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Onaneag P110

Onaneag Smart Watch P110 User Manual

Model: P110 | Brand: Onaneag

Introduction

Welcome to the Onaneag Smart Watch P110 user manual. This guide provides detailed instructions on how to set up, operate, and maintain your new smartwatch. Please read this manual thoroughly to ensure proper use and to maximize the features of your device.

The Onaneag P110 is a robust smart watch designed for both indoor and outdoor activities, featuring comprehensive health monitoring, extensive sport modes, and convenient communication capabilities.



Image: Onaneag P110 Smart Watch, showcasing its main display and rugged design.

Setup

1. Charging the Device

Before first use, fully charge your Onaneag P110 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a standard USB power adapter (5V/1A recommended). The watch display will indicate charging status. A full charge typically takes 2-3 hours.

2. App Installation and Pairing

1. **Download the App:** Scan the QR code in the watch's manual or search for the official companion app (e.g., 'Da Fit' or similar, check watch packaging for exact name) on the App Store (iOS 9.0 and above) or Google Play Store (Android 5.0 and above).
2. **Register/Log In:** Open the app and create an account or log in if you already have one.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.

4. **Pair the Watch:** In the app, navigate to 'Device' or 'Add Device'. The app will search for available devices. Select 'P110' or the corresponding device name from the list. Confirm the pairing request on both your phone and the watch if prompted.
5. **Grant Permissions:** Allow necessary permissions (e.g., notifications, location, contacts) for the app to function correctly.



Image: Bluetooth Call/Message Reminder feature, showing call interface and message notifications.

3. Initial Settings

After successful pairing, set up your personal information within the app, such as gender, age, height, and weight. This data helps improve the accuracy of fitness tracking and health monitoring. You can also customize watch faces and notification preferences through the app.

Operating Instructions

1. Basic Navigation

- **Touchscreen:** Swipe left/right, up/down to navigate through menus and functions. Tap to select.
- **Side Buttons:** The watch features physical buttons (e.g., 'BACK', 'START') for quick access to functions or to return to the previous screen.

2. Call and Message Functions

Once connected via Bluetooth, the P110 allows you to make and answer calls directly from your wrist. It also displays notifications for SMS, social media apps (WhatsApp, Facebook, etc.), and other alerts from your paired smartphone.

- **Making Calls:** Access the dial pad or contact list on the watch to initiate a call.
- **Answering Calls:** Tap the green icon on the watch screen when an incoming call is received.
- **Notifications:** Swipe down from the watch face to view recent notifications.

3. Health Monitoring

The watch continuously monitors various health metrics to help you stay informed about your well-being.

- **Heart Rate:** Real-time heart rate monitoring. View historical data in the app.
- **Blood Oxygen (SpO2):** Measure your blood oxygen saturation levels.
- **Sleep Monitoring:** Tracks your sleep patterns (deep sleep, light sleep, awake time) and provides a comprehensive analysis in the app.

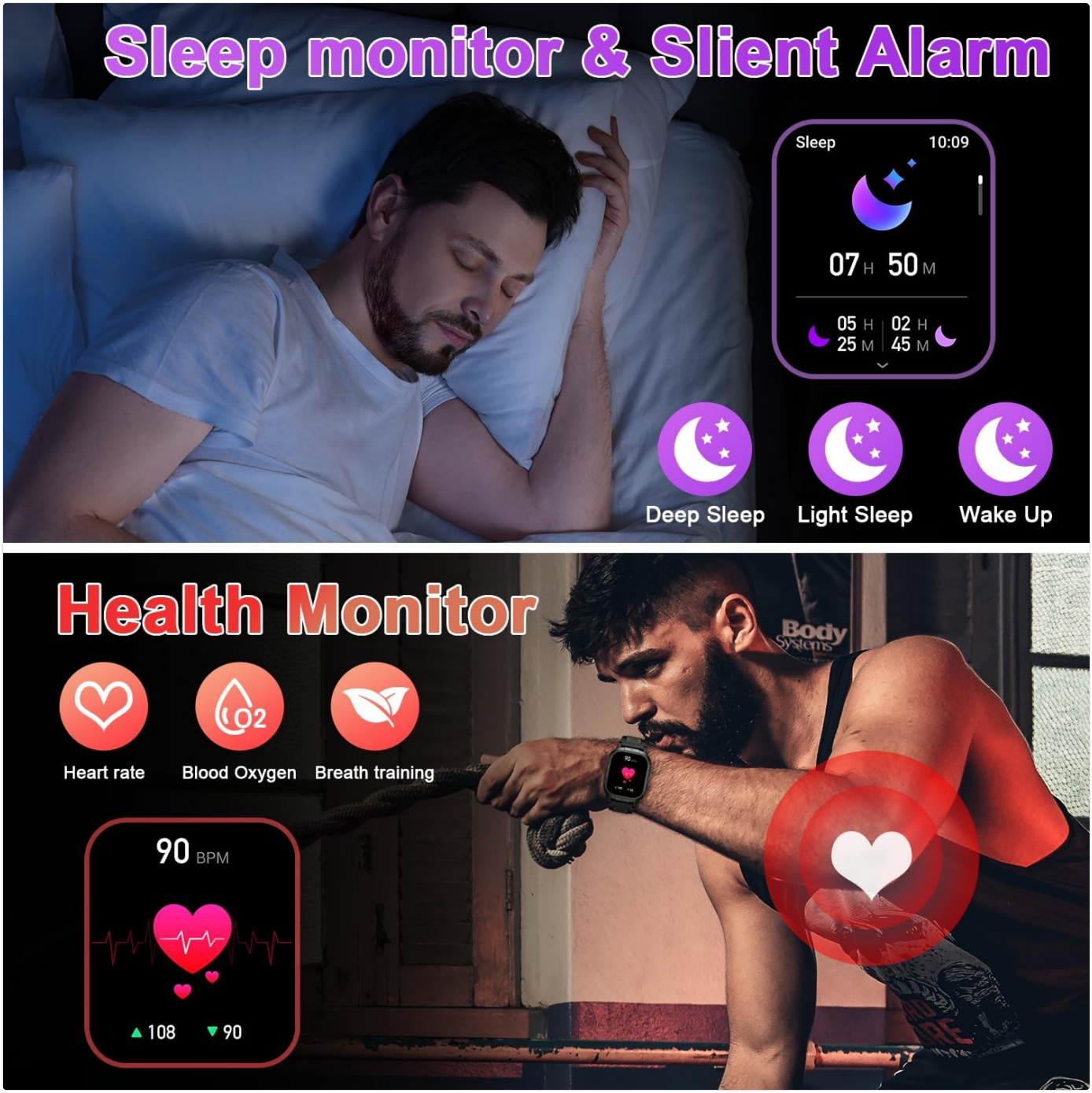


Image: Sleep monitor and Health Monitor features, illustrating sleep tracking and real-time heart rate/blood oxygen readings.

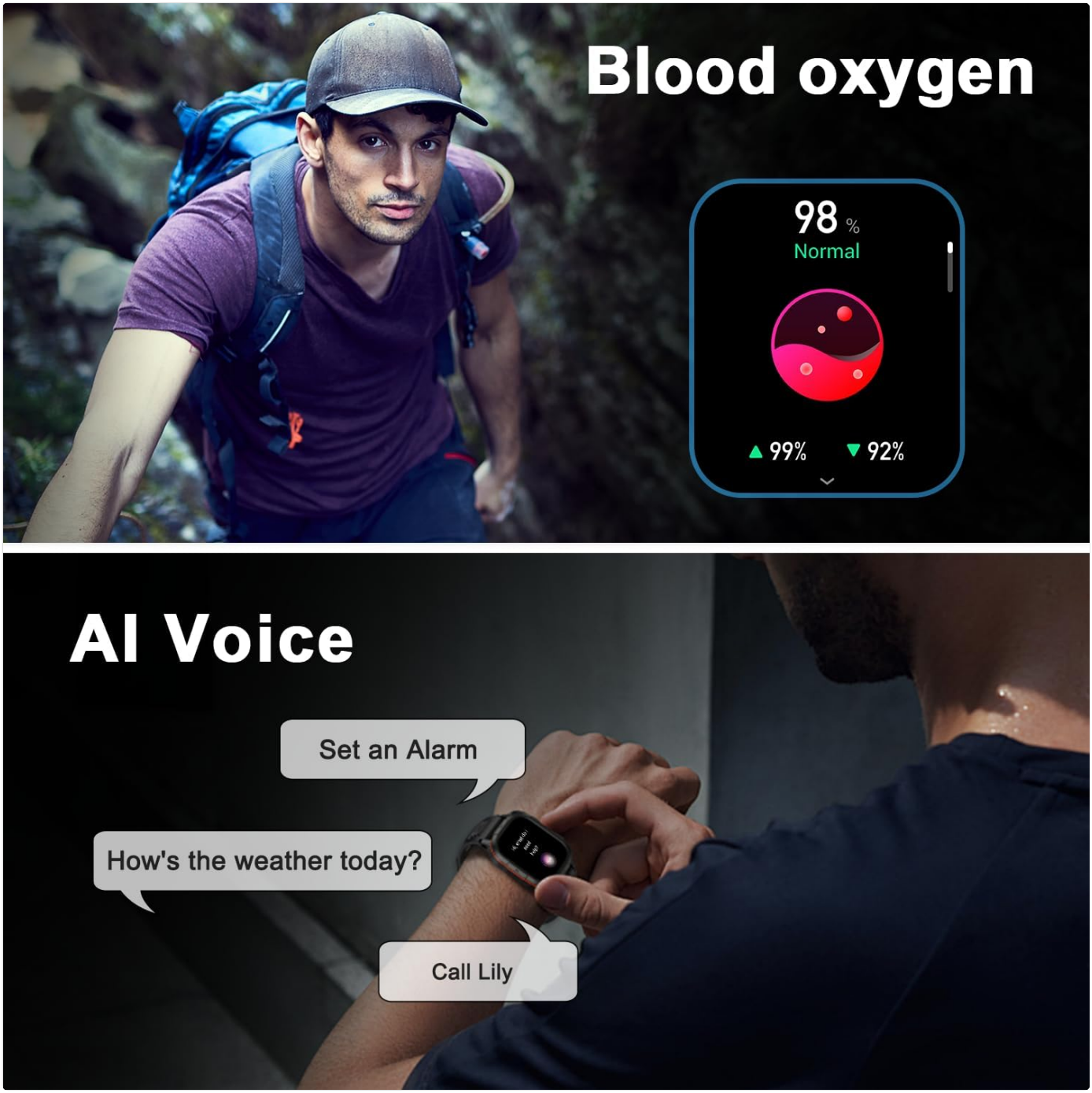


Image: Blood Oxygen monitoring and AI Voice assistant functionality.

4. Sport Modes

The P110 supports over 120 sport modes, accurately tracking steps, distance, and calories. It can obtain GPS positioning through your mobile phone to record your movement path.

- **Accessing Sport Modes:** Navigate to the 'Sport' menu on the watch.
- **Starting an Activity:** Select your desired sport mode (e.g., running, cycling, hiking) and tap 'Start'.
- **Viewing Data:** During and after your workout, view real-time data on the watch and detailed summaries in the app.



Image: 120+ Sports Modes tracking, showing activity data and various sport icons.

5. Other Functions

The watch includes several practical features to enhance your daily life:

- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks).
- **Camera Control:** Use the watch as a remote shutter for your phone's camera.
- **Weather Information:** Get real-time weather updates.
- **Alarm Clock:** Set alarms directly from the watch or app.
- **Stopwatch/Timer:** Built-in stopwatch and countdown timer functions.
- **Sedentary Reminder:** Receive alerts to move if you've been inactive for too long.



Image: Rich and Practical Functions, including music control, camera remote, weather, and stopwatch.

Maintenance

1. Cleaning

Regularly clean your watch and strap to prevent skin irritation and maintain device longevity. Use a soft, damp cloth to wipe the screen and strap. Avoid harsh chemicals or abrasive materials.

2. Water Resistance Guidelines

The Onaneag P110 is IP68 waterproof, meaning it can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, hand washing, and light rain. **Do not use the watch in hot water, saunas, or during diving.**Avoid prolonged exposure to water and ensure the watch is dry before charging.



Image: Smart Military Watch features, highlighting IP68 waterproof, temperature resistance, dust-proof, and anti-impact capabilities.

3. Battery Care

The watch is equipped with a large capacity battery providing 7-15 days of typical use. To prolong battery life:

- Avoid extreme temperatures.
- Charge the watch before the battery is completely depleted.
- Do not leave the watch uncharged for extended periods.

Troubleshooting

If you encounter issues with your Onaneag P110 Smart Watch, refer to the following common solutions:

Problem	Possible Solution

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Press and hold the power button for several seconds.
Unable to pair with phone	Ensure Bluetooth is enabled on both devices. Restart both the watch and phone. Check if the app has necessary permissions. Forget the device in phone's Bluetooth settings and try pairing again.
Notifications not received	Check app notification settings and phone's system notification permissions for the app. Ensure the app is running in the background.
Inaccurate health data	Ensure the watch is worn snugly on the wrist, about one finger's width from the wrist bone. Keep the sensor clean. Update personal information in the app.
Short battery life	Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

If the problem persists, please refer to the support section or contact customer service.

Specifications

Feature	Detail
Model Number	P110
Operating System	Wear OS
Screen Size	2.06 Inches
Resolution	320 x 386
Connectivity	Bluetooth, Wi-Fi
Battery Life	7-15 days (typical use)
Water Resistance	IP68 (1.5 Meters depth)
Band Material	Silicone
Compatible Phones	iOS (9.0+), Android (5.0+)
Health Metrics	Heart Rate, Blood Oxygen (SpO2), Sleep Duration
GPS	Via Smartphone

Warranty and Support

The Onaneag P110 Smart Watch comes with a standard manufacturer's warranty. For specific warranty terms and conditions, please refer to the documentation included with your purchase or contact the seller directly.
For technical support, troubleshooting assistance beyond this manual, or warranty claims, please contact Onaneag

customer service through the contact information provided on the product packaging or the official website. When contacting support, please have your model number (P110) and purchase details ready.

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