aeac 2af0aabf-b1ae-4be5-ba6e-4cd8828c1b12

aeac Smart Watch User Manual

Model: 2af0aabf-b1ae-4be5-ba6e-4cd8828c1b12

Brand: aeac

1. Introduction

This manual provides essential instructions for setting up, operating, and maintaining your aeac Smart Watch. This device features an AMOLED ultra-clear screen, comprehensive fitness tracking, and health monitoring capabilities, including heart rate, sleep, and SpO2. It supports over 110 sport modes and is designed to be waterproof for various activities. The smartwatch is compatible with iPhone, Samsung, and Android devices.

Image 1: aeac Smart Watch (Model: 2af0aabf-b1ae-4be5-ba6e-4cd8828c1b12)

2. Package Contents

Ensure all items are present in the package:

- aeac Smart Watch (Model: 2af0aabf-b1ae-4be5-ba6e-4cd8828c1b12)
- Magnetic Charging Cable (USB-A)
- User Manual

3. Setup

3.1 Initial Charging

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB-A end into a compatible power source. A full charge typically takes approximately 2 hours.

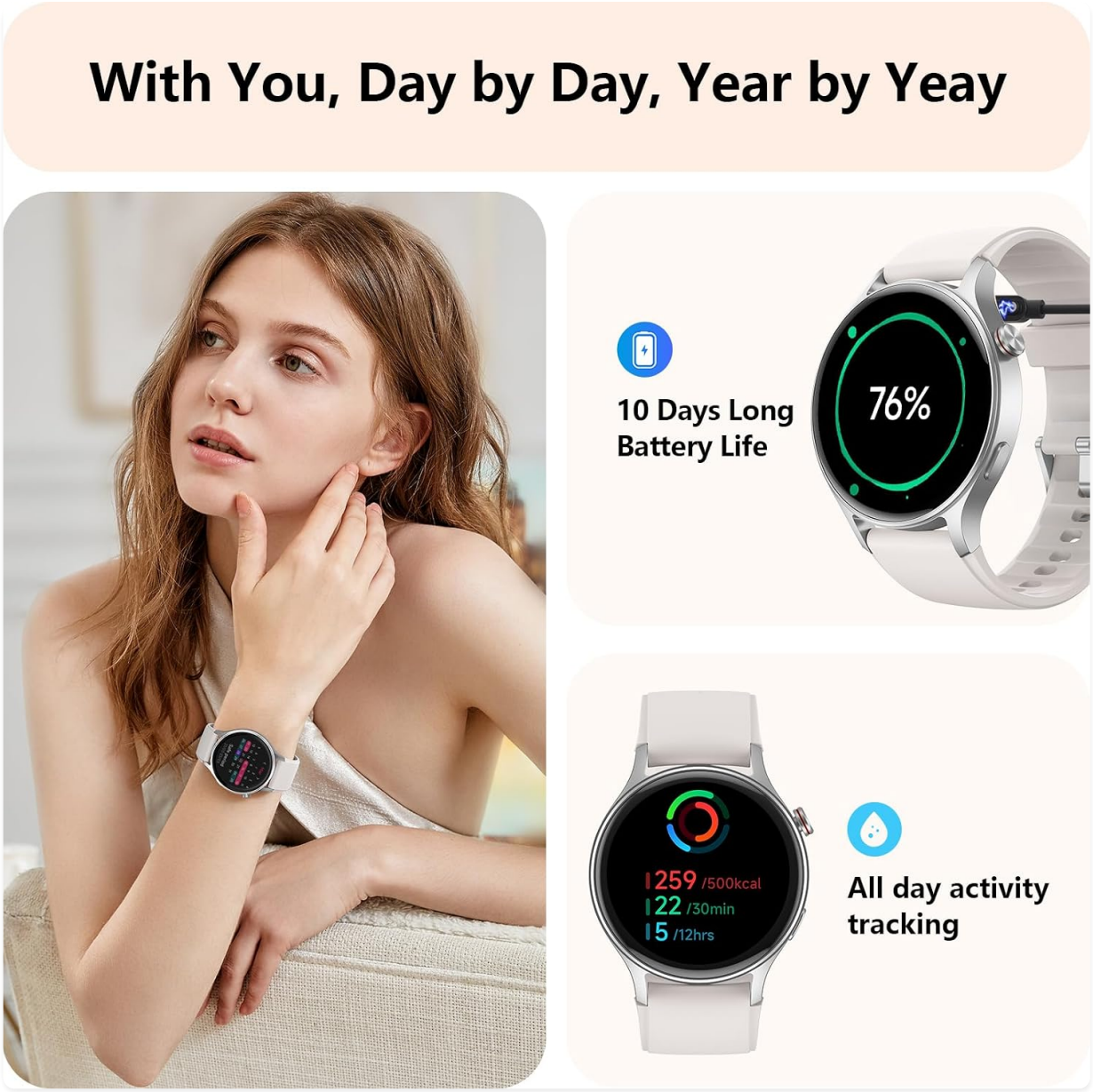

Image 2: Smart Watch displaying battery level and activity rings.

3.2 App Download & Pairing

1. Download the **VeryFit** app from the Google Play Store (for Android) or the Apple App Store (for iPhone).
2. Open the app and follow the on-screen instructions to create an account and input your personal information (gender, birth date, height, weight). This data is crucial for accurate health and fitness tracking.
3. Ensure Bluetooth is enabled on your smartphone.
4. On the smartwatch, a QR code will appear upon initial activation or when prompted. Scan this QR code using the VeryFit app to initiate the pairing process.
5. Confirm the pairing request on both your smartphone and the smartwatch.

3.3 Health Access & Notifications

Within the VeryFit app, grant necessary permissions for health data access (e.g., heart rate, blood oxygen, sleep) and enable notifications for calls, messages, and other applications you wish to receive on your watch.

4. Operating Your Smart Watch

4.1 Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and widgets. Tap to select an option.
- **Side Button:** Press the physical button on the side to wake the screen, return to the home screen, or access the main menu.

4.2 Watch Faces

Customize your watch face through the VeryFit app. Choose from a variety of pre-installed faces or create your own using personal photos. Access watch face settings via the app or directly on the watch under 'Settings'.

4.3 Notifications & Calls

Once paired with your smartphone and permissions are granted, the smartwatch will display incoming call alerts, text messages, and notifications from selected apps. You can answer calls directly from the watch using its built-in microphone and speaker, or use the dial pad to initiate calls.

Image 3: Smart Watch showing call and message alerts.

4.4 Music Control

Control music playback on your smartphone directly from your smartwatch. This includes play, pause, skip tracks, and volume adjustment.

4.5 AI Voice Assistant

Utilize the integrated AI voice assistant for various tasks such as setting reminders, checking weather, or controlling smart home devices.

Image 4: Smart Watch with AI voice, customizable watch faces, and music control.

5. Health Monitoring

The aeac Smart Watch offers comprehensive health monitoring features:

- **Heart Rate Monitoring:** Continuous tracking of your heart rate throughout the day.
- **SpO2 Monitoring:** Real-time measurement of blood oxygen saturation levels.
- **Sleep Monitoring:** Tracks sleep duration, deep sleep, light sleep, and REM sleep stages.
- **Stress & Body Energy:** Monitors stress levels and assesses body energy reserves.
- **Breath Training:** Guided breathing exercises to help manage stress.
- **Female Health Tracking:** Provides features for tracking menstrual cycles and other related health data.

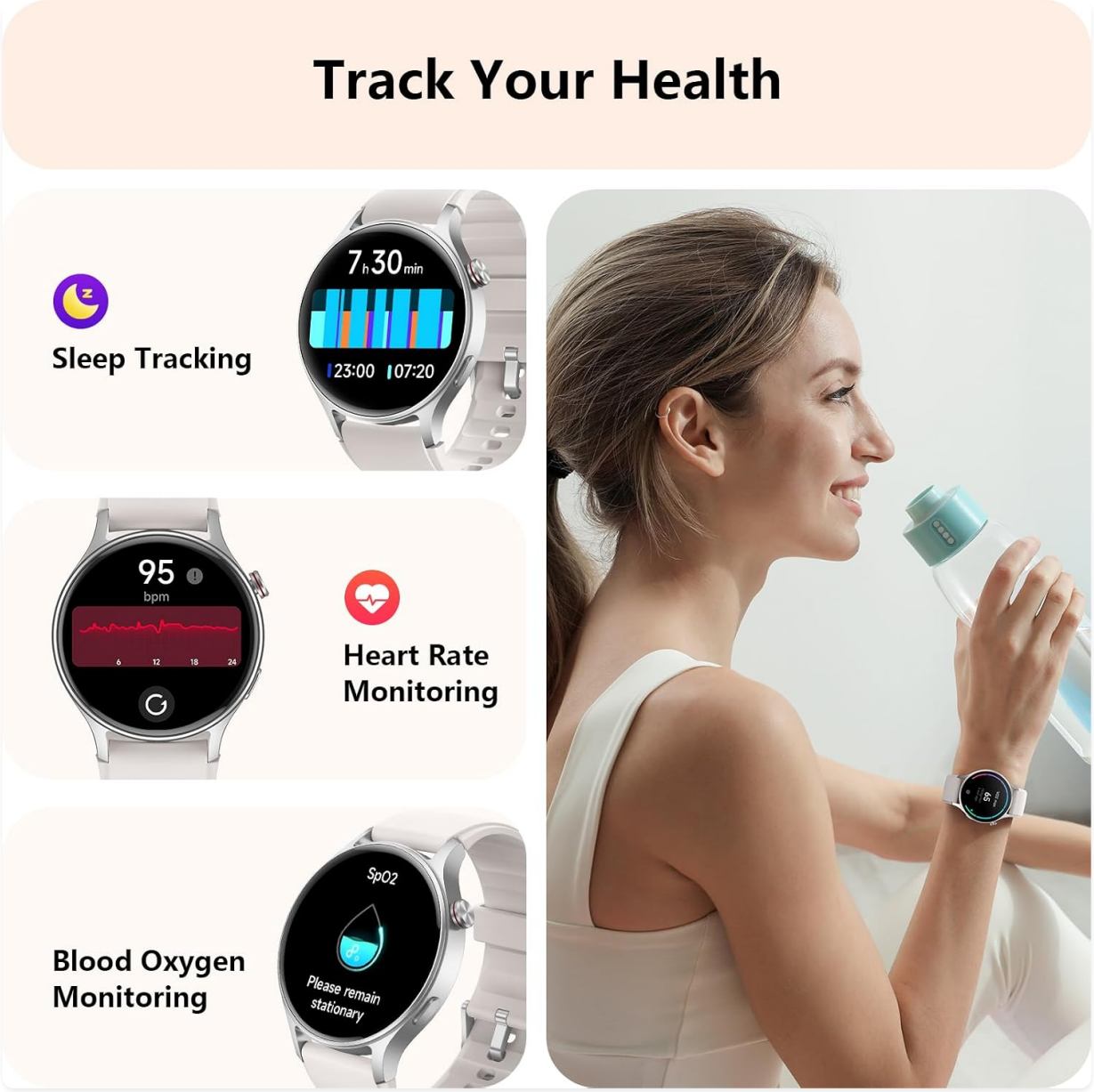

Image 5: Smart Watch health tracking features.

6. Fitness Tracking

Enhance your fitness journey with the watch's extensive tracking capabilities:

- **110+ Sport Modes:** Select from a wide range of activities including outdoor run, indoor run, outdoor walk, indoor walk, hiking, outdoor cycle, indoor cycle, cricket, pool swim, open water swim, yoga, Pilates, dance, rowing, elliptical, functional training, HIIT, core training, and cooldowns.
- **Activity Tracking:** Monitors steps, distance, and calories burned throughout the day.
- **Workout Status & Records:** View real-time workout data and review past workout records.

Image 6: Smart Watch fitness features and water resistance.

7. Water Resistance

The aeac Smart Watch is IP68 waterproof, making it suitable for daily use and various water-related activities. This includes showering, hand washing, and swimming. It is not recommended for deep diving or high-pressure water activities.

8. Battery Life & Charging

The smartwatch offers impressive battery performance:

- **Heavy Usage:** Up to 10 days
- **Basic Usage:** Up to 15 days
- **Low Power Mode:** Up to 30 days
- **Charging Time:** Approximately 2 hours for a full charge.

9. Troubleshooting

- **Watch Not Turning On:** Ensure the watch is fully charged using the provided magnetic cable.
- **Pairing Issues:** Verify Bluetooth is enabled on your phone and the watch. Restart both devices and try pairing again via the VeryFit app.
- **Notification Problems:** Check app permissions in your phone's settings to ensure VeryFit has access to notifications. Also, confirm notification settings within the VeryFit app.
- **Inaccurate Step Count:** Ensure the watch is worn snugly on your wrist. Some activities involving arm movements without actual steps may be registered.

10. Specifications

- **Brand:** aeac
- **Model Number:** 2af0aabf-b1ae-4be5-ba6e-4cd8828c1b12
- **Display Type:** AMOLED
- **Screen Size:** 1.32 Inches
- **Scanner Resolution:** 390 x 390
- **Operating System:** Android (Compatible with iOS)
- **Connectivity Technology:** Bluetooth
- **Wireless Communication Standard:** Bluetooth
- **GPS:** Built-in GPS
- **Human Interface Input:** Touchscreen
- **Water Resistance:** IP68
- **Item Weight:** 5.9 ounces
- **Package Dimensions:** 11.3 x 4.41 x 0.75 inches

11. Warranty & Support

aeac offers a 5-year replacement and lifetime service for your smartwatch. For any inquiries or support needs, expect a 12-hour quick reply from our customer service team.

Official Product Video

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Video 1: An official product video from aeac showcasing the AR-01 smart watch features and design.