LICYAPO P68

LICYAPO Smart Watch P68 Instruction Manual

Model: P68 | Brand: LICYAPO

1. Introduction

Welcome

Thank you for choosing the LICYAPO Smart Watch P68. This manual provides detailed instructions on how to set up, operate, and maintain your new smartwatch. Please read this manual thoroughly to ensure proper use and to fully utilize all features of your device.

What's in the Box

- Smartwatch
- USB Charging Cable
- Instruction Manual

2. Product Overview

Components and Controls

The LICYAPO Smart Watch P68 features a high-definition display, a side button for navigation, and advanced sensors on the rear for health monitoring. Familiarize yourself with the watch's layout for optimal interaction.



LICYAPO Smart Watch P68 with display showing time, date, battery, heart rate, and weather, alongside call interface and app icons.



Overview of various smart watch functions including weather, music control, camera control, calculator, and health monitoring features.

3. Setup

Charging the Device

Before first use, fully charge your smartwatch. Connect the magnetic USB charging cable to the charging points on the back of the watch and plug the USB end into a power source (e.g., computer USB port or USB wall adapter). A full charge typically takes approximately 2 hours.



Magnetic USB charging cable connected to the LICYAPO Smart Watch, indicating charging status.



Diagram illustrating the fast charging capability and battery life of the smart watch.

App Installation and Pairing

1. **Download the App:** Scan the QR code in the manual or search for the companion app (e.g., 'Hanfit App' or similar as indicated in the watch's packaging) on your smartphone's app store (compatible with iOS 8.0+ and Android 5.0+).
2. **Register/Log In:** Open the app and follow the on-screen instructions to create an account or log in.
3. **Pair the Device:** Ensure Bluetooth is enabled on your smartphone. In the app, navigate to 'Device' or 'Add Device' and select your smartwatch from the list of available devices. Confirm the pairing request on both your phone and watch.



Smart watch display showing call interface, dial pad, contacts, and various social media notification icons, indicating connectivity.

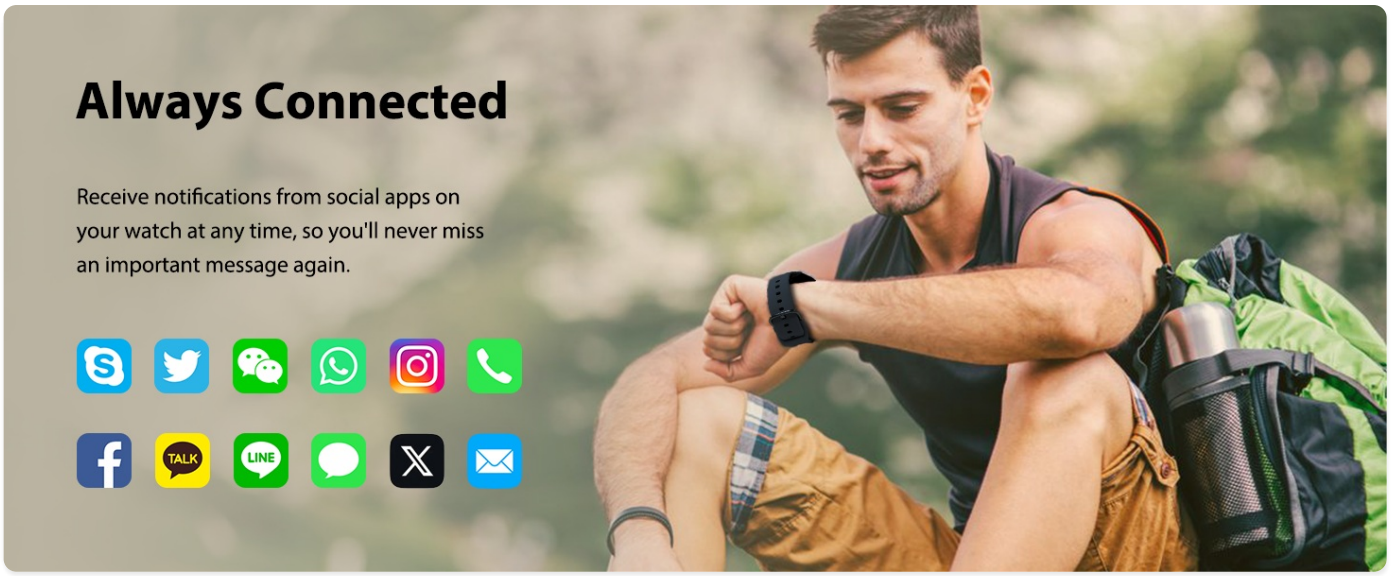


Image showing a person wearing the smart watch with various social media app icons, emphasizing notification capabilities.



Illustration of the smart watch's AI voice assistant feature, showing voice commands and responses.

4. Operating Instructions

Navigating the Interface

The smartwatch features a responsive touchscreen. Swipe left/right, up/down to navigate through menus and functions. Press the side button to return to the home screen or activate specific features as configured.

Customizing Watch Faces

Personalize your smartwatch by changing the watch face. Access the watch face settings directly on the watch or through the companion app. The app offers over 100 different styles and supports custom dials using your own photos.



Various customizable watch faces displayed on the smart watch screen, including options for personal photos.



A collage of diverse watch face designs, highlighting the customization options available through the app.

Making/Receiving Calls

Once paired with your smartphone, the smartwatch allows you to make and receive calls directly from your wrist. Use the on-screen dial pad, access contacts, or view call records. Adjust call volume as needed.



A person using the smart watch to make a call, with on-screen examples of the dialer, call log, and contacts.

Notifications

Receive real-time notifications for messages, calls, and social media apps (e.g., Facebook, WhatsApp, Instagram, Twitter). Ensure app permissions are granted on your smartphone for notifications to display on the watch.

AI Voice Assistant

Activate the AI voice assistant on your smartwatch to quickly perform tasks such as making calls, checking weather forecasts, setting alarms, and controlling music, all hands-free.

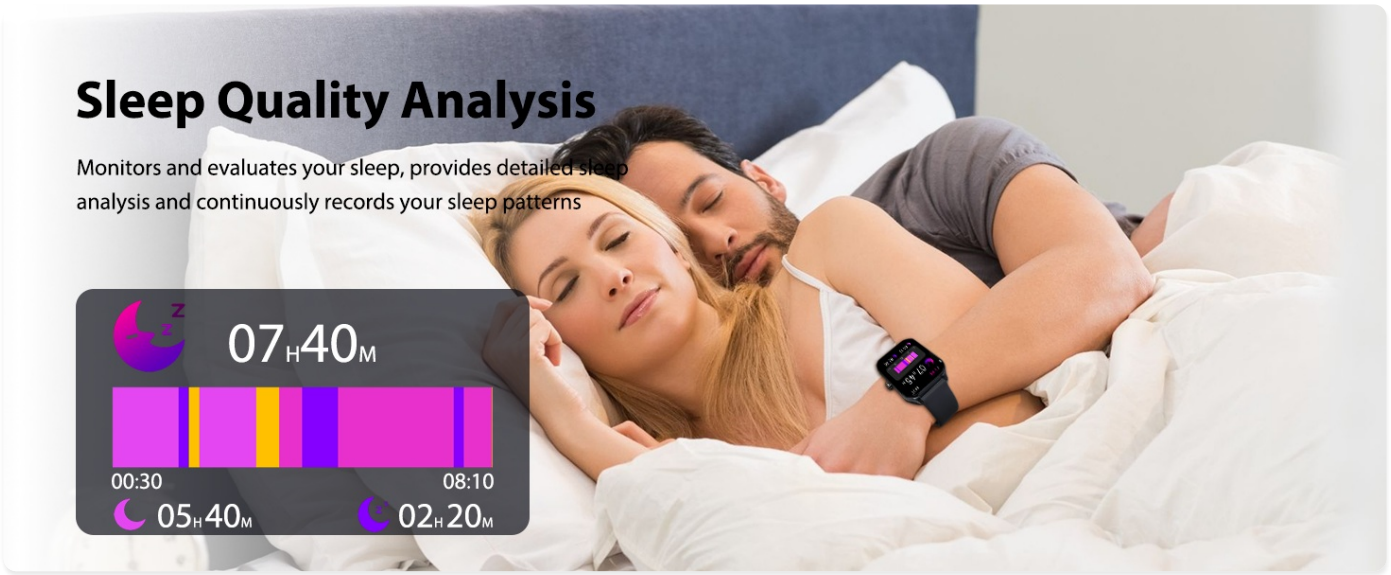
5. Health Monitoring

Heart Rate Monitoring

The smartwatch continuously monitors your heart rate 24 hours a day. View your current heart rate and historical data in the app. The watch can alert you if your heart rate is too high or too low.



Smart watch display showing heart rate, SpO2, and stress level readings, with accompanying graphs.



Visual representation of the smart watch's continuous health monitoring capabilities, including heart rate, SpO2, stress, and sleep.

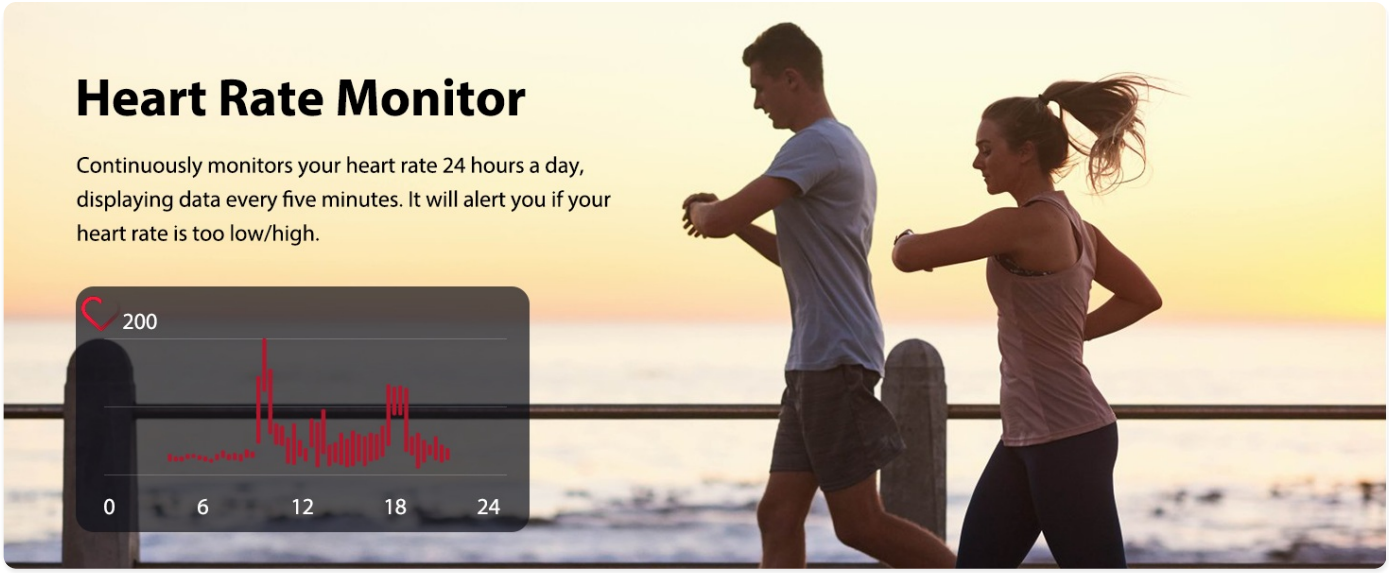
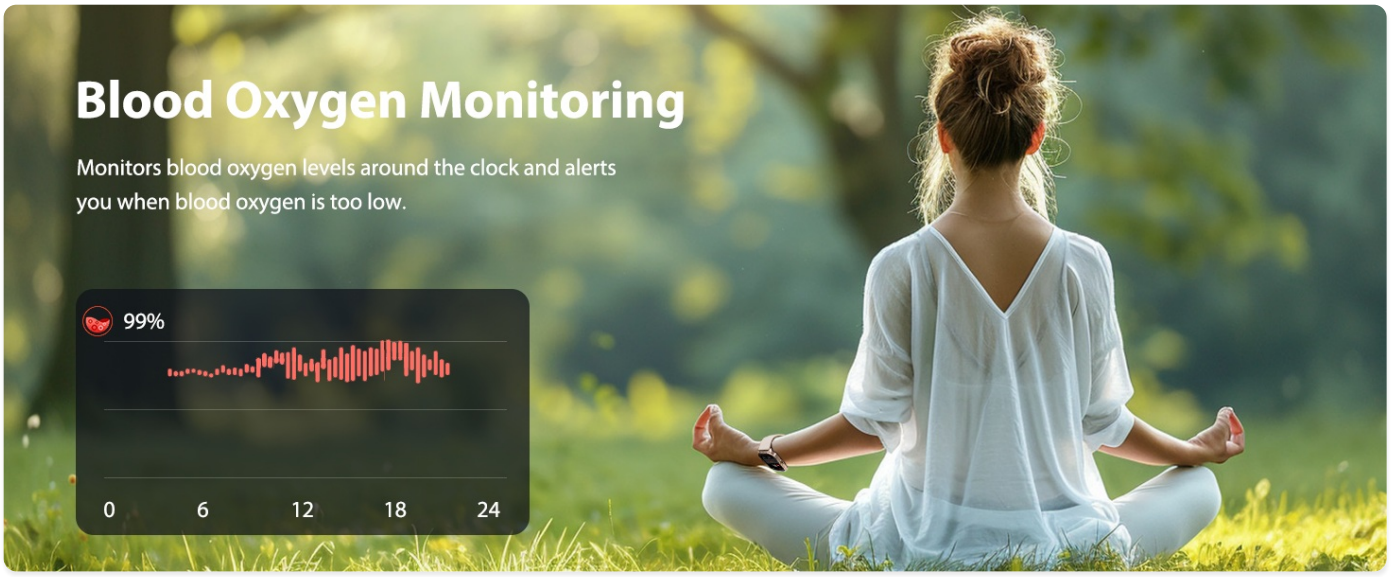


Image of individuals exercising with a smart watch, illustrating its continuous heart rate monitoring function.

Blood Oxygen (SpO2) Monitoring

The watch can monitor your blood oxygen levels throughout the day. This feature provides insights into your respiratory health. Consult a medical professional for any health concerns.



A person meditating with a smart watch, demonstrating its blood oxygen level monitoring feature.

Sleep Monitoring

Wear the watch to bed to automatically track your sleep patterns, including deep sleep, light sleep, and awake times. The app provides detailed analysis to help you understand and improve your sleep quality.

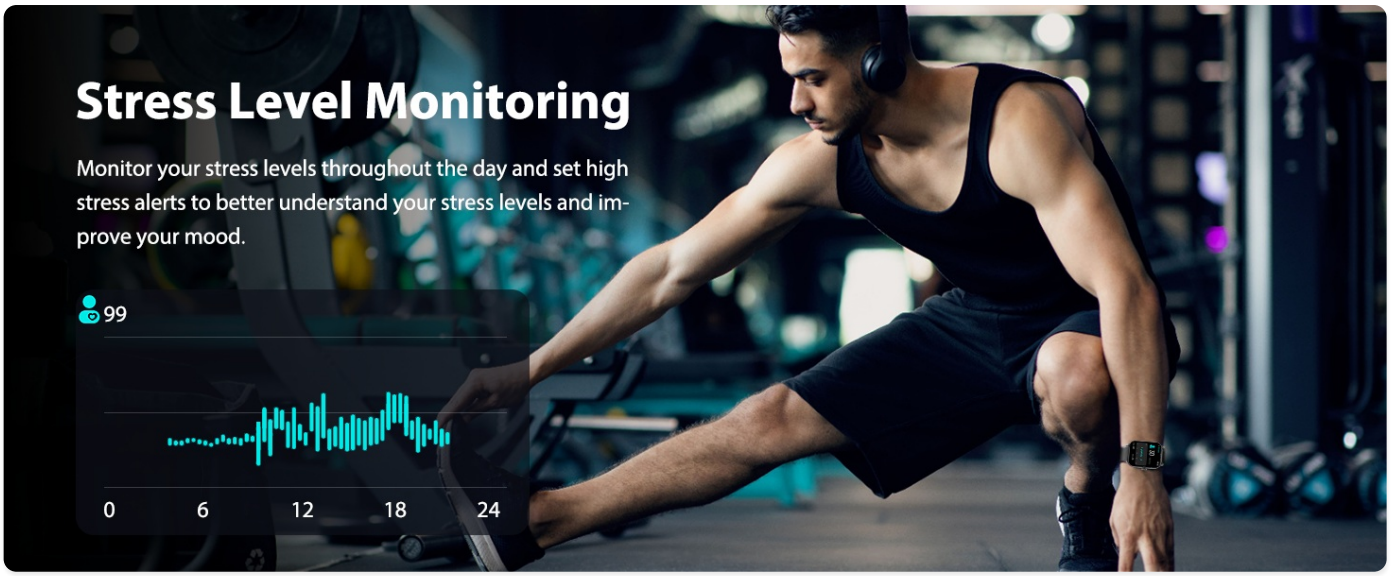


Illustration of the smart watch's sleep quality analysis, showing deep sleep, light sleep, and awake times.

Stress Level Monitoring

Monitor your stress levels throughout the day. The watch can provide insights into your stress patterns and help you manage them. Set high stress alerts to better understand your stress levels and improve your mood.



An individual stretching in a gym, with a smart watch displaying stress level monitoring data.

Activity Tracking & Sports Modes

The smartwatch supports over 100 sports modes, accurately tracking your daily activity data including calories burned, distance covered, and steps taken. Select the appropriate mode for your activity to get precise data.



Smart watch display showing various sport modes and activity tracking data like steps, calories, and distance.



People running and cycling, demonstrating the smart watch's activity tracking and multiple sport modes with GPS integration.

Reminders (Drinking, Sedentary, Breathing)

Set up intelligent reminders in the app to encourage healthy habits. These include reminders to drink water, take breaks from prolonged sitting (sedentary reminders), and guided breathing exercises to help you relax.

6. Other Functions

The LICYAPO Smart Watch P68 offers a variety of additional practical functions to enhance your daily life:

- **Weather Display:** Get real-time weather updates directly on your wrist.
- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks).
- **Camera Control:** Use your watch as a remote shutter for your phone's camera.
- **Calculator:** Perform basic calculations on the go.
- **Find Mobile Phone:** Locate your misplaced phone by making it ring from your watch.
- **Alarm Clock:** Set multiple alarms for daily reminders.
- **Timer & Stopwatch:** Useful tools for various activities.
- **Brightness Adjustment:** Adjust screen brightness for optimal viewing in different lighting conditions.
- **Do Not Disturb Mode:** Silence notifications during specific times.
- **Language Settings:** Change the display language of the watch.



Three smart watches in different colors, illustrating the configuration options for microphone, speaker, call answering, message reminders, and AI assistant.

7. Maintenance

Cleaning

Regularly clean your smartwatch and strap to prevent skin irritation and maintain device performance. Use a soft, lint-free cloth. For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.

Water Resistance (IP68)

The LICYAPO Smart Watch P68 is IP68 waterproof, meaning it is protected against dust ingress and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as hand washing or light rain. However, it is not recommended for hot showers, saunas, or diving, as steam and high water pressure may compromise the seal.



Hands being splashed with water, demonstrating the IP68 dustproof and waterproof performance of the smart watch.

Battery Life Optimization

To maximize battery life, consider the following tips:

- Reduce screen brightness.
- Disable unnecessary notifications.
- Limit continuous heart rate monitoring if not needed 24/7.
- Turn off Bluetooth when not actively pairing or syncing.

8. Troubleshooting

If you encounter any issues with your smartwatch, refer to the table below for common problems and their solutions.

Problem	Possible Cause	Solution
Watch won't turn on	Low battery; device frozen	Charge the watch for at least 30 minutes. If still unresponsive, perform a hard reset (refer to app instructions or contact support).
Cannot pair with phone	Bluetooth off; app issue; watch not discoverable	Ensure Bluetooth is on. Restart both watch and phone. Reinstall the app. Check if the watch is in pairing mode.
Inaccurate health readings	Improper fit; sensor obstruction; movement during measurement	Ensure the watch is snug but comfortable on your wrist. Clean the sensor. Remain still during measurements. Note that these are not medical devices.
Notifications not received	App permissions; DND mode; app not running in background	Check app permissions in phone settings. Disable 'Do Not Disturb' mode on watch/phone. Ensure the app is running in the background.
Short battery life	High brightness; frequent use of power-intensive features	Reduce screen brightness. Limit continuous monitoring features. Close unused apps on the watch.

9. Specifications

Feature	Detail

Feature	Detail
Model Name	P68
Screen Size	1.85 Inches
Battery Type	Lithium Polymer (1 included)
Water Resistance	IP68
Connectivity	Bluetooth
Compatibility	iOS 8.0 and above, Android 5.0 and above
Health Monitoring	Heart Rate, SpO2, Sleep, Stress
Sports Modes	100+
Special Features	Bluetooth calls, messages, fitness tracker, stopwatch, alarm clock, phone search, sedentary reminder, music control, weather, do not disturb mode, brightness adjustment, camera control, AI voice assistant, customizable watch faces.

10. Warranty and Support

Warranty Information

This product is covered by a manufacturer's warranty. Please refer to the product packaging or the official LICYAPO website for specific warranty terms and conditions. Keep your proof of purchase for warranty claims.

Customer Support

For any questions, technical assistance, or support not covered in this manual, please contact LICYAPO customer service through the contact information provided on the product packaging or the official brand website. Our support team is available to assist you.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question