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› Odsslgw Smart Watch P68 User Manual: Bluetooth Call, Health & Fitness Tracking

Odsslgw P68

Odsslgw Smart Watch P68 User Manual

Comprehensive Guide for Your Smart Watch

1. INTRODUCTION

Welcome to the user manual for your new Odsslgw Smart Watch P68. This guide provides essential information to help you set up, operate, and maintain your device, ensuring you get the most out of its features, including Bluetooth calling, comprehensive health monitoring, and various sports modes. Please read this manual thoroughly before using your smart watch.

2. PACKAGE CONTENTS

Upon unboxing, please verify that all the following items are included in your package:

- Odsslgw Smart Watch P68
- Magnetic Charging Cable
- User Manual
- Screen Protector

3. PRODUCT OVERVIEW

The Odsslgw Smart Watch P68 features a sleek design with a 2.01-inch HD touch screen, offering clear visuals and intuitive navigation. It includes a convenient knob button and a shortcut button for easy access to various functions.



Figure 3.1: Odsslgw Smart Watch P68 main view.

<p>Knob Button+ Shortcut Button</p>	<p>1.85"/2.01" high-definition large screen</p>	<p>World Clock</p>	<p>Calendar</p> <table border="1"> <thead> <tr> <th>Sun</th> <th>Mon</th> <th>Tue</th> <th>Wed</th> <th>Thu</th> <th>Fri</th> <th>Sat</th> </tr> </thead> <tbody> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </tbody> </table>	Sun	Mon	Tue	Wed	Thu	Fri	Sat	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
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<p>Multiple menus</p>		<p>350 mAh Strong endurance</p>																																											
<p>100+ Sports mode</p> <p>AI Voice</p> <p>Weather</p>	<p>Health monitoring</p>	<p>BT call</p>	<p>IP68 Waterproof</p>																																										

Figure 3.2: Location of the Knob Button and Shortcut Button.

4. SETUP

4.1. Charging the Smart Watch

Before initial use, fully charge your smart watch. Use the provided magnetic charging cable. Connect the magnetic

end to the charging points on the back of the watch and the USB end to a power adapter (not included) or a computer USB port. A full charge typically takes 1.5-2 hours, providing 7-10 days of usage and over 30 days of standby time.



Figure 4.1: Smart Watch connected to its magnetic charging cable.

4.2. App Installation and Pairing

The Odsslgw Smart Watch P68 is compatible with smartphones running iOS 9.0 or above and Android 5.0 or above. To unlock the full functionality of your watch, you need to install the companion application on your smartphone.

1. **Turn on Bluetooth:** Ensure Bluetooth is enabled on your Apple/Android phone.
2. **Download the App:** Open the Google Play Store (for Android) or the App Store (for iOS). Search for the designated companion app (refer to your quick guide for the exact app name or QR code) and download it.
3. **Pair the Device:** Open the installed app. Follow the in-app instructions to add a new device. Select "P68" from the list of available devices to initiate pairing.
4. **Confirm Connection:** Once prompted, confirm the Bluetooth pairing request on both your phone and the smart watch.



Figure 4.2: Steps for connecting your smart watch to your phone.

5. OPERATING INSTRUCTIONS

5.1. Basic Navigation

The smart watch features a full touch screen for navigation. Swipe left, right, up, or down to access different menus and functions. The knob button can be used to scroll through menus or return to the home screen, while the shortcut button provides quick access to frequently used features.

5.2. Customized Dials

Personalize your watch face with over 100 available dial wallpapers through the companion app. You can also upload your own photos to create custom watch faces.

100+ Fashion Dial & Custom Dials

There are more than 100 different dials, which can be matched with different moods and different clothes. At the same time, you can freely change your personal photo as the subject.



Figure 5.1: Examples of customizable watch faces.

5.3. Bluetooth Calls

With its built-in speaker and microphone, the smart watch allows you to make and receive calls directly from your wrist once connected via Bluetooth to your smartphone. This feature frees you from needing to hold your phone during calls.

Your browser does not support the video tag.

Video 5.1: Demonstration of Bluetooth calling functionality on the smart watch.

Bluetooth Call & AI VOICE ASSISTANT

Make you keep connected all the time



Figure 5.2: Bluetooth Call and AI Voice Assistant in action.

5.4. Smart Notifications

Receive instant notifications for calls, messages, and social media alerts directly on your wrist. This feature ensures you stay informed without constantly checking your phone.

Stay Connected, Stay Informed

Never miss a thing with our smart watch's notifications feature



Figure 5.3: Smart watch displaying notifications from various applications.

5.5. Comprehensive Health Tracking

The smart watch is equipped with advanced sensors to monitor key health metrics:

- **Heart Rate:** Continuous monitoring of your heart rate throughout the day.
- **Blood Oxygen (SpO2):** Measures your blood oxygen saturation levels.
- **Stress Monitor:** Tracks your stress levels to help you manage well-being.
- **Sleep Tracking:** Analyzes your sleep patterns, including deep and light sleep stages.

Smart Health Monitoring At Your Fingertips



Figure 5.4: Health monitoring features including heart rate, SpO2, stress, and sleep.

5.6. Multi-Sport Modes and Activity Tracking

Choose from over 100 sports modes to accurately track your workouts. The watch records data such as steps, calories burned, distance, and heart rate, providing valuable insights to optimize your performance. It also offers all-day activity tracking.

HD Ultra Large Screen

240*282 Resolution, Upgraded Full Touch Screen



Figure 5.5: Smart watch tracking various sports activities.

5.7. Other Practical Functions

The Odsslgw Smart Watch P68 includes a variety of additional features to enhance your daily life:

- **Voice Assistant:** Control your watch and phone functions using voice commands.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Drink Water Reminder:** Prompts you to stay hydrated throughout the day.
- **Weather Forecast:** Provides real-time weather updates.
- **Music Player Control:** Manage music playback on your connected smartphone.
- **Camera Remote Control:** Use your watch as a remote shutter for your phone's camera.
- **Alarm Clock:** Set alarms directly from your watch.
- **World Clock:** View times in different global zones.
- **Find Phone:** Helps locate your misplaced smartphone by making it ring.



Figure 5.6: Overview of additional practical functions available on the smart watch.

6. MAINTENANCE

6.1. Water Resistance

The Odsslgw Smart Watch P68 has an **IP68 waterproof rating**. This means it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, including washing hands, exercising in the rain, and swimming. However, it is not recommended for hot showers, saunas, or diving, as steam and hot water can compromise the seal.

6.2. Cleaning and Care

To ensure the longevity and proper functioning of your smart watch, follow these cleaning and care guidelines:

- Regularly clean the watch and strap with a soft, damp cloth.
- Avoid using harsh chemicals, abrasive cleaners, or solvents.
- Ensure the charging contacts are clean and dry before charging.
- Store the watch in a cool, dry place when not in use.

7. TROUBLESHOOTING

If you encounter issues with your Odsslgw Smart Watch P68, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the magnetic charging cable and allow it to charge for at least 30 minutes before attempting to power it on.
- **Cannot pair with phone:** Make sure Bluetooth is enabled on your phone and the watch is within range. Restart both your phone and the watch, then try the pairing process again through the companion app.
- **Notifications not received:** Check the notification settings within the companion app and your phone's system settings to ensure the app has permission to send notifications and that specific app notifications are enabled.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, about one finger's width from your wrist bone. Clean the sensor on the back of the watch. Avoid excessive movement during measurements.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not required. Ensure background app refresh is managed.

If these steps do not resolve your issue, please contact customer support for further assistance.

8. SPECIFICATIONS

Feature	Specification
Model Number	P68
Screen Size	2.01 Inches
Battery Capacity	350 Milliamp Hours (Lithium Polymer)
Charging Time	1.5-2 hours
Usage Time	7-10 days
Standby Time	Over 30 days
Operating System Compatibility	iOS 9.0+ and Android 5.0+
Connectivity Technology	Bluetooth
Waterproof Rating	IP68
Item Weight	3.2 ounces
Memory Storage Capacity	128 MB

9. WARRANTY AND SUPPORT

Your Odsslgw Smart Watch P68 comes with a **12-month warranty**. For any product-related inquiries, technical support, or warranty claims, please contact our customer service. We offer **24-hour customer service** to assist you.

For more information and to explore other products, visit the official [Odsslgw Store](#).