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AUVON TP2408C

AUVON Rechargeable 4-Channel TENS Unit Muscle Stimulator User Manual

Brand: AUVON

Model: TP2408C

1. Introduction

The AUVON Rechargeable 4-Channel TENS Unit is an electronic pulse massager designed for temporary pain relief associated with sore and aching muscles. It offers a safe, non-invasive, and drug-free method for managing pain in various body areas such as the shoulder, waist, back, neck, arms, legs, abdomen, and glutes, often resulting from exercise strain or daily activities. This digital TENS machine features 8 customizable modes and 40 intensity levels, providing versatile options for personalized relief therapy.

2. Important Safety Information

WARNING: This product is not suitable for individuals with certain medical conditions or circumstances. Please read the following points carefully before using this product.

- Do not use this product if you have an implanted defibrillator, cardiac pacemaker, or any other implanted metallic or electronic device.
- Do not use this product if you have heart rhythm problems, epilepsy, brain diseases, or neurological disorders.
- Do not use this product if you have undiagnosed chronic pain.
- Do not use this product if you are pregnant or in labor.
- Do not use this product if you have cancer.
- Do not use this product if you are sensitive to electrotherapy.
- Do not use this product excessively.
- Do not use this product above the neck, especially on the head or neck area.
- Do not use this product if you are under 22 years of age.

Individual symptoms, situations, circumstances, and results may vary. The information provided is not intended to be used for medical diagnosis or treatment or as a substitute for professional medical advice. Please consult your physician or qualified health care provider regarding your condition and appropriate medical treatment.

3. Package Contents

Your AUVON TENS Unit package includes the following items:

- 1 x AUVON 4-Channel TENS Unit (Model: TP2408C)
- 16 x Premium TENS Pads (various sizes)
- 4 x Lead Wires (2mm connector)
- 1 x Type-C Charging Cable
- 1 x User Manual
- 1 x Carry Case



Image: AUVON TENS Unit, 16 pads, lead wires, Type-C cable, user manual, and carry case.

4. Setup

4.1 Charging the Device

The AUVON TENS Unit is equipped with a powerful 900 mAh rechargeable battery, providing up to 80 hours of continuous therapy. Before first use, or when the battery indicator is low, charge the device using the provided Type-C cable.

1. Connect the Type-C cable to the charging port on the TENS unit.
2. Connect the other end of the cable to a wall charger (not included), power bank, or laptop USB port.
3. The battery indicator on the screen will show charging status. A full battery is indicated when all bars are lit.



Image: The TENS unit connected to a USB-C cable, illustrating its long-lasting rechargeable battery.

4.2 Connecting and Applying TENS Pads

The unit supports 4 channels, allowing up to 8 pads to be used simultaneously for efficient relief across multiple areas.

1. Ensure your skin is clean and dry before applying pads.
2. Connect the lead wires to the TENS pads. The standard 2mm connectors ensure compatibility.
3. Plug the lead wires into the A1, A2, B1, or B2 output ports on the bottom of the TENS unit.
4. Carefully peel the protective film from the TENS pads.
5. Apply the pads firmly to the targeted areas of your body where pain relief is desired. Ensure good contact with the skin.



Image: Illustration of the customizable pulse rate and pulse width settings on the TENS unit's display.



Image: A man demonstrating the use of the 4-channel TENS unit with pads applied to his arms and legs.

5. Operating the TENS Unit

The AUVON TENS Unit features an intuitive interface with clear controls for easy operation.

1. **Power On:** Press and hold the power button located on the side of the device to turn it on.
2. **Select Mode:** Press the "MODE" button to cycle through the 8 customizable modes (Normal, Burst, Modulation, SD1-SD5). Choose the mode that best suits your needs.
3. **Adjust Frequency (Rate):** Press the "SET" button to highlight the "Rate" (Hz) setting. Use the up/down arrow buttons to adjust the frequency.
4. **Adjust Pulse Width (Width):** Press the "SET" button again to highlight the "Width" (µS) setting. Use the up/down arrow buttons to adjust the pulse width.
5. **Set Time:** Press the "SET" button once more to highlight the "Time" (Min) setting. Use the up/down arrow buttons to set the treatment duration (e.g., 20, 40, 60, 90 minutes, or continuous 'C').

6. **Adjust Intensity:** Rotate the "A" and "B" knobs on the top of the unit to adjust the current level for Channel 1 (A) and Channel 2 (B) independently. The device offers 40 levels of intensity for gradual pain relief without shock feelings. Start with a low intensity and gradually increase until you feel a comfortable, strong sensation.
7. **Power Off:** After your session, press and hold the power button to turn off the device.



Image: The intuitive operating interface of the AUVON TENS unit, showing mode selection and setting adjustments.



Image: The 40-level rotary adjustment feature for precise intensity control.

5.1 Official Product Videos

Watch these official videos from AUVON Inc. for detailed instructions on using your TENS unit:

▶ **Watch video online**

AUVON Rechargeable 4-Channel TENS Unit with 16 Pads

Video: "AUVON Rechargeable 4-Channel TENS Unit with 16 Pads" - An overview of the product and its components.

▶ **Watch video online**

How to Set AUVON TENS PT1 4C

Video: "How to Set AUVON TENS PT1 4C" - A step-by-step guide on setting up and operating the TENS unit.

6. Maintenance

6.1 Cleaning and Storage of TENS Pads

Proper maintenance of your TENS pads ensures their longevity and effectiveness. The premium pads are designed for a longer lifespan of up to 45 uses with proper care.

- After each use, gently remove the pads from your skin. Avoid pulling the wires.
- If the pads lose their stickiness, gently wipe the adhesive surface with a damp cloth or a few drops of water. Allow them to air dry completely, adhesive side up. Do not use soap or harsh chemicals.
- Store the pads on their original protective film or a clean, non-porous surface in a cool, dry place.
- Keep the TENS unit and pads in the provided carry case when not in use to protect them from dust and damage.

6.2 Device Care

- Wipe the TENS unit with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.
- Avoid dropping the device or exposing it to extreme temperatures.



Image: The complete AUVON TENS unit kit, including the device, pads, and cables, stored in its protective carry case.

7. Troubleshooting

If you encounter issues with your AUVON TENS Unit, please refer to the following common troubleshooting steps:

Problem	Possible Cause	Solution
No sensation or weak sensation	Pads not properly attached; low battery; lead wire disconnected; intensity too low.	Ensure pads are firmly on skin; recharge battery; check lead wire connections; increase intensity gradually.
Pads not sticking	Skin is oily/dirty; pads are worn out; pads are dry.	Clean skin before use; replace old pads; moisten pads with a drop of water and air dry.
Device not turning on	Battery is completely drained; power button not held long enough.	Charge the device for at least 30 minutes; press and hold the power button for 2-3 seconds.

If the issue persists after trying these steps, please contact AUVON customer support.

8. Specifications

- **Model Number:** TP2408C
- **Channels:** 4-Channel
- **Modes:** 8 Customizable Modes
- **Intensity Levels:** 40 Levels
- **Battery:** 900 mAh Lithium Ion (Rechargeable)
- **Battery Life:** Up to 80 hours of continuous use
- **Charging Port:** Type-C
- **Pad Connector:** Standard 2mm
- **Package Dimensions:** 8.46 x 6.93 x 2.01 inches
- **Item Weight:** 1.23 Pounds
- **Manufacturer:** AUVON
- **Country of Origin:** China

9. Warranty & Support

AUVON is committed to providing high-quality products and excellent customer service. For specific warranty details and support inquiries, please refer to the warranty card included in your product packaging or visit the official AUVON website.
Online Support: Visit the AUVON Store on Amazon
AUVON has been trusted by millions of customers and is recommended by physical therapists on various healthcare websites.

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Example: How do I reset this device or fix this error?

Details

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