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RENPHO WMG10

RENPHO Mini Thermal Massage Gun WMG10 Instruction Manual

Model: WMG10 | Brand: RENPHO

INTRODUCTION

Thank you for choosing the RENPHO Mini Thermal Massage Gun. This portable deep tissue percussion massager is designed to provide effective muscle relief and relaxation with the added benefit of a heat function. Its compact size and versatile attachments make it ideal for use at home, in the office, or while traveling.

- **Effective Heated Massage:** Equipped with a heat-conductive steel head, the deep tissue massage gun warms up to 46°C/114°F in just 1 minute, effectively reducing muscle tension.
- **Your Style, Your Way:** The percussion massage gun's interchangeable color silicone sleeves offer both style and practicality, allowing customization while providing a non-slip grip and easy-to-clean surface.
- **Deep Tissue Alleviation:** Powered by a high-torque motor that reaches up to 3000 RPM, this mini massage gun provides deep percussive force at a depth of 6mm to relieve muscle aches and pains, ease stiffness, and enhance overall muscle recovery.
- **Personalized Muscle Care:** Tailor your massage experience with 4 intensity levels and 4 specialized silicone head casings, including a claw-shaped head casing for deep muscle relief.
- **Portable Comfort:** Weighing only 0.78lb, this pocket-sized muscle massage gun is easy to carry for travel or daily commutes, featuring a long-lasting battery life.

PRODUCT OVERVIEW & WHAT'S IN THE BOX

Your RENPHO Mini Thermal Massage Gun comes with everything you need for a comprehensive massage experience.

Heating Action

Heat-conductive steel head melts away muscle aches and tension



Thermal Imaging Effect



Image: The RENPHO Mini Thermal Massage Gun, its various massage heads, charging cable, and interchangeable color sleeves neatly organized within its compact carry case.

Components:

- RENPHO Mini Thermal Massage Gun
- 4 Specialized Silicone Massage Heads (Claw-shaped, Conical, Spherical, Flat)
- Interchangeable Color Silicone Sleeves
- Compact Carry Case
- USB-C Charging Cable
- User Manual

SETUP

Attaching/Detaching Massage Heads:

The massage heads are designed for easy interchangeability. Simply pull to remove a head and push to attach a new one. Ensure the head is securely fastened before use.



Image: The RENPHO Mini Thermal Massage Gun displayed with its four distinct silicone massage heads, ready for easy attachment and detachment.

Charging the Device:

Connect the provided USB-C charging cable to the charging port located at the bottom of the device. The indicator lights will show charging status. Ensure the device is fully charged before first use for optimal battery life.

Charge and go

Long-lasting battery that lasts the entire week on a single charge.



Image: A close-up of the RENPHO Mini Thermal Massage Gun showing the USB-C charging port and indicator lights, with a charging cable connected.

OPERATING INSTRUCTIONS

One-Button Control

Enables you to access all modes with ease



Image: A detailed view of the RENPHO Mini Thermal Massage Gun's single-button control interface, illustrating how to power on/off, adjust message intensity, and activate the heat function.

Power On/Off:

Long press the power button for 2 seconds to turn the device on or off.

Adjusting Message Intensity:

Press the power button briefly to cycle through the 4 available intensity levels. The indicator lights will show the current intensity setting.

Activating the Heat Function:

Double press the power button to enable the heating function. The light will turn red when the heating function is activated. **Note: Do not use the silicone massage head when using the heating function.**



Image: The RENPHO Mini Thermal Massage Gun's heat-conductive steel head glowing red, indicating the heat function is active, with a thermal imaging inset showing temperature range.

USAGE GUIDELINES

Target Use Body Parts:

The RENPHO Mini Thermal Massage Gun is suitable for various body parts including the Back, Body, Calf, Leg, and Thigh. Always use with caution and avoid sensitive areas.

Massage Head Functions:

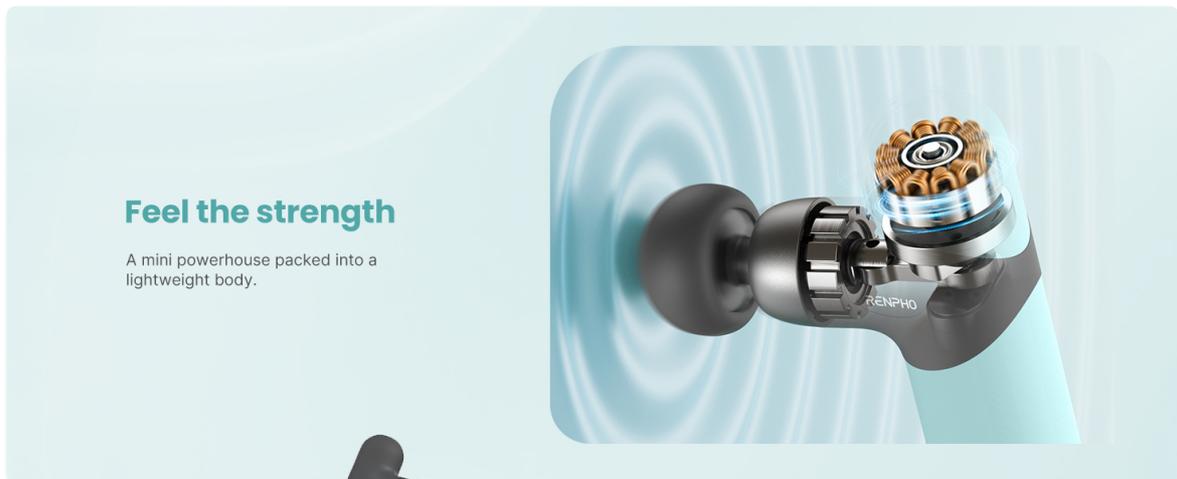


Image: A visual guide illustrating the four different massage heads (Claw-shaped, Conical, Spherical, Flat) and their specific applications for various muscle groups and areas of soreness.

- **Claw-shaped Head Casing:** Ideal for the spine, neck, and Achilles tendon.
- **Conical Head Casing:** Best for deep tissues, trigger points, and small muscle groups.
- **Spherical Head Casing:** Suitable for quads, glutes, large muscle groups, and general areas of soreness.
- **Flat Head Casing:** Recommended for shoulder blades, IT bands, and full-body massage.

MAINTENANCE

Cleaning:

To clean the device, ensure it is powered off and unplugged. Wipe the exterior with a soft, damp cloth. The silicone sleeves and massage heads can be removed and cleaned separately with mild soap and water, then air-dried completely before reattaching.

Storage:

Store the massage gun and all its accessories in the provided compact carry case in a cool, dry place, away from direct sunlight and extreme temperatures.

TROUBLESHOOTING

If you encounter any issues with your RENPHO Mini Thermal Massage Gun, please refer to the following common solutions:

- **Device not turning on:** Ensure the device is fully charged. Long press the power button for 2 seconds.
- **No percussion:** Check if a massage head is properly attached. Ensure the device is powered on and not in standby mode.
- **Heat function not working:** Double press the power button to activate the heat function (red light should appear). Ensure no silicone head is attached to the metal heating element.
- **Weak massage intensity:** Cycle through the intensity levels by pressing the power button to select a higher setting.
- **Unusual noise:** Power off the device and check if any foreign objects are obstructing the massage head. If the issue persists, contact customer support.

SPECIFICATIONS

| Feature | Detail |
|--------------------|-----------------------------------|
| Product Dimensions | 5.83 x 4.17 x 1.81 inches |
| Item Model Number | WMG10 |
| Item Weight | 1.74 Pounds |
| Batteries | 1 A batteries required (included) |
| Manufacturer | RENPHO |
| Power Source | Battery Powered |

| | |
|------------------------|--|
| Special Features | Auto Shut-Off, Heat, Lightweight, Portable |
| Massage Technique | Percussion |
| Product Benefits | Pain Relief, Muscle Therapy, Portable |
| Water Resistance Level | Water Resistant |

SAFETY INFORMATION

Please read and follow all instructions carefully before using the RENPHO Mini Thermal Massage Gun. Failure to do so may result in injury or damage to the device.

- Do not use the silicone massage head when the heating function is activated.
- Be cautious when using the deep tissue massage function to avoid injury.
- Keep the device away from water and do not use it while bathing or showering.
- Do not use the device if you have any medical conditions or are pregnant without consulting a doctor first.
- Always unplug the device when not in use and store it in a dry place.

OFFICIAL PRODUCT VIDEO

Your browser does not support the video tag.

Video: A seller-provided review of the RENPHO Mini Thermal Massage Gun, showcasing its features and compact design.

WARRANTY AND SUPPORT

For warranty information, technical support, or any inquiries regarding your RENPHO Mini Thermal Massage Gun, please visit the official RENPHO website or contact their customer service directly. Details can typically be found in the full user manual included with your product or on the manufacturer's website.