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› Equater PL-681DC Mini Vibrating Portable Massage Gun User Manual

Equater PL-681DC

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INTRODUCTION

Thank you for choosing the Equater PL-681DC Mini Vibrating Portable Massage Gun. This device is designed to provide targeted massage for muscle relief, body relaxation, and to assist in improving blood circulation. Please read this manual thoroughly before use to ensure safe and effective operation.

IMPORTANT SAFETY INFORMATION

WARNING: To reduce the risk of electric shock, fire, and injury, read all instructions carefully before using this appliance.

- Do not immerse the device in water or other liquids.
- Keep away from children. This device is not a toy.
- Do not use on open wounds, swollen areas, or areas with skin irritation.
- Consult a physician before use if you have any medical conditions, including but not limited to pregnancy, diabetes, heart disease, or if you have a pacemaker.
- Do not use for more than 15 minutes on a single body area.
- Use only the charger provided with the device.
- Do not attempt to disassemble or modify the device.
- Store in a cool, dry place when not in use.

WHAT'S IN THE BOX

Your Equater PL-681DC package includes the following items:

- 1 x Equater PL-681DC Mini Vibrating Portable Massage Gun
- 8 x Interchangeable Massage Heads
- 1 x User Guide
- 1 x Charging Cable (Type-C)

PRODUCT FEATURES

The Equater PL-681DC Mini Vibrating Portable Massage Gun offers several key features:

- **Versatile 8 IN 1 Functionality:** Eight adjustable settings for personalized massage experiences.
- **Compact & Portable Design:** Lightweight and ergonomic for easy transport and use anywhere.
- **Effective for Muscle Relief:** Designed to target sore muscles and aid in recovery.
- **User-Friendly Interface:** Intuitive controls and comfortable grip for ease of use.
- **Sleek & Stylish Design:** Modern black finish.



Figure 1: Key features of the Equater PL-681DC massage gun, including its motor, charging port, and therapy type.

PRODUCT OVERVIEW VIDEO

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Video 1: A brief overview of the Equater PL-681DC Mini Vibrating Portable Massage Gun, showcasing its design, features, and various massage heads.

COMPONENTS AND MESSAGE HEADS

The device consists of the main massage gun unit and 8 interchangeable massage heads, each designed for specific applications.



Figure 2: The Equater PL-681DC massage gun with its 8 easily interchangeable massage heads and mesh cover.

Massage Head Descriptions:

- **Rolling Massage Head:** Ideal for large muscle groups and general relaxation.
- **Flat Massage Head:** Suitable for all body parts, offering a consistent and gentle massage.
- **Wave Massage Head:** Designed for deep tissue massage and targeting specific knots.
- **Bian-stone Massage Head:** Provides a unique massage experience, often used for traditional therapy.
- **Trio Massage Head:** Features multiple points for broader coverage and stimulating circulation.
- *(Additional heads may include Fork, Bullet, or other specialized shapes for different muscle groups and intensity levels.)*

SETUP GUIDE

1. Charging the Device

Before first use, fully charge the massage gun. Connect the provided Type-C charging cable to the charging port on the device and plug the other end into a compatible USB power adapter (not included). The indicator light will show charging status and turn solid when fully charged.

2. Attaching Massage Heads

To attach a massage head, gently push the desired head into the front opening of the massage gun. Ensure

it is securely seated. To remove, pull the head straight out.

OPERATING INSTRUCTIONS

1. Power On/Off

Press and hold the power button for 2-3 seconds to turn the device on or off. The device will start at the lowest intensity setting.

2. Adjusting Intensity Levels

Once powered on, short press the power button to cycle through the 8 available intensity levels. Select the level that provides comfortable and effective massage.

3. Using the Massage Gun

Gently press the massage head against the desired muscle area. Move the device slowly over the muscle, avoiding bones and joints. Do not apply excessive pressure. For optimal results, use for 5-10 minutes per muscle group.

4. Recommended Usage Areas



Figure 3: Areas of the body where the Equater PL-681DC massage gun can be effectively used for pain relief.

The massage gun can be used on various muscle groups to relieve tension and soreness, including:

- Neck and Shoulders

- Back and Waist
- Arms and Legs
- Glutes and Thighs

Note:

- Avoid using the device on your head, face, or directly on bones.
- Discontinue use if you experience any discomfort or pain.

MAINTENANCE AND STORAGE

Cleaning

After each use, turn off the device and disconnect it from the charger. Wipe the massage gun and massage heads with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.

Storage

Store the massage gun and its accessories in a cool, dry place, away from direct sunlight and extreme temperatures. Keep it out of reach of children.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Battery is low or depleted.	Charge the device fully. Ensure the charging cable is properly connected.
Device stops during use.	Overheating or low battery.	Allow the device to cool down. Charge the device if the battery is low.
Massage head is loose.	Head not properly attached.	Remove and re-attach the massage head, ensuring it is securely seated.
Unusual noise or vibration.	Foreign object or internal issue.	Turn off the device immediately. Do not attempt to repair. Contact customer support.

SPECIFICATIONS

Feature	Detail
Model Number	PL-681DC
Brand	Equater
Power Source	Battery Powered
Material	Acrylonitrile Butadiene Styrene
Item Weight	1 kg
Product Dimensions (LxWxH)	23 x 9 x 15 cm
Number of Massage Heads	8

Feature	Detail
Special Features	8 Versatile Attachments, Compact Design, Powerful Vibrations

WARRANTY AND CUSTOMER SUPPORT

For warranty information or technical support, please refer to the contact details provided with your purchase or visit the official Equater website. Keep your purchase receipt as proof of purchase.