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Zinus 135 x 190 cm

Zinus Memory Foam Mattress User Manual

Model: 135 x 190 cm

INTRODUCTION

This manual provides essential information for the setup, use, and maintenance of your Zinus Memory Foam Mattress (135 x 190 cm). Designed for optimal comfort and support, this medium-firm mattress features a combination of high-density foam and memory foam, along with Oeko-Tex certification for a healthy sleeping environment. Please read these instructions carefully to ensure proper use and longevity of your product.



Image: The Zinus Memory Foam Mattress, 135 x 190 cm, shown on a wooden bed frame. The mattress features a clean, white cover and is ready for use.

PRODUCT FEATURES

Your Zinus Memory Foam Mattress is engineered with several key features to enhance your sleep experience:

- **Ergonomic 5-Zone Support:** Designed with an advanced 5-zone system that provides targeted support to key areas of the body for a more comfortable, restful sleep.
- **High-Density Foam & Visco-Elastic Memory Foam:** Constructed with 7cm high-density foam and 4cm thick memory foam, creating an ideal balance between firm support and comfort for deep sleep.
- **OEKO-TEX Certified:** Certified free from harmful substances, ensuring a healthy and safe sleeping environment for you and your family.
- **Easy Compact Packaging:** The mattress is rolled and compressed in a practical, compact box, making it easy to transport and install in any room, ideal for limited spaces.
- **10-Year Limited Warranty:** Offers assurance of a long-term investment, combining durability and superior comfort.

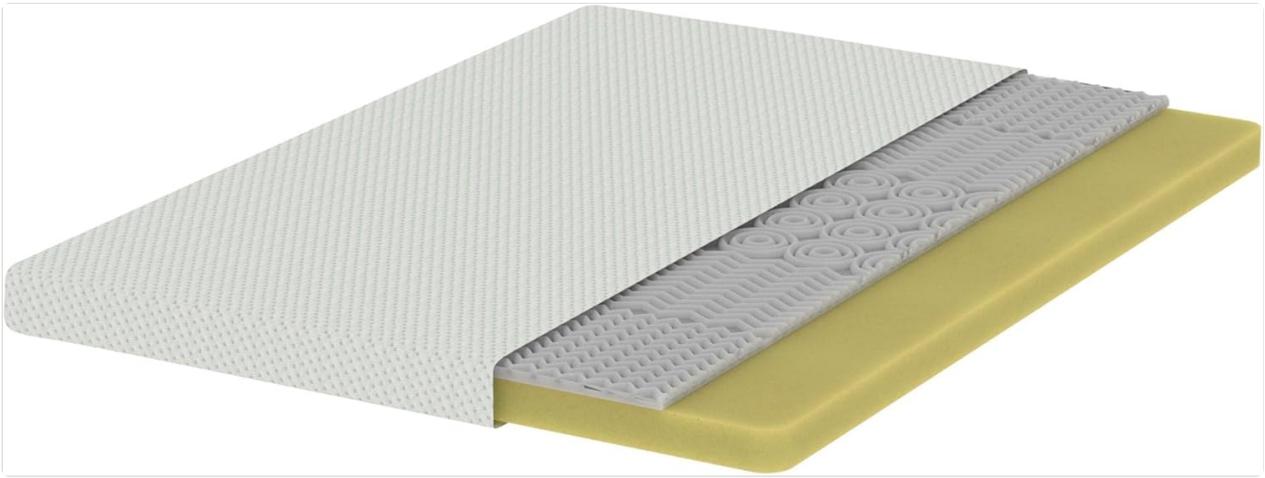


Image: An exploded view diagram illustrating the internal layers of the Zinus mattress. It shows a breathable knit cover, a custom contoured foam layer, and a Zinus base foam layer, highlighting the multi-layer construction for comfort and support.



Image: A diagram showing the ergonomic 7-zone support system of the mattress, designed to relieve pressure points across the body, including the head, shoulders, lumbar, hips, knees, lower legs, and feet. It also highlights CertiPUR-US and Oeko-Tex certifications.



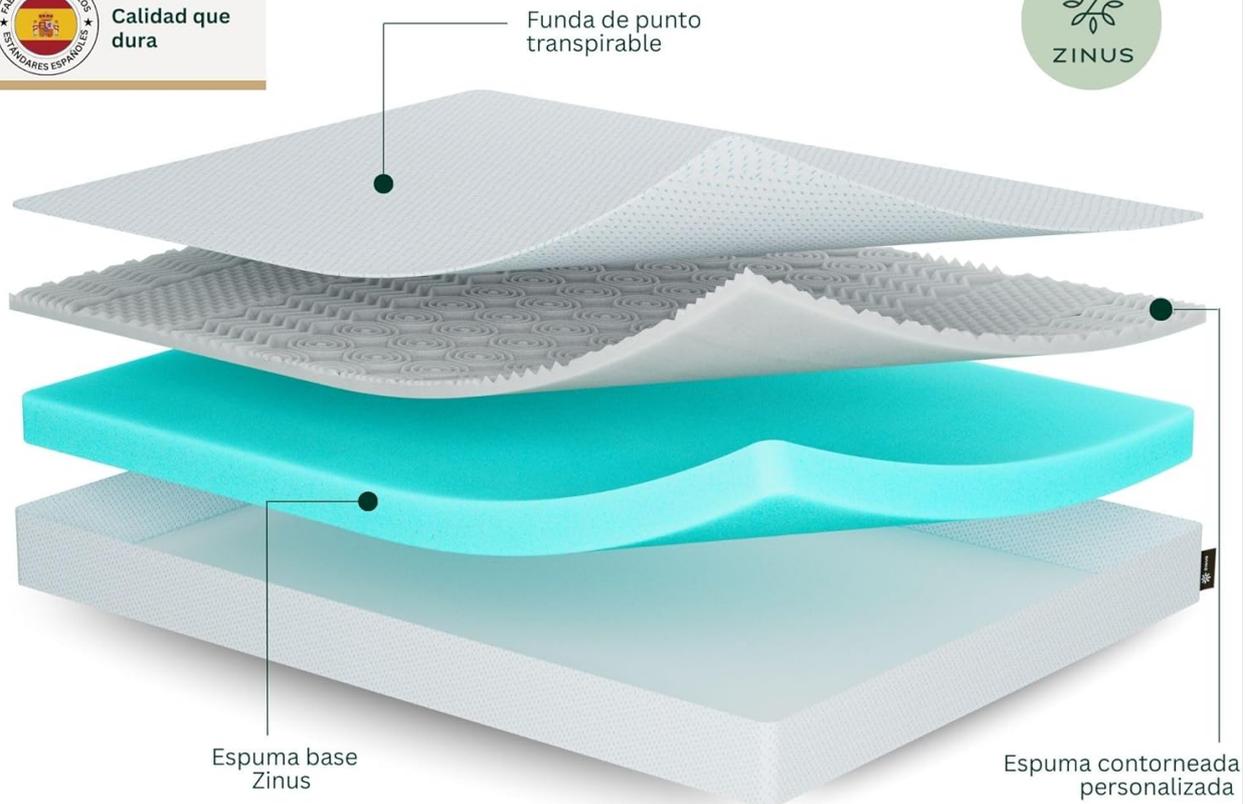
Image: A detailed diagram showcasing key mattress features: a 5-zone system for targeted tension relief, a breathable knit cover made of soft polyester jacquard, CertiPUR-US certification for foam durability and materials, and cooling viscoelastic foam for heat dissipation. Oeko-Tex certification is also displayed.

SETUP INSTRUCTIONS

- 1. Unpack the Mattress:** Carefully remove the mattress from its compact packaging. Place the rolled mattress on a clean, flat surface where you intend to use it.
- 2. Unroll and Position:** Unroll the mattress onto your bed frame or foundation. Ensure it is centered and aligned correctly.
- 3. Allow for Expansion:** The mattress is compressed for shipping. Allow up to 48-72 hours for the mattress to fully expand to its intended size and firmness. Expansion time may vary based on room temperature and humidity.
- 4. Ventilation:** During the initial expansion period, a slight odor (known as "off-gassing") may be present. This is normal and harmless. Ensure the room is well-ventilated to dissipate any odors quickly.



Calidad que dura



Espuma viscoelástica



Alivio de presión



Aislamiento de movimiento



Funda transpirable

Image: A side view of the Zinus Memory Foam Mattress, showcasing its profile and thickness on a bed frame. This view helps visualize the mattress once fully expanded and in place.

OPERATING INSTRUCTIONS

Your Zinus Memory Foam Mattress is designed to provide a balanced blend of comfort and support. Here are some guidelines for optimal use:

- **Initial Adjustment:** It may take a few nights to adjust to the feel of a new memory foam mattress. This is normal as your body adapts to the new support system.
- **Proper Support:** Ensure your mattress is placed on a suitable foundation, such as a slatted bed frame (with slats no more than 3 inches apart), a box spring, or a platform bed. Proper support prevents sagging and extends mattress life.
- **Rotation:** To promote even wear and extend the life of your mattress, rotate it 180 degrees every 3-6 months. This mattress is designed to be used on one side only and does not require flipping.

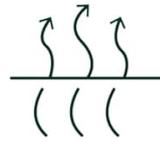


Image: A person sitting comfortably on the Zinus Memory Foam Mattress, demonstrating its comfort and support for everyday use.



Sistema de 5 zonas

Alivia la tensión en las zonas donde más se necesita (como los hombros, las caderas y las rodillas).



Funda de punto transpirable

El colchón está envuelto en una suave funda de jacquard de poliéster.



CertiPUR-US®

La espuma cuenta con la certificación CertiPUR-US por su durabilidad, su rendimiento y sus materiales.



Espuma viscoelástica de refrigeración

Refresca y permite la disipación del calor corporal.



Certificación de OEKO-TEX

STANDARD
100

Image: A person lying on their back on the Zinus Memory Foam Mattress, illustrating the mattress's ability to provide even support across the body.

MAINTENANCE AND CARE

Proper care will help maintain the quality and extend the lifespan of your Zinus Memory Foam Mattress:

- **Cleaning:** The mattress cover is designed for **Spot Clean Only**. Use a mild detergent and a damp cloth to gently clean any spills or stains. Avoid saturating the mattress with water.
- **Do Not Remove Cover:** The mattress cover is not designed to be removed or machine washed. Removing the cover may void your warranty.
- **Protect Your Mattress:** Using a mattress protector is highly recommended to shield against spills, stains, and allergens, helping to keep your mattress clean and hygienic.
- **Ventilation:** Periodically air out your mattress by removing bedding for a few hours. This helps to keep the mattress fresh and reduces moisture buildup.

TROUBLESHOOTING

Here are solutions to common concerns you might encounter with your new mattress:

- **New Mattress Odor (Off-Gassing):** It is common for new foam mattresses to have a slight, harmless odor upon unboxing. This "new mattress smell" will dissipate within a few days to a week. Ensure good ventilation in the room by opening windows or using a fan.
- **Incomplete Expansion:** If your mattress does not seem to have fully expanded after 72 hours, ensure it is in a warm room (foam expands better in warmer temperatures). Walking gently on the mattress can sometimes help break up any remaining compressed areas.
- **Discomfort:** Memory foam mattresses require an adjustment period. If you find the mattress uncomfortable initially, give your body at least 2-4 weeks to adapt to the new support. Ensure your bed frame provides adequate support.

PRODUCT SPECIFICATIONS

Feature	Detail
Brand	Zinus
Size	135 x 190 cm
Product Dimensions	190L x 135W x 11Th centimetres
Item Weight	7.88 Kilograms
Fill Material	Memory Foam
Item Firmness Description	Medium
Top Style	Smooth Top
Cover Material	Polyester
Number of Layers	2
Weight Limit	230 Kilograms
Care Instructions	Spot Clean Only
Assembly Required	No

WARRANTY INFORMATION

Your Zinus Memory Foam Mattress is backed by a **10-Year Limited Warranty**. This warranty covers manufacturing defects and ensures the quality of materials and workmanship under normal use and service. Please retain your proof of purchase for warranty claims. For full details regarding the terms and conditions of your warranty, please refer to the warranty card included with your product or visit the official Zinus website.

CUSTOMER SUPPORT

If you have any questions, concerns, or require assistance with your Zinus Memory Foam Mattress, please contact Zinus customer support.

Online: Visit the official Zinus website for FAQs, support articles, and contact forms.

Email/Phone: Refer to the contact information provided on the Zinus packaging or website for direct support.
