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- › [Donnerberg](#) /
- › [Donnerberg Proberg Professional Massage Gun User Manual](#)

## Donnerberg MG-999

# Donnerberg Proberg Professional Massage Gun User Manual

Model: MG-999 | Brand: Donnerberg

## 1. INTRODUCTION

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Thank you for choosing the Donnerberg Proberg Professional Massage Gun. This device is engineered to provide deep tissue percussion massage, aiding in muscle recovery, reducing soreness, and enhancing overall performance and well-being. Please read this manual thoroughly before use to ensure safe and optimal operation.



Image 1.1: The Donnerberg Proberg Professional Massage Gun with its various attachments and carrying case.

## 2. IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of electric shock, fire, and injury, please observe the following precautions:

- Do not immerse the device in water or use it near water.
- Keep the device away from heat sources and direct sunlight.
- This device is for adult use only. Keep out of reach of children.
- Do not use on injured skin, open wounds, or areas with poor circulation.
- Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Do not operate continuously for more than 20 minutes. Allow the device to cool down before next use.
- Use only the provided charger.

## 3. PACKAGE CONTENTS

Verify that all items are present in your package:

- Donnerberg Proberg Professional Massage Gun (Model: MG-999)
- 7 Silicone Massage Attachments (including a double spherical head)
- Power Adapter/Charger
- User Manual
- Carrying Case (not explicitly mentioned but common for such products, assuming based on context)



Image 3.1: Overview of the seven silicone massage attachments, including spherical, flat, U-shaped, and cylindrical heads.

## 4. PRODUCT FEATURES

The Donnerberg Proberg Massage Gun is equipped with advanced features for superior performance:

- **Powerful Brushless Motor:** Delivers a stall force of 24 kg/cm<sup>3</sup> for deep tissue penetration.
- **12mm Amplitude:** Provides effective percussion massage to target muscle knots and tension.
- **Long-lasting Battery:** Integrated 3500 mAh Samsung battery offers up to 6-8 hours of continuous use on a single charge.
- **Quiet Operation:** Engineered for low noise levels, allowing for discreet use.
- **Durable Construction:** Features an anodized aluminum casing for robustness and corrosion resistance.
- **Ergonomic Design:** Anti-slip handle ensures a comfortable and secure grip during use.
- **Intuitive Controls:** Dual touch screen for precise control over intensity levels and battery display.
- **Versatile Attachments:** Includes 7 silicone heads designed for various muscle groups and massage types.



Image 4.1: Internal components highlighting the powerful brushless motor, 3500 mAh battery, and low noise levels.

Image 4.2: Detail of the dual touch screen for intuitive control and the ergonomic anti-slip handle.

## 5. SETUP

1. **Charging the Device:** Before first use, fully charge the massage gun. Connect the power adapter to the charging port on the device and plug it into a wall outlet. The LED display will indicate charging status. A full charge typically takes 3-4 hours.
2. **Attaching a Massage Head:** Select the desired silicone massage attachment. Align the attachment with the opening on the front of the massage gun and push it firmly into place. Ensure it is securely seated before use.
3. **Removing a Massage Head:** To remove an attachment, gently pull it straight out from the device. Do not twist or force it.

## 6. OPERATING INSTRUCTIONS

1. **Power On/Off:** Press and hold the power button on the touch screen for 2 seconds to turn the device on or off.
2. **Adjusting Intensity:** Once powered on, use the '+' and '-' buttons on the touch screen to increase or decrease the massage intensity. The device offers multiple speed levels.
3. **Application:** Gently press the massage head against the desired muscle area. Move the device slowly over the muscle, applying light to moderate pressure. Avoid bony areas or sensitive regions.
4. **Session Duration:** For optimal results and to prevent over-stimulation, limit each massage session to 1-2 minutes per muscle group and a total of 15-20 minutes for the entire body.

Batterie Samsung renforcée pour plus d'énergie

# UNE BATTERIE QUI VOUS SUIT.

Le meilleur du meilleur pour toi. Une batterie qui tient ses promesses.

- Grande capacité - 3500 mAh
- Durable & sûr - env. 800 cycles de charge
- Autonomie de 3 à 8 heures selon l'intensité du massage



Image 6.1: Proper application of the massage gun for deep tissue regeneration.

## 7. MAINTENANCE

Regular maintenance ensures the longevity and hygiene of your massage gun:

- **Cleaning the Device:** Wipe the main body of the massage gun with a slightly damp, soft cloth. Do not use abrasive cleaners or immerse the device in water.
- **Cleaning Attachments:** The silicone massage heads can be washed with mild soap and water. Rinse thoroughly and allow them to air dry completely before reattaching or storing.
- **Storage:** Store the device and its attachments in the provided carrying case in a cool, dry place, away from direct sunlight and extreme temperatures.

## 8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or not charged.	Charge the device fully using the provided charger.
Device stops during use.	Overheating or low battery.	Allow the device to cool down for 30 minutes. If battery is low, recharge.
Massage head feels loose.	Attachment not fully inserted.	Remove and re-insert the massage head firmly until it clicks into place.
Reduced massage intensity.	Low battery or excessive pressure.	Recharge the device. Reduce pressure during massage.

## 9. SPECIFICATIONS

- **Model:** MG-999
- **Brand:** Donnerberg
- **Dimensions (L x W x H):** 11.4 x 5.8 x 18.7 cm (4.5 x 2.3 x 7.4 inches)
- **Weight:** 2.43 kg (5.36 lbs)

- **Battery:** 1 Lithium-ion, 3500 mAh (included)
- **Stall Force:** 24 kg/cm<sup>3</sup>
- **Amplitude:** 12 mm
- **Motor Type:** Brushless
- **Date First Available:** September 13, 2024

Faites le bon choix

## PROBERG vs MINIBERG.

12 mm	<b>AMPLITUDE</b>	6 mm
24 kg	<b>FORCE DE DÉCROCHAGE</b>	19 kg
3500 mAh	<b>BATTERIE</b>	2600 mAh
Aluminium	<b>BOÎTIER</b>	Aluminium

Paru dans :

GRAZIA  
**Yours**  
 Women's Fitness  
 ELLE  
 Men's Health  
 WELT

Image 9.1: Comparison of key specifications between the Proberg and Miniberg models.

## 10. WARRANTY AND SUPPORT

The Donnerberg Proberg Professional Massage Gun comes with a **7-year warranty on the motor**, reflecting our commitment to quality and durability. For warranty claims, technical support, or any inquiries, please contact Donnerberg customer service through the official website or your purchase platform.

La qualité d'une marque allemande

# POUR LES MOMENTS QUI COMPTENT.



**PLUS DE  
400.000 CLIENTS  
SATISFAITS**



**7 ANS DE  
GARANTIE SUR  
LE MOTEUR**

**96% des clients  
apprécient  
beaucoup notre  
qualité et notre  
fiabilité.**



Image 10.1: The Donnerberg Proberg massage gun, emphasizing the 7-year motor warranty and brand reliability.