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## LarkLeaves L20

# LarkLeaves L20 Ergonomic Office Chair Instruction Manual

Model: L20 | Brand: LarkLeaves

### IMPORTANT SAFETY INFORMATION

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Please read all instructions carefully before assembly and use. Keep this manual for future reference.

- Ensure all parts are present and undamaged before assembly. Do not use if any parts are missing or broken.
- Assemble the chair on a soft, clean surface to prevent scratches.
- Tighten all screws and bolts securely. Re-tighten periodically to ensure stability.
- Do not stand on the chair or use it as a step stool.
- Do not exceed the maximum weight capacity of 150 kg (330 lbs).
- Keep children away from the assembly area. Small parts may be a choking hazard.

### PACKAGE CONTENTS

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Verify that all components listed below are included in your package:

- Backrest Assembly
- Seat Cushion Assembly
- Headrest
- Armrests (2)
- Gas Lift Cylinder
- Star Base
- Casters (5)
- Mechanism Plate
- Hardware Kit (screws, washers, Allen wrench)

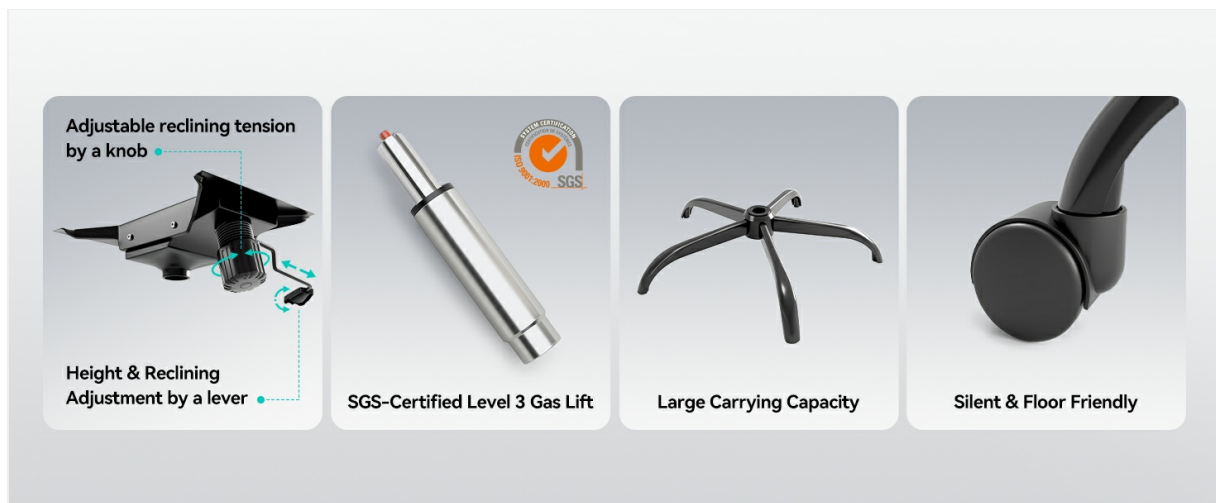


Image: Individual components of the LarkLeaves L20 office chair, including the gas lift, star base, casters, and the seat mechanism.

## ASSEMBLY INSTRUCTIONS

Follow these steps to assemble your LarkLeaves L20 Ergonomic Office Chair:

- 1. Attach Casters to Base:** Insert each of the five casters into the holes at the end of each leg of the star base. Push firmly until they click into place.
- 2. Insert Gas Lift:** Place the gas lift cylinder into the center hole of the star base. Ensure it is seated securely.
- 3. Attach Mechanism to Seat:** Align the mechanism plate with the screw holes on the underside of the seat cushion. Ensure the front of the mechanism faces the front of the seat. Secure with screws from the hardware kit, tightening them evenly.
- 4. Connect Seat to Gas Lift:** Carefully place the assembled seat onto the gas lift cylinder. The tapered end of the gas lift should fit into the center hole of the mechanism.
- 5. Attach Armrests:** Secure the armrests to the sides of the seat cushion using the provided screws. Ensure they are oriented correctly (left and right).
- 6. Attach Backrest:** Align the backrest with the mounting points on the seat mechanism and armrests. Secure with screws, ensuring a firm connection.
- 7. Install Headrest:** Slide the headrest into the designated slot at the top of the backrest. Adjust to your preferred height and angle.
- 8. Final Check:** Once assembled, sit on the chair to ensure all components are stable and functioning correctly. Test all adjustment features.

## OPERATING INSTRUCTIONS

Familiarize yourself with the adjustment features of your LarkLeaves L20 chair for optimal comfort and support.

### 1. Adjusting the Headrest

The 3D headrest offers multi-directional adjustment for neck and head support.

- **Height Adjustment:** Gently pull the headrest up or push it down to adjust its vertical position (up to 6cm / 2.4 inches).
- **Depth Adjustment:** Push the headrest forward or pull it backward to adjust its depth (up to 3cm / 1.2

inches).

- **Tilt Adjustment:** Tilt the headrest forward or backward to find the most comfortable angle (up to 35 degrees).



Image: Visual guide demonstrating the 6-directional adjustments of the ergonomic headrest, including vertical, horizontal, and tilt movements.

## 2. Adjusting Lumbar Support

The 2D lumbar support can be adjusted to fit the natural curve of your lower back.

- **Depth Adjustment:** Rotate the knob on the side of the lumbar support to move it forward or backward (up to 2cm / 0.79 inches) for personalized lower back comfort.
- **Height Adjustment:** Slide the lumbar support up or down (up to 2cm / 0.79 inches) to align with your lumbar curve.

# Equipped with Grip-Enhancing Non-Slip Coat Hangers



Image: Diagram illustrating the 4-directional adjustments of the flexible lumbar support, showing how to move it forward, backward, up, and down.

### 3. Adjusting Seat Height

To adjust the seat height:

- **To Raise:** While standing, pull the lever located on the right side of the seat upwards. The seat will rise. Release the lever at the desired height.
- **To Lower:** While seated, pull the lever located on the right side of the seat upwards. The seat will lower. Release the lever at the desired height.

### 4. Reclining and Tilt Tension

The chair features a rocking tilt function and adjustable tilt tension.

- **Activate Rocking Mode:** Pull the same lever used for height adjustment outwards to enable the rocking function. Push it inwards to lock the backrest in an upright position.
- **Adjust Tilt Tension:** Rotate the round knob located underneath the seat, at the front of the mechanism. Turn clockwise to increase tension (firmer recline) or counter-clockwise to decrease tension (easier recline).

# Cloud-Like Comfort

## The Ultimate Office Chair Experience



Image: Illustration of the customizable backrest tilt range (90° to 120°) and the lever for seat height adjustment, along with the tilt tension knob.

### 5. Flip-Up Armrests

The armrests can be flipped up to allow the chair to be pushed closer to a desk or for increased mobility.

- To raise the armrests, simply lift them upwards until they lock into a vertical position.
- To lower them, gently pull them down.

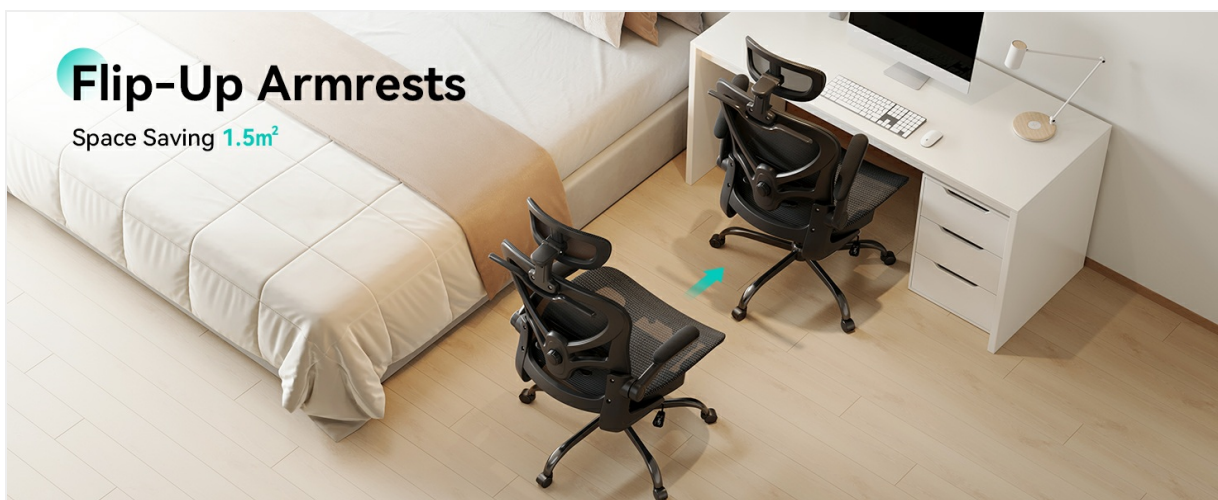


Image: A visual representation of the chair with its armrests in both the lowered and flipped-up positions, highlighting the space-saving benefit.

## 6. Coat Hanger

The chair is equipped with a built-in coat hanger on the back of the backrest for convenience.



Image: An illustration showing the integrated coat hanger on the back of the chair, designed for hanging garments or bags.

## MAINTENANCE

Proper care will extend the life and appearance of your office chair.

- **Cleaning:** Spot clean the mesh and fabric surfaces with a mild detergent and a damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Inspection:** Periodically check all screws and bolts to ensure they are tight. Re-tighten as necessary.
- **Casters:** Keep casters free of debris (hair, dust) to ensure smooth rolling.
- **General Care:** Avoid exposing the chair to direct sunlight for prolonged periods to prevent fading.

## TROUBLESHOOTING

Refer to this section for common issues and their solutions.

Problem	Possible Cause	Solution
Chair does not recline or rock.	Tilt tension knob is too tight; rocking function is locked.	Rotate the tilt tension knob counter-clockwise to loosen. Pull the height adjustment lever outwards to activate rocking mode.
Chair makes popping noises.	Mechanism components may need lubrication or adjustment.	Inspect the mechanism underneath the seat for any obstructions. Apply a silicone-based lubricant to moving parts if necessary. Ensure all bolts are securely tightened.
Chair wobbles or feels unstable.	Loose screws or improper assembly.	Check and re-tighten all assembly screws, especially those connecting the seat, backrest, and armrests. Ensure casters are fully inserted into the base.
Seat height adjustment not working.	Gas lift cylinder malfunction or lever issue.	Ensure the lever is fully engaged. If the issue persists, contact customer support for assistance.

## SPECIFICATIONS

Detailed specifications for the LarkLeaves L20 Ergonomic Office Chair:

- **Brand:** LarkLeaves
- **Model Name:** L20
- **Color:** Black
- **Product Dimensions (D x W x H):** 18.9" x 19.7" x 48"
- **Maximum Weight Recommendation:** 150 Kilograms (330 lbs)
- **Item Weight:** 25.3 pounds
- **Material:** Foam, Sponge (Fill Material), Mesh (Cushion & Backrest), PP (Back Frame), Metal (Legs)
- **Special Features:** Adjustable Backrest, Adjustable Headrest (3D), Adjustable Lumbar (2D), Flip-Up Armrests, Coat Hanger, Head Support, Swivel, Tilting
- **Seat Height:** 50 Centimeters (adjustable)
- **Seat Depth:** 18.9 inches
- **Chair Backrest Width:** 48 Centimeters
- **Recommended Uses:** Computer, Gaming, Meeting, Office, Study

# Adaptive 6-Directional Headrest



Image: Detailed diagram showing the dimensions of the LarkLeaves L20 chair from front and side perspectives, including height, width, and depth measurements.

## WARRANTY AND SUPPORT

LarkLeaves is committed to providing quality products and excellent customer service.

- **Warranty:** Each LarkLeaves Chair comes with a **3-Year Warranty**. This covers manufacturing defects and significant malfunctions under normal use.
- **Technical Support:** We offer **Lifetime Technical Support** for your product.
- **Contact Us:** If you encounter any issues or have questions, please do not hesitate to contact our LarkLeaves Customer Service Team. We aim to reply within 24 hours.

You can reach us via email or WhatsApp: +1 3107571671.

## Share A Support of Health



**3-YEAR:**  
Coverage Care



**LifeTime:**  
Technical Support

Image: Visual representation of the 3-year coverage care and lifetime technical support offered by LarkLeaves.