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Fastrack Astor FR2 Pro

Fastrack Astor FR2 Pro Smartwatch User Manual

Model: Astor FR2 Pro | Brand: Fastrack

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1. INTRODUCTION

This manual provides essential information for the proper use and care of your Fastrack Astor FR2 Pro Smartwatch. It covers setup, operation, maintenance, troubleshooting, and technical specifications to ensure you get the most out of your device.

The Fastrack Astor FR2 Pro is a feature-rich smartwatch designed for daily use, offering a 1.43-inch AMOLED display, Bluetooth calling, comprehensive health tracking, and various sport modes.

2. SETUP

2.1. Package Contents

- Fastrack Astor FR2 Pro Smartwatch
- Magnetic Charging Cable
- Quick Start Guide
- Warranty Card

2.2. Initial Charging

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and to a USB power source. A full charge typically takes approximately 3.5 hours.

2.3. Powering On/Off

- Power On:** Press and hold the functional crown button until the Fastrack logo appears.
- Power Off:** Navigate to the settings menu on the watch, select 'Power Off', and confirm. Alternatively, press and hold the functional crown button and select 'Power Off'.

2.4. Pairing with Your Smartphone

- Download the **Fastrack Smart World App** from your smartphone's app store (compatible with Android and iOS devices).

2. Ensure Bluetooth is enabled on your smartphone.
3. Open the Fastrack Smart World App and follow the on-screen instructions to create an account or log in.
4. Select 'Add Device' or similar option within the app.
5. The app will search for your Fastrack Astor FR2 Pro. Select your watch from the list of available devices.
6. Confirm the pairing request on both your watch and smartphone.

Once paired, your watch will synchronize data with the app and allow access to additional features like Google Fit and Apple Health integration.

3. OPERATING INSTRUCTIONS

3.1. Display and Navigation



Image: The 1.43-inch AMOLED display of the Fastrack Astor FR2 Pro smartwatch, featuring adaptive Always-On Display and a resolution of 466x466 pixels.

- **1.43" AMOLED Display:** Provides clear visuals with a resolution of 466 x 466 pixels. Features Adaptive Always-On Display (AOD).
- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and notifications. Tap to select items.
- **Functional Crown:** Rotate the crown for scrolling through lists or adjusting settings. Press the crown to return to the home screen or access the app menu.
- **Buttons:** Use additional buttons (if present) for quick access to specific functions or sports modes.
- **Dual Menu Styles:** Choose between different menu layouts for personalized navigation.

3.2. SingleSync Bluetooth Calling

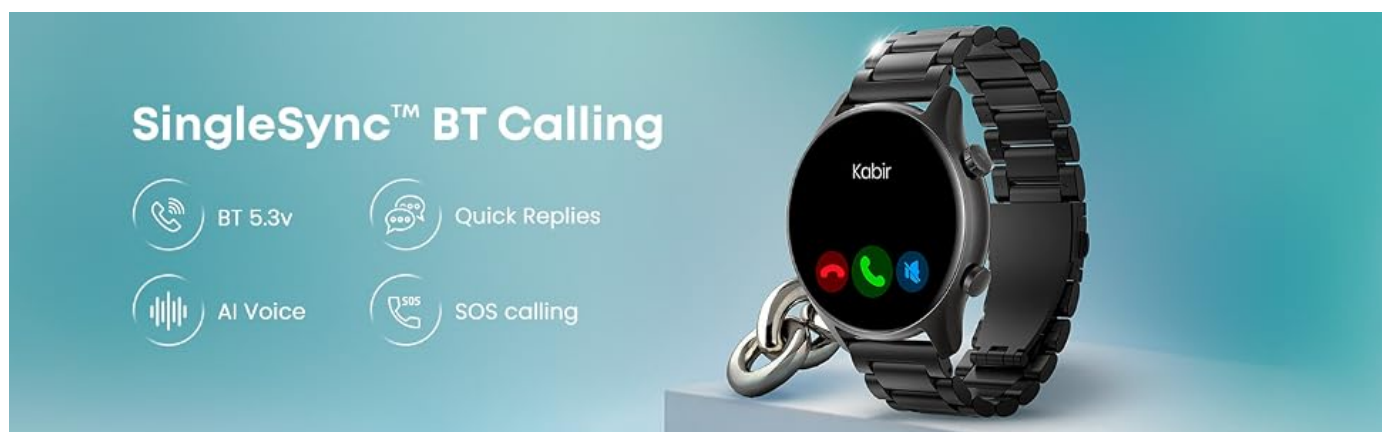


Image: The Fastrack Astor FR2 Pro smartwatch displaying an incoming call, highlighting its SingleSync Bluetooth Calling feature with BT 5.3, AI Voice, Quick Replies, and SOS calling.

The SingleSync Bluetooth Calling feature allows you to make and receive calls directly from your wrist.

- **Making Calls:** Access the dialer or contact list on your watch to initiate a call.
- **Receiving Calls:** Answer or reject incoming calls directly from the watch screen.
- **AI Voice Assistant:** Utilize the integrated AI voice assistant for hands-free commands and queries.
- **Quick Replies:** Send pre-set quick replies to incoming messages or calls.
- **SOS Calling:** Activate SOS calling for emergency situations (refer to the app for setup details).

3.3. Health Monitoring

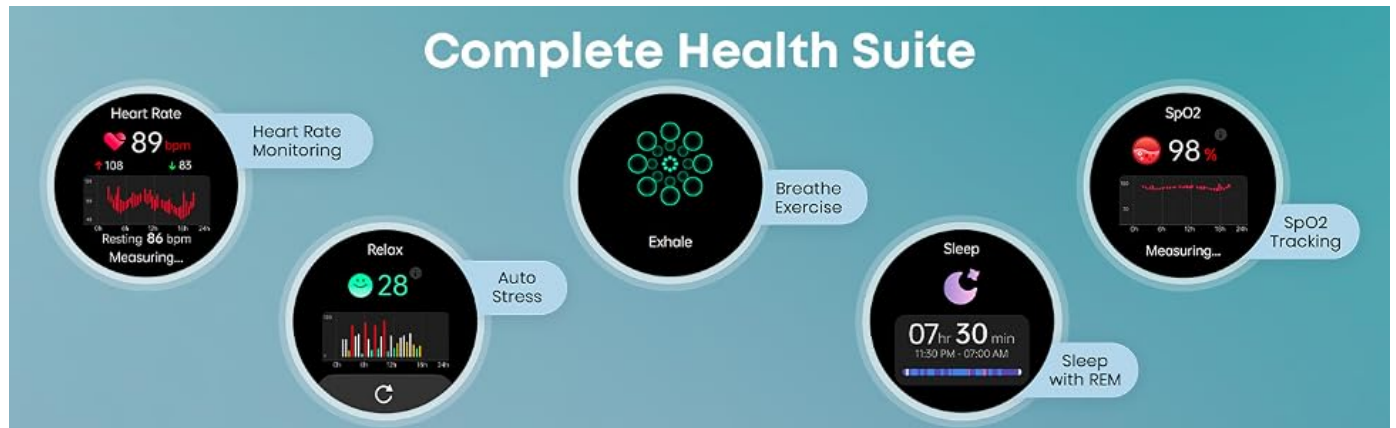


Image: A visual representation of the Fastrack Astor FR2 Pro's complete health suite, including Heart Rate Monitoring, SpO2 Tracking, Breathe Exercise, Auto Stress detection, and Sleep tracking with REM.

Your smartwatch continuously monitors various health metrics:

- **Heart Rate Monitor:** Tracks your heart rate throughout the day.
- **SpO2 Tracking:** Measures your blood oxygen levels.
- **Sleep Monitor:** Analyzes your sleep patterns, including REM sleep.
- **Stress Tracking:** Monitors your stress levels and provides insights.
- **Breathe Exercise:** Guides you through breathing exercises for relaxation.
- **Step Count:** Records your daily steps and activity.
- **Menstrual Cycle Tracking:** Provides tracking for female health.

View detailed data and trends in the Fastrack Smart World App.

3.4. Sport Modes



Image: The Fastrack Astor FR2 Pro smartwatch displaying fitness metrics like heart rate, steps, and calories, surrounded by icons representing over 100 sport modes.

The watch supports over 100 sport modes to track your workouts. Common sport types include:

- Badminton

- Basketball
- Cycling
- Running
- Walking

Select your desired sport mode before starting an activity to record accurate data.

3.5. Customization and Other Features



Image: A collage showcasing various features of the Fastrack Astor FR2 Pro smartwatch, including multiple menu styles, IP68 water resistance, over 100 watchfaces, SOS calling, and in-built games.

- **Watchfaces:** Choose from over 100 watchfaces to personalize your watch's appearance via the Fastrack Smart World App.
- **Notifications:** Receive notifications for emails, text messages, and other app alerts directly on your watch.
- **In-Built Games:** Enjoy pre-loaded games for entertainment.
- **Music Control:** Control music playback on your smartphone from your watch.
- **GPS via Smartphone:** Utilize your smartphone's GPS for location tracking during outdoor activities.

4. MAINTENANCE

4.1. Cleaning Your Smartwatch

- Wipe the watch screen and body with a soft, lint-free cloth.
- For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Clean the charging contacts regularly to ensure proper charging.

4.2. Water Resistance

The Fastrack Astor FR2 Pro has an IP68 waterproof rating and is water-resistant up to 1.5 meters. This means it is suitable for daily use and can withstand splashes, rain, and brief immersion in shallow water. However, it is not recommended for diving, high-pressure water activities, or prolonged submersion.

- Avoid exposing the watch to hot water, steam, or detergents.
- Dry the watch thoroughly after exposure to water.

4.3. Battery Care

- Avoid extreme temperatures, which can affect battery life.
- Charge the watch regularly, but avoid leaving it fully discharged for extended periods.

5. TROUBLESHOOTING

If you encounter issues with your Fastrack Astor FR2 Pro, refer to the following common solutions:

Problem	Possible Solution
Watch does not power on	Ensure the watch is fully charged. Connect to the magnetic charging cable and allow it to charge for at least 30 minutes before attempting to power on again.
Cannot pair with smartphone	Ensure Bluetooth is enabled on your phone and the watch. Restart both devices. Make sure the Fastrack Smart World App is updated to the latest version. Try unpairing and re-pairing the device.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, about one finger's width above your wrist bone. Clean the sensor on the back of the watch. Ensure your personal information (height, weight, age) is accurate in the app.
Notifications not received	Check if notifications are enabled in the Fastrack Smart World App and in your phone's settings for the specific apps. Ensure the watch is connected via Bluetooth.
Short battery life	Reduce screen brightness. Disable unnecessary features like continuous heart rate monitoring if not needed. Limit the use of power-intensive features like Bluetooth calling. Ensure the watch is fully charged.
Functional crown unresponsive or incorrect menu displayed	Restart the smartwatch. Ensure the crown is clean and free from debris. If the issue persists, a factory reset might be necessary (note: this will erase data).

If the problem persists after trying these solutions, please contact customer support.

6. SPECIFICATIONS

Feature	Detail
Model Name	Astor FR2 Pro
Display Type	AMOLED
Screen Size	1.43 Inches
Resolution	466 x 466
Connectivity Technology	Bluetooth (BT 5.3)
Compatible Devices	Smartphone (Android Devices, iOS Devices)
Operating System	Android Wear 2.9
Memory Storage Capacity	18 MB
RAM Memory Installed	128 MB
Battery Capacity	450 mAh

Feature	Detail
Battery Average Life	5 Days
Battery Charge Time	3.5 Hours
Waterproof Rating	IP68
Water Resistance Depth	1.5 Metres
Band Material Type	Stainless Steel
Case Material Type	Metal
Item Weight	117 Grams
Item Dimensions (D x W x H)	1.2D x 5.2W x 4.6H Centimeters
Special Features	Activity Tracker, Heart Rate Monitor, Multisport Tracker, Phone Call, Stress Tracking, Adaptive AOD, Functional Crown, AI Voice Assistant
Metrics Measured	Blood Oxygen (SpO2), Breath Rate, Heart Rate, Menstrual Cycle, Step Count
Controller Type	Google Assistant
GPS Functionality	GPS Via Smartphone

7. WARRANTY & SUPPORT

7.1. Warranty Information

Your Fastrack Astor FR2 Pro Smartwatch comes with a **1 Year Manufacturer Warranty** from the date of purchase. This warranty covers manufacturing defects. Please retain your purchase receipt and the warranty card for any warranty claims.

7.2. Customer Support

For any queries, technical assistance, or warranty claims, please contact Fastrack customer care:

- **Manufacturer:** Titan Company Limited
- **Customer Care Phone Number:** 1800-266-0123
- **Customer Care Email:** customercare@titan.co.in
- **Manufacturer Address:** #3, SIPCOT Industrial Complex, Hosur - 635126, Tamil Nadu, India

Please have your product model number (38156WM01 or 38156WM01K) and purchase details ready when contacting support.

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

<https://manuals.plus/asin/B0DGGW3K23>

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