

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

> [Ibergrif](#) /

> [Ibergrif MA001 Monitor Mount User Manual](#)

Ibergrif MA001

Ibergrif MA001 Monitor Mount User Manual

Model: MA001

1. INTRODUCTION

Thank you for choosing the Ibergrif MA001 Monitor Mount. This manual provides detailed instructions for the safe and efficient installation, operation, and maintenance of your monitor mount. Please read this manual thoroughly before installation and keep it for future reference.

1.1 Safety Information

Please observe the following safety precautions:

- Ensure all components are present and undamaged before installation. Do not use if any parts are missing or faulty.
- Do not exceed the maximum weight capacity of 9 kg (19.8 lbs).
- Ensure your desk surface is stable and strong enough to support the combined weight of the mount and monitor.
- Follow all installation steps carefully. Incorrect installation may result in damage or injury.
- Keep children and pets away during installation.

1.2 Product Overview

The Ibergrif MA001 is an ergonomic, height-adjustable gas spring monitor mount designed for single screens. It features full articulation for optimal viewing angles and integrated cable management to maintain a tidy workspace.



Image 1.1: The Ibergrif MA001 Monitor Mount, showing the arm, VESA plate, and C-clamp base.

2. PACKAGE CONTENTS

Verify that all components listed below are included in your package:

ALL ACCESSORIES



Image 2.1: Visual representation of all included accessories.

- Monitor Arm Assembly

- VESA Plate
- C-Clamp Base and Components
- Grommet Base and Components
- M4x12mm Screws (4 pcs)
- M5x12mm Screws (4 pcs)
- Washers (4 pcs)
- Allen Wrenches (various sizes)
- Cable Management Clips
- Instruction Manual

3. SPECIFICATIONS

The following table outlines the technical specifications of the Ibergrif MA001 Monitor Mount:

SIZE DESCRIPTION



Image 3.1: Detailed dimensions and movement ranges of the monitor mount.

Feature	Detail
Model	MA001

Feature	Detail
Brand	Ibergrif
Compatible Screen Sizes	13 - 32 inches
Weight Capacity	2 - 9 kg (4.4 - 19.8 lbs)
VESA Compatibility	75x75mm, 100x100mm
Material	Alloy Steel
Movement Type	Articulating Gas Spring
Tilt Range	±65°
Swivel Range	±70°
Rotation	360° (Portrait to Landscape)
Maximum Arm Height	435mm
Maximum Arm Extension	600mm
Desk Thickness (C-clamp/Grommet)	10 - 65mm
Item Weight	4.53 pounds

WIDE COMPATIBILITY

Suitable for most monitors



Monitor Size
13" to 32"



Max Load
19.8 lbs / 9 KG



VESA
75x75mm 100x100mm

Image 3.2: Illustration of monitor size, weight, and VESA compatibility.

4. SETUP AND INSTALLATION

Before you begin, ensure your desk and monitor meet the specifications outlined in Section 3.

2 Methods Easy Installation

A Clamp to the edge of
the tabletop

Desk Thickness
10~65mm

Hole Diameter
10~60mm

B Install through holes

Image 4.1: Visual guide for C-clamp and grommet installation methods.

4.1 Choose Your Mounting Method

The Ibergreif MA001 supports two installation methods: C-clamp and Grommet. Select the method suitable for your desk.

- **C-Clamp Installation:** For desks with an edge, without needing to drill a hole.
- **Grommet Installation:** For desks with an existing hole (10-60mm diameter) or if you prefer to drill one.

4.2 C-Clamp Installation Steps

1. Attach the C-clamp base to the main pole using the provided screws and Allen wrench.
2. Position the C-clamp on the edge of your desk. Ensure the desk thickness is between 10-65mm.
3. Tighten the C-clamp screw until the base is securely fastened to the desk. Do not overtighten.

4.3 Grommet Installation Steps

1. If your desk does not have a suitable hole, drill one with a diameter between 10-60mm.
2. Assemble the grommet base components, passing the bolt through the desk hole.
3. Secure the grommet base from underneath the desk using the washer and nut. Tighten firmly.
4. Attach the monitor arm to the grommet base.

4.4 Attaching the Monitor

1. Carefully place your monitor face down on a soft, clean surface.
2. Align the VESA plate with the mounting holes on the back of your monitor (75x75mm or 100x100mm).
3. Secure the VESA plate to the monitor using the appropriate M4 or M5 screws and washers. Ensure they are tightened securely but do not overtighten.
4. Slide the monitor (with VESA plate attached) onto the monitor arm's VESA head. Ensure it clicks into place or is secured with the provided locking mechanism.

5. OPERATING AND ADJUSTMENTS

The Ibergrif MA001 monitor mount offers various adjustments to achieve your optimal viewing position.

FULLY ADJUSTABLE

Tilt, swivel, and rotate to fit your needs



Tilt $\pm 65^\circ$



Swivel $\pm 70^\circ$



Rotation 360°

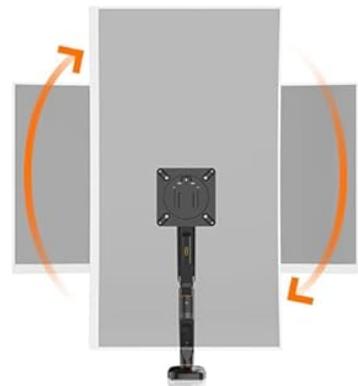


Image 5.1: Illustration of the monitor mount's full range of motion, including tilt, swivel, rotation, and height adjustment.

5.1 Gas Spring Tension Adjustment

The gas spring tension is factory-set to a medium strength. After mounting your monitor, you may need to adjust the tension to match your monitor's weight for smooth movement and stable positioning.

ADJUSTABLE SUPPORT FORCE

Adjustable support force adapts to the weight of the visual display



Image 5.2: Diagram showing how to tighten or loosen the gas spring tension.

- Use the provided Allen wrench to turn the adjustment screw located on the arm.
- Turn **clockwise (+)** to increase tension (for heavier monitors) if the monitor sags.
- Turn **counter-clockwise (-)** to decrease tension (for lighter monitors) if the monitor is too stiff to move down.

- Adjust gradually and test the movement until the monitor holds its position freely.

5.2 Height Adjustment

Gently push or pull the monitor up or down to adjust its height. The gas spring mechanism will assist in holding the monitor at your desired level.

5.3 Tilt Adjustment

Grasp the top and bottom edges of your monitor and tilt it forward or backward to achieve a comfortable viewing angle ($\pm 65^\circ$ range).

5.4 Swivel Adjustment

Rotate the monitor left or right from its central axis to share your screen or adjust your viewing position ($\pm 70^\circ$ range).

5.5 Rotation Adjustment

The VESA plate allows for 360° rotation, enabling you to switch between landscape and portrait orientations. Simply rotate the monitor to your preferred orientation.

5.6 Cable Management

The monitor arm features integrated cable management channels to keep your workspace organized.

MORE DESK SPACE

Create more space for multiple devices



Image 5.3: Example of a tidy workspace achieved with the monitor mount's cable management.

- Route your monitor cables (power, video, etc.) through the designated clips or channels along the underside of the arm.
- Ensure cables have enough slack to accommodate the full range of motion of the arm without being pulled or pinched.

6. MAINTENANCE

Regular maintenance helps ensure the longevity and proper function of your monitor mount.

- **Cleaning:** Wipe the mount with a soft, damp cloth. Avoid using abrasive cleaners or harsh chemicals, as these can damage the finish.
- **Periodic Checks:** Periodically check all screws and connections to ensure they remain tight and secure. Retighten if necessary.
- **Gas Spring:** The gas spring is designed for long-term use and generally requires no maintenance. If you notice a change in performance, refer to the gas spring adjustment section.

7. TROUBLESHOOTING

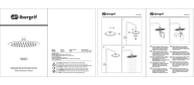
If you encounter issues with your Ibergrif MA001 Monitor Mount, refer to the solutions below:

Problem	Possible Cause	Solution
Monitor sags or does not stay at desired height.	Gas spring tension is too low for the monitor's weight.	Increase gas spring tension by turning the adjustment screw clockwise (+). Refer to Section 5.1.
Monitor is too stiff to move or difficult to push down.	Gas spring tension is too high for the monitor's weight.	Decrease gas spring tension by turning the adjustment screw counter-clockwise (-). Refer to Section 5.1.
Monitor wobbles or feels unstable.	Loose connections or unstable desk surface.	Check all mounting screws (C-clamp/grommet, VESA plate, arm connections) and tighten if necessary. Ensure your desk is stable.
Cables are messy or getting caught.	Cables not properly routed.	Re-route cables through the integrated cable management channels. Ensure sufficient slack for movement. Refer to Section 5.6.

8. WARRANTY AND CUSTOMER SUPPORT

For warranty information or if you require further assistance, please contact Ibergrif customer support. Details can typically be found on the product packaging or the official Ibergrif website.

You can visit the [Ibergrif Store on Amazon](#) for more product information.

 <p>OPERATING INSTRUCTIONS</p> <p>IBERGRIF M22025-3/8</p> <p>Detailed operating instructions and safety warnings for the Ibergrif M22025-3/8 Angle Valve. Learn about installation, water pressure limits, and product specifications.</p>	<p>Ibergrif M22025-3/8 Angle Valve: Operating Instructions and Safety Guide</p> <p>Detailed operating instructions and safety warnings for the Ibergrif M22025-3/8 Angle Valve. Learn about installation, water pressure limits, and product specifications.</p>
 <p>IBERGRIF M20406</p> <p>Comprehensive guide for assembling and installing the Ibergrif M20406 Shower Head Bracket using self-adhesive or wall-mounted methods. Includes product details and safety warnings.</p>	<p>Ibergrif M20406 Shower Head Bracket Assembly and Installation Guide</p> <p>Comprehensive guide for assembling and installing the Ibergrif M20406 Shower Head Bracket using self-adhesive or wall-mounted methods. Includes product details and safety warnings.</p>
 <p>IBERGRIF M20293</p> <p>Official installation and maintenance guide for the Ibergrif M20293 Rain Shower Head. Learn how to install, troubleshoot water flow issues, and replace silicone tips.</p>	<p>Ibergrif M20293 Rain Shower Head Installation and Maintenance Guide</p> <p>Official installation and maintenance guide for the Ibergrif M20293 Rain Shower Head. Learn how to install, troubleshoot water flow issues, and replace silicone tips.</p>
 <p>IBERGRIF M22136-99</p> <p>Detailed installation instructions for the Ibergrif M22136-99 pull-out kitchen mixer with touch on/off functionality. Includes manufacturer and marketer information, safety warnings, and step-by-step visual guidance.</p>	<p>Ibergrif M22136-99 Pull-Out Kitchen Mixer Touch On/Off Installation Guide</p> <p>Detailed installation instructions for the Ibergrif M22136-99 pull-out kitchen mixer with touch on/off functionality. Includes manufacturer and marketer information, safety warnings, and step-by-step visual guidance.</p>
 <p>IBERGRIF M41002</p> <p>Concise installation guide for the Ibergrif M41002 O Shape Toilet Seat, featuring easy-to-follow steps, parts list, and product information. Learn how to quickly and correctly install your new toilet seat.</p>	<p>Ibergrif M41002 O Shape Toilet Seat Installation Guide</p> <p>Concise installation guide for the Ibergrif M41002 O Shape Toilet Seat, featuring easy-to-follow steps, parts list, and product information. Learn how to quickly and correctly install your new toilet seat.</p>
 <p>IBERGRIF M41001-2</p> <p>Comprehensive installation guide for the Ibergrif M41001-2 D shape toilet seat, featuring a parts list, step-by-step instructions with textual diagram descriptions, and important safety warnings.</p>	<p>Ibergrif M41001-2 D Shape Toilet Seat Installation Guide</p> <p>Comprehensive installation guide for the Ibergrif M41001-2 D shape toilet seat, featuring a parts list, step-by-step instructions with textual diagram descriptions, and important safety warnings.</p>