

Therabody JB0004131-1A1L

Therabody JetBoots Prime Wireless Compression Boots User Manual

1. INTRODUCTION

Thank you for choosing the Therabody JetBoots Prime. These ultra-portable, wireless compression boots are designed to provide effective leg muscle recovery through pneumatic compression therapy. This manual provides essential information for the safe and optimal use of your device, including setup, operation, maintenance, and troubleshooting.

2. IMPORTANT SAFETY INFORMATION

Please read all safety warnings and instructions before using the JetBoots Prime to prevent injury or damage to the device. Keep this manual for future reference.

- Consult your physician before using this device if you have any medical conditions, including but not limited to, heart conditions, blood clots, open wounds, or recent surgery.
- Do not use the device on swollen, inflamed, or injured areas of the skin.
- Do not use the device while driving or operating heavy machinery.
- Keep the device away from water and extreme temperatures.
- Only use the provided USB-C charging cable.
- This device is intended for personal use only and not for medical diagnosis or treatment.

3. WHAT'S INCLUDED

Your Therabody JetBoots Prime package contains the following items:

What's Included



2 connected
JetBoots Prime boots



Drawstring
backpack



USB-C charging
cable

Image: All items included with your JetBoots Prime purchase.

- 2 Connected JetBoots Prime compression boots
- Drawstring backpack for storage and portability
- USB-C charging cable

4. PRODUCT OVERVIEW

4.1. Components



Image: The Therabody JetBoots Prime wireless compression boots.

The JetBoots Prime consist of two compression boots connected by a central unit that houses the control panel and internal pump system. Each boot features multiple overlapping air chambers for consistent compression.

4.2. Control Panel



Image: The integrated control panel for adjusting treatment settings.

The intuitive control panel is built directly into the boots, allowing for easy access to all settings:

- **Power Button:** Turns the device on and off.
- **Pressure Level Indicator:** Displays the selected pressure level (25, 50, 75, 100 mmHg).
- **Time Interval Indicator:** Shows the remaining treatment time.
- **Start/Pause Button:** Initiates or temporarily stops a compression session.
- **Battery Indicator:** Shows the current battery charge level.

5. SIZE GUIDE

For optimal performance and comfort, selecting the correct size is crucial. Measure your inseam (from the bottom of the groin to the ankle bone) and refer to the chart below.

Size chart

- ✓ 80% of people wear Regular
- ✓ Long is designed exclusively for 6'5" and taller
- ✓ Between sizes? Size down for the best fit.

Size	Inseam	Height
Short	<29"	<5'6
Regular	29-34"	5'6-6'4
Long	>34"	>6'5



How to measure

Stand straight and measure the length from just below your crotch to the bottom of your ankle.

Image: Size chart for Therabody JetBoots Prime.

JetBoots Prime Size Recommendations

Size	Inseam	Height
Short	<29"	<5'6"
Regular	29"-34"	5'6"-6'4"
Long	>34"	>6'5"

If you are between sizes, it is generally recommended to size down for the best fit.

6. SETUP

6.1. Charging the JetBoots Prime

Before first use, fully charge your JetBoots Prime. Connect the provided USB-C charging cable to the charging port on the central unit and plug the other end into a compatible USB power adapter (not included). The battery indicator on the control panel will show charging status and full charge.

6.2. Wearing the Boots

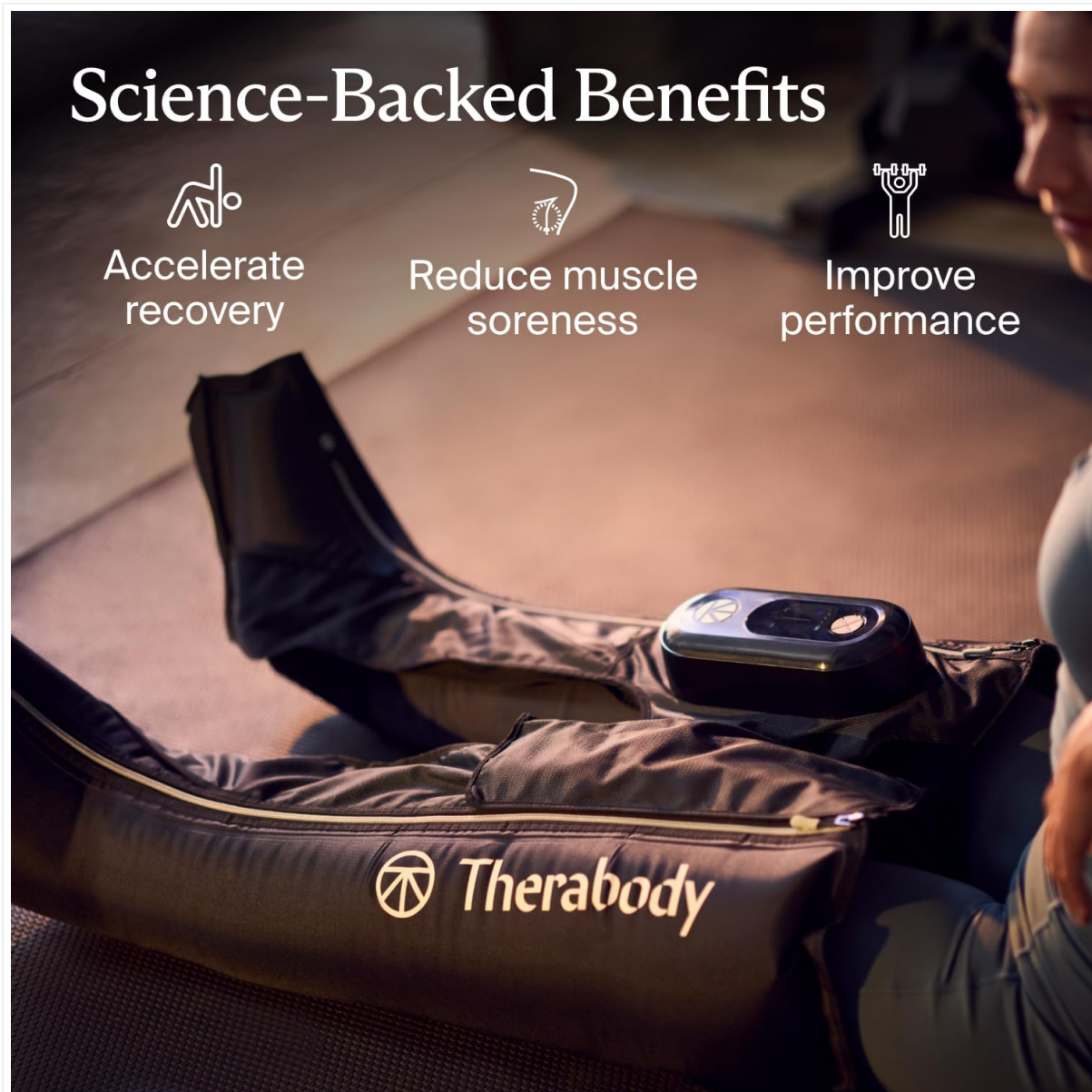


Image: User wearing the JetBoots Prime for a recovery session.

1. Unfold the JetBoots Prime completely.
2. Sit down and slide your legs into each boot, ensuring your feet are comfortably positioned at the bottom.
3. Zip up the boots securely along the side of each leg. Ensure the fit is snug but not uncomfortably tight before inflation.

7. OPERATION

7.1. Power On/Off

- To power on, press and hold the Power button on the control panel until the LED indicators illuminate.
- To power off, press and hold the Power button until the LED indicators turn off.

7.2. Selecting Treatment Settings

Once powered on, you can customize your recovery session:

- **Pressure Levels:** Use the pressure adjustment buttons to cycle through 4 intensity levels: 25, 50, 75, and 100 mmHg. The LED indicator will show the selected level.
- **Time Intervals:** Use the timer adjustment buttons to select your desired session duration. Options typically include 20, 40, 60 minutes, or an 'infinity' mode for continuous use (up to battery life).

7.3. Starting and Pausing Treatment

- Press the Start/Pause button to begin the compression cycle. The boots will inflate and deflate according to the selected settings.
- To pause a session, press the Start/Pause button again. Press it once more to resume.
- The device will automatically power off once the selected time interval is complete.

7.4. TruGrade Technology

The JetBoots Prime utilize proprietary TruGrade Technology, which delivers precise, science-backed pressure levels tailored to the size of your leg. Four overlapping chambers optimize circulation and facilitate the removal of metabolic waste more effectively than traditional compression systems.

8. MAINTENANCE AND CARE

Proper care ensures the longevity and hygiene of your JetBoots Prime:

- **Cleaning:** The boots are made with medical-grade, non-porous materials. Wipe the interior and exterior surfaces with a damp cloth and mild soap. Do not submerge the device in water.
- **Drying:** Allow the boots to air dry completely before folding or storing.
- **Storage:** Store the boots in the provided drawstring backpack in a cool, dry place away from direct sunlight.

9. PORTABILITY AND STORAGE

The JetBoots Prime are designed for effortless portability, allowing you to recover anywhere.

Simple, Customized Treatments at Your Fingertips

Built-In Control Panel:
with intuitive LED indicators

4 Pressure Levels:
25, 50, 75, 100 mmhg

Easy Recovery:
Simply turn on to start treatment

One Touch Control:
Start, stop or pause treatments

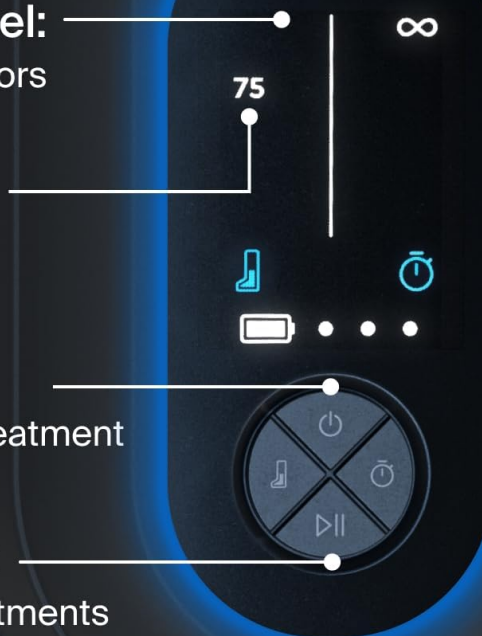


Image: Folding the JetBoots Prime for storage in the drawstring backpack.

When not in use, fold the boots neatly and place them in the included drawstring backpack. This compact design makes them easy to transport in a gym bag or backpack.

10. TROUBLESHOOTING

If you encounter issues with your JetBoots Prime, refer to the following common problems and solutions:

- **Device not turning on:** Ensure the device is fully charged. Connect the USB-C cable and allow it to charge for at least 30 minutes before attempting to power on again.
- **Boots not inflating:** Check that the boots are zipped up completely and securely. Ensure there are no kinks or obstructions in the air pathways.
- **Uneven compression:** Verify that both boots are properly worn and zipped. The TruGrade Technology should ensure synchronized inflation; if unevenness persists, contact customer support.
- **Device stops during session / Yellow lights appear:** This may indicate overheating. Power off the device and allow it to cool down for at least 30 minutes before attempting to use it again. Ensure the device is used in a well-ventilated area.
- **Control panel unresponsive:** Try resetting the device by powering it off and on again. If the issue

persists, ensure the battery is charged.

If these steps do not resolve the issue, please contact Therabody customer support for further assistance.




11. SPECIFICATIONS




Feature	Detail
Model Number	JB0004131-1A1L
Product Dimensions	14.5 x 10.5 x 20.5 inches
Item Weight	6 Pounds
Power Source	Battery Powered
Battery Type	1 Lithium Ion battery (included)
Material	Polycarbonate
Pressure Levels	4 (25, 50, 75, 100 mmHg)
Chambers	4 overlapping chambers

12. WARRANTY AND SUPPORT

For warranty information, product registration, and customer support, please visit the official Therabody website or contact their customer service department. Keep your proof of purchase for warranty claims. Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Related Documents - JB0004131-1A1L

	<p>Therabody JetBoots Prime User Manual - Leg Recovery and Circulation Device</p> <p>Explore the Therabody JetBoots Prime user manual for detailed instructions on pneumatic compression therapy for leg recovery, muscle soreness relief, and improved circulation. Learn about TruGrade Technology and device operation.</p>
	<p>Therabody</p>
	<p>Therabody JetBoots PRO Plus User Manual: Operation, Features, and Safety Guide</p> <p>Comprehensive user manual for the Therabody JetBoots PRO Plus air compression therapy device. Learn about intended use, features, operation, maintenance, troubleshooting, and safety precautions.</p>

 <p>Therabody RecoveryAir JetBoots Portable Recovery</p>	<p>RecoveryAir JetBoots User Manual</p> <p>User manual for the Therabody RecoveryAir JetBoots, detailing setup, usage, features, safety information, and troubleshooting for the wireless compression boots.</p>
 <p>Therabody RecoveryAir JetBoots Portable Recovery</p>	<p>Therabody RecoveryAir JetBoots User Manual</p> <p>Comprehensive user manual for Therabody RecoveryAir JetBoots, detailing setup, operation, features, safety precautions, troubleshooting, and maintenance for the pneumatic compression system.</p>
 <p>Therabody JetBoots PRO Plus User Manual</p>	<p>Therabody JetBoots PRO Plus User Manual: Air Compression Therapy for Leg Recovery</p> <p>Discover the Therabody JetBoots PRO Plus User Manual. Learn about this advanced air compression therapy device designed for temporary relief of minor muscle aches and pains, and to improve leg circulation. Find setup, usage, and maintenance instructions.</p>