

## Homailida G208

# Homailida Smartwatch User Manual

Model: G208

## 1. INTRODUCTION

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Welcome to the Homailida Smartwatch user manual. This guide provides detailed instructions on how to set up, operate, and maintain your new smartwatch. Please read this manual carefully to ensure proper use and to fully utilize all the features of your device.

## 2. WHAT'S IN THE BOX

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Upon opening your Homailida Smartwatch package, you should find the following items:

- 1 x Homailida Smartwatch
- 1 x Stainless Steel Watch Strap
- 1 x Silicone Watch Strap
- 1 x Magnetic Charging Cable
- 1 x User Manual
- 1 x Watch Strap Adjuster Tool

## 3. PRODUCT OVERVIEW

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The Homailida Smartwatch is designed for modern women, combining elegant aesthetics with advanced health and fitness tracking capabilities. It features a vibrant display and comes with two interchangeable straps to suit various occasions.



Image: Homailida Smartwatch with both metal and silicone strap options, showcasing its elegant design and customizable watch faces.

# BLUETOOTH CALL NOTIFICATION REMINDER

NO CALL OR MESSAGE IS MISSED



Image: Rear view of the Homailida Smartwatch, highlighting the integrated health sensors and charging contacts.

## 4. SETUP

### 4.1 App Installation and Pairing

To unlock the full potential of your Homailida Smartwatch, you need to connect it to your smartphone via the 'Da Fit' application.

1. **Download the App:** Search for 'Da Fit' in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS) or scan the QR code provided in the watch's packaging or on the watch screen during initial setup. You can also visit <http://plus.crrepa.com/app-download/dafit>.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Pair the Watch:** Open the 'Da Fit' app, navigate to the 'Device' section, and tap 'Add Device'. The app will search for nearby devices. Select 'G208' from the list to connect.
4. **Enable Bluetooth Call Function:** After initial pairing, swipe down on your watch screen to access the quick settings. Tap the 'Phone Call' icon to activate it. On your phone's Bluetooth settings, search for 'Media Audio' (or similar, e.g., 'G208\_Audio') and connect to it. Once connected, you can make and receive calls directly from your watch.



Image: Visual guide illustrating the steps to connect the smartwatch to the 'Da Fit' app and enable Bluetooth calling.

## 4.2 Adjusting the Band Length

Your Homailida Smartwatch comes with a metal strap that can be adjusted to fit your wrist comfortably using the included tool.

1. **Identify Pins:** Locate the small arrows on the inside of the strap links. These indicate the direction to push the pins out.
2. **Remove Pins:** Place the strap in the adjuster tool, aligning the pin with the tool's pusher. Turn the screw to push the pin out in the direction of the arrow.
3. **Remove Links:** Once the pin is out, separate the links. Remove as many links as needed to achieve the desired length.
4. **Reassemble:** Reconnect the strap links. Insert the pin back into the hole in the opposite direction of the arrow. Use the tool to gently press the pin back into place until it is flush with the link.



Image: Step-by-step guide on how to adjust the length of the metal watch band using the provided tool.

## 5. OPERATING INSTRUCTIONS

### 5.1 Bluetooth Calls and Notifications

With Bluetooth 5.0, your smartwatch allows you to manage calls and receive notifications directly on your wrist.

- **Make/Receive Calls:** Once connected to your phone's Bluetooth for calls, you can dial numbers, access call logs, and answer incoming calls directly from the watch.

- **Notifications:** Receive real-time alerts for messages and app notifications (e.g., Facebook, Twitter, WhatsApp, Instagram). Note: You cannot modify or reply to messages directly from the watch.



Image: Display showing the smartwatch's Bluetooth call interface with a dial pad and incoming message notifications from various apps.



Image: Overview of the smartwatch's wireless call capabilities, including integrated microphone, dialing, call logs, and contacts.

## 5.2 Health Monitoring

The smartwatch continuously monitors key health indicators to provide you with comprehensive insights into your well-being.

- **Heart Rate:** 24/7 continuous heart rate monitoring.
- **Blood Oxygen (SpO2):** Measures your blood oxygen saturation levels.
- **Sleep Tracking:** Automatically monitors your sleep patterns, providing a complete analysis of sleep

quality (deep sleep, light sleep, REM, awake time) to help you improve your sleep habits.

- **Stress Monitoring:** Tracks your stress levels throughout the day.

# All Day Activity Tracking and 100+ Sport Modes

Steps

Distance

Heart Rate

Calorie

Activity

Day Week Month

6028 STEPS

11-10-2024, Fri

Sun Mon Tue Wed Thu Fri Sat

5030 368 34

active activity 0 MET-min

this week has accumulated 380 MET-min

Recommended effective MET-min is 600-1000

Image: Visual representation of the smartwatch's 24/7 health monitoring, including heart rate, aerobic activity, and stress levels.

# 100+ Modes Sportifs

Duration 00:34:05

Total Steps 6028 Steps

Total Calories 368 Kcal

Running 00:34:05

Total Steps 6028 Steps

Total Calories 368 Kcal

Heart Rate 148 BPM

Total Distance 5.03 Km

Add Sports

Popular >

Water Sports >

Outdoor Activities >

Trainings >

Dance >

Image: Comprehensive display of the smartwatch's health surveillance features, including detailed sleep data, heart rate monitoring during aerobic activity, and stress level graphs.

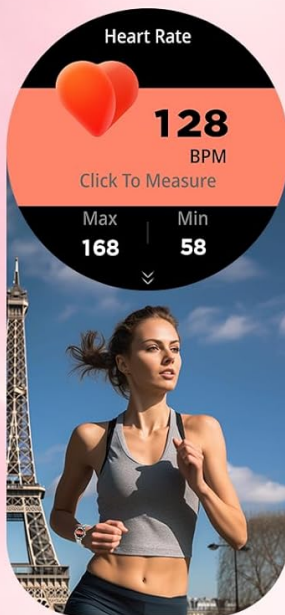
## 5.3 Sport Modes

The smartwatch supports over 100 sport modes, allowing you to track various activities and monitor your performance.

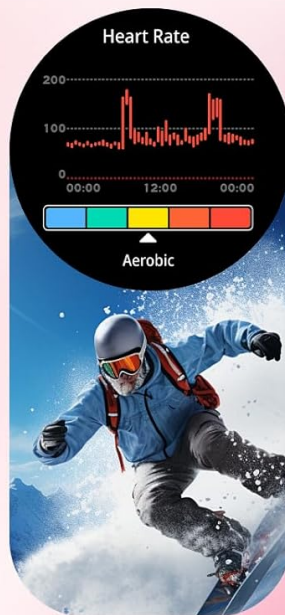
- **Activity Tracking:** Easily view sports data such as steps taken, calories burned, distance covered, and heart rate during your workouts.
- **Diverse Modes:** Includes modes for walking, running, dancing, and many more.



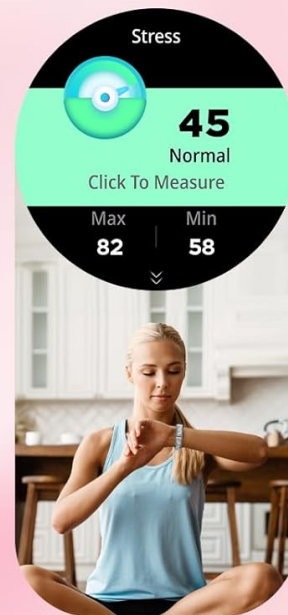
## 24/7 Health Monitoring



Heart Rate



Heart Rate



Stresses

Image: Illustration of the smartwatch's all-day activity tracking and over 100 sport modes, showing a runner and watch display with steps, calories, and heart rate data.

## Cadeaux Exquis pour les Femmes

- Anniversaire
- Noël
- Fête des mères
- Saint-Valentin
- Jour de Thanksgiving



Image: A collage demonstrating the variety of over 100 sport modes available on the smartwatch, from running to water sports and training.

### 5.4 Female Health Care

The smartwatch includes dedicated features for female health tracking, helping you manage your cycle with precision.

- **Menstrual Cycle Tracking:** Predicts physiological periods, tracks menstrual periods, and estimates ovulation days.

# Female Health Care

Customized for women, monitors and reminds you of your body cycle

- Predict the physiological period
- Menstrual period
- Ovulation
- Ovulation day



Image: Screenshot of the smartwatch's female health care interface, showing a calendar with predicted menstrual and ovulation periods.

## 24/7 Surveillance de la Santé

**Sleep Data**

Sleep Quality

22:56 | Awake | REM | 06:22

Light | Restful

**Heart Rate Monitoring**

Aerobic

**Heart Rate Monitoring**

Aerobic

**Stress Monitoring**

Image: A woman smiling while wearing the smartwatch, with an overlay showing the female health assistant interface for menstrual cycle tracking.

## 5.5 Custom Watch Faces

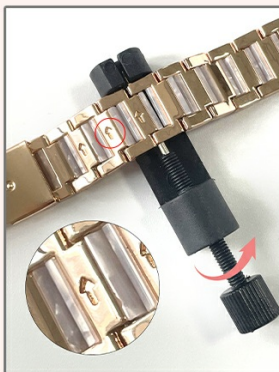
Personalize your smartwatch with over 160 styles of watch faces, or even use your own photos.

- **Extensive Library:** Choose from a wide variety of pre-designed watch faces to match your mood or outfit.
- **Customization:** Upload your favorite photos to create unique watch faces.



Image: A collage showcasing the 160+ customizable watch faces available, including options to use personal photos as backgrounds.

## Réglez la longueur de la bande



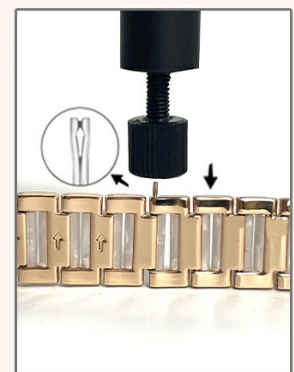
1. Alignez le trou de la broche et poussez la broche hors de la partie indiquée par la flèche dans la figure.



2. Séparez les broches et les maillons de la bande et retirez les maillons que vous souhaitez.



3. Insérez la broche dans la direction opposée à celle de la flèche sur la photo.



4. Utilisez l'outil de démontage pour presser la broche dans la bande. Ainsi, le réglage de la longueur est terminé.

Image: An illustration demonstrating how to personalize watch faces with over 160 unique dials, including the option to upload your own photos.

## 5.6 Other Practical Features

The Homailida Smartwatch offers a variety of convenient functions for daily use:

- **Alarm:** Set multiple alarms.
- **Stopwatch & Timer:** For precise timekeeping.
- **Find Phone:** Locate your misplaced phone.
- **Brightness Adjustment:** Control screen brightness.
- **Weather Forecast:** Get real-time weather updates.
- **Breathing Training:** Guided breathing exercises for stress reduction.
- **SOS Emergency Call:** Quick access to emergency contacts.
- **Remote Camera Control:** Use your watch as a remote shutter for your phone's camera.
- **Music Control:** Play, pause, skip tracks, and adjust volume for music playing on your phone.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Drink Reminder:** Reminds you to stay hydrated.
- **High Heart Rate Reminder:** Notifies you if your heart rate exceeds a set threshold.
- **Voice Assistant:** Access your phone's voice assistant.
- **Flashlight:** Use the screen as a temporary light source.

## 6. WATER RESISTANCE

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The Homailida Smartwatch has an IP68 water resistance rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, including:

- Washing hands
- Rainy days
- Showering (cold water only)
- Swimming (shallow water)

### **Important Precautions:**

- Do not use the watch in hot water showers, saunas, or steam rooms.
- Avoid prolonged immersion in water or diving.
- Do not press any buttons while the watch is submerged.

## 7. CHARGING

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To charge your Homailida Smartwatch:

1. Connect the magnetic charging cable to a USB power source (e.g., computer USB port, wall adapter).
2. Align the magnetic end of the cable with the charging contacts on the back of your smartwatch. The magnets will snap it into place.
3. The watch screen will indicate that it is charging. A full charge typically takes approximately 2 hours.
4. A full charge provides up to 5 days of typical usage.

## 8. TROUBLESHOOTING

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If you encounter any issues with your Homailida Smartwatch, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Unable to pair with phone:**
  - Ensure Bluetooth is enabled on your phone and the watch.
  - Make sure the watch is within the Bluetooth range (typically 10 meters).
  - Restart both your phone and the smartwatch.
  - Clear the Bluetooth cache on your phone (if applicable).
  - Try unpairing and re-pairing the device in the 'Da Fit' app.
- **Inaccurate health data:**
  - Ensure the watch is worn snugly on your wrist, not too tight or too loose.
  - Clean the sensors on the back of the watch.
  - Avoid excessive movement during measurements.
- **Notifications not received:**
  - Check if app notifications are enabled in the 'Da Fit' app settings.
  - Ensure your phone's notification settings allow the 'Da Fit' app to display notifications.
  - Verify that the watch is connected to your phone via Bluetooth.
- **Short battery life:**
  - Reduce screen brightness.
  - Disable continuous heart rate monitoring if not needed 24/7.
  - Limit frequent use of Bluetooth call function.
  - Turn off 'Raise to Wake' feature if not frequently used.

If the issue persists, please contact Homailida customer support for further assistance.

## 9. SPECIFICATIONS

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<b>Brand</b>	Homailida
<b>Model Number</b>	G208
<b>Color</b>	Silver
<b>Operating System</b>	Android/iOS Compatible
<b>Screen Size</b>	1.2 Inches
<b>Connectivity</b>	Bluetooth 5.0
<b>Battery Type</b>	Lithium-polymer
<b>Battery Capacity</b>	230 mAh

<b>Water Resistance</b>	IP68
<b>Memory Storage Capacity</b>	64 MB
<b>GPS</b>	GPS via smartphone
<b>Shape</b>	Round

## 10. WARRANTY AND SUPPORT

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Your Homailida Smartwatch comes with a **1-year manufacturer's warranty**. This warranty covers defects in materials and workmanship under normal use.

For warranty claims, technical support, or any questions regarding your product, please refer to the contact information provided on the product packaging or the official Homailida website. Please have your model number (G208) and proof of purchase ready when contacting support.