

AUVON TP2208C

AUVON Rechargeable TENS Unit Muscle Stimulator User Manual

Model: TP2208C

1. INTRODUCTION

The AUVON Rechargeable TENS Unit Muscle Stimulator is designed to provide temporary pain relief associated with sore and aching muscles. This device utilizes Transcutaneous Electrical Nerve Stimulation (TENS) technology to help alleviate discomfort in various body areas, including the shoulder, waist, back, neck, upper and lower extremities, abdomen, and bottom, often resulting from exercise strain or normal household activities. It offers a drug-free approach to managing muscle pain.



Image 1.1: The AUVON TENS Unit PT1+ Pro, including the main device, electrode pads, connection wires, and a protective carry case.

2. IMPORTANT SAFETY INFORMATION AND LEGAL DISCLAIMER

This product is not suitable for individuals with certain medical conditions or circumstances. Please read the following points carefully before using this product. Failure to adhere to these warnings may result in serious injury or adverse health effects.

- Do not use this product if you have an implanted defibrillator, cardiac pacemaker, or any other implanted metallic or electronic device.
- Do not use this product if you have heart rhythm problems, epilepsy, brain diseases, or neurological disorders.
- Do not use this product if you have undiagnosed chronic pain.
- Do not use this product if you are pregnant or in labor.
- Do not use this product if you have cancer.
- Do not use this product if you are sensitive to electrotherapy.
- Do not use this product excessively.
- Do not use this product above the neck, especially on the head or neck area.

- Do not use this product if you are under 22 years of age.

Individual symptoms, situations, circumstances, and results may vary. The information provided is not intended to be used for medical diagnosis or treatment or as a substitute for professional medical advice. Please consult your physician or qualified health care provider regarding your condition and appropriate medical treatment.

3. PRODUCT OVERVIEW AND COMPONENTS

The AUVON TENS Unit PT1+ Pro comes as a complete kit, providing everything necessary for immediate use and convenient storage.

Package Contents:

- AUVON TENS Unit PT1+ Pro Device
- 12 Premium Electrode Pads (various sizes)
- 2 Lead Wires (2mm connector)
- Type-C Charging Cable (adapter not included)
- Carry Case
- User Manual

Long-lasting **Rechargeable** Battery



Image 3.1: All components of the AUVON TENS Unit PT1+ Pro kit, including the device, pads, wires, and carry case.

4. KEY FEATURES

The AUVON TENS Unit PT1+ Pro is equipped with several features designed for effective and user-friendly pain management:

- **Targeted Pain Relief:** Designed for temporary relief of sore and aching muscles in various body areas due to strain from exercise or normal household activities.
- **8 Customizable Modes:** Offers a variety of stimulation patterns, allowing users to select the most suitable mode based on their physical therapist's advice and personal comfort.
- **40 Intensity Levels:** Provides precise control over the stimulation intensity, offering gradual adjustment without sudden shock feelings. Dual channels (CH1 and CH2) allow for different intensity settings simultaneously.
- **Long-lasting Rechargeable Battery:** Features a powerful 600 mAh battery, providing up to 60 hours of continuous therapy on a single charge. Charges conveniently via a Type-C cable.
- **Intuitive Operation:** Equipped with 4 simple buttons for straightforward control and a flip cover to prevent accidental adjustments during use.

- **12 Premium TENS Pads:** Includes low-impedance solid gel pads made for better self-stick performance and a longer lifespan of up to 45 uses. Standard 2mm connectors ensure compatibility with common replacement pads.
- **Portable Design:** Comes with a carry case and a belt clip, making it easy to transport and use on the go.



A New Choice for Pain Relief

A safe, non-invasive, and drug-free method for pain relief.



Shoulders



Back



Knees



Wrists

Image 4.1: Illustration of common application areas for the TENS unit, including shoulders, back, knees, and wrists.

Why Choose Us

Making Your Decision	 AUVON	 OTHERS
Customizable Modes	8 Modes	5 Modes
Charging Mode	Rechargeable	Battery
Battery Capacity	600mAh	Dry Cells
Quantity of TENS Pads	12 Pads	4 Pads
Carry Case	✓	✓
Back Clip	✓	✓

Image 4.2: Feature comparison table detailing AUVON's advantages in customizable modes, charging, battery capacity, and included accessories.

Customizable Pulse Rate & Pulse Width

Professional and adjustable rate and pulse width for personalized pain relief.



Image 4.3: Detailed view of the TENS unit's display, illustrating the adjustable pulse rate (Hz) and pulse width (µs) for personalized therapy.

Intuitive Operating

An intuitive interface with clear printed guidelines ensures easy usability.



Image 4.4: User interacting with the AUVON TENS unit, highlighting its intuitive controls and clear display.

40-level Rotary Adjustment

More options of gradual pain relief without shock feelings.

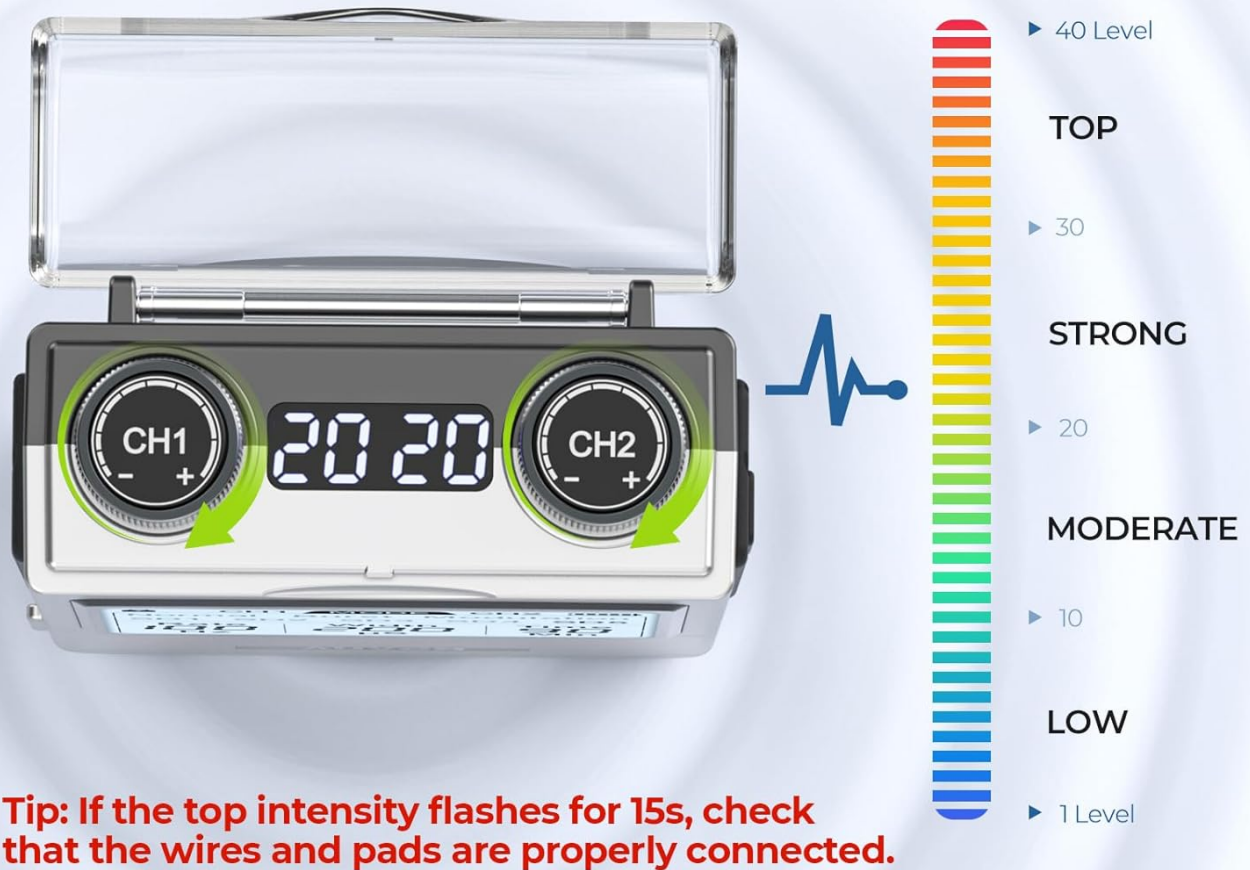


Image 4.5: Diagram illustrating the 40-level intensity adjustment, ranging from low to strong, controlled by the rotary knobs.

Clip It or Carry It, TENS Therapy on the Go

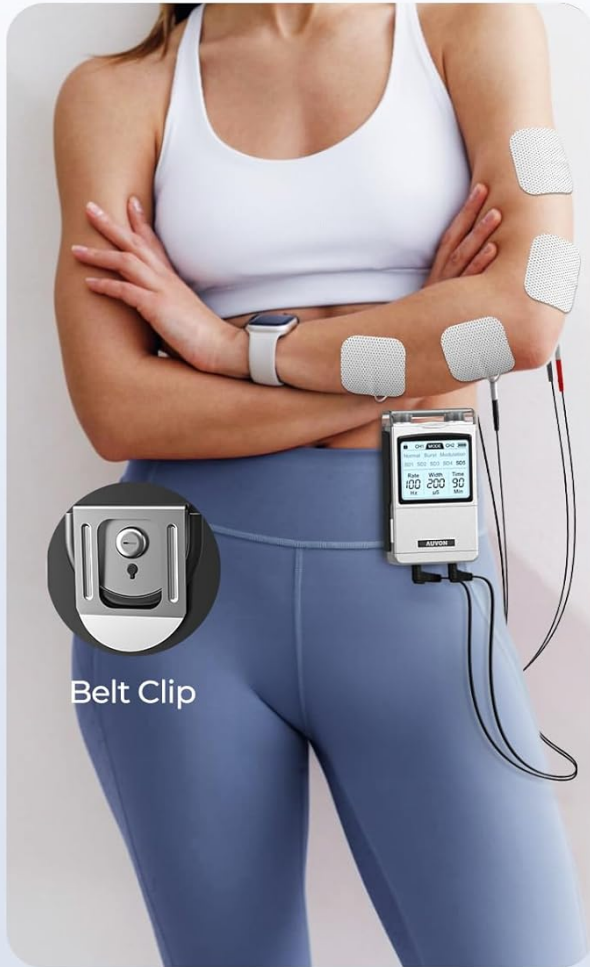


Image 4.6: Visual representation of the TENS unit's 600 mAh rechargeable battery, offering up to 60 hours of use and Type-C charging.

All in One Kit



Image 4.7: Examples of using the TENS unit on the go, either clipped to clothing or carried in its case.

5. SETUP

5.1 Charging the Device

Before first use, ensure the TENS unit is fully charged. Connect the provided Type-C charging cable to the device's charging port and plug the other end into a compatible USB power source (e.g., wall charger, power bank, or laptop USB port). The battery indicator on the screen will show charging progress.

5.2 Attaching Electrode Pads

Proper placement and connection of electrode pads are crucial for effective and safe therapy.

1. **Prepare Skin:** Ensure the skin where pads will be applied is clean, dry, and free of lotions or oils.
2. **Connect Wires to Pads:** Firmly attach the lead wires to the electrode pads via the 2mm pin connectors.
3. **Apply Pads:** Peel the protective film from the gel side of the pads and apply them firmly to the desired treatment

area on your body. Ensure good contact with the skin.

4. **Connect Wires to Device:** Insert the lead wire plugs into the CH1 and/or CH2 ports on the top of the TENS unit.

Image 5.1: Step-by-step guide for setting up the TENS unit, from connecting pads to adjusting settings.

6. OPERATING INSTRUCTIONS

Follow these steps to operate your AUVON TENS Unit:

1. **Power On:** Press and hold the 'MODE' button to turn on the device. The screen will illuminate.
2. **Select Mode:** Press the 'MODE' button repeatedly to cycle through the 8 available modes (Normal, Burst, Modulation, SD1-SD5). Choose the mode that best suits your needs.
3. **Adjust Rate (Frequency):** Press the 'SET' button once to highlight 'Rate' (Hz). Use the '▲' (up) and '▼' (down) buttons to adjust the frequency.
4. **Adjust Width (Pulse Width):** Press the 'SET' button again to highlight 'Width' (μ S). Use the '▲' (up) and '▼' (down) buttons to adjust the pulse width.
5. **Set Time:** Press the 'SET' button a third time to highlight 'Time' (Min). Use the '▲' (up) and '▼' (down) buttons to set the desired therapy duration. For continuous mode, set the time to '00'.
6. **Adjust Intensity:** Slowly rotate the CH1 and CH2 knobs clockwise to increase the intensity for each channel until you feel a comfortable, strong sensation. Rotate counter-clockwise to decrease intensity.
7. **Power Off:** Press and hold the 'MODE' button to turn off the device after your session.

Tip: If the top intensity flashes for 15 seconds, check that the wires and pads are properly connected to ensure good contact with the skin.

7. MAINTENANCE AND STORAGE

Proper care will extend the life of your TENS unit and electrode pads.

7.1 Cleaning the Device:

- Wipe the device with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Ensure the device is completely dry before storing.

7.2 Cleaning and Storing Electrode Pads:

- After each use, gently place the protective film back onto the gel side of the pads to maintain adhesiveness.
- If pads lose stickiness, gently wipe the gel surface with a damp cloth and let air dry. Do not use soap or harsh chemicals.
- Store pads in a sealed bag or their original packaging to prevent drying out.

7.3 General Storage:

- Store the TENS unit and all accessories in the provided carry case when not in use.
- Keep the device in a cool, dry place, away from direct sunlight, extreme temperatures, and humidity.

- Keep out of reach of children.

8. TROUBLESHOOTING

If you encounter issues with your AUVON TENS Unit, refer to the following common troubleshooting tips:

Problem	Possible Cause	Solution
No sensation or weak sensation	Pads not properly connected or applied; low battery; intensity too low; damaged lead wire.	Ensure pads are firmly attached to skin and wires. Recharge device. Increase intensity gradually. Try a different lead wire.
Device does not turn on	Battery is depleted.	Connect the device to the charger and allow it to charge for at least 30 minutes before attempting to power on again.
Pads losing stickiness	Skin not clean; pads are dirty or worn out.	Clean skin thoroughly before application. Gently wipe pads with a damp cloth and air dry. Replace pads if they are old or severely worn.
Screen flashing 'TOP' intensity	Poor connection between pads/wires and skin.	Check all connections. Ensure pads are making full contact with the skin.

9. SPECIFICATIONS

Detailed specifications for the AUVON Rechargeable TENS Unit Muscle Stimulator:

- **Model Number:** TP2208C
- **Battery:** 1 Lithium Ion battery (included)
- **Battery Capacity:** 600 mAh
- **Usage Time:** Up to 60 hours per charge
- **Charging Port:** Type-C
- **Modes:** 8 Customizable Modes
- **Intensity Levels:** 40 Levels
- **Electrode Pads:** 12 Premium TENS Pads (2mm connector)
- **Package Dimensions:** 8.46 x 7.09 x 2.01 inches
- **Item Weight:** 1.08 Pounds
- **Manufacturer:** AUVON
- **ASIN:** B0DHVPFM3D

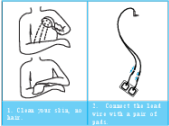

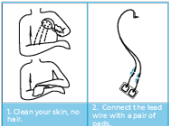
10. WARRANTY AND SUPPORT

AUVON is committed to providing high-quality products and customer satisfaction. This product typically comes with a manufacturer's warranty covering defects in materials and workmanship. For specific warranty details, including duration and terms, please refer to the warranty card included in your product packaging or visit the official AUVON website.

If you require technical assistance, have questions about product usage, or need to initiate a warranty claim, please contact AUVON customer support through their official channels. Contact information can usually be found on the product packaging, the official AUVON website, or through your purchase platform.

AUVON is dedicated to helping people live better lives and is available to assist with any product-related inquiries.

Related Documents

<div><p>Quick Guide</p><p>Attention</p><p>This Quick Guide only provides some basic operation information on how to use the TENS device and how to attach the pads to different body parts, so the contents of this Quick Guide are not a substitute for the user manual. This device is not tested for everyone. If you're unsure whether you can use this device, please read the user manual carefully to understand the contraindications and warnings or consult your doctor before use.</p><p>Operation Instruction</p></div>	<p>AUVON TENS Device Quick Guide: Operation and Pad Placement</p> <p>A concise, SEO-optimized guide to operating the AUVON TENS device, including setup, mode selection, intensity adjustment, and pad placement instructions.</p>
<div><p>Quick Guide</p><p>Attention</p><p>The Quick Guide is intended to help you understand the operation of the TENS unit faster, but it cannot take the place of the user manual. Be sure to read the user manual before use so you are aware of any contraindications and warnings. If you're not sure whether this device is suitable for you, consult your doctor first.</p><p>Operation</p><p>Note: Do not use it while charging.</p></div>	<p>AUVON TENS & EMS Device Quick Guide and User Manual - Model AS1080</p> <p>This AUVON TENS & EMS Device Quick Guide and User Manual (Model AS1080) provides comprehensive instructions for safe and effective pain relief. Learn how to operate, maintain, and troubleshoot your Transcutaneous Electrical Nerve Stimulation (TENS) and Electrical Muscle Stimulation (EMS) unit for temporary relief of sore and aching muscles.</p>
<div><p>Quick Guide</p><p>Attention</p><p>The Quick Guide only provides some basic operation information on how to use the TENS device and how to attach the pads to different body parts, so the contents of this Quick Guide are not a substitute for the user manual. This device is not tested for everyone. If you're unsure whether you can use this device, please read the user manual carefully to understand the contraindications and warnings or consult your doctor before use.</p><p>Operation Instruction</p></div>	<p>AUVON TU3424-F TENS & EMS Device: Quick Guide for Pain Relief</p> <p>Learn how to operate the AUVON TU3424-F TENS & EMS device for effective pain relief and muscle stimulation. This guide covers setup, usage, modes, and safety.</p>

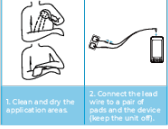
Quick Guide

Attention

The purpose of this Quick Guide is to help you understand the operation of the TENS unit much more quickly, and the contents of the quick guide are not a substitute for the user manual. Please read the user manual carefully before use to understand the contraindications and warnings. Please consult your doctor before use if you're not sure whether you can use this device.

Operation

Note: Do not use it while charging.



1. Clean and dry the applicator areas.

2. Connect the lead wire to a pair of pads and the device (keep the unit off).

[AUVON TENS & EMS Unit Quick Guide and User Manual - Model AS8016](#)

Comprehensive quick guide and user manual for the AUVON TENS and Powered Muscle Stimulator Model AS8016. Learn how to operate the device, understand TENS and EMS therapies, proper pad placement for various body areas, battery charging, troubleshooting, and safety precautions for effective pain relief and muscle stimulation.