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Alfine A710 Pro

Alfine A710 Pro 2025 4D Massage Chair User Manual

Model: A710 Pro

1. Introduction

This manual provides essential information for the safe and effective operation, setup, and maintenance of your Alfine A710 Pro 2025 4D Massage Chair. Please read this manual thoroughly before using the product and retain it for future reference.



Image 1.1: The Alfine A710 Pro 2025 4D Massage Chair, showcasing its sleek design and integrated control panel.

2. Safety Information

For your safety and to prevent damage to the product, observe the following precautions:

- Always follow the assembly instructions carefully.
- Keep fingers and loose clothing away from moving parts during operation.
- Do not exceed the maximum weight capacity of 220 lbs (approximately 100 kg).
- Always turn off and unplug the chair when not in use or when leaving the room.
- Ensure the power cord is not pinched or damaged.
- Do not use the chair in excessively humid environments.
- Consult a physician before use if you have pre-existing medical conditions.

3. Product Overview

The Alfine A710 Pro 2025 4D Massage Chair is designed to provide a comprehensive massage experience with advanced features. Key functionalities include:

- **Cutting-Edge 4D Roller Mechanism:** Offers variable intensity, speed, and depth for a personalized massage.
- **iRest System:** An integrated system for enhanced relaxation and therapeutic benefits.
- **Full Body Zero Gravity Recliner:** Positions the body to minimize spinal pressure and maximize comfort.
- **SL Track Design:** Provides massage coverage from the neck down to the glutes.
- **Yoga Stretching Function:** Gently stretches the body to improve flexibility.
- **Intelligent Health Detection:** Assesses body metrics to tailor massage sessions.
- **Smartphone App Control:** Allows for convenient customization and access to programs.
- **Over-The-Air (OTA) Updates:** Ensures the chair's software and programs remain current.
- **Electric Calfrest Extension:** Automatically adjusts to user height for optimal leg and foot massage.
- **Personalized Massage Programs:** Ability to customize and save individual massage routines.





Image 3.1: A top-down view of the massage chair, highlighting the ergonomic design and various massage zones.

4. Setup

4.1 Unpacking

Carefully remove all components from the packaging. Inspect for any damage. Retain packaging materials for potential future transport or service.

4.2 Assembly

The Alfine A710 Pro is designed for straightforward assembly. Typically, this involves attaching the armrests and connecting the power supply. Refer to the included quick start guide for detailed, step-by-step assembly instructions. An assembly video may also be available on the manufacturer's official website for visual guidance.

4.3 Placement

Position the chair on a flat, stable surface. Ensure adequate clearance around the chair for reclining and stretching functions. The chair features a space-saving design, requiring minimal distance from a wall.

Image 4.1: Illustration of the chair's space-saving design, indicating minimal wall clearance needed.

When moving the chair, consider the minimum doorway width. The chair requires a minimum doorway width of 28.93 inches without armrests for passage.



Image 4.2: Visual guide for minimum doorway width required for chair installation.

4.4 Initial Power-On

After assembly, connect the power cord to a suitable electrical outlet. Press the power button on the control panel to turn on the chair.

5. Operating Instructions

5.1 Control Panel

The chair features an intuitive control panel, typically located on the armrest, allowing direct access to various massage functions and settings.



Image 5.1: Detail of the chair's integrated control panel for manual adjustments.

5.2 Smartphone App Control

Download the dedicated Alfine app to your smartphone for advanced control and customization. The app allows you to select from 20 auto programs, adjust massage intensity, speed, and target specific areas.



Image 5.2: The smartphone app interface for controlling the massage chair.

5.3 4D Roller Mechanism

The 4D rollers move not only up-down, left-right, and in-out, but also vary their rhythm and depth to mimic human hands. Adjust the intensity via the control panel or app to suit your preference.

5.4 Zero Gravity Positions

The chair offers multiple zero gravity recline positions. These positions elevate your legs above your heart, distributing your body weight evenly and reducing pressure on your spine for a deeper massage experience.

5.5 Yoga Stretching

Engage the yoga stretching program to gently stretch your body, promoting flexibility and relieving muscle tension. The chair will recline and extend, carefully stretching your back and legs.



Image 5.3: Visual representation of the chair's yoga stretching capability.

5.6 Intelligent Health Detection

Utilize the health detection feature to receive a personalized assessment. The chair will then suggest or adapt massage programs based on your body's current state, such as fatigue index, SpO2, HR, and microcirculation.

Health Detection



Image 5.4: The health detection screen providing personalized body metrics.

5.7 Electric Calfrest Extension

The calfrest automatically extends and retracts to accommodate users of different heights, ensuring optimal positioning for leg and foot massage. It includes automatic detection of plantar position for precise massage.



Image 5.5: Demonstration of the electric calfrest extension and plantar position detection.

5.8 Over-The-Air (OTA) Updates

Connect your chair to Wi-Fi to receive seamless software and program updates. This ensures your chair always has the latest features and massage routines available.



Image 5.6: Illustration of the OTA update process for new massage programs.

5.9 Personalized Massage Programs

Create and save your own custom massage sessions. This allows you to tailor the massage to your exact preferences and recall them easily for future use.

5.10 Heating Functions

The chair includes heating pads for the back and a shawl heating option to provide soothing warmth, enhancing muscle relaxation during your massage.



Image 5.7: Locations of the back and shawl heating elements.

5.11 Air Pressure Adjustment

Adjust the intensity of the air compression massage with three available levels (Strong, Medium, Weak) to customize the pressure on your arms, shoulders, and legs.



Image 5.8: Air pressure intensity adjustment options.

6. Maintenance

6.1 Cleaning

- Unplug the chair before cleaning.
- Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or solvents.
- Ensure no liquid enters the internal components.

6.2 Storage

If storing the chair for an extended period, unplug it and cover it to protect from dust. Store in a cool, dry place.

7. Troubleshooting

If you encounter issues with your Alfine A710 Pro massage chair, refer to the following common solutions:

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
Chair does not power on	Power cord unplugged, power switch off, circuit breaker tripped.	Ensure power cord is securely plugged in. Check the power switch on the chair. Verify the wall outlet is functional.
Massage rollers not moving	Program not selected, safety sensor activated.	Select a massage program. Ensure no obstructions are preventing roller movement.
App not connecting to chair	Bluetooth/Wi-Fi off, chair not in pairing mode, app outdated.	Ensure Bluetooth/Wi-Fi is enabled on your device and the chair. Restart both the app and the chair. Update the app to the latest version.
Unusual noises during operation	Loose components, foreign object, normal operational sounds.	Check for any loose parts. Ensure no objects are caught in the mechanism. Some operational sounds are normal. If persistent or loud, contact support.

If the problem persists after attempting these solutions, please contact customer support.

8. Specifications

Detailed technical specifications for the Alfine A710 Pro 2025 4D Massage Chair:

Feature	Detail
Brand	Alfine
Model Number	A710 Pro
Product Dimensions (D x W x H)	58.27"D x 48.03"W x 33.07"H
Item Weight	337 pounds
Maximum User Weight	220 lbs (approx. 100 kg)
Color	A710 Pro Black
Back Style	Continuous Back
Special Feature	Reclining
Unit Count	1.0 Count
Fill Material	Foam
Leg Style	Wheels

Feature	Detail
Reclining Position Count	3
UPC	850037299775
Form Factor	Recliner
Indoor/Outdoor Usage	Indoor



Image 8.1: Detailed dimensions of the massage chair in various positions.

9. Warranty and Support

9.1 Warranty Information

Your Alfine A710 Pro massage chair may be eligible for extended protection plans. Please refer to your purchase documentation or contact your retailer for details on available warranty and protection plan options, such as 3-Year Protection Plans.

9.2 Customer Support

For technical assistance, troubleshooting not covered in this manual, or warranty inquiries, please contact Alfine customer support. Support is also available through authorized retailers like Wellness One-US. Refer to your purchase receipt or the Alfine official website for contact information.



Image 9.1: Alfine customer support representatives ready to assist.

10. Video Resources

While this manual provides comprehensive instructions, additional video resources may be available from the manufacturer or authorized sellers for visual guidance on assembly, operation, and specific features. Please check the official Alfine website or product page for any available video tutorials.

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