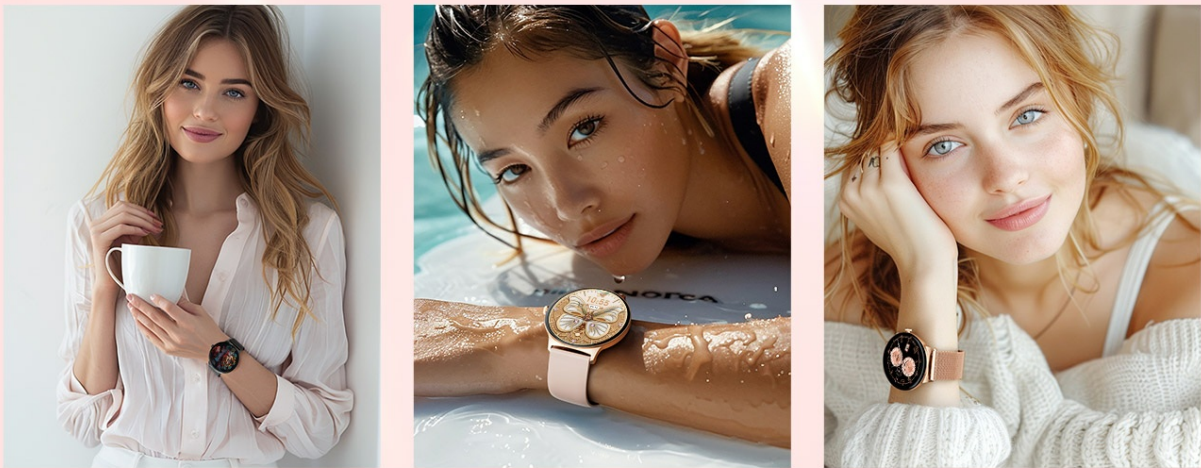


Image: LIGE Customer Service details.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question