

mingwear I108

Mingdaln I108 Military Smart Watch User Manual

Model: I108 | Brand: mingwear

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1. INTRODUCTION

Thank you for choosing the Mingdaln I108 Military Smart Watch. This device is designed to enhance your daily life with advanced fitness tracking, communication features, and robust durability. This manual provides essential information for setting up, operating, and maintaining your smartwatch to ensure optimal performance and longevity. Please read this manual thoroughly before using the product.

2. SAFETY INFORMATION

- Do not attempt to disassemble, repair, or modify the device. This may cause damage, electric shock, or fire.
- Keep the device away from extreme temperatures, direct sunlight, and high humidity.
- Avoid exposing the device to strong impacts or drops.
- Use only the provided charging cable and a certified power adapter.
- Consult a medical professional before starting any new exercise regimen, especially if you have pre-existing health conditions. The heart rate monitor is for reference only and should not be used for medical diagnosis.
- Keep the device out of reach of children and pets.

3. PACKAGE CONTENTS

Please check the package for the following items:

- Mingdaln I108 Military Smart Watch (1 unit)
- Magnetic Charging Cable (1 unit)
- User Manual (1 unit)

4. PRODUCT OVERVIEW

Familiarize yourself with the components of your Mingdaln I108 Smart Watch.

Image of the Mingdaln I108 Smart Watch showing the screen, side buttons, and sensors on the back. (Image URL would be placed here if available, e.g.,)

This image displays the front of the Mingdaln I108 Smart Watch, highlighting its round display, the function buttons on the right side, and the overall robust design. The screen shows a typical watch face.

Key Components:

- **Touchscreen Display:** 1.85-inch full-color display for interaction.
- **Side Buttons:** Typically used for power on/off, menu access, and quick functions.
- **Heart Rate Sensor:** Located on the back of the watch, for continuous heart rate monitoring.
- **Charging Contacts:** Magnetic contacts on the back for charging.
- **Microphone:** For making and receiving calls.
- **Speaker:** For call audio and alerts.

5. SETUP

5.1 Charging the Smart Watch

1. Connect the magnetic charging cable to a USB power adapter (5V/1A recommended) or a computer's USB port.
2. Align the magnetic end of the charging cable with the charging contacts on the back of the watch. The magnets will snap into place.
3. The watch screen will display a charging indicator. Fully charge the watch before first use, which typically takes about 2-3 hours.

Image of the Mingdaln I108 Smart Watch connected to its magnetic charging cable. (Image URL would be placed here if available, e.g.,)

This image illustrates how to properly connect the magnetic charging cable to the back of the Mingdaln I108 Smart Watch, showing the alignment of the charging pins.

5.2 Powering On/Off

- **Power On:** Press and hold the side power button for 3-5 seconds until the screen lights up.
- **Power Off:** Press and hold the side power button, then select the 'Power Off' option on the screen. Alternatively, navigate to 'Settings' > 'System' > 'Power Off'.

5.3 App Installation and Pairing

To unlock the full functionality of your smartwatch, you need to install the companion application on your smartphone.

1. **Download the App:** Scan the QR code displayed on the watch (if available) or search for the designated companion app (e.g., 'Da Fit', 'GloryFit', or similar, check watch packaging for specific app name) in the Apple App Store (for iPhone) or Google Play Store (for Android).
2. **Register/Log In:** Open the app and follow the on-screen instructions to create an account or log in.
3. **Pair the Device:**
 - Ensure Bluetooth is enabled on your smartphone.

- Open the app, go to the 'Device' or 'My Device' section, and tap 'Add Device' or 'Bind Device'.
- The app will search for available devices. Select 'I108' or the corresponding device name from the list.
- Confirm the pairing request on both your phone and the watch if prompted.
- Once paired, the watch will synchronize time and data with your phone.

Screenshot of the companion app's device pairing screen. (Image URL would be placed here if available, e.g.,)

This image shows a typical interface of the companion app, illustrating the steps to add and pair the smartwatch with a smartphone via Bluetooth.

6. OPERATING INSTRUCTIONS

6.1 Basic Navigation

- **Swipe Down:** Access quick settings (e.g., brightness, DND mode, battery status).
- **Swipe Up:** View notifications.
- **Swipe Left/Right:** Navigate through widgets and main functions (e.g., activity data, heart rate, weather).
- **Tap:** Select an item or open an application.
- **Press Side Button:** Return to the main watch face or access the app list.

6.2 Making and Answering Calls

Ensure your watch is successfully connected to your phone via Bluetooth for call functionality.

- **Answering Calls:** When an incoming call notification appears on your watch, tap the green phone icon to answer or the red icon to reject.
- **Making Calls:** Access the 'Dialer' or 'Phone' app on your watch. You can dial a number directly or select a contact from your synchronized phonebook.

6.3 Fitness Tracking

The I108 Smart Watch tracks various fitness metrics:

- **Steps, Distance, Calories:** Automatically recorded throughout the day. View daily summaries on the watch or in the app.
- **Heart Rate Monitoring:** Access the Heart Rate app on the watch to measure your current heart rate. The watch can also perform continuous monitoring, configurable in the companion app.
- **Sleep Tracking:** Wear the watch to bed to monitor your sleep patterns (deep sleep, light sleep, awake time). Data is available in the app.
- **Sports Modes:** The watch supports over 100 sports modes, including cycling. Select your desired activity from the 'Workout' or 'Sports' app on the watch to start tracking.

Video demonstrating how to select and start a sports mode on the Mingdalu I108 Smart Watch. (Video URL would be placed here if available, e.g., <video controls style="max-width: 420px; width: 100%; height: auto; border: 1px solid #ddd; border-radius: 5px;"><source src="sports_mode_demo.m3u8" type="application/x-mpegURL">Your browser does not support the video tag.</video>)

This video tutorial shows the user interface for selecting a specific sports mode, such as cycling, and initiating the tracking function on the Mingdalu I108 Smart Watch.

6.4 Message Notifications

Once paired, the watch can display notifications from your smartphone. Ensure notification permissions are granted in both your phone's settings and the companion app.

- When a new notification arrives, the watch will vibrate and display the message content.
- Swipe up from the watch face to view your notification history.

6.5 Customizing Watch Faces

You can change the watch face directly on the device or through the companion app.

- **On Watch:** Long-press the watch face, then swipe left or right to browse available watch faces. Tap to select.
- **Via App:** Open the companion app, navigate to the 'Watch Faces' or 'Dial Market' section, and choose from a wider selection. You can also customize some watch faces with your own photos.

6.6 Other Features

- **Alarm:** Set alarms through the companion app, and the watch will vibrate at the set time.
- **Stopwatch/Timer:** Access these functions from the app list on the watch.
- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks) directly from your watch.
- **Weather:** View current weather conditions and forecasts after synchronization with the app.

7. MAINTENANCE

7.1 Cleaning the Watch

- Wipe the watch screen and body with a soft, lint-free cloth.
- For stubborn dirt, slightly dampen the cloth with water. Do not use harsh chemicals or abrasive materials.
- Clean the charging contacts regularly to ensure proper charging.

7.2 Water Resistance

The Mingdaln I108 Smart Watch is designed with a certain level of water resistance. Refer to the specifications section for details (e.g., IP67, IP68). Generally:

- It is suitable for daily use, such as hand washing, rain, or splashes.
- Avoid wearing it during hot showers, saunas, or diving, as steam and high water pressure can compromise the seals.
- Do not operate buttons underwater.

7.3 Battery Care

- Avoid fully discharging the battery frequently.
- Charge the watch regularly, even if not in use for extended periods, to maintain battery health.
- Store the watch in a cool, dry place when not in use.

8. TROUBLESHOOTING

Problem	Possible Solution
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Problem	Possible Solution
Watch does not power on.	Ensure the watch is fully charged. Connect to the charger for at least 30 minutes.
Cannot pair with smartphone.	Ensure Bluetooth is enabled on your phone. Restart both the watch and phone. Make sure the watch is not paired with another device. Check app permissions.
No notifications received.	Check if notification permissions are enabled in your phone's settings and within the companion app. Ensure the watch is connected via Bluetooth. Disable 'Do Not Disturb' mode on the watch.
Heart rate monitoring is inaccurate.	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Remain still during measurement.
Call quality is poor.	Ensure the watch is within Bluetooth range of your phone. Check for obstructions between the watch and phone. Ensure microphone and speaker are not blocked.

9. SPECIFICATIONS

Feature	Detail
Model Name	I108
Brand	mingwear
Screen Size	1.85 Inches
Operating System	Android (compatible)
Connectivity	Bluetooth
Compatible Devices	iPhone, Android Smartphones
Special Features	Activity Tracker, Heart Rate Monitor, Call Function (Answer/Dial), 100+ Sports Modes, Message Reminder
Color	Black
UPC/GTIN	614173000905
Item Dimensions	1 x 1 x 1 inches (approximate)

10. WARRANTY AND SUPPORT

10.1 Warranty Information

The Mingdaln I108 Military Smart Watch comes with a standard manufacturer's warranty. Please refer to the warranty card included in your package or contact your retailer for specific terms and conditions regarding warranty coverage, duration, and claims process. The warranty typically covers manufacturing defects but does not cover damage caused by

misuse, accidents, unauthorized repairs, or normal wear and tear.

10.2 Customer Support

If you encounter any issues or have questions not covered in this manual, please contact our customer support team. You can usually find contact information (email, phone number, or website) on the product packaging, the retailer's website, or the official mingwear brand website. Please have your product model (I108) and purchase details ready when contacting support.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question