

[Manuals.plus](#) /

› [Sharper Image](#) /

› Sharper Image Powerboost Move Deep Tissue Massage Gun User Manual

Sharper Image Powerboost Move & Hot + Cold Node

Sharper Image Powerboost Move Deep Tissue Massage Gun User Manual

Model: Powerboost Move & Hot + Cold Node

PRODUCT OVERVIEW

The Sharper Image Powerboost Move is a portable deep tissue percussion massage gun designed to target sore muscles, alleviate cramps, and reduce tension. This bundle includes a unique Hot & Cold dual temperature attachment for enhanced therapeutic benefits. Its quiet brushless motor and lightweight design make it ideal for use anywhere, from post-workout recovery to quiet evening relaxation.



Image: The Sharper Image Powerboost Move massage gun, shown with its hot and cold temperature attachment and four interchangeable massage nodes.

PACKAGE CONTENTS

Verify that all items are present in your package:

- Powerboost Move Device
- 4 Standard Attachment Nodes (Round, Cone, Fork, Flat)
- Hot & Cold Dual Temperature Node
- USB-C Charging Cable

SHARPER IMAGE® **POWERBOOST** | MOVE MASSAGER **+ HOT & COLD** **WHAT YOU GET**



POWERBOOST MOVE DEVICE



4 ATTACHMENT NODES



HOT & COLD NODE



USB-C CHARGING CABLE



Image: A visual representation of the Powerboost Move bundle contents, including the device, four standard attachment nodes, the hot and cold node, and the USB-C charging cable.

SAFETY GUIDELINES

Please read and understand all safety instructions before using the device. Improper use can result in injury or damage to the product.

- Consult a physician before using this product if you have any medical conditions, are pregnant, or have a pacemaker.
- Do not use on open wounds, swollen areas, or inflamed skin.
- Avoid using the device on your head, face, or directly over bones.
- Keep out of reach of children.
- Do not immerse the device in water or expose it to excessive moisture.
- Use only the provided charging cable.

GETTING STARTED (SETUP)

Charging the Device

Before first use, fully charge the Powerboost Move device. Connect the USB-C charging cable to the charging port on the device and plug the other end into a compatible USB power adapter (not included). The indicator lights will show charging progress and battery level.

Attaching Massage Nodes

To attach a massage node, gently push the desired node into the opening at the front of the massage gun until it is securely seated. To remove, pull the node straight out. Ensure the device is turned off before changing attachments.

Personalize Your Massage

+ 4 SPEED LEVELS

+ 5 UNIQUE ATTACHMENTS

- ROUND
- FORK
- CONE
- FLAT
- HOT + COLD



Image: The Powerboost Move device displayed with its five unique attachments, illustrating how they connect to the main unit.

OPERATION

Powering On/Off

Press and hold the power button to turn the device on or off. The device will start at the lowest intensity level.

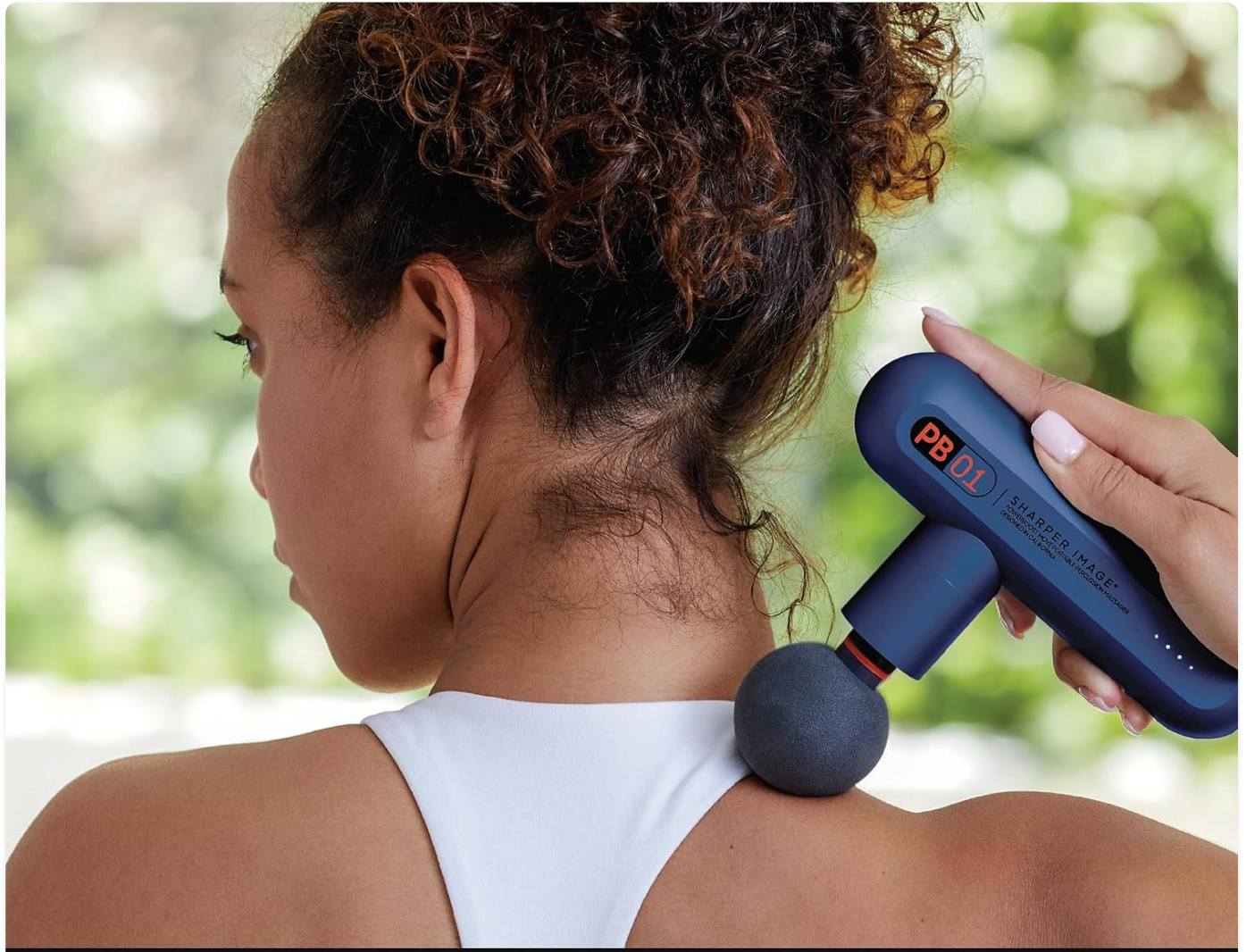
Adjusting Intensity Levels

Once powered on, press the power button repeatedly to cycle through the four available intensity levels. Select the level that provides the most comfortable and effective massage for your needs.

Using the Massage Gun

Gently press the massage gun against the desired muscle group. Move the device slowly over the area, applying light to moderate

pressure. Avoid prolonged use on a single spot. The device is designed for use on the whole body, including larger muscles and targeted areas.



SHARPER IMAGE®

IS THE NAME SYNONYMOUS WITH
CUTTING-EDGE DESIGN AND INNOVATION.

Image: A person demonstrating the use of the Powerboost Move massage gun on their upper back, highlighting its ergonomic design for self-application.

ATTACHMENT GUIDE

The Powerboost Move comes with five versatile massage nodes, each designed for specific applications:

Round Attachment

Ideal for larger muscle groups and overall body comfort. Provides a general, soothing massage.

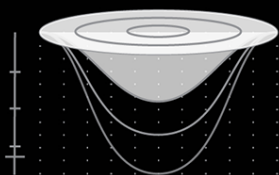
CHOOSE YOUR ATTACHMENT

CLICK THROUGH TO EXPLORE >>>



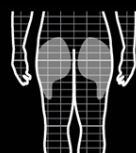
BALL

Massage large areas
for overall comfort



MUSCLE IMPACT

Low



GOOD FOR

Glutes, Quads,
Arms

Image: Diagram illustrating the Round attachment, suitable for large areas like glutes, quads, and arms, with low muscle impact.

Flat Attachment

Offers a hammer-like impact, suitable for deep impact and general use across various muscle groups.



Image: Diagram illustrating the Flat attachment, suitable for pecs, quads, glutes, and calves, with medium muscle impact.

Fork Attachment

Designed to gently rock from side to side, effectively working out knots and tense spots, particularly around the spine or Achilles tendon.

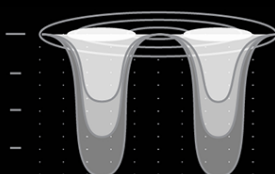
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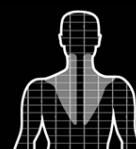
FORK

Gently rock from side to
side to work out knots
and tense spots



MUSCLE IMPACT

High



GOOD FOR

Traps, Quads,
Calves, Feet

Image: Diagram illustrating the Fork attachment, suitable for traps, quads, calves, and feet, with high muscle impact.

Cone Attachment

This pinpoint head is designed to hit deep into muscles, ideal for trigger points and small, specific areas.

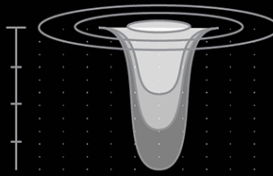
CHOOSE YOUR ATTACHMENT

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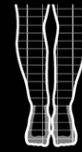
CONE

This pinpoint head is designed to hit deep into muscles



MUSCLE IMPACT

High



GOOD FOR

Feet, Scap,
Forearms

Image: Diagram illustrating the Cone attachment, suitable for feet, scapula, and forearms, with high muscle impact.

TEMPERATURE THERAPY (HOT & COLD NODE)

The included Hot & Cold dual temperature attachment provides targeted temperature therapy. This attachment can heat or chill at the touch of a button, offering versatile relief for muscle soreness and discomfort.

Using the Hot & Cold Node

1. Attach the Hot & Cold node to the Powerboost Move device as described in the 'Attaching Massage Nodes' section.
2. Press the dedicated button on the Hot & Cold node to activate heating or cooling. The indicator lights will change color (e.g., red for heat, blue for cold).
3. Allow a few moments for the node to reach the desired temperature.
4. Apply the node to the area requiring temperature therapy. Use in conjunction with the massage gun's percussion or as a standalone temperature application.

ICE + HEAT THERAPY

DUAL TEMPERATURE ATTACHMENT
HEATS OR CHILLS AT THE
TOUCH OF A BUTTON.



Image: A close-up view of the Hot & Cold dual temperature attachment, showing its design and indicator lights for heating and chilling functions.

CARE AND MAINTENANCE

Cleaning

Wipe the device and attachments with a clean, damp cloth after each use. Do not use abrasive cleaners or immerse the device in water. Ensure the device is completely dry before storing or recharging.

Storage

Store the Powerboost Move and its attachments in a cool, dry place, away from direct sunlight and extreme temperatures. Use the provided carrying case for protection during travel or storage.

Lightweight & Travel-Friendly

- + COMPACT YET POWERFUL DESIGN
- + 2 HOURS OF USE PER FULL CHARGE



Image: A hand placing the compact Powerboost Move massage gun into a gym bag, illustrating its travel-friendly design and ease of storage.

TROUBLESHOOTING

If you encounter issues with your Powerboost Move, refer to the following common solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or not charged.	Charge the device fully using the provided USB-C cable.
Massage intensity feels weak.	Incorrect intensity level selected.	Press the power button to cycle to a higher intensity level.

Problem	Possible Cause	Solution
Attachment node is loose.	Node not fully inserted.	Ensure the device is off, then firmly push the node into the opening until it clicks into place.
Hot/Cold node not changing temperature.	Node not activated or low battery.	Press the dedicated button on the Hot/Cold node. Ensure the main device is charged.

SPECIFICATIONS

Key technical details for the Sharper Image Powerboost Move:

Feature	Detail
Item Model Number	Powerboost Move & Hot + Cold Node
Power Source	Battery Powered
Special Feature	Lightweight, Quiet Brushless Motor, Hot & Cold Temperature Therapy
Massager Form	Massage Gun
Use For	Whole Body
Intensity Levels	4 Variable Speeds
Battery Runtime	Up to 2 hours per full charge

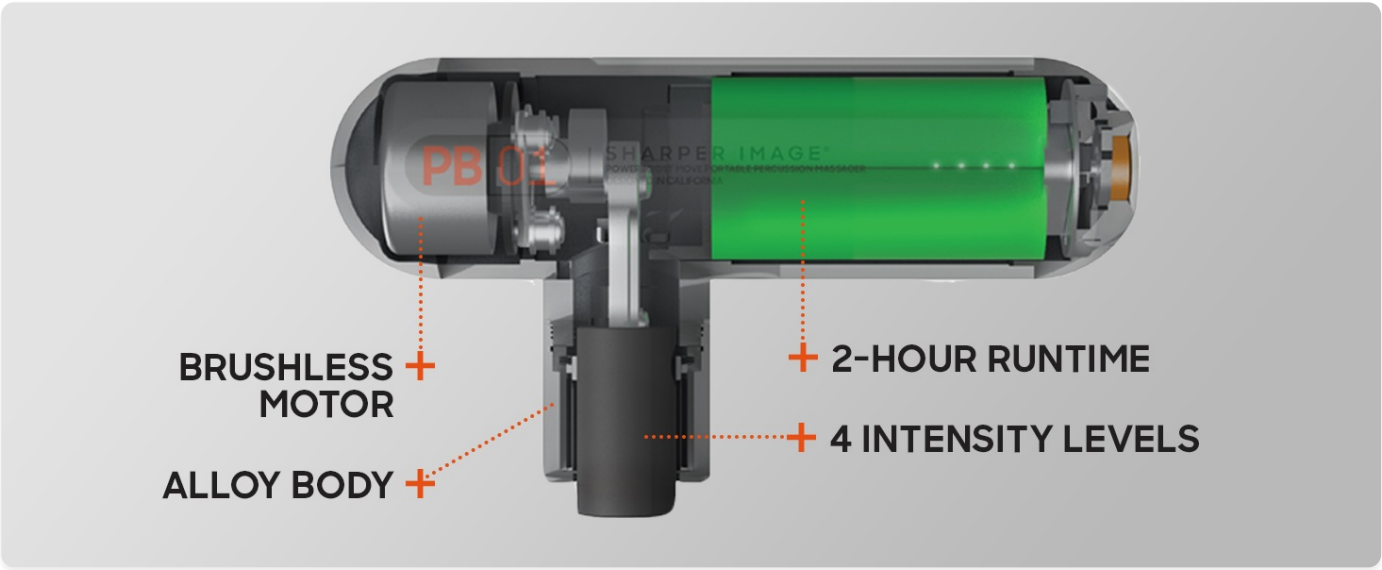


Image: An internal diagram of the Powerboost Move, highlighting its brushless motor, alloy body construction, 2-hour runtime, and 4 intensity levels.

WARRANTY AND CUSTOMER SUPPORT

For information regarding product warranty, returns, or technical support, please refer to the official Sharper Image website or contact their customer service department. Keep your purchase receipt as proof of purchase for any warranty claims.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question