

GALINAND A01

GALINAND Cold Therapy Machine A01 User Manual

Model: A01

1. INTRODUCTION

This manual provides detailed instructions for the safe and effective use of the GALINAND Cold Therapy Machine A01. This portable cryotherapy system is designed to deliver targeted cold therapy for various applications, including post-surgical recovery, pain management, and reduction of swelling, particularly for the knee joint. Please read this manual thoroughly before operating the device and retain it for future reference.

Introducing the GALINAND Cold Therapy System



Image 1.1: Overview of the GALINAND Cold Therapy System components. This image displays the insulated bucket, the knee therapy pad with tubing, and the digital controller.

2. SAFETY INFORMATION

WARNING: Consult your physician before using this device, especially if you have pre-existing medical conditions, circulatory issues, or nerve damage. Do not apply cold therapy directly to open wounds or areas with compromised skin integrity.

- Do not use this device if you have a known sensitivity to cold.
- Always place a barrier (e.g., a thin cloth or compression stocking) between the therapy pad and your skin to prevent frostbite or skin irritation.
- Monitor your skin regularly during therapy for any signs of redness, blistering, or numbness. Discontinue use immediately if adverse reactions occur.
- Do not immerse the digital controller or power adapter in water.
- Keep the device out of reach of children and pets.
- Use only the provided power adapter and components.

3. PACKAGE CONTENTS

Verify that all items are present in your package:

- GALINAND Cold Therapy Machine (Model A01)
- Foldable Insulated Bucket (12-quart capacity)
- Detachable Water Pump
- Knee Therapy Pad with Quick-Coupling Connectors
- Digital Controller with LED Display
- AC Power Adapter
- User Manual (this document)

4. PRODUCT FEATURES

- **Portable Design:** Features a foldable insulated bucket and lightweight components for easy transport and storage.
- **Customizable Therapy:** Digital controller offers 5 countdown timers (10/20/30/40/60 minutes), 3 circulating flow levels, and a continuous operating mode.
- **Ultra-Quiet Operation:** Equipped with an upgraded pump, operating below 18 dB for minimal noise disturbance.
- **Extended Cold Retention:** The 12-liter insulated bucket, made from commercial-grade 500D PVC and 8mm foam lining, can maintain cold therapy for up to 8 hours using frozen water bottles.
- **Comfortable Therapy Pad:** Skin-friendly TPU material pad with quick-coupling connectors and secure straps for effective knee coverage.

Leak-resistant Bucket w/ Seamless Technology™



12-quart
Large Capacity



Up to **8**
Hours Cooling



Fits **8** Frozen
Water Bottles

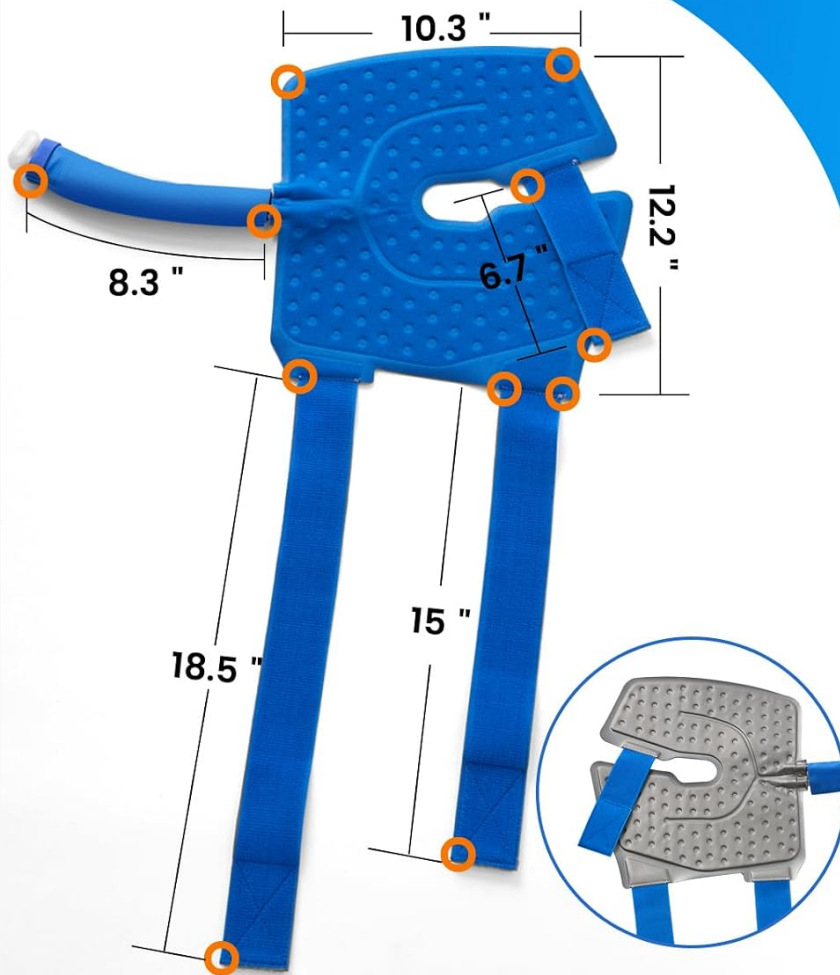


4 Layers of
Thermal Insulation



Image 4.1: The insulated bucket, highlighting its 12-quart capacity, 8-hour cooling capability, and ability to hold 8 frozen water bottles.

Comfortable & Large Therapy Pad



Quick Couplings
by One-click



3-strap for
Secure Wearing



Skin-friendly
TPU Material



360 Degree
Knee Coverage

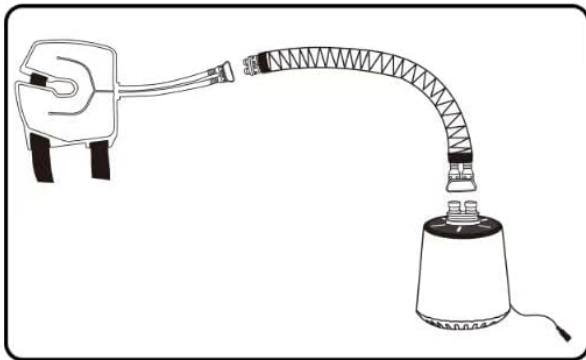
Image 4.2: The comfortable and large therapy pad, showing its dimensions, quick couplings, 3-strap system for secure wearing, and skin-friendly TPU material.

5. SETUP INSTRUCTIONS

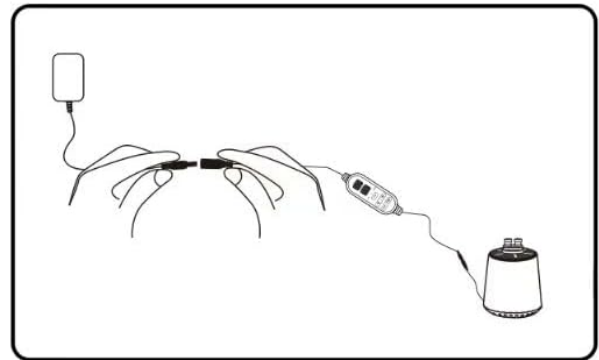
Follow these steps to set up your GALINAND Cold Therapy System:

1. **Connect the Knee Pad and Pump:** Connect the therapy pad's tubing to the detachable water pump using the quick-coupling connectors. Ensure a secure connection.
2. **Connect Digital Controller and Power:** Connect the digital controller to the water pump. Then, connect the AC power adapter to the digital controller and plug it into a power outlet.
3. **Prepare the Insulated Bucket:** Unfold the insulated bucket. Fill the bucket with ice and cold water. For optimal and prolonged cold therapy, use frozen water bottles (up to 8 x 479.1g bottles) instead of loose ice. Place the detachable water pump into the bucket, ensuring it is fully submerged in the water.
4. **Apply Therapy Pad:** Place the therapy pad on the targeted area (e.g., knee). Ensure a thin barrier is between the pad and your skin. Secure the pad with the integrated straps for a snug fit.

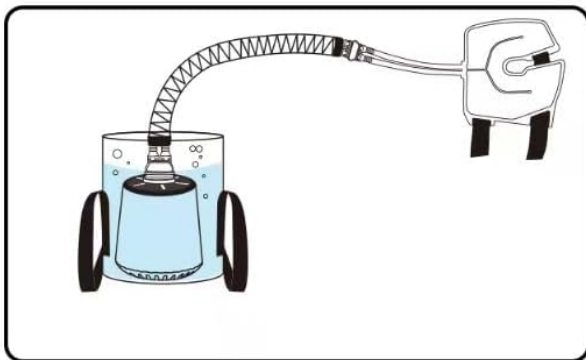
How to Install Your Cold Therapy System



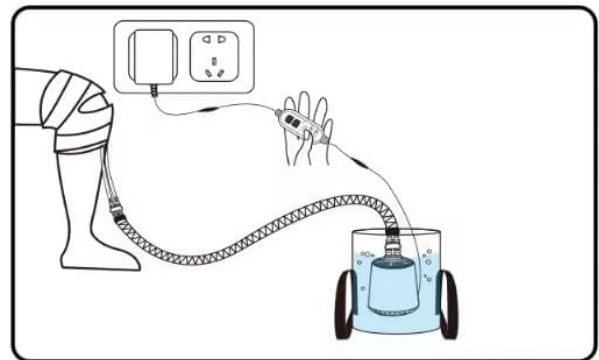
Step 1: Connect the knee pad and pump by the connection hose.



Step 2: Connect the digital controller, AC adapter and pump.



Step 3: Add ice water in the bucket and put the pump in.



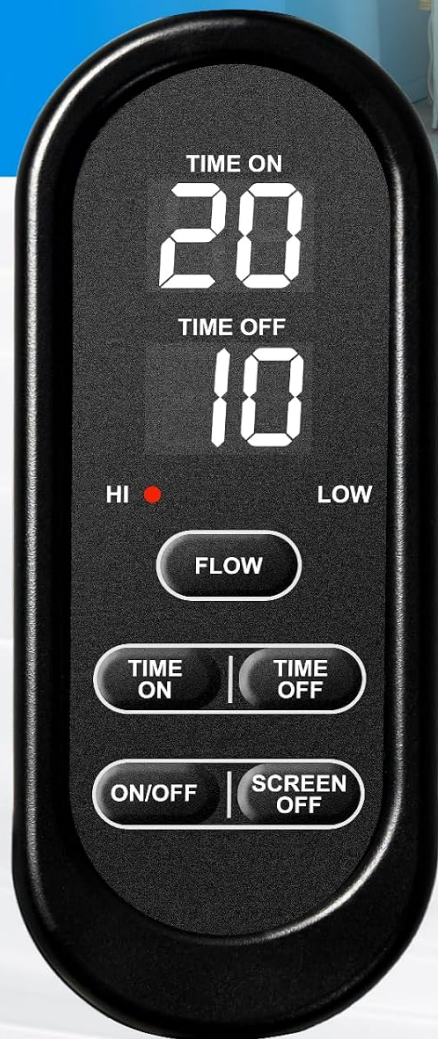
Step 4: Turn on the controller and wear your knee pad.

Image 5.1: Visual guide for installing the cold therapy system. Step 1 shows connecting the knee pad and pump. Step 2 shows connecting the digital controller, AC adapter, and pump. Step 3 shows adding ice water to the bucket and submerging the pump. Step 4 shows turning on the controller and wearing the knee pad.

6. OPERATING INSTRUCTIONS

Once the system is set up, use the digital controller to manage your therapy session:

Easy-to-Read LED Controller 2.0



36 Loop Mode

10 Mins	20 Mins
15 Mins	15 Mins
20 Mins ◀	▶ 10 Mins
30 Mins	60 Mins
40 Mins	30 Mins
60 Mins	40 Mins
Time ON	Time OFF



6 Timer Mode

10 Mins
15 Mins
20 Mins ◀
30 Mins
40 Mins
60 Mins



Continuously Mode



3 Coldness Control

Image 6.1: The easy-to-read LED controller, displaying options for "Time On", "Time Off", "Flow" (Hi/Low), and various timer modes (Loop Mode, Timer Mode, Continuous Mode).

- Power On:** Press the **ON/OFF** button on the digital controller to turn on the device. The LED display will illuminate.
- Select Therapy Duration (Time On):** Press the **TIME ON** button to cycle through the available therapy durations: 10, 20, 30, 40, or 60 minutes.
- Set Rest Interval (Time Off - Optional):** If you desire intermittent therapy, press the **TIME OFF** button to set a rest interval. This creates a loop mode (e.g., 20 minutes ON, 10 minutes OFF). If no "Time Off" is selected, the device will operate continuously for the "Time On" duration.
- Adjust Flow Level:** Press the **FLOW** button to select the desired circulation level: **HI** (High) or **LOW**. Higher flow provides more intense cooling.
- Start Therapy:** The therapy will begin automatically after settings are selected. The timer will count down.
- Continuous Mode:** To operate continuously without a timer, ensure no "Time On" or "Time Off" is selected, or select the continuous mode option if available on your controller.
- Screen Off:** Press the **SCREEN OFF** button to turn off the LED display while therapy continues, useful for

nighttime use. Press any button to reactivate the screen.

8. **Power Off:** Press the **ON/OFF** button again to turn off the device.

7. MAINTENANCE AND CLEANING

Proper maintenance ensures the longevity and hygiene of your cold therapy system:

- **After Each Use:**
 - Disconnect the power adapter.
 - Drain all water from the therapy pad, tubing, and insulated bucket.
 - Rinse the therapy pad and tubing with clean water.
 - Wipe down the exterior of the pump and controller with a damp cloth. Do not submerge.
- **Drying:** Allow all components to air dry completely before storage to prevent mold or mildew growth.
- **Storage:** Store the system in a clean, dry place. The foldable bucket allows for compact storage.
- **Regular Cleaning:** Periodically clean the inside of the bucket and pump with a mild soap solution and rinse thoroughly.

8. TROUBLESHOOTING

If you encounter issues with your GALINAND Cold Therapy Machine, refer to the following common solutions:

Problem	Possible Cause	Solution
Device does not power on.	Power adapter not connected; power outlet issue; controller not connected properly.	Ensure power adapter is securely plugged into the controller and a working outlet. Check controller connection to pump.
Water is not circulating.	Pump not submerged; tubing kinked; low water level; air in system.	Ensure pump is fully submerged. Check tubing for kinks. Add more water/ice. Briefly lift and lower the therapy pad to help release air bubbles.
Therapy pad is not cold enough.	Insufficient ice; water not cold enough; flow setting too low.	Add more ice or frozen water bottles. Ensure water is very cold. Increase flow setting to HI.
Water leakage.	Loose connections; damaged tubing/pad.	Check all quick-coupling connections to ensure they are securely fastened. Inspect tubing and pad for any visible damage.

If the problem persists after attempting these solutions, please contact GALINAND customer support.

9. SPECIFICATIONS

Feature	Detail
Model Name	A01
Brand	GALINAND

Feature	Detail
Bucket Capacity	12 Quarts (approx. 11.3 Liters)
Material	Vinyl (Bucket), TPU (Therapy Pad)
Target Body Part	Knee (Adjustable for other joints)
Special Features	Portable, Rechargeable (via AC adapter), Adjustable Flow, Leak-Resistant
Noise Level	Below 18 dB
Dimensions (Packaged)	28.7 x 27.79 x 17.2 cm
Weight (Packaged)	1.72 kg
UPC	702732651856

10. WARRANTY AND SUPPORT

GALINAND is committed to providing high-quality healthcare products. This product comes with a manufacturer's warranty against defects in materials and workmanship under normal use. For specific warranty details, duration, and terms, please refer to the warranty card included with your product or contact GALINAND customer service. For technical support, troubleshooting assistance, or warranty claims, please contact GALINAND customer support through the retailer where the product was purchased or via the official GALINAND website (if available).

Note: The "Worry-Free After-Sales Support" mentioned in product features indicates a commitment to customer satisfaction. Please retain your proof of purchase for warranty purposes.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

How do I repack the GALINAND Cold Therapy Machine A01 in the box for storage?

To safely repack your GALINAND Cold Therapy Machine A01 for storage, follow these maintenance and preparation steps to prevent mold and ensure the device remains functional: Drain All Water: Disconnect the power adapter and the...

[Read full answer](#)