

## Redmi Redmi Watch 5 Lite

# Redmi Watch 5 Lite User Manual

Model: Redmi Watch 5 Lite

Brand: Redmi

## INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, and maintenance of your Redmi Watch 5 Lite. Please read this manual carefully before using the device to ensure proper functionality and to maximize your user experience.

## Redmi Watch 5 Lite

AMOLED

Make Your Move



*Image: The Redmi Watch 5 Lite in Light Gold and Black, highlighting its modern aesthetic.*

## WHAT'S IN THE BOX

Upon unboxing your Redmi Watch 5 Lite, ensure all the following components are present:

- Redmi Watch 5 Lite (Light Gold)
- Charging Cable
- User Manual (this document)



*Image: The Redmi Watch 5 Lite in Light Gold, the primary component of your package.*

## SETUP

### 1. Charging the Device

Before first use, fully charge your Redmi Watch 5 Lite. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a compatible power adapter (not included).

# 18 Days of Battery Life



*Image: Visual representation of the watch charging, highlighting its extended battery life.*

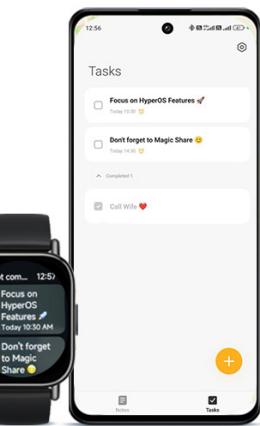
## 2. Pairing with Your Smartphone

1. Download the **Mi Fitness** app from your smartphone's app store (Google Play Store or Apple App Store).
2. Open the Mi Fitness app and follow the on-screen instructions to create an account or log in.
3. Turn on your Redmi Watch 5 Lite by pressing and holding the side button.
4. In the Mi Fitness app, navigate to "Devices" and select "Add Device".
5. Select "Redmi Watch 5 Lite" from the list of available devices.
6. Confirm the pairing request on both your watch and smartphone.



Xiaomi HyperOS

## HyperOS Connectivity



*Image: The Redmi Watch 5 Lite connected to a smartphone, demonstrating HyperOS connectivity features like task synchronization.*

## OPERATING YOUR REDMI WATCH 5 LITE

### Display and Navigation

The Redmi Watch 5 Lite features a vibrant 1.96-inch AMOLED display. You can navigate the watch interface using touch gestures and the multi-functional side button.

- Swipe Up/Down:** Scroll through notifications or quick settings.
- Swipe Left/Right:** Access widgets like heart rate, weather, or activity summaries.
- Tap:** Select an item or open an application.
- Press Side Button:** Return to the watch face or open the app list.
- Always On Display:** The display can show time and basic information continuously.
- Raise To Wake:** Lift your wrist to automatically activate the screen.

4.98cm(1.96)  
**AMOLED**

600 Nits | Always On | Raise To Wake



*Image: The vivid 1.96-inch AMOLED display of the Redmi Watch 5 Lite.*

### **Bluetooth Calling**

The watch supports Bluetooth calling, allowing you to answer calls directly from your wrist. It includes AI Noise Reduction for clearer conversations.

- **Answering Calls:** Tap the green icon on the watch screen when a call comes in.
- **Quick Reply:** Send pre-set quick replies to incoming calls (configure in Mi Fitness app).
- **Favourite Contacts:** Add frequently called contacts for quick access.
- **Call History:** View your recent call logs on the watch.

# Bluetooth **clear** CALLING

Quick Reply | Add Favourite Contacts  
Access Call History



*Image: Demonstrating the Bluetooth calling feature of the Redmi Watch 5 Lite.*

## GPS Tracking

The in-built Enhanced Five-System GPS (GLONASS, GPS, Beidou, Galileo, QZSS) allows for accurate tracking of your outdoor activities without needing your phone.

- Start an outdoor workout (e.g., Outdoor Running) from the Sports Modes.
- The watch will automatically acquire a GPS signal.
- View your route and detailed statistics in the Mi Fitness app after syncing.



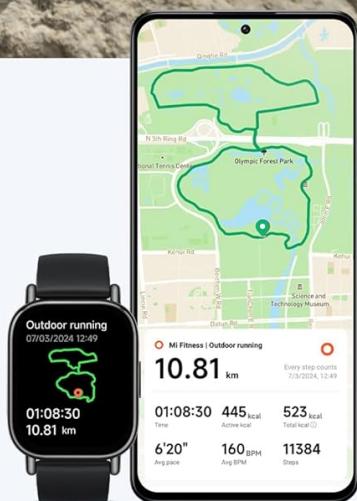
GLONASS

Galileo

GPS

QZSS

Beidou



*Image: The Redmi Watch 5 Lite's in-built GPS tracking feature, showing route mapping on a connected smartphone.*

## Sports Modes and Health Monitoring

The watch supports over 150 sports modes and provides comprehensive health monitoring.

- **150+ Sports Modes:** Select your activity from the watch's sports menu. Includes Auto Sports Detection and Built-in Running Courses.
- **Swim Tracking:** The 5 ATM water resistance allows for tracking swimming activities.
- **Heart Rate Monitoring:** Continuous heart rate tracking.
- **SpO2 Monitoring:** Blood oxygen saturation measurement.
- **Sleep Tracking:** Detailed analysis of sleep stages and quality.



## 150+ Sports Modes

Auto Sports Detection  
Built-in Running Courses  
Swim Tracking

*Image: Overview of the 150+ sports modes available on the Redmi Watch 5 Lite.*

# 5 ATM Water Resistant

50m Water-Resistant | Swim Tracking



*Image: The Redmi Watch 5 Lite's 5 ATM water resistance, suitable for swimming.*

## Alexa Built-in

Access Amazon Alexa directly from your wrist for voice commands, setting alarms, checking weather, and more.

- Ensure your watch is connected to your phone and the Mi Fitness app.
- Activate Alexa by swiping right or using a dedicated shortcut (if configured).
- Speak your command clearly into the watch's microphone.

## KEY FEATURES OVERVIEW

- **Vibrant 1.96" AMOLED Display:** Enjoy clear visuals with 600 Nits brightness, Always On Display, and Raise To Wake functionality.
- **Up to 18 Days Battery Life:** Extended usage on a single charge.

- **5 ATM Water Resistance:** Suitable for swimming and shallow water activities (up to 50 meters).
- **Enhanced Five-System GPS:** Accurate outdoor activity tracking with GLONASS, GPS, Beidou, Galileo, and QZSS support.
- **Bluetooth Calling with AI Noise Reduction:** Clear calls directly from your wrist.
- **150+ Sports Modes:** Comprehensive tracking for a wide range of activities, including swim tracking.
- **200+ Customisable Watch Faces:** Personalize your watch to match your style.
- **Xiaomi HyperOS Connectivity:** Seamless integration with your smartphone for task sync, event reminders, weather updates, and fluid animations.
- **Additional Features:** Multi-functional Side Button, Watch Screen Lock, Water Cleaning mode, Customisable Widgets, and Find Your Phone function.

## There is so much more you can do



Multi-functional Side Button



Alexa Built-in



Watch Screen Lock



Water Cleaning



Customisable Widgets



Find Your Phone

*Image: Icons illustrating the diverse range of additional features on the Redmi Watch 5 Lite.*

## MAINTENANCE

To ensure the longevity and optimal performance of your Redmi Watch 5 Lite, follow these maintenance guidelines:

- **Cleaning:** Regularly wipe the watch screen and strap with a soft, damp cloth. For stubborn dirt, use a mild soap solution and rinse thoroughly. Ensure the watch is dry before charging.
- **Water Exposure:** While the watch is 5 ATM water resistant, avoid prolonged exposure to hot water, steam, or high-velocity water streams (e.g., pressure washers). After swimming in saltwater, rinse the watch with fresh water and dry it.
- **Charging Contacts:** Keep the charging contacts on the back of the watch clean and free of debris to ensure efficient charging.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place away from direct sunlight.
- **Strap Care:** If the strap is removable, clean it separately. Avoid using harsh chemicals or abrasive materials that could damage the strap.

## TROUBLESHOOTING

If you encounter issues with your Redmi Watch 5 Lite, refer to the following common solutions:

Problem	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Unable to pair with phone	Ensure Bluetooth is enabled on your phone. Make sure the watch is within range of your phone. Restart both the watch and your phone. Clear Bluetooth cache on your phone (Android). Try unpairing and re-pairing the device in the Mi Fitness app.
Inaccurate heart rate/activity data	Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. Clean the sensor on the back of the watch. Update the watch firmware via the Mi Fitness app.
Battery drains quickly	Reduce screen brightness. Disable Always On Display if not needed. Limit continuous heart rate monitoring or set it to a longer interval. Close unnecessary background apps on the watch.
Bluetooth calling issues	Ensure the watch is properly connected for calls in your phone's Bluetooth settings. Check watch volume settings. Ensure the watch's microphone and speaker are not obstructed.

## SPECIFICATIONS

Feature	Detail
Model Name	Redmi Watch 5 Lite
Display	1.96-inch AMOLED, 600 Nits, Always On Display, Raise To Wake
Battery Life	Up to 18 days (typical usage)
Water Resistance	5 ATM (50 meters)
GPS	In-built Enhanced Five-System (GLONASS, GPS, Beidou, Galileo, QZSS)
Connectivity	Bluetooth
Calling	Bluetooth Calling with AI Noise Reduction

Feature	Detail
Sports Modes	150+ (with Auto Sports Detection, Built-in Running Courses, Swim Tracking)
Operating System	Xiaomi HyperOS
Voice Assistant	Alexa Built-in
Weight	Approx. 10 g (without strap)

## WARRANTY AND SUPPORT

Your Redmi Watch 5 Lite comes with a standard manufacturer's warranty. Please refer to the warranty card included in your product packaging for specific terms and conditions, including warranty period and coverage details.

For technical support, service, or further inquiries, please visit the official Redmi support website or contact their customer service. Keep your purchase receipt as proof of purchase for warranty claims.

**Online Support:** [Redmi India Support](#)

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This manual is for informational purposes only. Product specifications and features may change without notice.

## Related Documents - Redmi Watch 5 Lite

 <b>Redmi Watch 5 Smartwatch User Manual</b> Comprehensive user manual for the Redmi Watch 5 Smartwatch, covering setup, usage, safety precautions, and warranty information. Learn how to use your Redmi Watch 5 effectively.
 <b>Redmi 5 Watch User Manual</b> User manual for the Redmi 5 Watch (Model: M2462W1) by Xiaomi, providing setup, usage, technical specifications, safety information, and warranty details.

 <b>Redmi Buds 3 Lite</b> <small>User Manual • Üzivatelská příručka • Uživatelská průvodce • Guia do usuário •</small>	<p><a href="#"><b>Redmi Buds 3 Lite User Manual</b></a></p> <p>Comprehensive user manual for the Redmi Buds 3 Lite wireless earphones, covering product overview, charging, wearing, connection, functions, specifications, safety information, and warranty conditions.</p>
 <b>BUDS 6 LITE KULAKLIK KULLANIM KILAVUZU</b> <small>MARKA: REDMI Model: REDMIE</small>	<p><a href="#"><b>Redmi Buds 6 Lite Wireless Earphones User Manual</b></a></p> <p>User manual for the Redmi Buds 6 Lite wireless earphones, covering setup, usage, features, technical specifications, safety information, and warranty.</p>
 <b>Redmi Buds 6 Lite User Manual</b>	<p><a href="#"><b>Redmi Buds 6 Lite User Manual - Wireless Earbuds Guide</b></a></p> <p>This user manual provides comprehensive instructions for the Redmi Buds 6 Lite wireless earbuds, covering initial setup, pairing, charging, controls, and compliance information. Learn how to use your Redmi Buds 6 Lite earphones effectively.</p>
 <b>Redmi Buds 6 Lite Uživatelská příručka</b>	<p><a href="#"><b>Redmi Buds 6 Lite User Manual</b></a></p> <p>This user manual provides comprehensive instructions for the Redmi Buds 6 Lite wireless earphones, covering product overview, package contents, initial setup, wearing, charging, Bluetooth pairing, factory reset, touch controls, and detailed specifications. Learn how to use and maintain your Redmi Buds 6 Lite earbuds effectively.</p>