

EURANS 5890bd85-3aec-432a-99df-accc714274f8

EURANS Smart Watch User Manual

Model: 5890bd85-3aec-432a-99df-accc714274f8

Brand: EURANS

1. INTRODUCTION

The EURANS Smart Watch is designed for users seeking a straightforward and effective fitness tracker without the need for smartphone connectivity or complex app setups. This device offers essential health and activity monitoring features, a large easy-to-read display, and extended battery life, making it suitable for a wide range of users, including seniors.



Image: The EURANS Smart Watch in black, showing the main display with time, date, and activity metrics. A smaller inset image shows the initial setup screen with "Binding APP" and "Skip Binding" options.

2. WHAT'S INCLUDED

Please verify that all items are present in the package:

- EURANS Fitness Tracker Watch (Black)
- Charging Cable
- Quick Start Guide

3. SETUP GUIDE

3.1 Initial Charging

Before first use, fully charge your EURANS Smart Watch. A full charge typically takes approximately 1 hour.

1. Connect the charging cable to the charging contacts on the back of the watch.
2. Plug the USB end of the charging cable into a standard USB power adapter (not included) or a computer's USB port.
3. The watch display will show a charging indicator.

7-Day Battery Life

7 
Days
Battery Life

1 
Hour
Charging Time

30 
Days
Standby Time



Image: The EURANS Smart Watch being charged via its magnetic charging cable, displaying a 100% charge indicator.

Activity Tracking

Enjoy free movement without connecting to an app or phone

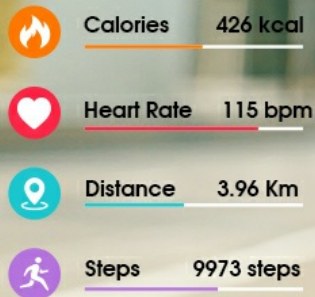


Image: A close-up of the EURANS Smart Watch charging, highlighting its 7-day typical use and 30-day standby battery life.

3.2 Powering On/Off

- **Power On:** Press and hold the side button until the screen illuminates.
- **Power Off:** Navigate to the settings menu on the watch, then select "Power Off" or "Shutdown". Confirm your selection.

3.3 Basic Navigation

The EURANS Smart Watch features a 1.8-inch HD touchscreen for easy interaction.

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access different feature screens or quick settings.
- **Tap:** Select an option or open an application.
- **Side Button:** Press to return to the home screen or wake the device.

Large & Easy-to-read Can read under sunlight

Light & large to read
under sunlight



Richer colors, Higher contrast



Large number, easy to read



Image: A detailed view of the EURANS Smart Watch screen, emphasizing its large, clear display and high contrast for readability in various conditions.



Image: The EURANS Smart Watch screen showing the time and date with large, bright fonts, indicating its 1.8-inch AMOLED display and readability in sunlight.

4. OPERATING INSTRUCTIONS

The EURANS Smart Watch operates independently, without requiring a smartphone or app connection for its core functions.

No App & Phone Required

No need to connect App or smartphone



Image: A family wearing EURANS Smart Watches, emphasizing the product's key feature of not requiring a smartphone or app for operation.

Large, Bright, Easy to Read

- 1.8" Inch AMOLED Screen
- Large number, easy to read
- Bright, can read under sunlight



Image: A visual comparison showing the watch's standalone capabilities without a phone, and additional functions accessible if connected to an app (Data Record & Check, Weather Display, Message Notification).

4.1 Activity Tracking

The watch accurately monitors and records your daily activity data.

- **Steps:** Tracks the number of steps taken throughout the day.
- **Calories:** Estimates calories burned based on activity.
- **Distance:** Calculates the distance covered.
- **Activity Time:** Records the duration of your active periods.

No Need APP and Phone

Record Every Step



Calories



Steps



Distance

Image: A couple running outdoors, with graphical representations of calories burned, steps taken, and distance covered, illustrating the watch's activity tracking capabilities.

Standalone Without A Phone



Access More Functions with APP



Data Record & Check



Weather Display



Message Notification

And more ...

Image: A man running, accompanied by a list of activity tracking metrics: Calories (426 kcal), Heart Rate (115 bpm), Distance (3.96 Km), and Steps (9973 steps).

4.2 Health Monitoring

The watch provides comprehensive health data directly on your wrist.

- **Heart Rate:** Continuously monitors your heart rate. Tap to measure on demand.
- **Blood Oxygen (SpO2):** Measures your blood oxygen saturation levels. Tap to measure on demand.
- **Sleep Patterns:** Tracks your sleep stages, including deep sleep, light sleep, and REM sleep, providing insights into your sleep quality.

Complete Health Management



Image: The EURANS Smart Watch screen showing various health metrics including Blood Oxygen (SpO2), Heart Rate (BPM), Sleep duration and patterns, Calories, Distance, and Steps.



Image: An infographic detailing the EURANS Smart Watch's features, including 24/7 Heart Rate Monitor, Blood Oxygen Measurement, Sleep Monitor, Alarm Clock, Stopwatch, and IP68 Waterproof rating, alongside a diagram of the watch's dimensions.

4.3 Other Functions

- **Alarm Clock:** Set alarms directly on the watch for reminders.
- **Timer Function:** Utilize the built-in timer for various activities.
- **Stopwatch:** Measure elapsed time with precision.
- **Flashlight:** A simple screen-based flashlight function.
- **Find Phone:** If connected via Bluetooth (optional), this feature can help locate your paired phone.
- **Weather:** (Requires optional app connection for real-time updates) View current weather conditions.
- **Music Control:** (Requires optional app connection) Control music playback on your paired smartphone.

5. CARE AND MAINTENANCE

5.1 Cleaning Your Watch

To maintain the watch's appearance and functionality:

- Wipe the screen and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals, abrasive cleaners, or solvents.
- Ensure the charging contacts are clean and dry before charging.

5.2 Water Resistance

The EURANS Smart Watch is IP68 waterproof. This means it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as hand washing or light rain. However, it is not recommended for swimming, diving, or prolonged exposure to water, especially hot water or steam.

5.3 Battery Care

- Charge the watch fully before its first use.
- Avoid completely draining the battery frequently, as this can reduce its lifespan.
- Store the watch in a cool, dry place when not in use for extended periods.

6. TROUBLESHOOTING

Problem	Possible Solution
Watch does not power on.	Ensure the watch is fully charged. Connect it to the charger for at least 1 hour.
Screen is unresponsive.	Restart the watch by pressing and holding the side button. If unresponsive, allow the battery to fully drain and then recharge.
Activity data (steps, calories) seems inaccurate.	Ensure the watch is worn snugly on your wrist. Movement patterns can affect accuracy. Data is an estimate and not for medical use.
Heart rate/Blood oxygen readings are inconsistent.	Ensure the watch is worn correctly and the sensor is clean. Remain still during measurements. These readings are for reference only and not for medical diagnosis.
Watch not charging.	Check if the charging cable is securely connected to both the watch and the power source. Ensure charging contacts on the watch are clean and free of debris. Try a different USB port or power adapter.

7. SPECIFICATIONS

Feature	Detail
Model Number	5890bd85-3aec-432a-99df-accc714274f8
Screen Size	1.8 Inches
Display Resolution	368 x 448 pixels
Battery Life	Up to 7 days (typical use), 30 days (standby)
Battery Capacity	350 Milliamp Hours (Lithium Ion)
Charging Time	Approximately 1 hour
Water Resistance	IP68 (Dust and water resistant)
Connectivity	USB (for charging), Bluetooth (for optional app features)

Feature	Detail
Item Weight	3.2 ounces
Dimensions	10.55 x 3.27 x 0.67 inches (Package)
Human Interface Input	Touchscreen
Special Features	1.8" Big Font Screen, No App/Phone Required, Timer Function

8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the contact details provided in the Quick Start Guide included with your product or visit the official EURANS website. Keep your purchase receipt as proof of purchase for warranty claims.

Manufacturer: EURANS