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> [NEEWER Basics R06 7-inch Desk Ring Light Instruction Manual](#)

NEEWER R06

NEEWER Basics R06 7-inch Desk Ring Light Instruction Manual

Model: R06

1. INTRODUCTION

Thank you for choosing the NEEWER Basics R06 7-inch Desk Ring Light. This product is designed to provide bright and soft illumination for various applications such as video recording, live streaming, video conferencing, makeup application, and photography. This manual provides essential information for the proper setup, operation, and maintenance of your device.

LED ROUND PANEL LIGHT 7 inch

Illuminate your screen
with 84 LEDs for a soft, even lighting experience.

 **84pcs**
Quality LEDs

 **Full Screen**
Soft Lighting

 **10W**
Max. Power

 **95+**
Ultra High CRI



Image: The NEEWER R06 7-inch LED Round Panel Light with its phone holder, illustrating its compact design for desktop use.

2. PACKAGE CONTENTS

- 1 x 7" Round LED Panel Light
- 1 x Telescopic Center Column
- 1 x Mobile Phone Holder
- 1 x Built-in USB Power Cable
- 1 x Metal Base

LIGHTWEIGHT AND STURDY

The material combination of ABS + aluminum alloy is adopted, which is sturdy and lightweight.

ABS + Aluminum Alloy
Product Material

2.4lb / 1.1kg
Product Weight



PACKAGE CONTENTS

- 1 x 7in / 17.2 cm Round LED Panel Light ①
- 1 x Telescopic Center Column ②
- 1 x Mobile Phone Holder ③
- 1 x Built in USB Power Cable ④
- 1 x Metal Base ⑤

Image: A visual breakdown of the NEEWER R06 package contents, including the LED panel, telescopic column, phone holder, USB cable, and metal base.

3. SETUP INSTRUCTIONS

1. **Assemble the Base and Column:** Screw the telescopic center column into the metal weighted base until secure.
2. **Attach the Phone Holder:** Open the clip on the mobile phone holder and secure it around the telescopic column at your desired height. Tighten the clip to fix its position.
3. **Attach the Ring Light:** Screw the 7" Round LED Panel Light onto the top of the telescopic column.
4. **Connect Power:** Plug the built-in USB power cable into a 5V/2A USB power source (e.g., adapter, laptop, computer, or portable charger). A blue LED indicator will light up when connected.



WIDELY COMPATIBLE WITH SMARTPHONES

This round LED light is equipped with a convenient mobile phone clamp, which can adapt to most models of mobile phones on the market.

2.4" - 3.7cm / 6" - 9cm
Phone Clamp Opened Range



EASY TO USE

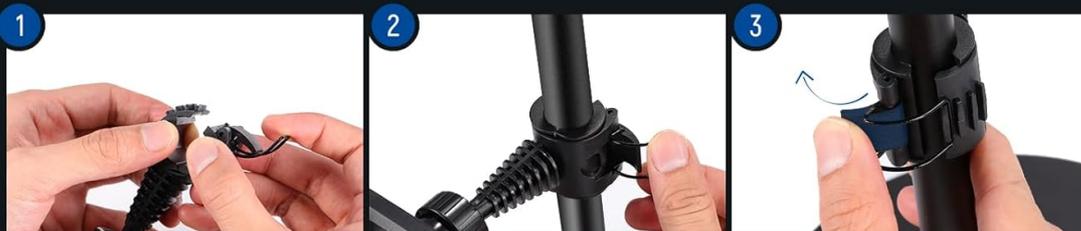


Image: A close-up of the phone holder attached to the stand, demonstrating its compatibility with smartphones.

4. OPERATING INSTRUCTIONS

4.1 Power On/Off

After connecting the USB cable, press the **ON/OFF** button on the inline remote control to turn the circular panel ring light on or off.

4.2 Adjusting Color Temperature

Press the **Mode** button on the remote control to cycle through five color temperature settings: 3000K, 3500K, 4400K, 5600K, and 6500K. This allows you to choose between warm, neutral, and cool lighting tones.

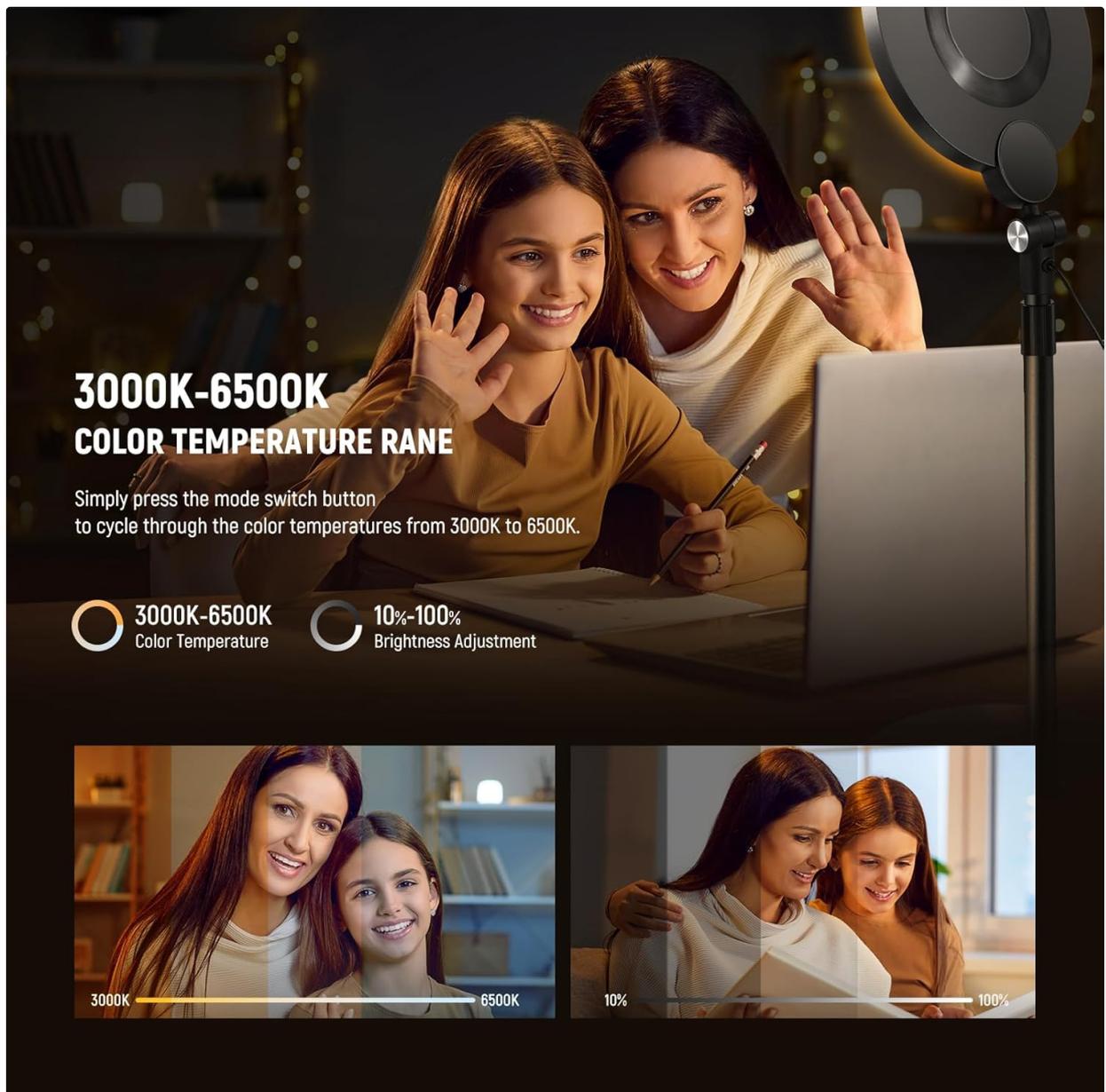


Image: Visual representation of the adjustable color temperature range (3000K-6500K) and brightness adjustment (10%-100%).

4.3 Adjusting Brightness

Use the + and - buttons on the remote control to adjust the light brightness from 10% to 100%. This allows for precise control over the illumination intensity.



PLUG & PLAY



The 10W desktop phone selfie light works at 5V/2A and comes with a built in 6.2ft/1.9m charging cable, which can be powered by an adapter or charged via a USB port monitor, laptop, computer or portable charger.

- Power Switch
- LED Indicator
- Color Temperature Adjustment
- Brightness/Color Temperature Decrease
- Brightness/Color Temperature Increase

Note: When connected, the blue LED indicator will light up. Then press the ON/OFF button to turn the round panel light on or off.



Image: Close-up of the inline remote control, highlighting the power switch, LED indicator, and buttons for adjusting color temperature and brightness.

4.4 Adjusting Height and Angle

- **Height Adjustment:** Simply twist the adjustment ring on the telescopic center column to extend or retract the light, elevating it from 23.5" (596mm) to 33.1" (840mm).
- **Angle Adjustment:** The built-in bracket below the selfie light allows for 105° front and back adjustment, and 180° horizontal rotation, providing flexibility for optimal lighting angles.

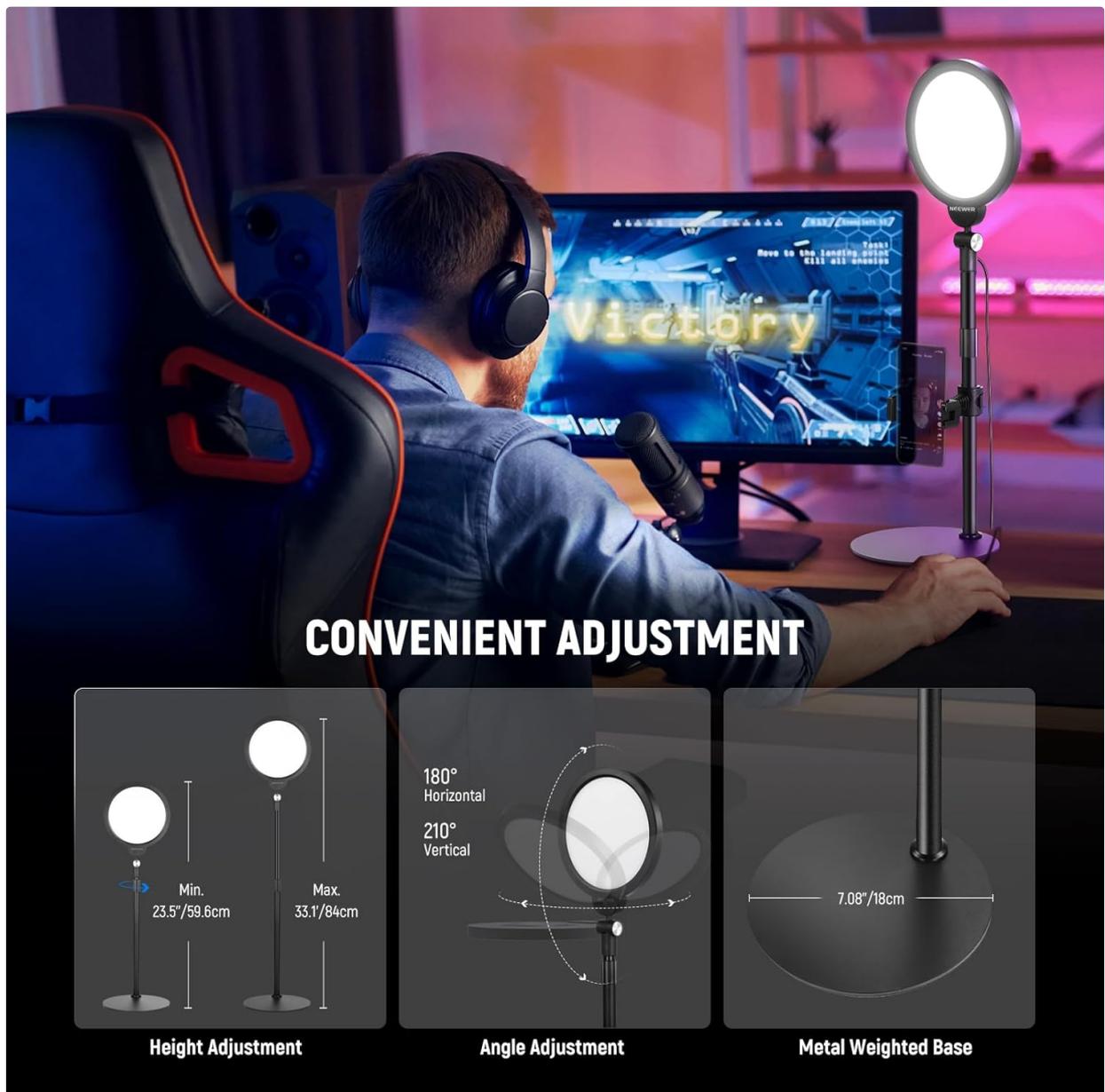


Image: Diagrams showing the height adjustment range and the 180° horizontal and 210° vertical angle adjustment capabilities of the ring light.

5. MAINTENANCE

- Keep the device clean by wiping it with a soft, dry cloth.
- Avoid using abrasive cleaners or solvents.
- Store the ring light in a dry place away from direct sunlight and extreme temperatures.
- Ensure the USB cable is not bent or kinked to prevent damage.

6. TROUBLESHOOTING

- **Light not turning on:**
 - Ensure the USB cable is securely plugged into a 5V/2A power source.
 - Verify that the power source is active.
 - Press the ON/OFF button on the remote control.
- **Light flickering or inconsistent brightness:**
 - Check the power source to ensure it provides stable 5V/2A output.

- Try a different USB port or adapter.
- Ensure the cable is not damaged.

7. SPECIFICATIONS

Model:	R06
Product Type:	LED Panel Light
Number of LEDs:	84
Maximum Power:	10W
Maximum Illumination:	680lux at 0.5m
Color Temperature:	3000K-6500K
CRI/TLCI:	CRI>95
Dimensions:	7 in / 17.8 cm (Screen Size), 33.1"L x 7"W x 33.1"H (Product Dimensions)
Weight:	2.4 lbs / 1.1 kg
Connectivity Technology:	USB
Compatible Devices:	Smartphones, Computers

8. WARRANTY AND SUPPORT

This product comes with a **1 Year Manufacturer Warranty**. For further assistance or support, please visit the official NEEWER store or contact customer service.

Official NEEWER Store: [Visit the NEEWER Store](#)