KNQZE KH1

KNQZE Hand Massager KH1 User Manual

Model: KH1

1. Introduction

Thank you for choosing the KNQZE Hand Massager KH1. This device is designed to provide a comprehensive hand massage experience, combining deep kneading rollers, air compression, and adjustable heat. It features multiple modes and intensity levels, along with a cooling fan function, to help relieve hand fatigue, stiffness, and discomfort. Please read this manual thoroughly before use to ensure proper operation and maintenance.

2. Important Safety Instructions

Please read all instructions and warnings before using this product.

- Do not use this massager if you have any pre-existing medical conditions, injuries, or skin sensitivities in your hands or wrists without consulting a physician.
- Keep the device away from water and moisture. Do not use it in wet environments.
- Do not disassemble, repair, or modify the device yourself. Contact customer support for assistance.
- Keep out of reach of children. This is not a toy.
- Ensure the power adapter and cable are undamaged before each use.
- Do not use the massager for longer than the recommended session times to avoid over-stimulation.
- If you experience any pain or discomfort during use, stop immediately.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. Package Contents

Verify that all items are present in your package:

- KNQZE Hand Massager KH1
- USB Type-C Charging Cable
- User Manual

4. Product Overview

The KNQZE Hand Massager KH1 integrates various massage techniques and features for a complete hand relaxation experience.

4.1 Components and Features



Figure 4.1: Touch Screen Controls. The intuitive touch screen displays mode, intensity, heating, timer, and battery indicators, along with a central power button.

Figure 4.2: Detailed Touch Screen Layout. Shows the battery indicator, mode indicator, intensity indicator, functional operation buttons, and power button.



Figure 4.3: Internal Massage Zones. Illustrates Hand Air Compression, Wrist Air Compression, Fingers Shiatsu, and Hand Palm Kneading areas.



Figure 4.4: Bi-directional Kneading Massage. Features 7 deep kneading acupressure massage nodes designed to relieve hand fatigue and stiffness.



Figure 4.5: Adjustable Wrist Massage. The massager includes an adjustable wrist strap for comfortable wrist air compression, fitting various wrist sizes.

5. Setup and Charging

5.1 Initial Charging

Before first use, fully charge the hand massager. The device is equipped with a 3000mAh battery.

1. Connect the provided USB Type-C charging cable to the charging port on the massager.
2. Connect the other end of the USB cable to a DC 5V/2A power adapter (not included) or a compatible USB port.
3. The battery indicator on the touch screen will show charging status. A full charge typically takes approximately 2.5 hours.
4. Once fully charged, the massager can operate for up to 2 hours depending on the settings used.



Figure 5.1: Battery Capacity and Charging. The massager features a 3000mAh battery, requiring 2.5 hours for a full charge, providing 2 hours of use.

Figure 5.2: Charging Connection. Connect the Type-C cable to the massager and a DC 5V/2A adapter for charging.

6. Operating Instructions

6.1 Power On/Off

- To power on, press and hold the central power button on the touch screen.
- To power off, press and hold the central power button again.

6.2 Placing Your Hand

- Insert your hand into the massager, ensuring your palm and fingers are comfortably positioned.

- Adjust the wrist strap if desired for wrist compression.

6.3 Selecting Massage Mode

The massager offers 6 distinct massage modes:



Figure 6.1: Massage Modes and Intensity Levels. Choose from 6 modes and 6 intensity levels to customize your massage.

- Press the 'M' button on the touch screen to cycle through the 6 available modes:
    1. Auto Massage
    2. Circular Massage
    3. Soothing Massage
    4. With Kneading Massage
    5. Hand Massage
    6. Palm & Wrist Massage

6.4 Adjusting Massage Intensity

There are 6 intensity levels for air compression and kneading:

- Press the intensity button (represented by vertical bars) to adjust the massage strength.
- Levels 1-2: Low Intensity (Soft Massage)
- Levels 3-4: Mid Intensity (Relaxing Massage)
- Levels 5-6: High Intensity (Deep Massage)

6.5 Heat Function

The massager offers two adjustable heating levels:

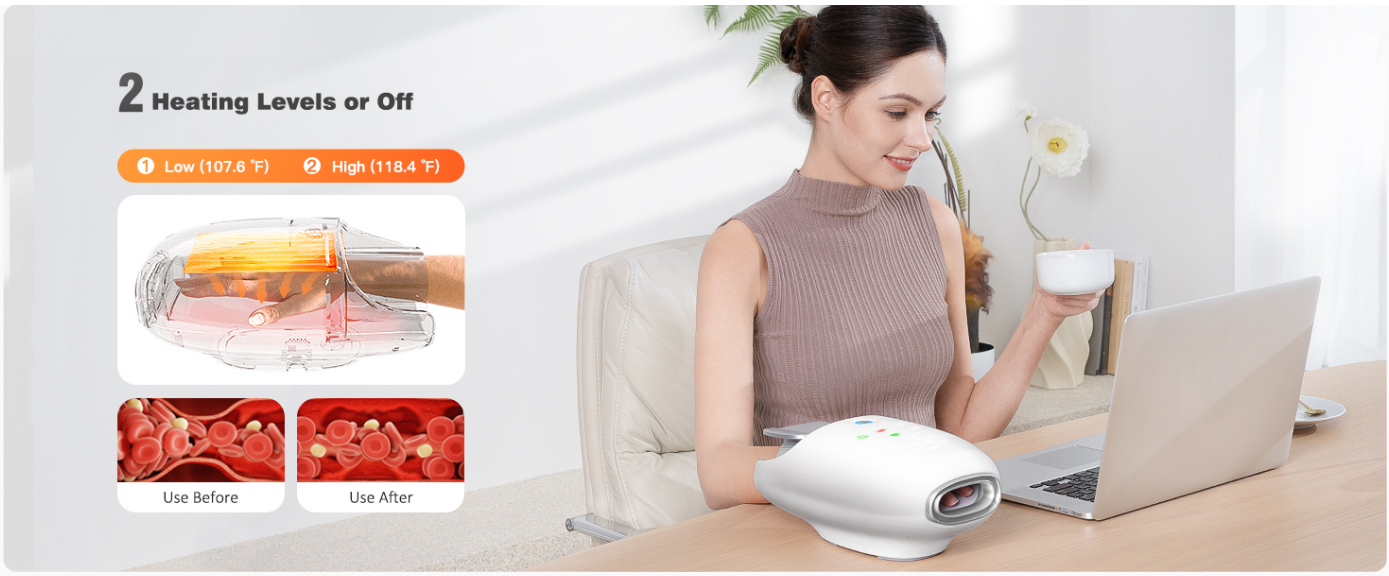


Figure 6.2: Adjustable Heating Function. Select between Low (107.4°F) and High (118.6°F) heat levels, or turn off.

- Press the heat button (represented by wavy lines) to cycle through: Low Heat (107.4°F), High Heat (118.6°F), or Off.
- The heat function can help relieve muscle soreness and improve circulation.

6.6 Cooling Fan Function

For comfort during warmer conditions, the massager includes a cooling fan:



Figure 6.3: Fan Cooling Function. Activates internal fans to provide a dry and comfortable massage experience.

- Press the fan button (represented by a fan icon) to turn the cooling fan on or off.

6.7 Setting the Timer

The massager features an auto-stop timer to prevent over-use:



Figure 6.4: Auto-Stop Timer. Set the massage duration to 10, 15, or 20 minutes.

- Press the timer button (represented by a clock icon) to select a massage duration of 10, 15, or 20 minutes.
- The device will automatically shut off once the selected time has elapsed.

6.8 Emergency Deflation

- A safety device on the back of the hand massager allows for easy deflation with a simple twist. Use this if you need to quickly release pressure.

7. Maintenance

7.1 Cleaning

- Ensure the device is powered off and unplugged before cleaning.
- Wipe the exterior of the massager with a soft, slightly damp cloth.
- Do not use abrasive cleaners, solvents, or harsh chemicals.
- Do not immerse the device in water or any other liquid.

7.2 Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep it away from sharp objects that could damage the device.

8. Troubleshooting

Problem	Possible Cause	Solution
Device does not power on.	Low battery or no charge.	Charge the device fully using the provided USB cable.
Massage intensity feels too weak or too strong.	Incorrect intensity setting.	Adjust the intensity level using the intensity button on the touch screen.

Problem	Possible Cause	Solution
Heat function is not working.	Heat function is off or set to low.	Press the heat button to cycle through Low, High, or Off settings.
Device stops unexpectedly.	Timer elapsed or low battery.	Check the timer setting or recharge the device.
Unusual noise during operation.	Normal operation sound or internal issue.	Some operational noise from air compression and kneading is normal. If the noise is excessive or unusual, discontinue use and contact customer support.

9. Specifications

Feature	Detail
Model Number	KH1
Product Dimensions	10.8 x 6.7 x 5.1 inches
Weight	3.7 Pounds
Power Source	Battery Powered (3000mAh Lithium Battery)
Charging Time	Approx. 2.5 hours
Running Time	Approx. 2 hours (depending on settings)
Heating Levels	Low (107.4°F), High (118.6°F)
Massage Modes	6 Modes
Massage Intensities	6 Levels
Timer Settings	10, 15, 20 minutes
Material	Plastic
Color	White

10. Warranty and Support

KNQZE massagers come with a 1-year warranty from the date of purchase. This warranty covers manufacturing defects and malfunctions under normal use. Free replacement is offered for any damage within one year.
For warranty claims, technical support, or any questions regarding your KNQZE Hand Massager KH1, please contact our customer service team through the retailer where you purchased the product or visit the official KNQZE website for contact information.

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Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question