Flrrtenv F-Z-GLPCSJZ-100-50-WH

Flrrtenv Height Adjustable Standing Desk User Manual

Model: F-Z-GLPCSJZ-100-50-WH

Introduction

Thank you for choosing the Flrrtenv Height Adjustable Standing Desk. This manual provides essential information for the proper setup, operation, and maintenance of your new desk. Please read this manual thoroughly before assembly and use to ensure optimal performance and safety.

Product Features

- **Adjustable Height Range:** Seamlessly switch between sitting and standing positions with a height range of 31.9" to 39.8". This ensures a comfortable fit for users of all heights, promoting a healthier work-life balance.
- **Charging Convenience:** Never run out of power with 3 AC outlets and 2 USB ports. This desk doubles as a charging hub for your smartphones, tablets, laptops, and more. A 5.9-foot cord provides ample reach, ensuring flexibility in your room layout.
- **Durable Construction:** Crafted from high-quality steel, the desk is built to withstand the test of time. Its robust frame supports up to 350 lbs, making it perfect for laptops, monitors, and other office essentials. The 39" L X19.7"W desktop offers ample workspace for all your needs.
- **Rolling Mobility:** Equipped with heavy-duty casters, the desk offers effortless mobility. Move your desk with ease from one room to another, or reposition it within your space to suit your needs. The C-shaped design is perfect for your living room, bedroom, study, or any small space.
- **Easy Assembly:** With a straightforward assembly process, you'll be up and running in no time. All necessary tools and instructions are included, ensuring a hassle-free setup.



Figure 1: Key Features of the Flrrtenv Standing Desk. This image highlights the desk's high-quality plank material, integrated phone and tablet holder, adjustable height mechanism, and 360-degree lockable casters for mobility and stability.

Specifications

Attribute	Detail
Brand	Flrrtenv
Model Number	F-Z-GLPCSJZ-100-50-WH
Product Dimensions	20"D x 39"W x 40"H
Color	White
Style	Modern
Base Material	Metal
Top Material Type	Engineered Wood
Item Weight	28 Pounds
Minimum Height	31.9 Inches
Maximum Height	39.8 Inches
Number Of Shelves	1
Power Outlets	3 AC Outlets
USB Ports	2 USB Ports
Required Assembly	Yes



Figure 2: Product Dimensions. This diagram illustrates the precise measurements of the desk, including its adjustable height range from 31.9 inches to 39.8 inches, and desktop dimensions of 39.4 inches by 19.7 inches.

Setup and Assembly

The Flrrtenv Height Adjustable Standing Desk is designed for straightforward assembly. All necessary tools and hardware are included in the package. Please follow the step-by-step instructions provided in the separate assembly guide for detailed visual instructions.

Before You Begin:

- Unpack all components and verify against the parts list in the assembly guide.
- Ensure you have adequate space for assembly.
- Keep small parts out of reach of children.

Assembly Tips:

- Assemble on a soft, clean surface to prevent scratches.
- Do not overtighten screws during initial assembly; tighten fully once all parts are aligned.
- Seek assistance if needed for lifting or positioning heavy components.

Operating Instructions

Adjusting Desk Height:

The desk features a manual height adjustment mechanism. To adjust the height, locate the adjustment knobs on the vertical support columns. Loosen the knobs, carefully raise or lower the desktop to your desired height between 31.9 inches and 39.8 inches, and then securely tighten the knobs to lock the desk in place. Ensure both sides are adjusted to the same height for stability.



Figure 3: Height Adjustment Demonstration. This image shows two desks, one set to its minimum height of 31 inches and another to its maximum height of 40 inches, illustrating the range of height customization available.

Using Power Outlets and USB Ports:

The desk is equipped with 3 AC outlets and 2 USB ports for convenient charging of your electronic devices. Plug the desk's main power cord into a standard wall outlet. You can then connect your devices directly to the integrated outlets and USB ports on the desktop.



Figure 4: Integrated Power and USB Ports. This close-up view highlights the convenient placement of the 3 AC outlets and 2 USB ports on the desktop, allowing for easy charging of multiple devices simultaneously.

Utilizing Mobility Features:

The desk is fitted with heavy-duty casters for easy movement. To move the desk, ensure all items are securely placed or removed from the desktop and shelves. Unlock the casters by pressing down on the locking levers. Once unlocked, the desk can be rolled to a new location. To secure the desk in place, press down on the locking levers of the casters until they click into the locked position.

Maintenance and Care

- **Cleaning:** Wipe the desk surfaces with a soft, damp cloth. Avoid harsh chemicals or abrasive cleaners that may damage the finish.
- **Hardware Check:** Periodically check all screws and fasteners to ensure they are tight. Retighten if necessary to maintain stability.
- **Caster Care:** Keep casters free of debris to ensure smooth rolling. If casters become stiff, clean them and apply a small amount of silicone lubricant if needed.
- **Power Unit:** Ensure the power strip and cables are not pinched or damaged. Do not expose the power unit to liquids.

Troubleshooting

Problem	Possible Cause	Solution
Desk is wobbly after assembly.	Screws are not fully tightened; uneven floor surface.	Ensure all assembly screws are securely tightened. If the floor is uneven, consider using shims under the casters or adjusting the desk's position.
Height adjustment is difficult or stiff.	Adjustment knobs are too tight; mechanism needs lubrication.	Loosen the adjustment knobs sufficiently before attempting to change height. If still stiff, apply a small amount of silicone spray to the sliding parts of the height mechanism.

Power outlets/USB ports are not working.	Desk not plugged in; power strip switch off; circuit overload.	Verify the desk's main power cord is securely plugged into a functional wall outlet. Check if there's a power switch on the integrated power strip and ensure it's on. Reduce the number of devices plugged in if overloaded.
Casters are not rolling smoothly or locking.	Debris caught in casters; locking mechanism obstructed.	Clean any hair or debris from the caster wheels. Ensure the locking levers are fully engaged or disengaged.

Warranty Information

The Flrrtenv Height Adjustable Standing Desk comes with a limited warranty. This warranty covers manufacturing defects in materials and workmanship under normal use. Please retain your proof of purchase for warranty claims.
For specific details regarding the duration and terms of your warranty, please refer to the warranty card included with your product or contact Flrrtenv customer support.

Optional Protection Plans:

Extended protection plans may be available for purchase separately to provide additional coverage beyond the standard limited warranty. These plans typically offer coverage for accidental damage and extended mechanical/electrical failures.

- 2-Year Protection Plan
- 3-Year Protection Plan
- Complete Protect (monthly renewal option)

Customer Support

If you have any questions, require assistance with assembly, or encounter any issues with your Flrrtenv Height Adjustable Standing Desk, please do not hesitate to contact our customer support team.
Please have your model number (F-Z-GLPCSJZ-100-50-WH) and purchase information ready when contacting support to ensure a quicker resolution.
For the most up-to-date contact information, please visit the official Flrrtenv website or refer to the contact details provided on your product packaging.

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