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› CARBINOX Blaze Smart Watch User Manual

CARBINOX Carbinox Blaze Type R

CARBINOX Blaze Smart Watch User Manual

Model: Carbinox Blaze Type R

INTRODUCTION

The CARBINOX Blaze Smart Watch is a rugged fitness tracker designed for active lifestyles. It features integrated GPS, extensive sports tracking capabilities, and robust construction to withstand challenging environments. This manual provides detailed instructions to help you get the most out of your device.

WHAT'S IN THE BOX

- USB Charging Cable
- Instructions Manual
- Watch head, Watch Strap

SETUP

Initial Charging

Before first use, fully charge your CARBINOX Blaze Smart Watch using the provided USB charging cable. Connect the magnetic end of the cable to the charging contacts on the back of the watch and the USB-A end to a compatible power adapter (not included).

Powering On and Pairing with the App

To begin using your watch, follow these steps:

1. Download the 'CARBINOX PRO' app from your device's app store (available on Android and iOS).
2. Ensure Bluetooth is enabled on your smartphone.
3. Turn on your CARBINOX Blaze Smart Watch.
4. Open the 'CARBINOX PRO' app and follow the on-screen prompts to search for and pair with your watch. Select 'Carbinox Blaze' from the list of available devices.
5. Once connected, the app will confirm successful pairing.

2:43
28 °C

Calories
kcal

Steps
Steps

Distance
km

Sleep

Heart rate

Blood pressure
mmHg

Download on the App Store

GET IT ON Google Play

DOWNLOAD THE APP "CARBINOX PRO" TO PAIR YOUR BLAZE WITH YOUR PHONE

Figure 1: Download the CARBINOX PRO App to pair your Blaze with your phone.

OPERATING INSTRUCTIONS

General Navigation

The CARBINOX Blaze Smart Watch features a responsive touchscreen and physical buttons for navigation. Swipe left/right or up/down to access different functions and menus. Press the side buttons to return to the home screen or access specific features as assigned.

GPS Tracking Sports Modes

The watch supports 7 GPS tracking sports modes when connected to your smartphone. These include outdoor walking, running, snowboarding, cycling, mountaineering, cross-country running, and skiing. The integrated GPS system provides precise tracking for all your outdoor activities.

NAVIGATE YOUR WORLD: INTRODUCING GPS WITH UNMATCHED PRECISION



Figure 2: GPS navigation for precise tracking.

Call Functionality

Make and receive calls directly from your watch, allowing you to stay connected without needing your phone nearby. The watch also displays text notifications.

Notifications, Alarm Clock, and Weather Updates

Receive notifications for messages and social applications directly on your wrist. Set alarms and get live weather updates to stay informed throughout your day.

Sleep Tracking and Breathing Reminder

Monitor your sleep patterns to gain insights into your rest quality. The watch also provides reminders to take a breather, promoting a healthy balance in your daily routine.

Altimeter, Barometer, and Compass

For outdoor exploration, the watch integrates an altimeter, barometer, and compass. These tools provide essential data for altitude, atmospheric pressure, and direction, preparing you for any adventure.

ALTIMETER, BAROMETER, AND COMPASS INTEGRATED



Figure 3: Integrated Altimeter, Barometer, and Compass for outdoor use.

Accurate Health Monitoring

Equipped with upgraded sensors, the watch provides real-time monitoring of your heart rate, oxygen levels (SpO2), and stress. Keep track of your key health metrics directly from your wrist.

SUPERIOR ACCURACY WITH SMART SENSORS TO TRACK YOUR STATS



Figure 4: Superior accuracy with smart sensors to track your stats.

170+ Sports Modes

The CARBINOX Blaze offers over 170 sports modes to suit nearly any activity, from running and swimming to extreme sports. It tracks every movement, providing valuable insights and performance data to help you achieve your fitness goals.



Figure 5: Over 170 sports and workout modes with smart recognition technology.

MAINTENANCE

Durability and Care

The CARBINOX Blaze Smart Watch is built for durability, featuring MIL-STD 810H certification, IP69K waterproofing, and dust-proof and scratch-proof properties. The thicker, more resilient straps are designed to withstand tough conditions.

- **Cleaning:** Wipe the watch and strap regularly with a soft, damp cloth. Avoid harsh chemicals.
- **Water Exposure:** While IP69K waterproof, avoid prolonged submersion in hot water or exposure to high-pressure water jets.
- **Impact:** Though rugged, extreme impacts should be avoided to preserve the device's integrity.

THERE'S NOTHING THAT WILL BREAK THIS WATCH



**MIL-STD 810H
STANDARD**



**IP69K
WATERPROOF**



DUST-PROOF



SCRATCH-PROOF



**UP TO 60 DAYS
OF BATTERY**



LIGHTWEIGHT

Figure 6: Built to withstand tough conditions.

Battery Life

The watch is equipped with a 480 Milliamp Hours Lithium Ion battery. Battery life can vary based on usage, with features like GPS tracking and frequent calls consuming more power. Regular charging is recommended to maintain optimal performance.

TROUBLESHOOTING

Issue	Possible Solution
Watch not pairing with phone	Ensure Bluetooth is on, the watch is charged, and the 'CARBINOX PRO' app is open. Try restarting both devices.
Inaccurate health data	Ensure the watch is worn snugly on your wrist. Clean the sensor area regularly.

Issue	Possible Solution
Short battery life	Reduce screen brightness, limit continuous heart rate monitoring, and disable unnecessary notifications.
GPS not tracking	Ensure you are in an open area with clear sky view. Confirm the watch is connected to your phone for assisted GPS.

For more detailed troubleshooting and support, please refer to the 'CARBINOX PRO' app or visit the official CARBINOX support website.

SPECIFICATIONS

Feature	Detail
Model Number	Carbinox Blaze Type R
Screen Size	1.43 Inches (Visible screen diagonal: 2" / 4 cm)
Operating System	Android, iOS compatible
Connectivity	Bluetooth
GPS	Built-in GPS
Battery Capacity	480 Milliamp Hours (Lithium Ion)
Item Weight	8.6 ounces
Dimensions	5.87 x 4.09 x 1.73 inches (Package)
Special Features	Lightweight, Notifications, Phone Call, Shockproof



Figure 7: Detailed dimensions of the CARBINOX Blaze Smart Watch.

WARRANTY AND SUPPORT

For information regarding product warranty, returns, or technical support, please refer to the official CARBINOX website or contact their customer service directly. The 'CARBINOX PRO' app may also provide access to support resources and FAQs. Visit the [CARBINOX Store](#) for more products and information.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

How do you set the health measurements to stop being continuous on the CARBINOX Carbinox Blaze Type R?

To stop continuous health measurements on your CARBINOX Blaze Type R, you typically need to adjust the settings within the CARBINOX PRO app on your smartphone. While the manual does not provide a step-by-step...

[Read full answer](#)