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› JUXLamp SAD-DP-21 Light Therapy Sunrise Wake-up Lamp with APP Control User Manual

JUXLamp SAD-DP-21

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INTRODUCTION

This manual provides detailed instructions for the JUXLamp SAD-DP-21 Light Therapy Sunrise Wake-up Lamp with APP Control. This device is designed to enhance your daily routine through light therapy, sunrise simulation, and natural sound alarms, all controllable via a dedicated mobile application. Please read this manual thoroughly before use to ensure proper operation and to maximize the benefits of your new device.

SAFETY INFORMATION

- Ensure the device is placed on a stable, flat surface.
- Do not expose the device to water or excessive moisture.
- Use only the provided power adapter.
- Keep out of reach of children.
- This product is UV-Free. However, avoid prolonged direct eye exposure to the light at its highest intensity.
- If you experience any discomfort, discontinue use and consult a healthcare professional.

PACKAGE CONTENTS

- JUXLamp SAD-DP-21 Light Therapy Lamp
- Power Adapter
- User Manual

PRODUCT OVERVIEW

The JUXLamp SAD-DP-21 features a sleek, rectangular design with an integrated adjustable stand and intuitive controls. It offers dual power input sockets for flexible placement.



Integrated bracket which can be stored and adjusted freely.



Independent double power input sockets choose the left or right one as you wish.



Image: The JUXLamp SAD-DP-21 showing its adjustable stand and two power input options.



Image: A detailed view of the power input port and physical control buttons on the device.

SETUP

1. **Placement:** Place the lamp on a stable surface or mount it on a wall using the integrated wall-mount holes. Adjust the stand to your preferred angle.
2. **Power Connection:** Connect the provided power adapter to one of the dual power input sockets on the device and then plug it into a power outlet.
3. **APP Download:** Scan the QR code in the quick start guide (if provided) or search for the designated APP in your device's app store.
4. **APP Pairing:** Open the APP and follow the on-screen instructions to pair your smart device with the JUXLamp. This typically involves enabling Bluetooth and confirming the connection within the app.

Smart APP control

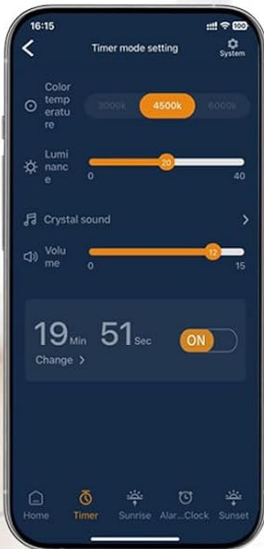
Five functions are independently programmed to meet your different usage needs.



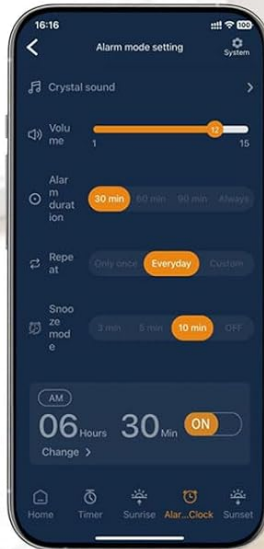
Desktop light mode



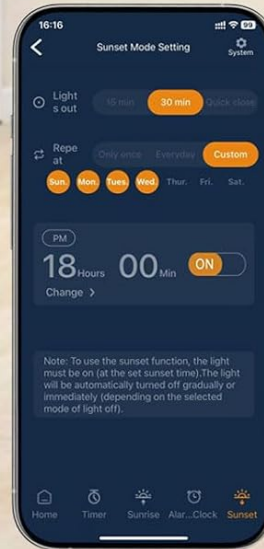
Sunrise Wakeup Mode



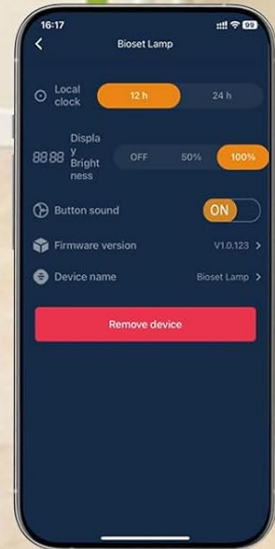
Sound/Light Timing Mode



Assisted Alarm Mode



Sunset mode



Other options for the device

Image: Various screenshots demonstrating the mobile application interface for controlling the JUXLamp.

OPERATING INSTRUCTIONS

1. Smart APP Control

The mobile application provides full control over all lamp functions. Once paired, you can adjust settings, set schedules, and customize your experience remotely.

2. Sunrise Simulation

Mimic a natural sunrise to wake up gently. The light gradually increases in intensity over a set period (e.g., 30 minutes) before your alarm time. You can customize the light intensity from 1 to 40 levels.



Adjust your body clock

Image: A woman stretching in bed, illustrating the gentle wake-up experience provided by the sunrise simulation feature.

3. High-Intensity Light Therapy

The lamp provides up to 12000 Lux of bright, full-spectrum light (RA>95) to help boost mood and energy, especially useful during periods of low natural light. Choose from three color temperatures: warm, cool, and natural.

A nice day starts
with JUXLamp.



Image: A woman enjoying breakfast with the JUXLamp providing bright light therapy, enhancing her morning routine.

**Bathed in the sun,
you will feel more energetic.**



Image: A woman working at her desk, benefiting from the lamp's light therapy to maintain focus and energy.

4. Natural Sound Alarm

Select from 10 soothing nature sounds, such as running water or bird songs, to complement your wake-up routine or create a calming sleep environment.

5. Sunset Timer

Program the lamp to gradually dim over a set period, simulating a sunset to help you wind down and prepare for sleep.

6. Versatile Multi-Functionality

The lamp can be used in various settings to support different activities, from reading to exercise, providing optimal lighting conditions.

For indoor sports
you can also do it under the sun light



Image: A woman practicing yoga, demonstrating the lamp's versatility in providing suitable lighting for indoor activities.

*Even in cloudy/rainy days,
you can still enjoy the sun light.*



Image: A girl reading a book, highlighting the lamp's ability to provide sufficient light even on overcast days.

MAINTENANCE

- **Cleaning:** Disconnect the power before cleaning. Use a soft, dry cloth to wipe the surface of the lamp. Do not use abrasive cleaners or solvents.
- **Storage:** When not in use for extended periods, store the lamp in a cool, dry place away from direct sunlight.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Lamp does not turn on.	No power connection.	Ensure the power adapter is securely connected to the lamp and a working power outlet.

Problem	Possible Cause	Solution
APP cannot connect to the lamp.	Bluetooth is off; lamp is out of range; pairing issue.	Ensure Bluetooth is enabled on your smart device. Move closer to the lamp. Try restarting the APP and the lamp, then attempt pairing again. Pull down to refresh the main screen in the app.
Alarm volume is too low.	Volume setting is low.	Adjust the alarm volume setting within the APP to a higher level.
Sunrise simulation is not effective.	Incorrect intensity or duration settings.	Verify the light intensity and duration settings for the sunrise simulation in the APP. Ensure the lamp is positioned appropriately.

SPECIFICATIONS



Image: Diagram showing the dimensions of the JUXLamp SAD-DP-21.

- **Model Name:** SAD-DP-21
- **Product Dimensions:** 6.3"D x 6.3"W x 7.87"H (157.5mm W x 273mm H x 16.5mm D)
- **Item Weight:** 1.5 Pounds
- **Light Source Type:** LED
- **Number of Light Sources:** 132
- **Wattage:** 12 watts
- **Voltage:** 12 Volts (DC)
- **Control Method:** App, Remote (buttons on device)
- **Special Feature:** Auto Dimmable, Sunrise/Sunset Simulation, Natural Sound Alarm
- **Color Temperatures:** Warm White, Cool White (3 options: warm, cool, natural)
- **Brightness Levels:** 1-40 levels
- **Light Intensity:** Up to 12000 Lux
- **CRI (RA):** >95
- **Material:** Plastic
- **Mounting Type:** Desktop, Wall-mount
- **Indoor/Outdoor Usage:** Indoor

WARRANTY AND SUPPORT

JUXLamp products are manufactured with quality and reliability in mind. For warranty information, technical support, or any inquiries regarding your SAD-DP-21 Light Therapy Sunrise Wake-up Lamp, please contact JUXLamp customer support. Contact details can typically be found on the product packaging or the official JUXLamp website. Customer support is generally available within 24 hours for assistance.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question