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> NCT Powder by Northestar - For Her, Wild Berry Flavor (30 Packets) User Manual

NCT NCT Powder For Her

NCT Powder by Northestar - For Her, Wild Berry Flavor (30 Packets) User Manual

Model: NCT Powder For Her

1. INTRODUCTION

This manual provides essential information for the safe and effective use of NCT Powder by Northestar, Wild Berry Flavor. This product is formulated to support women's hormonal health, promote restful sleep, assist with weight management, and deliver clean energy and mental clarity.



Image 1.1: NCT Powder For Her, Wild Berry Flavor, 30-packet pouch with a single packet shown. This image illustrates the product packaging and individual serving size.

2. IMPORTANT SAFETY INFORMATION

Please read all safety information before using this product.

- **Allergens:** This product may contain allergens. Review the full ingredient list carefully if you have known allergies.
- **Children:** Keep out of reach of children.
- **Consumption:** Do not consume directly. Always mix with water or another liquid as directed.
- **Medical Disclaimer:** Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Consult with a healthcare professional before use, especially if you have a medical condition, are pregnant, nursing, or taking medication.

3. USAGE INSTRUCTIONS

3.1 Preparation

1. Obtain one packet of NCT Powder.
2. Prepare 8 to 16 ounces of water or your preferred liquid.

3.2 Mixing and Consumption

Follow these steps for proper mixing and consumption:

1.

Pour: Carefully tear open one packet (5g) of NCT Powder and pour the contents into your chosen liquid.

2.

Mix: Stir or shake thoroughly until the powder is completely dissolved. Ensure no clumps remain.

3.

Drink: Consume the mixed beverage. It can be enjoyed as a morning starter or an afternoon refreshment.

ACHIEVE BALANCED ENERGY & WELLNESS!



ADD 1 STICK (5 G) TO 16 OZ
OF WATER

ACHIEVE CLEAN, JITTER-FREE
ENERGY & MENTAL FOCUS

FORMULATED FOR WOMEN!

4. INGREDIENTS AND BENEFITS

NCT Powder is formulated with a blend of ingredients designed to support various aspects of women's health.

4.1 Key Benefits

- **Hormonal Support:** Scientifically formulated to support women's hormonal health and overall wellness.
- **Restful Sleep:** Contains ingredients designed to aid recovery and relaxation, promoting a healthy night of rest.
- **Weight Management:** Supports fat metabolism with patent-pending fat-burning technology.
- **Clean Energy & Clarity:** Provides a reliable energy source for enhanced focus and productivity without jitters or crashes.
- **Natural Ingredients:** Crafted using high-quality, naturally sourced components.

NCT WILD BERRY POWDER

POWERED BY **THERMOBUYRATE™**



Scientifically Formulated FOR HER!



Supports Women's Hormonal Health*



Promotes a Healthy Night of Rest.



Can Assist with Weight Management*



Includes a Patent Pending Fat Burning Technology



Made with Naturally Sourced Ingredients

OUR PRODUCTS ARE CREATED AND TESTED BY A THIRD-PARTY COMPANY.
THE PATENTED INGREDIENTS ARE PEER REVIEWED.

4.2 Supplement Facts

Refer to the Supplement Facts panel for detailed nutritional information and ingredient breakdown per serving.

Supplement Facts		
Serving Size: 5g (1 packet)		
Servings Per Container: 30		
	Amount Per Serving	% Daily Value*
Calories	10	
Total Carbohydrate	2 g	1%
Dietary Fiber	2 g	7%
Total Sugars	0 g	
Includes 0g Added Sugars		0%
Vitamin A (as Vitamin A Palmitate)	150 mcg	17%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as Cholecalciferol)	2.5 mcg	13%
Vitamin E (d-Alpha Tocopheryl Succinate)	6.7 mg	45%
Niacin (as Niacinamide)	25 mg	156%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	5 mg	294%
Folate (as Folic Acid)	150 mcg	38%
Vitamin B ₁₂ (as Methylcobalamin)	100 mcg	4167%
Calcium (as Calcium Citrate)	40 mg	3%
Iron (as Ferrous Fumarate)	5 mg	28%
Iodine (as Potassium Iodine)	50 mcg	33%
Magnesium (as Magnesium Citrate)	40 mg	10%
Zinc (as Zinc Citrate)	5 mg	45%
Manganese (as Manganese Citrate)	2 mg	87%
Chromium (as Chromium Polynicotinate)	65 mcg	186%
Potassium (as Potassium Citrate)	100 mg	2%
Performance Elite Blend	920 mg	**
Thermobutyrat [™] (Chlorogenic-butyrat), Phosphatidylcholine (from Sunflower Lecithin), ASHWITH [™] (Ashwagandha (<i>Withania somnifera</i>) NLT 12 % Withanolides), Green Tea Extract (<i>Camellia sinensis</i>), and African Mango Extract (<i>Irvingia gabonensis</i>).		
SuperShe Hormone Renew	544 mg	**
Siberian Ginseng Root Extract (<i>Eleutherococcus senticosus</i>), Stinging Nettle (<i>Urtica dioica</i>), Chasteberry Fruit Extract (<i>Vitex agnus-castus</i>), Fenugreek Seed Powder (<i>Trigonella foenum-graecum</i>), Maca Root Powder (<i>Lepidium meyenii</i>), Dong Quai Root Powder (<i>Angelica sinensis</i>), Basil Powder (<i>Ocimum tenuiflorum</i>), Rhoisla Rosea Extract, Cranberry Extract (<i>Vaccinium subg. Oxycoccus</i>), and Berberine Hydrochloride.		
*Percent Values are based on a 2,000 calorie diet		
**Daily Value not established.		
Other Ingredients: Inulin, Citric Acid, Glycine, Natural Flavors, Beet Juice (For Color), and Sucralose.		
Suggested usage: As a dietary supplement, mix 5g (1 packet) with 16oz of water or as directed by your healthcare provider.		
This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.		




Image 4.2: The Supplement Facts label for NCT Powder, detailing vitamins, minerals, and proprietary blends such as Performance Elite Blend and SuperShorne Hormone Renew.

5. STORAGE AND MAINTENANCE

- Store in a cool, dry place away from direct sunlight.
- Keep packets sealed until ready for use to maintain freshness and potency.
- Do not store in areas of high humidity.

6. TROUBLESHOOTING

6.1 Mixing Issues

If the powder does not dissolve completely:

- Ensure you are using sufficient liquid (8-16 oz per packet).
- Stir or shake vigorously for at least 30 seconds.
- Use room temperature or slightly warm water if cold water causes clumping.

6.2 Taste Concerns

If the taste is too strong or too weak:

- Adjust the amount of liquid used. More liquid will dilute the flavor, less will intensify it.
- Consider mixing with a different beverage, such as a smoothie or juice, if permitted by your healthcare professional.

7. SPECIFICATIONS

Feature	Detail
Brand	NCT
Model	NCT Powder For Her
Flavor	Wild Berry
Form	Powder (Individual Packets)
Package Quantity	30 Packets
Net Weight	5.29 Ounce (150g)
UPC	197644984664
ASIN	B0DHLFPCRC

8. WARRANTY AND SUPPORT

For information regarding product warranty, returns, or customer support, please refer to the retailer's policy where the product was purchased or visit the official NCT by Northestar website.

Note: Specific warranty details are not provided in this manual.

