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LICYAPO P68

LICYAPO P68 Smart Watch User Manual

Model: P68 | Brand: LICYAPO

Introduction

This manual provides comprehensive instructions for the setup, operation, and maintenance of your LICYAPO P68 Smart Watch. Please read this manual thoroughly before using your device to ensure proper function and to maximize your user experience. This smartwatch is designed to enhance your daily life with features like call management, health monitoring, and fitness tracking.

Package Contents

- Smartwatch
- USB Charging Cable
- Instruction Manual

Product Overview



Image: The LICYAPO P68 Smart Watch, featuring a grey strap and a square display. The screen shows the time, date, battery level, heart rate, and various application icons. Adjacent panels illustrate call handling and a dial pad.

The LICYAPO P68 Smart Watch features a 1.85-inch HD display, a durable strap, and a side button for navigation. It integrates various sensors for health monitoring and activity tracking. The watch is designed for comfortable wear and intuitive interaction with its touch screen interface.

Setup Guide

1. Charging the Smart Watch



Image: A LICYAPO P68 Smart Watch connected to a magnetic USB charging cable, displaying "Charging complete!" on its screen. An illustration of a large battery icon indicates its capacity.

Before initial use, fully charge your smartwatch. Connect the magnetic USB charging cable to the charging points on the back of the watch and to a standard USB power adapter (not included). A full charge typically takes approximately 2 hours. The watch features a 350 mAh battery, providing up to 7 days of normal usage and 30 days of standby time.

2. App Installation and Pairing



Image: A LICYAPO P68 Smart Watch display showing call interface, dial pad, contacts, and message notifications. Below, icons indicate compatibility with iOS 9.0+ and Android 5.0+ devices via Bluetooth 5.0+.

1. Scan the QR code in the included manual or search for the companion app in your phone's app store (Apple App Store for iOS, Google Play Store for Android).
2. Install the app on your smartphone.
3. Ensure Bluetooth is enabled on your smartphone.
4. Open the app and follow the on-screen instructions to create an account and pair your smartwatch. The watch supports iOS 8.0 and above, and Android 5.0 and above.
5. During pairing, grant all necessary permissions requested by the app for full functionality, including notifications and health data access.

Operating Instructions

Basic Navigation

- **Swipe Up/Down:** Access quick settings or notifications.
- **Swipe Left/Right:** Navigate through widgets and main functions (e.g., heart rate, activity, weather).
- **Tap:** Select an icon or confirm an action.
- **Side Button:** Press to return to the watch face or access the main menu.

Making and Receiving Calls

Your browser does not support the video tag.

Video: A demonstration of the LICYAPO P68 Smart Watch's Bluetooth call function, showing how to answer and make calls directly from the wrist.

Once paired via Bluetooth, your smartwatch can make and receive calls directly. You can dial numbers from the watch, access your contacts, and view call records. The watch is equipped with a microphone and speaker for clear communication.

Message Notifications

Receive notifications from various social media applications (e.g., Facebook, WhatsApp, Instagram, Twitter) directly on your watch. Ensure that notification permissions are enabled in the companion app on your smartphone.

Customizing Watch Faces



Image: A LICYAPO P68 Smart Watch displaying multiple watch face designs, including digital and analog styles, alongside options for customizing with personal photos.

The smartwatch offers over 100 different watch faces available for download through the companion app. You can also customize your watch face using your own photos for a personalized touch.

AI Voice Assistant



Image: A LICYAPO P68 Smart Watch displaying its AI Voice Assistant feature, with speech bubbles showing example commands such as "Call John," "What's the weather like today?", "Set the alarm for 7:00 a.m. tomorrow," and "Play music."

Activate the AI voice assistant on your watch to perform various tasks hands-free, such as making calls, checking the weather, setting alarms, and controlling music playback.

Additional Functions



Image: A comprehensive display of the LICYAPO P68 Smart Watch's additional features, represented by various icons. These include weather forecast, music control, camera control, calculator, calendar, world clock, drinking reminders, sedentary reminders, alarm clock, timer, find phone, stopwatch, flashlight, brightness adjustment, vibration intensity, Do Not Disturb mode, activity tracking, menu style options, AI voice assistant, smart wake-up, multiple languages, breathing exercises, heart rate monitor, SpO2 monitor, stress level monitor, and sleep monitor.

The smartwatch includes a wide array of practical functions:

- Weather Display
- Music Control
- Camera Control
- Calculator
- Find Phone
- Alarm Clock, Timer, Stopwatch
- Brightness and Volume Adjustment
- Do Not Disturb Mode

- Language Settings

Health Monitoring

The LICYAPO P68 Smart Watch provides comprehensive 24/7 health monitoring features to help you stay informed about your well-being.



Image: The LICYAPO P68 Smart Watch displaying real-time data for heart rate (BPM), blood oxygen saturation (SpO2), and stress levels, along with historical graphs.

Heart Rate Monitoring

The watch continuously monitors your heart rate 24 hours a day, displaying data every five minutes. It will alert you if your heart rate is too low or too high, providing valuable insights into your cardiovascular health.

Blood Oxygen (SpO2) Monitoring

Monitor your blood oxygen levels throughout the day. The watch alerts you if your SpO2 levels are too low, helping you maintain optimal respiratory health.

Stress Level Monitoring

Track your stress levels and receive alerts for high stress, enabling you to better understand and manage your mood and mental well-being.

Sleep Monitoring



Image: A LICYAPO P68 Smart Watch displaying a detailed sleep analysis graph, showing periods of deep sleep, light sleep, and awake time throughout the night.

The smartwatch monitors and evaluates your sleep patterns, providing detailed analysis of deep sleep, light sleep, and awake times. This helps you understand and improve your sleep quality.

Health Reminders

- **Drinking Reminders:** Prompts you to drink water regularly.
- **Sedentary Reminders:** Alerts you to move after periods of inactivity.
- **Breathing Exercises:** Guides you through breathing exercises to help manage stress.

Fitness Tracking

The LICYAPO P68 Smart Watch is designed to support your fitness journey with a variety of sport modes and activity tracking features.

Sport Modes



Image: The LICYAPO P68 Smart Watch displaying a selection of icons representing over 100 sport modes, alongside activity tracking metrics such as calories burned, distance covered, and steps taken.

The watch supports over 100 sport modes, including walking, running, cycling, skating, yoga, and more. It accurately records workout data such as calories burned, distance, and steps.

IP68 Waterproof Rating

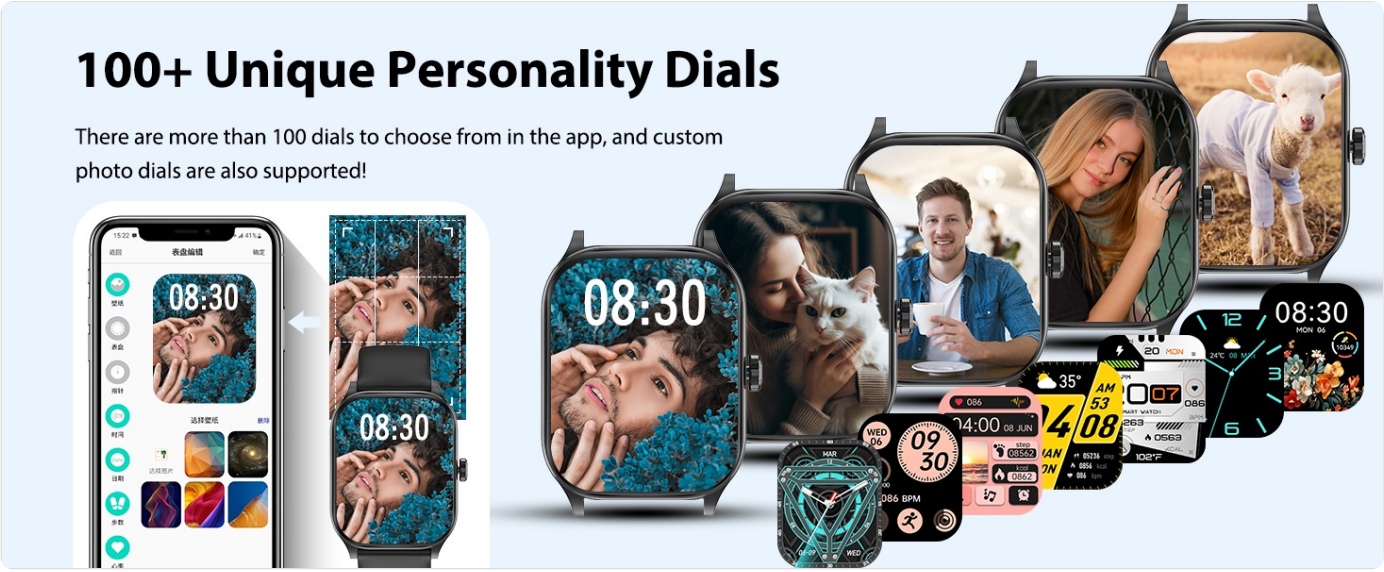


Image: A close-up of hands being splashed with water, illustrating the IP68 waterproof capability of the LICYAPO P68 Smart Watch. The watch is visible on one wrist.

With an IP68 waterproof rating, the smartwatch is resistant to dust and can withstand immersion in water. This makes it suitable for various activities, including swimming and use in rainy conditions.

Specifications

Model Name	P68
Brand	LICYAPO
Screen Size	1.85 Inches
Shape	Square
Connectivity Technology	Bluetooth
Operating System Compatibility	iOS 8.0 and above, Android 5.0 and above
Water Resistance	IP68
Battery Type	Lithium Polymer (1 included)
Item Weight	2.39 ounces
Package Dimensions	7.28 x 2.99 x 0.67 inches

Troubleshooting

If you encounter issues with your LICYAPO P68 Smart Watch, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 30 minutes.
- **Unable to pair with phone:**
    a. Ensure Bluetooth is enabled on your phone and the watch.
    b. Make sure the watch is within range of your phone.
    c. Restart both your phone and the smartwatch.
    d. Clear the Bluetooth cache on your phone (if applicable) and try pairing again.
- **Notifications not appearing:**
    a. Check app permissions on your phone to ensure the companion app has access to notifications.
    b. Verify that "Do Not Disturb" mode is not active on your watch or phone.
    c. Ensure the watch is properly connected via Bluetooth.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, about one finger's width from your wrist bone. Clean the sensors regularly.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

If problems persist, consult the companion app's help section or contact LICYAPO customer support.

Care and Maintenance

- **Cleaning:** Regularly clean your smartwatch and strap with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and mild soap, then rinse and dry thoroughly.
- **Avoid Chemicals:** Do not expose the watch to strong chemicals, solvents, or detergents, as these can damage the finish and seals.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place.
- **Water Exposure:** While IP68 waterproof, avoid prolonged submersion in hot water or exposure to high-pressure water jets. Dry the watch thoroughly after exposure to water.

Warranty and Support

Your LICYAPO P68 Smart Watch comes with a standard manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions. For technical support, product inquiries, or warranty claims, please contact LICYAPO customer service through the contact information provided in the companion app or on the official LICYAPO website.

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